



A Publication of News and Events

CELEBRATING THREE YEARS OF CONTINUOUS MONTHLY PUBLICATION

Current & Back Issues Available in Color at www.trappemd.net

My future starts when I wake up every morning. Every day I find something creative to do with my life. Miles Davis



NEWS FROM TOWN HALL

Town Meetings and Planning Commission Meetings are open to the public. Citizens are encouraged to attend to be informed and give input. Meeting agendas are posted outside Town Hall every Friday, and items are added as requested (which can be as late as Wednesday morning) and re-posted with each change. An early agenda is posted on the Town website, but may not always include the latest changes. Stop by the Town Hall on Wednesday evenings and learn first-hand about the many happenings in our town. For more information, call the Town Clerk at 410.476.3170.

- Town Meetings are held the first Wednesday of every month at 7:30 pm
- Planning Commission Meetings are held on the 3rd Wednesday of each month at 7:30 pm
- Public Hearings, Public Workshops, Special Appeals Hearings, etc. are scheduled as needed, and are often held prior to the regular meetings shown above

P.E. Moore Office, Sidewalk Amendment The Town Council reviewed and approved a request for a sidewalk modification and extension in front of the P.E. Moore Building, which houses the temporary headquarters of the Police Department at the corner of Main Street and Maple Avenue. This amendment will improve visibility and safety at this intersection.

Defender House Annexation Request Les Groves made an informal inquiry into annexation of Defender House, located on Backtown Road. This property is intended to be the location for the Trappe Rural Life Museum. The museum has encountered possible problems with obtaining zoning approval from Talbot County and is investigating the possibility of annexing the property into the Town of Trappe.

Proposal: Leash Free Dog Park The Planning Commission held a public forum to discern the level of community interest and support for this type of park. The forum was well-attended. Dr. Tony Calabro previously presented a proposal to the Town Council and the Planning Commission for the establishment of a Leash Free Dog Park. These parks are contained public areas where dogs and their owners gather to socialize and run free in a safe environment. Dr. Calabro reported that there are more than 1,000 leash free parks in the United States, and multiple ones in Maryland. His research reflects a high incidence of positive results for communities. It was suggested that leash free parks help create stronger, safer communities and could potentially attract travelers into town as a rest stop for their pets and a way to draw customers to local businesses. Various possible scenarios and locations were discussed and it was ascertained that there are very few, if any, satisfactory sites within the Town of Trappe. At least two acres of open land is needed (preferably more), along with adequate parking and allowances for safety, privacy of neighbors, and other considerations. The Planning Commission will continue to work with proponents to facilitate this project and open discussions with Talbot County.

Outgoing & Incoming Planning Board Members Two members of the Planning Commission have stepped down. Jerry Adams, who served on the commission since 1980, has taken a position with the town engineering firm and resigned from the Planning Commission to avoid conflict of interest. Don Haring also retired after many years of service. Both commissioners were presented with commemorative plaques and clocks as a token of appreciation for their valued service to the town. Richard Dorbin was sworn in as a new commissioner and one seat remains open.

Ordinance 1-2007 amending the Town Code to establish catch all fines for misdemeanors and municipal infractions and **Ordinance 2-2007** amending Section 8:32 of the Zoning Ordinance, decriminalizing and changing the penalties for violations of the zoning ordinance, making violators punishable via municipal infraction rather than misdemeanor, were introduced by the Town Council. Ordinance 2-2007 was discussed at the Planning Commission meeting and a favorable recommendation from the Planning Commission was sent to the Town Council. PUBLIC HEARING will be held March 7th at 7:15 pm.

The Index is a publication of the Trappe Town Council. We welcome contributions and short articles that are of general interest to the community. Events reported in The Index do not necessarily reflect the endorsement of the Town Commissioners. The Commissioners reserve the right to edit or reject any item submitted. Articles and photographs published in The Index are protected under U.S. Copyright Law and cannot be reproduced without express written permission.





