for bruises, where the skin has not been broken, is arrica and sweet oil.

The best way to treat headaches is to avoid them. To refuse to overtax the eyes, the nerves or the stomach, and to give attention to exercise and bathing. A glass of pure cream or glass of fresh milk, with a sait cracker or a

crust of fresh bread is a good lunch between meals for a hungry convalescent. Liniments and ointments should always be applied to the patient with th hand; if applied with cotton or a cloth the good effect obtained from the frie-

Roughness and coarseness of the skin, when not depending upon any partieular disease, may be removed or greatly lessened by daily friction with mild unguents, or oil, or giveering.

Coughs and sore throats may be much lleviated by glycerine and lemon juice diluted with water, taken at night. Hot flaxsced tea with lenon juice, sweet-ened with rock candy, is excellent a so. Headache which is the result of exsure to colds or draught or sudden hanges, is best treated by hot applicaions, bot water bags and gentle frietion of the place of pain. If this doe

not banish the headache in a day then

a deeper illness is indicated

Very convenient little articles for a sick room are the glass covers for tumblers holding medicines or nourishment. These covers have a clock face painted upon them and a steel pointer, which may be placed at the hour at which the medicine is next to be taken. With this for a reminder the time is not apt to be overlooked.

The Searcher. The searcher after truth is generally 19warded, although it is eald that "Truth Hea at the bottem of a well." We need some thing when we are afflicted with neuralgia thing when we are afflicted with neuralgia to scarch out the seat of the pain, orthopain spot, and as St. Jacobs Oil's mission for cood is to penetrate and search out the hidden misery, it goes through like an "Y" ray, and conquers and subdues the pain. All rain trouble of a nervous nature needs careful treatment and patience. The afflicted nerves must be soothed into submission, and stimulated into healthful action, so as to restore. This is the virue of the great remedy for pain, and it is, therefore, well known as the best. It may be called the searcher after the truth of our bodily allments.

The Baptist Union of Great Britain has just passed a resolution declaring that there is "too much" lynching in the United States.

Mrs. Winslow's Footleing Syrupfor children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic. 25.2 a bottle. People who live alone remain strangers to

CASCARETS stimulate liver, kidneys and lowels. Never sicken, weaken or gripe: 10c. Law wears from shoes, and don't eare where it steps,

After six years' suffering. I was cured by Piso's Cure.—Mary Thomson, 297 Ohio Ave., Allegheny, Pa., March 19, '96.

A dollar never buys much for a stingy man



ash greatly increased. Of course, if Milk is undoubtedly the best feed for young stock of all kinds, but some care is needed in feeding it to get the best results. When taken in the natural way from the teat, the milk is or attention until drawn out and or attention u always mixed with some saliva from the mouth which aids its digestion. When milk is fed, except in very small example its fed, except in very small example its fed, except in very small example. quantities, these conditions are reversed. How often have we seen an entire pailful of skimmed milk placed not get too hot and tire-fauged, forked before a calf five or six weeks old, and over once or twice to break it up and by it swallowed just as rapidly as the fine it down, there can be no question ilk can go down the animal's throat. but that composting is the best prac-

from scours? It is only the natural

effort to rid the stomach of a mass it

cannot digest. Milk should never be

GRAIN FOR POULTRY.

ate an average of 2 8-10 ounces food per day and laid 23 eggs each, weigh

ing 191 1-97 ounces. For every

HANDLING STAPLE MANUEL.

If the milk is cold, as it often is, can tice. it be wondered that the calf suffers PARM AND GAMDEN NOTES. You should manage not to keep a fowl or chick any longer than it is a

the exclusive food of any except the curce of income. very youngest animals. Its difficulty of digestion untits it for being the The knowing just what to sell and main food of animals that can eat anyjust when to sell is often the difference

thing else. If for hogs it were always fed sparingly with some grain, the milk would produce much more pork than the grain will without the milk.

