He is not very fashionable, but is up to date in taking care of himself. Some sudden, violent pains erease, twist or contract the muscles or tendons, and this is the nature of a bad sprain. If neglected, the creases increase, and so does the pain, until sometimes it is very difficult, to straighten them out, but by the prompt use of 8t. Jacobs Oil, the friction or rubbing in its application and the curative qualities of the oil will smooth on the worst twist or cruse and get the muscle in natural shape, where it will romain, restored, strengthened, cured. Promutness in using it insures prompt cure, and when the sprain is cured, it is cured for good. He is not very fushionable, but is up to dat

The Island of Pitcairn has been annex to New South-Wales. The Salvation Army holds over 2,000,000 services during the year.

Deafness Cannot be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube gets inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed. Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by catarth, which is nothing but an inflamed condition of the nucous surfaces.

We will give One Hundred Dollars for an ease of Deafness (caused by catarth) that cannot be cured by Hall's Catarth Cure. Sond for circulars, free.

Chewar & Con. Tolcolo, O.
Sold by Drugglets, 55c.

The official reverts from Bombay, India Deafness Cannot be Cured

The official reports from Bombay, India, show that the plague is abating.

Mrs. Winslow's Soothing Syrup for chi drer teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c. a bottle

The New Hampshire Legislature has re-used to repeal the bounty on bears. Just try a 10c. box of Cascarets, the finest

It is said that a new steel plant, cos \$1,000,000, will be built at Buffalo, N. Y. If afflicted with sore eyesuse Dr. Isaac Thompton's Eye-water. Druggists sellet 250, per bottle.

The way to get a better position is to mor than fill your present one. St. Vitus' Dance. One bottle Dr. Fenurs Specific cures. Circular, Fredonia. N. Y.

Pigs draw wagons in China.

Was my little girl, owing to scrofu'a trouble. She was treated by physicians and sent to a hospital without) oing cored. We resorted to Hood's far aparilla, and in a week we could see a change. We continual giving her this medicine, and to-day her eyes are perfect! we'll there is not a blemish on her skin, and, she is the picture of health." B. C. ALLEN, 22, West 61st Street, New York, N. V.

Hood's Sarsaparilla is so'd by all druggists. Price \$1, sis f r \$5. Rood's Pilis are prompt, efficient and

Experience

has proven conclusively that better grapes and peaches, and more of them, are produced when Potash is liberally applied. To insure a full crop of choicest quality use a fertilizer containing not less than 10%

Actual Potash.

Orchards and vineyards treated with Potash are comparatively free from insects and plant disease.

All about Potash—the results of its use by actual ex-periment on the best farms in the United States—is-told in a little book which we publish and will gladly gualified to any farmer in America who will write for it, GERMAN KALI WORKS, 93 Nassau St., New York.

Fo: Gold. A new amalgam has been discovered which is a wonderful substitute for gold. It consists of ninety-four parts of copper to six parts of antimony. The copper is melted, and the authory is then added. Once the two metals are sufficiently fused together a little magneslam and carbonate of time are added to increase the density of the material. The product can be drawn, wrought. and soldered just like gold, which it almost exactly resembles on being pollah ed. Even when exposed to the action of ammoniacal salts or nitrous vapors it preserves its color. The cost of making

A County's Criminal Record. Mingo County, West Virginia, bas a remarkable record. It is a young county, and but few terms of court have been held. There are not quite 1,800 votes in the county, but there are over 1,000 criminal cases to be tried, most of them on indictments returned by the last two grand juries.

Medicine Co., Lynn, Mass.

RAM'S HORN BLASTS.

hard master. Trust in God is the truest prayer that can be made. God judges no man either by his worst or his best. cause is wrong ! er if he gains it. God prepares u

for great things by drilling us well in little ones. Every true Christian is a magnet drawing somebody toward Christ.

Putting little thoughts in big words don't make them weigh any more. There is a flaw in the plety that looks dismal at a prayer meeting and happy at a circus. One point in the devil's favor is, that

heaters are generally better ventilated han churches What a strain it would be on both for he spirit of a lion to have to live in the frame of a doukey.

For every false pleasure the devit romises. God is trying to give us a housand real ones. Elijah had to learn how to get his read from heaven before he was trust-

ed to call down fire. One difference between a fool and a vise man is that the fool talks most when he has least to say. To remember that Jesus said, "Lo. I

am with you always," should make the weakest Christian strong. The Christian's idea of prosperity oot something that can be measured by the state of the flour barrel.