THE UNITED STATES OF AMERICA

TO ALL WHO SHALL SEE THESE PRESENTS, GREETING: THIS IS TO CERTIFY THAT THE PRESIDENT OF THE UNITED STATES OF AMERICA AUTHORIZED BY EXECUTIVE ORDER, 24 AUGUST 1962 HAS AWARDED

THE BRONZE STAR MEDAL

TO
LIEUTENANT COLONEL WALTER G. KLEPONIS
UNITED STATES AIR FORCE RESERVE

FOR EXCEPTIONALLY MERITORIOUS SERVICE IN CONNECTION WITH COMBAT OPERATIONS AS SPECIAL PROJECTS OFFICER, COUNTER TERRORISM, CIVILIAN POLICE ASSISTANCE TRAINING TEAM, WHILE DEPLOYED WITH THE MULTI-NATIONAL SECURITY TRANSITION COMMAND - IRAQ, IN SUPPORT OF OPERATION IRAQI FREEDOM (I) FROM 9 SEPTEMBER 2004 TO 18 MARCH 2005. LIEUTENANT COLONEL KLEPONIS TOOK TO THE POINT IN ORGANIZING, EQUIPPING, TRAINING, AND FIELDING NINE IRAQI PUBLIC ORDER BATTALIONS THAT PROVIDED NATIONAL, HIGH-END RAPID RESPONSE POLICE CAPABILITY DESIGNED TO COUNTER LARGE SCALE CIVIL DISORDER AND INSURGENT ACTIVITY. MOST IMPORTANTLY, HE ENSURED THAT SIX OF THE NINE PUBLIC ORDER BATTALIONS WERE TRAINED AND READY PRIOR TO IRAQ'S FIRST DEMOCRATIC ELECTION IN OVER 50 YEARS, WHICH ALLOWED THE MINISTRY OF INTERIOR TO COMMAND AND CONTROL MINISTRY OF INTERIOR FORCES THROUGHOUT THE CRITICAL TIME PERIOD. HIS LEADERSHIP AND UNPARALLELED ACHIEVEMENTS WERE A PIVOTAL FACTOR IN ACCELERATING IRAQ'S TRANSITION TO SOVEREIGNTY WHICH PLAYED A VITAL ROLE IN THE LONG-TERM NATIONAL SECURITY INTERESTS OF THE NATION. THE SINGULARLY OUTSTANDING ACCOMPLISHMENTS OF LIEUTENANT COLONEL KLEPONIS ARE IN KEEPING WITH THE HIGHEST TRADITIONS OF MILITARY SERVICE AND REFLECT DISTINCT CREDIT ON HIMSELF AND THE UNITED STATES AIR FORCE.

GIVEN UNDER MY HAND IN THE CITY OF WASHINGTON
THIS 18TH DAY OF MARCH 2005

AME

DAVID H. PETERARUS
LIEUTENANT GENERAL, U.S. ARMY
COMMANDING GENERAL,
MSMTC - IRAQ



R. G. Bower

ACTING SECRETARY OF THE ARMY

DA FORM 4380-5, JAN 2000. Previous edition is obsolete.

NARRATIVE SUMMARY FOR LIEUTENANT COLONEL WALTER G. KLEPONIS

For exceptionally meritorious service while service as Special Projects Officer, Civilian Assistance Training Team, Multi-National Security Transition Command-Iraq from 11 September 2004 to 18 March 2005. Lieutenant Colonel Kleponis distinguished himself during this period under conditions of imminent danger in a combat zone by taking the lead for organizing, training, equipping and deploying special police operations units for the Iraqi Ministry of the Interior. The Civil Intervention Forces he and his staff trained, were used in critical missions counter-insurgency missions undertaken in support of the 1st Marine Expeditionary Forces in insurgent strongholds such as Fallujah, Sammara and Ramadi. He personally ensured that these newly-formed organizations' requirements were identified, aggressively coordinated and pursued. As the lead architect, he literally took these units from conceptual design to mission execution. He developed the Training Plans, Program Outlines and Doctrine for the creation of these new units and then personally deployed to the remote training location to personally oversee the training and deployment of 4 Special Police brigades. Lieutenant Colonel Kleponis was able to achieve this in a high OPMTEPO environment while exposed to repeated mortar and rocket attacks and personally survived an ambush that disabled his vehicle forcing him to make his way out of the ambush site on foot spending the night evading insurgents until making his way back to US forces. Lieutenant Colonel Kleponis has clearly played a key role in shaping Iraq's security and he has left his indelible imprint on a credible, capable Iraqi security infrastructure. Lieutenant Colonel W. Gregory Kleponis is most heartily recommended to receive the Bronze Star Medal to recognize his distinctly meritorious contributions to Iraqi Police Services, Civilian Police Assistance Training Team, Multi-National Security Transition Command- Iraq, and Multi-National Forces-Iraq. Lieutenant Colonel Kleponis' achievements reflect great credit upon him and the United States Air Force.