It is no use feeding a lot of chicks that are of no use only for the pot; sell them and use the mency to buy It is an excellent supplement to corn-fed hogs, but grieding corn or oats feed for the rest. If one would suggest intelligently

together or mixing hran or wheat middlings with corn meal will, in part, take the place of milk by supplying nitrogenous nutrition just as the milk in the place of the best sires, and must not stand on a few dollars extra or their use. There is a great difference of opinion as to what filth is. Generally it emits a disagreeable seent. A sticking har-

The Cochine having whole grain ate The principal ingredients of en average of 3) ounces a day, and are lime, introgen and phosphoric paper, laid an average of 63, eggs each. For acid. Orden bones, which have been it is every pound of eggs produced they bitherto thrown away, are the best ato 10 pounds of food costing 13 cents and chraped egg making material exort food per hen, \$1.03 1.2; value of rick in albamen, phosphate of innearly three cents. nearly three cents.

The Legherns having ground grain, mante they be converted into ange com-

WISE WORDS,

Proise andeserved is scandal in die

pound of eggs produced they ate 5 1-3 pounds of food costing seven centimearly 11 cents per dozen. Cost of feeding each hen a year, S1; cents; value of eggs laid, S1.33; net profit per hen, 19; cents.

The Leghorns fed on whole grain, ate an average of 3 onness of feed per day, and produced 77 eggs cach, weighing 165-8-19 onness. For one pound of eggs produced they ate of 1-12 pounds of feed costing 8-1-12 cents—13-1-3 cents per dozen. Cost of food for each hen a year, 95 cents; value of eggs had, 81.111; net profit per hen per year, 26 cents.

Allowing for the cost of hatching.

never get in carnest. Allowing for the cost of hatching and growing the pullets for these ex-

periments, those having whole grain returned an average profit the first year of 48 per cent., and those fed ground grain gave a profit of 68 per heart.

There are people who would like to do good if it could be done without effort or sacrifice. In a recent issue, a contributor gives a number of rules for handling stable manure, writes S. Thomas, of Indiana, to the American Agricultur.

A location to be wait the passing of the days of chivalry.

states a number of the and heading states and heading of the control of the states and the states are pole in the terefore ploning. I agree with him. Stream was all heaps to be reathered or spreaging the board place of the catty. I all the states are pole in the states and the states are pole in the states are pole in

HOUSEHOLD AFFAIRS.

SAND-BATH FOR POTATOES. Sir Francis Cruise strongly recom-mends the use of the sand-bath or the common oven for potatoes as preferable to either boiling or steam the ground that a much higher temperature can be used by the first method and a more thorough cooking of the starch grains brought about. Many delicate patients can use baked potatoes who cannot touch them when boiled.—New York Post.

TO BEOM ROUND STEAK. Have a slice two inches thick cut eross the part of the round or rump across the part of the round or rump of the beef. Lay the meat in a deep earthen dish and pour over it a gill of the firest clive oil. Let it lay in this dish with the oil for twelve hours. furn the beef over frequently in the oil and be sure it stands in a cool place.

At the end of the oil bath take the steak out and lay it on a meat board. Take a heavy meat knife and with the back of the blade strike the beef the entire length in light furrows across bese, so the entire surface of the meat is in small checks. Turn the beef over and repeat the process of corrugating on the other side. Then lay the steak on a broiler and broil quickly over a hot coal fire or under a hot gas broiler flame. Sprinkle salt on each side as it browns.—New York Journal.

CLEANING WINDOWS.

Every practical housekeeper seems to have a different method of cleaning windows, which she considers superior to any plan adhered to by neighbors and friends. But after a single trial of this method, it is doubtful if one will care to make a change, no matter how satisfactory were the operation; applied in the past.

with the chamois or crumpled news

paper.