When heating a furnace for your foe, do not forget that there is some danger of your being thrown into it. The Christian whose life is full of conflicts for which be is not to blame is

man whom God can trust. Many a church member is content with being a nickel-in-the-slot machine. who might be an electric motor.

You can tell a child that fire will burn, but it cannot understand what you mean until it finds out for itself. Trying to use grand language often turns out about as it did with the man who sat on a limb and sawed it off. There is too much talking to the bungry about the Bread of Life, without telling them where and how to get it.

When the Christian lives as close to the Lord as he should, the mere worlding will have no use for his company. There is a vast difference between being able to say prayers that sound fine, and having a broken and contrite heart. A Beautiful Skin

some of the chief requisites of an attractive ap-scarance. Rough dry, was patches, little bla-ery cruptions, red and unaghily ringworms-bess would epti the beauty of a veritable kenna. They are compiletely and quickly cure of Tette-line. 30 cents a box at drug stores or or 10 cents in stamps from J. T. Shuptrine, avanuable, Ga. It takes a higher degree of courage to be laughed at than to be shot at.

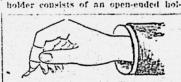
Sadin-fige for Fifty Cents Gur established for rilly Cents, Gur established Wby not let No-To-Bac regulate or remove your desire for tobacco, bates meney, makes health and manhood. Cure guaranteed. 50 cents and 11.00, at all iringists.

The man who rides a hobby thinks nobody lee is making any headway.

I believe Piso's Cure for Consumption aved my boy's life last summer.—Mrs. ALLE DOUGLASS, Lelloy, Mich., Oct. 22, '94. Great drought prevails in Bolivia.

FITS stopped free and permanently cuted. No fits after first day's rec of Du. KLISK'S GAYAT NELVERISTORIE, Free Strialbott eand treatise, send to Dr. Eline, 30 Arch St., Phila., Pa. Illinois is to have a cat farm.

A Pen on the Finger. The pen holder here shown is the subject of a recent patent. This pen-



low thimble, provided with an outwardly-profecting stud for receiving the pen, and the whole supposed to be

"They say you have no sympathy for the struggling poor." "Me?" said the accused gentleman. "I have nothing but sympathy."--Cincinnati Enquirer. There are a great many cases where woman gives her dignity credit for

protecting her, when it is really her age.

omen, And Consider the All-Important Fact. That in addressing Mrs. Pinkham you are con

fiding your private ills to a woman-a woman

ose experience in treating woman's diseases is greater than that of any liv ing physician-male or female. You can talk freely to a woman when it is revolting to relate your private troubles to a man-besides, man does not understand-simply because he is a man.

Many women suffer in silence and drift along from bad to worse, know ing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probably examinations of even their family physician. It is unnecessary. Without money or price you can consult a woman, whose

knowledge from actual experience is greater than any local physician in the world. The foling invitation is freely offered; accept it in the same spirit:

MRS. PINKHAM'S STANDING INVITATION.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your She asks nothing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.-- Lydia E., Pinkham

Varning Notes Calling the Wicked to TO HAVE a had

The new piques and colored line

much used in white, as it has a gloss

and a capacity for weer which is shared by no other white material.

Indeed, this is to be a white san

mer. People of all ages will wear the

color to the exclusion of other stade.

gogett.

cut them in fine pieces and use them for stuffing sofa pillaws.

sign painter. She has all the lettering, gilding and designing in that line she

can do. Her shop adjoins that of her

Southern California, conducts

wholesale and retail business in bulbs,

and valuable plants and has brought

Miss Japo Adams, the founder and

n Europe, and yet it is never washed

brashes are used one after the other.

inenred, and the operation takes two hours and four ladies-in-waiting.

PASHION NOTES.

The white materials selected for

This spring the hangings are charm.

and cotton all play their part, and one

A white wall is embroidered with

very liable to tear down. Do not try to sew up the rent, for it will tear

patch, and finish by stitching your

wile nem a little farther over than be-

Pretty collar bands for dresses are

The German Agricultural papers

handredweight.

weddog gowns are satin, silk and

to that perfect cleanliness may

A novel use for old kid gloves is to

-The Puritat.

New woman's clubs are being storted constantly, and it would seem that there must be some difficulty in finding appropriate names for them all.

Here are some suggestions from well man of clubs in 'Tennessee: Knoxvelle has an Ossoli Circle. Morristown a Some-sala Club, Maryville a Chimowee Club, and, most attractive of all, Meaphis has a 'Talkatami Circle.— New York (Times.