Lt. Colonel Walter Greg Kleponis of Main Street has recently completed his second tour of duty in Baghdad. During his first deployment, Kelponis was awarded the Bronze Star Medal.



The Rural Life Museum of Trappe

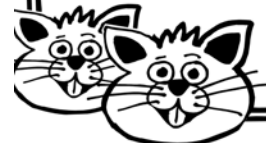
Bay Tree Storage Management Co., LLC, located at 3789 Ocean Gateway, Trappe, Maryland, has provided to the Rural Life Museum of Trappe, MD, Inc., one of their storage units as a place to store pictures, papers, and other artifacts, until the Museum has its own building in which these items can be displayed. This storage is provided at no cost to the Museum, and it provides storage in a safe, temperature and humidity controlled area. In the picture attached, Mary O'Neal, Manager of the Bay Tree Storage Management Co., LLC, is shown presenting to four Directors of the Museum, Susan McNaught, Charles Adams, Libby Slaughter, and Julie Libby, the Rental Agreement for the Storage Unit. The Directors are most pleased that the Bay Tree Storage Management Co., LLC came forth with their offer to provide this free storage to the Museum. The Directors also wish to thank all who have sent in Contributions to the Rural Life Museum of Trappe, MD, Inc. At this time, contributions received are over \$3500. The next Open Meeting of The Rural Life Museum of Trappe, MD, Inc will be at 7 pm, on Monday, April 9th in the Town of Trappe Meeting Room.

EVERYONE INTERESTED IN THE WORK OF THE MUSEUM IS INVITED TO ATTEND.

Photo courtesy of Rural Life Museum of Trappe

**Talbot County
Humane Society
Spring Spay/
Neuter Special
For dogs & cats
Every Thursday in March
Talbot Humane Dog Walk
May 5, 2007**

**for details or appointment
Call 410-822-0107**



Trappe Family has Grand Champion Bull

At the January National Western Stock Show in Denver, Colorado, Billy and Donna Bryan of Southside Farm in Trappe were honored with "Grand Champion Bull" awarded to "King Henry Hunter." The Bryans were also awarded Grand Champion Two Bull Pair. The Denver shows are considered the number one shows in North America. "King Henry Hunter" will return to Maryland in April after completing the show circuit. Billy Bryan is also the elected Mid-Atlantic state representative for the Miniature Hereford Breeders Association. Last year newspapers worldwide and several television and radio stations featured the Bryans' other prize Hereford bull "Premier Gentleman." The Bryans have a small herd of Hereford cattle along with Arabian and Saddlebred horses on their 50 acre waterfront farm in the Island Creek area of Trappe. They raise cattle for show breeding and as all natural beef for clients.

Church News

COMMUNITY LENTEN SERVICES

Drama - "Seek and You Will Find" (a 6-week drama begun Ash Wednesday)

March 6 - 7 p.m. at Trappe UMC

March 13 - 7 p.m. at Scotts UMC

March 20 - 7 p.m. at Trappe UMC

March 27 - 7 p.m. at Scotts UMC

Scotts UMC

Youth Revival March 14 through 16 - 7 p.m. nightly

UM Men Breakfast March 17 - 7 a.m.

Jr. Usher Day March 18 - 3:30 p.m.

Men's Day March 25 - 3:30 p.m.