It is also necessary to have the frames and all the woodwork about the windows perfectly clean before beginning to clean the glass; and if convenient choose a dull tlay for the window cleaning, or at least a time when the sen is not shining on the "Then," reloined the dweller of the sen is not shining on the "Then," reloined the dweller of the sen is not shining on the "Then," reloined the dweller of the sen is not shining on the "Then," reloined the dweller of the sen is not shining on the sen is not shining on the sen is not shining on the sen is not shining window cleaning, or at least a time pointer laughed, and replied; "It has," when the sun is not chining on the "Then," rejoined the dweller of the

193'f BE WASIFFED. weet potato or ninter squash that of left from dinner, for a very little of either will make a nize pie, if p.e. pared in the same manuer as pump-

Don't throw away the dingy hung burners that seem to have outlived their usefulness; but boil them in plenty of water with a quart or two of potato parings, and they will be us good as now.

Don't throw away the yeast when it | Cheveland Lender. begins to sour; instead add two tea-spoonfuls of sugar to each cup of the yeast, and let it stand awhile before

Don't throw away soiled and mused tibbons unless they are much worn. Tiblons unless they are much worn. There are many preparations for cleausing these fabrics that are not washable, or they may be dyed; and, although they will not be like new, they will prove satisfactory for many purposes. purposes

Don't throw away prease of any sort, besides the drippings that can be used for frying purposes; put the seeming-ly useless grease into a pail, and when nearly full add some water and a pound of potash, and only a little boiling will be required to make it into nice

pap. Don't throw away old rag carpet until it has been examined. It will assaully be found that the warp is worn out, but that the rags are still good. It will be fan for the little ones to ravel the old carpet and wind the rags into skeins. Then wash them, color them if necessary, and when they are dry wind them and they will be ready to serve in another kitchen carpet; for

the rags will usually wear twice as long as the warp.

Don't throw away the salt bags after emptying, or take the trouble to rip and sew several together for dish lothe, as often recommended. Simply leave them as they are until they have been used once for the small steamed Indian puddings; and after serving as pudding bags they may serve as dish shath.

Strange Golden Wedding.

The somewhat strange and fauciful idea of celebrating the golden wedding of two persons long since dead altracted a large congregation to Marylebone parish church in England, the church where, titty years ago, Robert Browning and Elizabeth Barrett were narried. The Very Rev. Dean Farrar, of Cauterbury, preached the sermon and Mendelssohn's wedding march was played. The invitations to the ceremony were adorned with pictures of The somewhat strange and fanciful mony were adorned with pictures of the two poets and a copy of the marringe entry signed by thom.

Chang Chin Tung, the vicercy of Inpen, China, who has hitherto ob-tructed the work on the Hankow railroad, is one of the pioneers of the new manufacturing industry in China. He owns and operates an immense cotton mill in Wuchang. FOREIGNERS AT A DISCOUNT

States in respect to settlement, having legheny, yesterday. been first colonized in 1587. It is one of the thirteen original States, and by reason of its extensive seacoast and good ports has always been easily acessible to immigrants. Yet in the whole United States there is not one of the forty-five which has a smaller foreign born population than North-Carolina, and this peculiar distinction it has retained for a good deal more than 3,760 born out of the State. North Carolina's percentage, in fact, is so much lower than that of all the other two. All three were placed in a box

cant. North Dakota, at the top of the list, has 80 per cent foreign born population. Minnesota 56, Wisconsin 41, Rhode Island 44, New York 35, Connecflett 32, New Josep 29, Illinois 28, New Hampshire 23, Ohio 14, Maryland 19, per cent, and it has at no time been much larger. This fact being undisputed, the ques

tion naturally arises, what is the cause? Some say that It is due to the fact that North Carolina is a State practically without cities, and that as the foreign orn population of every State is to be found chiefly in the large cities, the case is easily explained, but such an explanation, unfortunately, does not cover the case. North Carolina has one city, Wilmington, with a population in excess of 29,000, and Ruleigh, Charlotte and Asleville have more than 10,000 population each. Moreover, it is not always large cities that count in the

this for a centilate that his is not up to the verticoked.

Little Things.