Mental Mental Prediction that bonnets are to be well more than hats has cropped up again, but as insual it is a doubtful one, since hats are sure to be more popular in summer. Among the nowelties is a rather starting shape, the liotrope braid, and the short, square the lectorope braid, and the short, square the same that the short, square the provided in white.

to be more popular in summer. Among the novelties is a rather starting shape with a hell crown and a brim much wider at the sides than either back or front. A new idea advanced in horinets is that we are to have cape offer it, not exactly in the o'd style, however, as they stand up in stand of falling over the neck; but there will be bennests and bonnets, and within it to be one conspicuous fecture of them. One little shape is like in Temish peasant woman's capote with, a square cown woman's capoto with square crown have played its part as a really good material for gowns, but it is being

SALABIES OF WOMEN TEACHERS. New York Cicystill follows the antimated custom of discriminating in salaries against her women school teachers, notes a writer in the Illustrated American. Take, for example, the teachers of the grammer grade. The highest salery for man is 32016; for women, only \$1 16. The lowest salary a man may receive is \$1080, while the minimum for women is \$573. The salaries of pr may teachers, all ers in the city in 1896 was 31505, and of fehicle trachers only 3891, less than methalf. Should a woman of the city in 1896 was 31505, and one half. Should a woman of the city in the city blue grass region, the most valuable property is owned by woman.

Mrs. Martin, of New York woman. office of Principal her maximum ralary is \$1300, and that only after forces. reach of service. Three-fourthwiof the husband, though her ousiness is en-male Principals are receiving the tirely separate.

Mrs. Theodosia B. Shepherd, of

FIGHING ON LEADURE. A new thing in the inn of fancy seeds and plants. Sue also grows rare ork in etching ou leather. Undressed leather is required, and out several new bloscoms. Hhe has the implements of the craft are very very large-ge enhouses, simple -s bottle containing henzoline. Miss Jane Adams, the which looks at live like an atomizer; head of the social settlement in Chicato a round tube or imbor is fashened go known as Hall House, is one of the at one end a hall, which is held in the three women inspectors of that city, left land, while the pla inum pointed who voluntarily watch and report on peneriat the other call of the tube is the condition of the street. held in the right, hand and does the Photograpine socials are among the work. All, you understand, are con- latest notions in the way of charch nected with the bottle, or the concentrationents. Each woman is extents of the bottle, and by some masses of the bottle, and by some masses, and the picture of herself taken in childhood, and then her and herself taken in childhood, and then her and herself taken in childhood, and then her and the herself taken in childhood, and then her and the herself taken in childhood, and then her and the picture, and are rewarded with the picture, of Lilly, in France, is a most remarkable centenarian, who, in all her life, in a nation of wife and co Ice drinkers, has never quires no special skill with the pencil at the outset. Groups of upide, gar-

at the ontset. Groups of upide, gar-lands of flowers, dragons, heraldic de-signs are best suited for this work. And the purpose to which a losther etching is put? One s first attempt may result in nothing more elaborate than a roll for music or a bels to wear with one's new spring suit. As skill is required possibly a dade for the dining-room may be compaged. .or nex seals for the dining-room chairs,

TO TARE CARE OF SHOES. Rub patent leather shoes, porticalarly new ones, with the palm of the hand until quite warm by tore putting on, and it will prevent splitting and

Wear overgations only when they satin brocade, taffets, silk, mousseline are necessary to protect the upper of your shoes from the swish of part of your shoes from the swish of Hone wishes inexpensive goods select your wet skirts in stormy weather. Swiss, mull, tine woolen crepon, plain The fashion of wearing them is out of or figured Japanese silk.

Don't have fancy pointed tips on your choes these days—they are quite passe; the proper kind is a plain, straight-across one, with jast a single row of parforations to mark the edge. show perpendicular lines, and the ished with liquid dræsing; it will bodice is ent on the bias. ished with liquid dræsing; it will crack them. The paste that men use s beiter, but too much of this should not be put on, or it will not polish so

Dont neglect to turn the uppers of shoes down and put them by an open window for an Pour or two after wearwindow for any Pour of two after wear-ing. It is more hygienic, economical and fastidious.

A white Shoes run down at the heel are daisies, and

Shoes run down at the heel are daisies, and has trimming of artificial abominations. They detract from the daisies on the corsage and forming shoulder straps. An effective freek of blue satin has a skirt trimmed with blue satin has a skirt trimmed with soon lose their shape.