Immanuel Wesleyan Chapel Now Serving Breakfast... On the last Sunday of each month, the gentlemen cook for the ladies! Breakfast is served from 8:30-10:00. Church service at 10:30. All are welcome!

Last call for Girl Scout cookies . . .



March 10th ~ see us at the Trappe UMC Country Church Breakfast. Pick up a few extra boxes for your freezer or as last minute gifts. For more information, please contact Barbara "Leader B" Coleman, 410.476.3128.

Trappe/Faith Chapel UMC

Trappe UMC will sponsor an Offering of **Letters**

through **Bread for the World** at the Country Church Breakfast on March 10 8-10:30 am and during Sunday School on March 11. More details on Bread for the World's letter campaign, "Seeds of Change", are available at www.bread.org. Sample letters and addresses of legislators will be available on 3/10.

From the Bread website: "Across this country, through Bread for the World's 2007 Offering of Letters, people of faith and conscience will be speaking out for important changes in the farm bill. With much-needed improvements, the farm bill can provide better and broader support for U.S. farmers, strengthen communities in rural America, help hungry people in this country afford a sufficient and nutritious diet, and support the efforts of small-scale farmers in developing countries to sell their crops and feed their families."

For children: Trappe UMC will sponsor an **EASTER EGG HUNT** for children through age 11 on Saturday, March 31 at 1 pm. Bring your own basket. (Note: This is a week earlier than it is usually held.)

All children are welcome.



Community Seder Service March 26th, St. Mark's UMC Community Seder sponsored by the Temple B'Nai Israel and Talbot Association of Clergy and Laity. There is no charge, but reservations are requested. The seder (Passover dinner) commemorates the Exodus from Egypt, and has been celebrated in Jewish homes for thousands of years. It was at such a dinner that Jesus first celebrated the Lord's Supper. Our Jewish neighbors offer this as a gift to the community each year. Come be blessed by this experience! RSVP to Pastor Cindy Burkert by 3/20 at 410.476.3384 or email pastorcindy@trappefaithchapel.org.

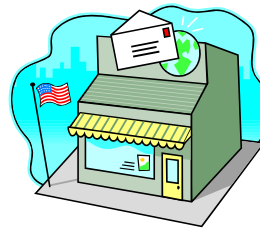


Ringling Bells for Peace

The Talbot County PEACE Organization has Declared March 18-24 to be Talbot Peace Week

Bells for Peace will ring across Talbot County at noon on Wednesday, March 21st. All churches, businesses and organizations are invited to do something for peace that week:

Promote Non-Violence, Reduce Prejudice, Support Diversity Appreciation . . . or Ring a Bell for Peace!



Trappe Post Office is please to announce the winner of the candy kisses giveaway: **Mr. Darwin Lowe.**

Thanks to all the 99 customers who participated. The number of pieces was 330. Mr. Lowe guess was exactly 330 pieces. You can't get any closer than that!



POLICE CHIEF'S CORNER

The Trappe Police Department is officially located in the Moore Building on the corner of Main St. and Maple Ave. **Main Number: 410-476-5005** (answered 24 hours per day by the Talbot County 911 Center)

Chief's Direct Office Number: 410-476-5117

Fax Number: 410-476-5440

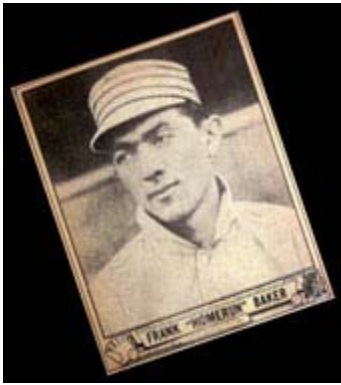
In an EMERGENCY, ALWAYS CALL 9-1-1.

As always, if anyone has any questions, concerns or suggestions, please give me a call.

George Ball - Chief of Police

Friends of Home Run Baker Park to host Home Run Baker Day APRIL 21, 2007

A new sign depicting the life and career of Frank "Home Run" Baker will be dedicated at Home Run Baker Park on April 21, 2007, which is also OPENING DAY for Trappe Little League.