The initiality value of little things in their bearings upon it in his world has a most striking illustration in the biggs when the in his world has a most striking illustration in the biggs when the intervention of the greys much which pest the commonwealth of Mascachastus is now amount courses to help it gets now amount of the commonwealth of Mascachastus is now amo United States for foreign born popula-

One day Thomas Carlyle went with Millais to look at the latter's house, spletiders, he turned to Millais and asked in his brusque manner; "Has godest house at Chelsea, "all I have to any is that there are more fools I

Doubt Dispelled. er me and I can't believe that you

ed together she never wore a waist

didn't dare to ask me to fasten in

Impossible. They five he - day okten Lite.

A DECADE OF AGONY. Voung hady of Dust Syracuse Tells Her

Resurrout Ash, who resides with her v. Mr. C. S. Ash, on Manline Street, one, forwards the following testinoulal virtues of Dr. Williams' Pink Pilis tomat of her sufferings, which is dayly interesting:

Mightts Starth, Sanverse, N. Y.,

August 16, 1866,

Who the past ten years I have been a
or in conferer from the most painful type
influsionatory rheumatism, which would
be attempted and the most possible
secution. Whiter was when I enferch
worst, and it generally attacked me from
hips down, and I had to go to bed,
the thee nitrock lasted, if anyonetouched
lesi wors. I would scream with pain, as
it as a contact was unbearable, for every
at and every murcle gave me exercicating

and every mustle gave meexeruciating will I was in the terrible condition, my or. Rev. Mr. Campbelt, came to visit and told me be knew of a case very far to mine that had been entirely cared the dee of br. Williams' Palk Pills for People and advised me to try them, as playateins were not delong me any good, this my father bought me two boxes, of took according to directions, and I in to recover, cetting stronger every day, et on with Dr. Williams' remely until I taken two dozen boxes, and by that every trace of rhemmatism was gone. I am now as well as ever I was. If you have any donks as to my state, I toler you for its confirmation to Mr. Campbell, of Hastings, and Mr. et of the Methodist Sunday School, know all of the faces surrounding my acidinary re-overy. Pink Pills sayed life and gave no health and strength, we will never by without them in our me.

thone.

(Signed)

(Rosanono Asn.

(Manifus Street, East Syracuse, N. Y.)

Dr. Williams' Flok Pilis contain, in a conleave of form, all the elements necessary to

live new life and richness to the blood and

extere shattered nerves. They are also a

peculic for troubles peculiar to females, such

is suppressione, irregularities, and all forms

of weakness. They build up the blood, and

catere the glow of health to pale and sallow

sheeks. In men they effect a radical care

n all cases arising from mental worry, oververk or excesses of whatever nature. Pink

the are sold in bases enever in losse talk?

It to center a box or six boxes for 22.50, and

and from Dr. Williams' Meticine Commany. be had of all draggists, or direct by tom Dr. Williams' Medicine Company, ectady, N. Y.

How many fathers and mothers make re-igion such a cruel thing that their children ate it.

Fewer of Them in North Carolina than in Any Other American State.

North Carolina is one of the oldest

Three bodies, all of which were more or less petrified, were taken from St. Philomena's cemetery, on Troy Hill, Alwho are transferring the bodies to the new cemetery at Homewood. One of the bodies was that of a girl, about 10 years of age. All of them had been burled about thirty years. The bodies of the man and woman were petrified from the thighs down.

The best specimen of the three was that of the girl, which was in a comhas retained for a good deal more than a century. By the Federal census of ity about the body, however, was that 1800 there were 1,600,000 native born the limbs were hollow, a condition that inhabitants of North Carolina and only is very seldom found. In removing the remains from the grave the workmen who were careless, broke the body in States that it appears almost insignin- and taken to the new cemetery, where they were reinterred.

