

Selected Miscellany.

What is in the Bed Room.

We bid the following from the American Agriculturist:

If two persons are to occupy a bedroom during a night, let them step upon weighing scales as they retire, and then again in the morning, and they will find their actual weight is at least a pound less in the morning. Frequently there will be a loss of two or more pounds, and the average loss throughout the year will be more than one pound. That is, during the night there is a loss of a pound of matter which has gone off from their bodies, partly from the lungs, and partly through the pores of the skin. The escaped material is carbonic acid, and decayed animal matter, or poisonous exhalations. This is diffused through the air in part, and in part absorbed by the bed clothes. If a single ounce of wool or cotton be burned in a room, it will so completely saturate the air with smoke that one can hardly breathe, though there can only one ounce of foreign matter in the air. If an ounce of cotton be burned in every half hour during the night, the air will be kept continually saturated with smoke, unless there can be an open door or window for it to escape. Now the sixteen ounces of smoke, thus formed, is far less poisonous than the sixteen ounces of exhalation from the lungs and bodies of the two persons who have lost a pound in weight during the eight hours of sleeping, for while the dry smoke is mainly taken into the lungs, the damp odors from the body are absorbed both into the lungs and into the pores of the whole body. Need more be said to show the importance of having bedrooms well ventilated, and of thoroughly airing the sheets, coverlets, and mattresses well in the morning, before packing them up in the form of a neatly made bed?

SALT RUM TONIC.—In these days, when diseases of the throat are so universally prevalent, and so many cases fatal, we feel it our duty to say a word in behalf of a simple, and what has been with us a most effectual preventive, if not a positive cure of sore throat. For many years past, we have been subject to sore throat, and more particularly to a dry, hacking cough. Last fall we were induced to try what virtue there was in common salt. We commenced by using it three times a day, morning, noon and night. We dissolved a large table-spoonful of table salt in about half a small tumbler of cold water. With this we gurgled the throat most thoroughly just before meal time. The result has been that, during the entire winter, we were not only free from the usual coughs and colds, to which, as far as our memory extends, we have always been subject, but the dry, hacking cough has entirely disappeared. We attribute these satisfactory results to the use of the salt gargle, and do most cordially recommend a trial of it to those of our readers who are subject to diseases of the throat. Many persons who have never used salt gargle, have the impression that it is unpleasant. Such is not the case. On the contrary, it is pleasant, and after a few day's use, no person who loves a nice, clean mouth, and a first rate sharpener of the appetite, will abandon it.—*Farmer and Gardner.*

A young man who applied at a recruiting station for enrollment was asked, "If he could sleep on the point of a bayonet," when he promptly replied by saying:

"He could try it, as he had often slept on a pint of whiskey; and the kind they used to, Poughkeepsie, would kill further than any shooting from he ever saw."

In a back township, a magistrate, who kept a tavern, sold liquor to the people till they got drunk and fought in his house. He then issued a warrant, apprehended them, and tried them on the spot, and, besides finding them, made them treat each other to make up the quarrel.

There are 518 bones in the human frame—14 in the face, 32 teeth, 24 in the ribs, 16 in the wrists, 38 in the hands, 14 in the ankles, 38 in the feet, and 342 in other parts of the body.

It is said of children who are born with silver spoons in their mouth, that when they grow up there is often nothing left of them but the spoons.

"My dear lady your daughter is lovely, a perfect little pearl." "And pray sir what am I?" "Oh, you are the mother of pearl."

The bachelor has to look out for number one—the married man for number two.

The New York Tribune advocates direct taxation as the only financial resource for the country.

THE SENTINEL.

Is published every Friday morning at One Dollar and Fifty Cents per annum, if paid within six months from the time of subscribing or Two Dollars if not paid until the expiration of the year. No paper discontinued until all arrears are paid, unless at the option of the editor.

Advertisers are conspicuously inserted at the rate of one dollar per square for the first three insertions, and twenty-five cents for every subsequent insertion. The lines to constitute a square. If the number of insertions not marked upon them, they will be continued until forfeited, and charged accordingly. A liberal deduction will be made to those who advertise by the year.

Communications, the effect of which is to promote private interests, are matters of charge, and are to be paid for at the rate of fifty cents per square. All communications must be accompanied with the author's name, otherwise it will not be inserted.