I'nke good care of good shoes. many crisp ruffles of white tulle, each edged by a line of black velvet ribbon, Don's put them away soiled and dusty. and the draped bodice is half covered

When packing for a journey stuff them by three short ruffles of white, edge.1 out with tissue paper, so they will re-tun their shape, and wrap each shoe in tissue paper, so it will not get in the same manuer. The base of plackets in skirts rubbed or scratched. deeper naxt time. Rip the stitching

THE SUMMER GARDEN OF GOWAS. Most women who possess homes of loose and the hem back a little way if their own, and who have a natural necessary; then patch it or darn to a love for a needle and pretty stuffs, sa-perintend the making of their summer gowns, using the Lenten season for fore, and in most cases your mending the work. Thin materials are to be will be entirely concealed. worn more generally this season than ever before, and they are to be found made of bias velvet in any light or in a variety of exquisite design. The bright shade, slightly draped and earliest samples, shown late in Janu- gathered in two short loops at the ary, were to much like those of last back, where they fasten. The velvet season in their set patterns that they is headed with stool, pearl, turquoise, inveigled few purchasers. Among the jet or rhine stone nail heads, and the cally new goods are some called full commencing at the side and exequal to their name, many of the patterns looking as if the hand of a mas-ter flower painter had wandered over them. The gowns are not to be say that the imports of American triumed with to much lace as last apples into the German empire last rear, "footing" taking its place. This year were more than twenty times as gives the same light appearance to the darge as in any previous season, the made, dress, and is much less cumbersome, skipments in 1896 having amounted gapo, i In his train come hats made of net ners - the centner being equal to a and trimmed in wreaths of flowers.

HOUSEHOLD AFFAIRS

TO GET JELLY OUT OF GLASSES WHOLE. Wet the glass with cold water be re filling, and before taking out run knife around the edge: do not run it any further down, turn the glass on it-side and turn it around in your hand to let it fall loose from the sides, and if your jelly is fine you will have no trouble about it coming out whole.

THE MOP VERSUS THE SCRUB BRUSH. "The scrub brush as a method of denning floors, though in extensive use in this section of the country, and even more so in parts further south," remarked a New England lady who took a prominent part in the recent mothers' congress, "long since went out of use in the New England States, and never did have much of a place in the progressive new cities of the West the progressive new cities of the West. In its place a mop at the end of a stick is used. The mop does much better work, as we look at it, and besides can be used without getting down on all fours, which is hard work in itself. A woman can do double as much work with a mon and in half the time as car. with a mop and in half the time as can be done with the scrub brush. Personally, I had supposed that the sern' brush had gone out of use everywhere, until I saw sernbwomen using it at the hotel where I am stopping and after ward in the corridors in one of the department buildings. It is twenty-five years behind the times, is untidy and does not seenre the results that a mop or long-handled scrub brash scenres.
-Washington Star.

RECIPES. Oyster Staffing-To one cup cracker crumbs add one fourth cup melted butter, one half teaspoonful chopped parsley, one teaspoonful lemon juice parsley, one teaspoonful lemon juice, one-half teaspoonful salt, one-fourth teaspoonful popper. Wash and pick over one cup orsters, and remove the tough muscle; add to the first mixture with enough oyster liquor to moisten.

Creamed Paranips-Boil tender, scrape and slice longthwise six nice, large parsnips. Put over the fire, with two tablespoonfuls butter, half a teapepper, one half teaspoonful choppel paraley. Shake until the mixture boils. Dish the paranips; add to the sauce three tablespoonfuls of cream. in which has been stirred a quarter of a teaspoonful of flour. Boil ones au pour over the paranips.

Bakel Squain-Cut a Hubbard equash into pieces of rerving size. Take out the seeds, but do not poel off the rind. Lay the pieces in a dripping pan and pour in oue cupful of water. Bake threequarters of an hour. Then carefully scrape the squash from each piece, and to each pint add one table spoonful of butter, two tablespoonfuls of cream, half a saltspoonful of salt and one-quarter of a saltspoonful of cinnamon. Mix well together; place

back in the riod, heaping it to a pointed mold, springle highly with augar, put back in the oven and bake to a crisp brown. Serve in their shells.