The body of a man was also found upon which there was a superfluous growth of hair. That of the head was almost nine inches long, while the beard was fully a foot in length. The hair Indiana 7, and Louisiana 4. North had a vigorous and lifelike appearance Carolina's percentage is one-fifth of 1 and had undoubtedly attained its growth after the body had been dead. On account of so many sight-seep congregating in the cometery, a rule has been passed to exclude all persons except those who have first secured permit entitling them to watch the work. The undertakers of Allegheny ere now the principal spectators, -Pitts burg Times.

STATE OF OHIO. CITY OF TOLEDO. 1

LUCAS, COUNTY.

FHANK J. CHENRY makes oath that he is the senior partner of the firm of F. J. CHENRY & Co., doing business in the City of Toledo. County and State aforesaid, and that said firm will pay the sum of oar hundred to LARS for each and every case of Catalant Cannot be cured by the use HALL'S CATALAN J. CHELT.

Sworn to before me and subscribed in my presence, this 6th day of December.

SEAL A. D. 1856. A. W. GLEADER PROBLE. 1

Hall's Catar'h Cure is taken internally, and act directly on the blood and mucous surfaces of the system. Send for testimonials, free F. J. CHENRY & CO., Toledo, O. Hall's Family Pills are the best.

There are no real strong people in this world but good people.

No-To-Bac for Fifty Cents. Over 100,000 curred. Why not let No-To-Bac regulate or remove your desire for tobacce? Saves money, makes health and manhood. Aire guaranteed. 50 cents and \$1.00, at all bruggists.

Every man must pay his own tuition in the chool of experience.

WHEN billous or costive, eat a Cascaret, andy cathartic; oure guaranteel; 19c., 25c. The best memory is one that knows how to forget judiciously.

FITS stopped free and permanentiveured. No fits after first day's use of Dr. KLINE'S GREAT NEW VERSTOREN, Free Strial bottleand treat-ise. Send to Dr. Kline, G. Arch St., Phila, Fr.

One symptom of backsliding is a lack of Just try a 10c, box of Cascarets, candy ta-thartic, finest liver and bowel regulator made.

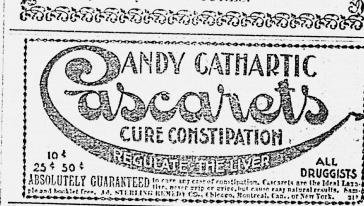
Religion pure and undefiled never works by the month.

BIGININA CARANTERINA CONTRACTOR OF THE CONTRACT OF THE CONTRACTOR Sarsaparila Sanse.

Any sarsaparilla is sarsaparilla. Truc. So any tea is tea. So any flour is flour. But grades differ. You want the best. It's so with sarsaparilla. There are grades. You want the best. If you understood sarsaparilla as well as you do tea and flour it would be easy to determine. But you don't. How should you?

whose value you don't know, you pick out an old established house to trade with, and trust their experience and reputation. Do so when buying Ayer's Sarsaparilla has been on the market reputable media.

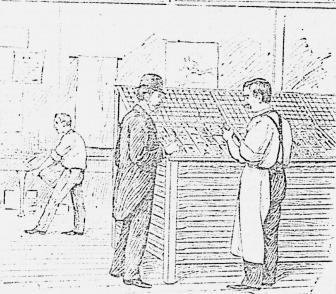
fifty years. Your grandfather used Ayer's. It is a reputable medicine. There are many sarsaparillas. But only one Ayer's. IT CURES.



Woney in Chickens REVOLVER FREE. WATCH FREE FREE COLD

OPIUM AND DRUNKENNESS b S U G





tale of wee, one day offered me a Tabale and said he would guarantee it to act on the liver. I took it under protest, but was surprised with the result. It was gentle but effective, and since then I have gradually noted an entire change in the working of my system, and I think that Ripans Tabules are the best remedy for liver and stomach troubles this side of anywhere. They are really in my case a substitute for physical exercise."

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124 Leonard Street, N. Y. City, for it serves the purpose of the great encyclopredias costing a hundred times the becaked. It is completely indexed, making the information instantly available. With this valued as a point of the property of the property