Advertisements for Companies or Associations of any kind, denominational, charitable or otherwise, are in all cases to be paid for at the quarterly; and ordinary notices or enlargements to the announcement, will be charged at the rate of fifty cents per square.

Office next door to the house on the south-west corner of the Square.

Kimmell House,

ON THE EUROPEAN PLAN,
C STREET, Bet. 4th and 6th Streets.

Near the National Hotel, and two Squares from the Railroad Depot.

WASHINGTON CITY, D. C.

Fine Parlor for the accommodation of Ladies.

Room and Board, per day \$2.00

Room alone, per day .50

Meals, each .50

Travelling, if the room is vacated by 10 A.M.

Otherwise it will be charged by the day.

The KIMMELL HOUSE is managed by George Kimmell, and is situated in a first-class hotel. It invites the public to call and examine.

A. P. KIMMELL, Proprietor.

THE BEST LIVERY STABLE in the City Attached.

GENERAL STAGE OFFICE.

The following Stages run from the KIMMELL HOUSE, as follows: Marlboro, T. B. Boardman, Bristow, Charlotte Hall, Coopersburg, Leonardtown, Rockville, Frederick, Md., Annapolis, and Lewes, Del., at 6 A.M. and all others at 7 A.M.

A. F. KIMMELL, Agent.

A. GREEN'S

EXTENSIVE FURNITURE EMPORIUM

WASHINGTON CITY, D. C.

The subscriber would respectfully inform the citizens of Montgomery County, Md., and the public in general, that he has now completed his

Stock of Furniture,

and is prepared to sell, AT LOW PRICES, every article of the best quality furniture.

Fine Mahogany, Walnut, Cherry, and other Woods;

Fine Mahogany, Walnut, Cherry, and other Woods;

Fine Mahogany and Walnut Sofas, Chairs and other Furniture;

Fine Mahogany, Walnut, Maple-top Center and other Tables;

Fine Mahogany and Walnut Dressing and other Bureau and Sideboards;

Fine Mahogany and Walnut Ladies' Cabinets, Workstands and Washstands;

Fine Mahogany and Walnut Conservatory and Bazaar Chairs, Glass, Clocks, Furniture and Hardware, with a very large assortment of other articles.

House-Furnishing Goods,

which is deemed necessary to enumerate, of which is of good quality and will be sold very low prices.

The subscriber flatters himself that no person wishing to purchase good Furniture will go away disappointed after giving him a call at the corner of 14th and D Sts. No. 325 1/2 14th Street, Washington, D. C.

A. GREEN.

AT REDUCED PRICES, FOR CASH!

No. 119 Bridge St., Georgetown, D. C.

SHOOTS & BURRUGHS are in consequence of the unsettled condition of the country, selling their ENTIRE STOCK, which is mostly fresh and very desirable, for Cash.

They are now prepared to give their

Montgomery friends to give them a call. They have a good assortment of—

New and Second-hand Dress Goods, every variety, from 12¢ upwards.

Embroidered Gloves and Lingerie.

Table Drapery, Linen, and Toweling.

Linen and Cotton Sheetings and Shirts.

Gents' and Boys' Wear, All kinds.

With a general assortment of HEAVY DOMESTIC GOODS for Servants, &c.

John R. Elvan & Co.

Wholesale and Retail Dealers in

HARDWARE,

(For Office and Cabinet Works.)

BAR IRON AND STEEL,

309 Penn Avenue, between 9th and 10th Streets, Washington, D. C.

ALWAYS ON HAND a well selected Stock

of—

Hubs

Spokes

Fellows

Rims

Shafts

Poles

Bows

Castings

Bolts

Nuts & Washers

Bands

Axes

Springs

Plow Plates

Coach Handles

Coach Locks

Washer Cutters

&c. &c. &c.

Hair Cloth

Screws

Jacks

Brads

Casters

Reps

Sofa Springs

Carved Hair

Moss

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NEW JEWELRY.

M. W. GALT & BRO. call particular attention to their Stock of PLATED WARE.

Gold, Silver, and fine Steel Bracelets,

Eye-Glasses, &c. of every variety.

Opera and Shell Reading Glasses.

A large assortment always on hand, embracing every novelty in our line.

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