HOUSEHOLD HINTS. Paint can be removed from glass by abbing it with hot strong vinegar. A handful of carpet tacks will clean fruit jars or bottles readily. Half fill the jars with hot scapsuls, put in the acks, cover, give vigorous shaking. nd ringe well. In boiling for soup stock, the meat

should be put into cold water, cover-ing the kettle tightly, and letting the tock simmer gently until the meat In stewing meats, the water should e boiling when the meat is put into

it. The intense heat causes the porce to close immediately, and thus keeps the juice in the most. It is said that elder flor in excellent and simple wash for the Every day it is brushed through, while a lotion (of which the recipe is jealously kept) is employed. Seven

skin; it may be made by placing the blossoms only in an enameled saucepan and covering with cold water. Goatskin rugs can be cleaned by rabbing with a softfrag wet in naphtha.
No gas should be lit in the room when t is being done, and the rug should be hung in the air afterward till the

dor disappeare. Don't fail to burn all the old leaves hat are dropped from the plants; besides their unsightly appearance when allowed to collect in and about the oots, they will harbor insects that will

probably injure the plants. The following treatment is recom mended for neuralgia: Heat a free stone and roll it in a cloth; then wet one side of it, pour over it a teaspoon ful of essence of peppermint, lay the face on it, and wrap the head in flau-

One who has tried it says that to re move a refractory screw from wood, ing, and one may be blamed for not knowing which to choose. Silk, linen heat a piece of iron red hot and hold it on the top of the screw for a minute r two, then the screwdriver will casily take out the ecrew, if used while the ecrew is warm.

An excellent substitute for potatoes at a dinner is rice cooked in milk and well salted, put into a dish and browned in the oven. Make a hot lemon sauce and pour it over the rice when it is taken from the oven and just before the dish is sent to the table. A silver polish can be made by mix-

ing a few drops of ameronia with whit-ing, and adding enough water to the whole to make it the consistency of cream. It can be bottled, and, if corked tightly, will keep as long as desired. It cleans, silver without hard rubbing. Make the contents of the school lunch boxes as dainty and attractive possible. Roll each article sep arately in oiled paper, and strive to have something a little different each day. Remember that a little surprise will often tempt the wandering appe-

When a fire has to be kept up all night in the room of an invalid an old loose glove should be kept handy with a long wooden stick. With the glove on, a piece of coal can be picked up with the fingers and put on the fire jet or rhine stone nail heads, and the without making a sound, while when the fire requires poking this can be done with the stick with far less noise white chiffon, edged with yellow lace. than with an ordinary poker.

Largest Floating Dock Spain has ordered of a Newcastle firm the largest floating dock yet It is to be stationed at Olongapo, in the Philippine Islands. being simply patterules, net strips, to no less than 6,000,000 double cent- length is 450 feet, the width 117 feet, and the depth 38! feet; it must lift 12.000 tons.

CASCARETS stimulate liver, kidners and owels. Never sicken, weaken or gripe; 10c.

Beason sliould direct and appetite obey

BUCKINGHAM'S DYE

For the Whiskers, Mustache, and Eyebrows. n one preparation. Easy to apply at home. Colors brown or black. The Gentlemen's favorite, because satisfactory. R. P. Hall & Co., Proprietors, Nashua, N. H. Sold by all Druggiste.

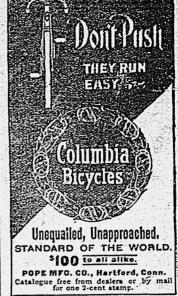


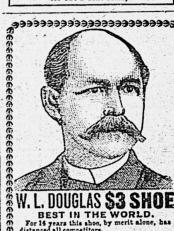
is full of good health. Invigorating, appetizing, satisfying. Put some up to-day and have it ready to put down whenever you're thinting. Made only by The Charles E. Hires Co., Philadelphid. A pack-age makes 5 gallons. Sold everywhere.

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accident insurance policy. Hig inducements agents. U.S. REGISTRY Co., 124 5th Ave., New Yor 3A666666 SMOKE YOUR MEAT WITH:
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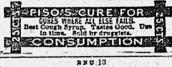


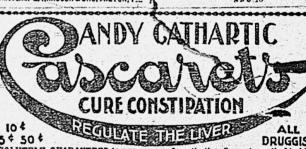
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Don't You Hate to Say DON'T KNOW!"

of question.
many neople will Madison Square Garden, New York, hold? 13,000.
does I. O. S. M. stand for? The Sons of Malia.
are the F. F. V.'s? The first families of the Virginian aristocracy. Write
it's noon in New York what time is it in San Francisco? D.A.M.
ure a few stray samples of every variety of knowledge.

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