During the Deadball Era (1900-1919), Baker, a native of Trappe, entered baseball mythology as a home run slugger. After retiring from professional baseball, Baker remained active in the sport via autograph seekers, Old Timers games, working with Little League youngsters, and a stint as manager of the Easton team of the Eastern Shore League (where he discovered Jimmie Foxx of Sudlersville). He was a dedicated farmer and a widely respected community leader.

Plans for the dedication ceremony include a book signing by Barry Sparks, author of the recently-released biography, *Frank "Home Run" Baker: Hall of Famer and World Series Hero*.

A demonstration game by the Fair Plays vintage baseball team (with recruits from familiar faces around town) will be played on April 21, 2007 at 4:00 p.m..

For more information, please contact Nancy Dunn, Friends of Home Run Baker Park at 410.476.3274 or 410.822.9030 or email trappeindex@verizon.net.

Trappe Volunteer Fire Company, Inc.



4001 Powell Avenue
Trappe, MD 21673
410-476-3535 fax: 410-4763859

Bingo is Back!!!

CASH BINGO

Every Saturday Night

HANDICAPPED ACCESSIBLE

DOORS OPEN
AT 5:00 PM

GAME STARTS
AT 7:00 PM

Snacks at
Intermission



SCOTTS UMC FOOD PANTRY

**Now available for
emergency assistance**

**OPEN Monday Thru Thursday
3 – 6 p.m. (on school days)**

**Bread available on
Wednesday & Saturday**

**OTHER TIMES CALL
Church Office 410.476.3980
(Outreach Chairperson:
Diane Thomas)**



**TIPS TO A
HEALTHIER
YOU . . .**



- * Leave a few bites on your plate. Research shows that reducing your caloric intake by 20% has impressive anti-aging benefits.
- * Go for garlic to help lower your cholesterol.
- * Insoluble fiber in the skins of fruits and veggies such as apples and green beans aids digestion.

For more tips, go to www.womenshealthmag.com

FUN FOOD FACTS:

Source: *The United States Cookbook:*

Fabulous Foods and Fascinating Facts from All 50 States by Joan D'Amico and Karen Eich Drummond (John Wiley & Sons Inc, 2000).

Thomas Jefferson, a Virginia native, is sometimes described as America's first gourmet. Until Thomas Jefferson bit into a tomato and decided it was edible and tasty, many people thought the tomato was poisonous. Jefferson is also credited with bringing pasta to America because he returned from one trip to Italy with a macaroni machine.



Sometime in the 1930s, the innkeeper's wife at the Toll House Inn near Whitman MA added chocolate pieces to her drop cookie recipe. She called her cookies THC. Chocolate chip cookies had been made before this time,

but now they became enormously popular. When the Nestlé Company found out about the recipe, they got permission to use it on the wrapper of their chocolate bars.

Orange trees were introduced in the St. Augustine Florida area more than 500 years ago by the Spanish. Lemons & grapefruits came much later.



School News



Pre-K & Kindergarten Application/Registration

will be held at WMES March 22, 2007 from 9:00 a.m. to 5:00 p.m. in the school's office.

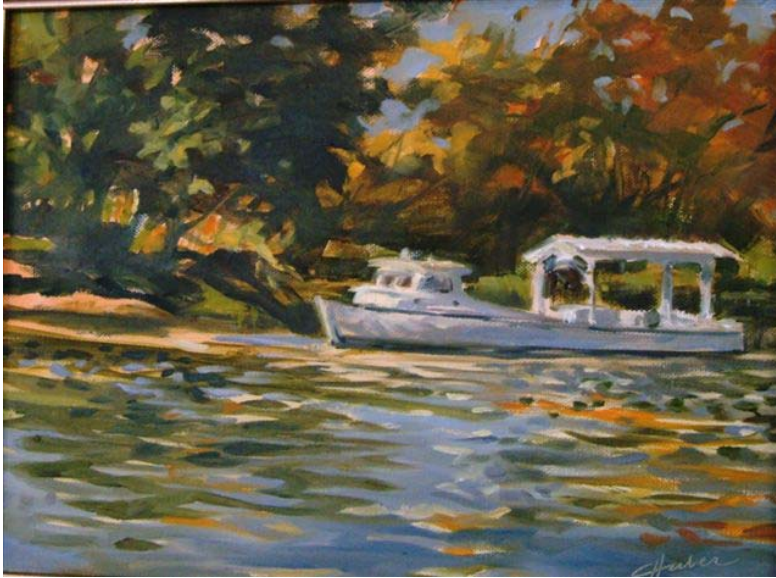
Parents should bring:

1. Copy of child's birth certificate
2. Copy of child's social security card
3. Immunization Record
4. Proof of Residency (One of these-Utility Bill, Lease, Home Contract, Property Tax Bill)
5. Income Verification, **Pre-K only** (One of these- W-2 forms for all salaries, Tax Return, Check stubs for all salaries)

Thanks from H.Y.T.S

Helping Youth To Succeed, also known as our Homework Club, would like to offer its thanks for the donations it has received. The Blake Blackston Post 77 of the American Legion donated \$300 and the James M. Bryan, Jr. Foundation gave \$500. Both were used to purchase books and supplies for the 18 students that participate in the program. H.Y.T.S. is headed by Mr. James Hollis who is in his 5th year of running the program. Mr. Hollis is also a Lay Speaker at the Waters United Methodist Church in Oxford.

THE 3rdrd ANNUAL PHOTO CONTEST Sponsored by **THE INDEX**
MARCH WINNER: No photographs were submitted, so we are featuring a painting instead.



“Trappe Landing Autumn” by Carla Huber was the First Place winner in the Trappe-toberfest Paint Out. . . on exhibit at Mitchum's Market. On Thursday, March 16 Mitchum's will host an **Open House** from 5-7 p.m. (rescheduled from Valentines Day due to inclement weather). Hors d'oeuvres and punch will be served, along with cash bar (beer and wine). Or treat yourself to a delicious fresh-made sandwich, salad, or dessert from Mitchum's Market. For more information about the art show, contact Mary Getsinger at 410.476.3035.

Do you have a great photograph of a favorite scene, event, or person (past or present) in Trappe? If so, be sure to enter it in our Annual Photo Contest. Each month, we will share the entries with our readers. At the end of the year a winner will be announced. Entries may be emailed to trappeindex@verizon.net or dropped off at the Town Office. **Disclaimer:** In submitting a photo entry, you grant *The Index* the right to use the image in Town publications. Winning photographs will be published in *The Index* and may be displayed on Town Web site. Entrants are responsible for obtaining photo-release permission from subjects shown in submitted photographs, including the permission of parents for children under age 18.



**Scotts After-School Tutorial Program
 Receives Award**

The Scotts After-School Tutorial Program has been nominated and selected to receive the Achievement Initiative for Maryland's Minority Students (AIMMS) Community Excellence Award for Talbot County Public Schools. The award announcement will be made at a celebration on April 20 in Baltimore.

40th Anniversary Celebration

Shirley and Bobby Quidas celebrated their 40th anniversary Nov. 12, 2006 at Trappe Volunteer Fire Department. The celebration was given by their daughters and friends. Mr. and Mrs. Quidas have two daughters, Tammy Quidas of Denton and Tracey Dickerson and her husband Mike of Easton. They also have a granddaughter, Morgan Ann Dickerson of Easton. They were married Nov. 12, 1966 at St. Paul's Episcopal Church in Trappe by the Rev. Kenneth Cosby.

White Marsh Elementary Recognized

At the January Board of Education meeting, White Marsh was recognized for outstanding student academic performance.



Trappe Fireman's Carnival will be held July 25 thru 28, 2007. We are looking for donations for our silent auction. Please call Lou Diefenderfer 410 476-3882 if you have anything you would like to donate.

Thanks for all your help!

Trappe Volunteer Fire Department held their Annual Banquet Saturday, January 20th. The dinner was catered by Mitchum's Market of Trappe. The President Award was received by Life Members Shirley and Bobby Quidas. Ronnie Foster received the 2006 Chief's Award and the 2006 EMS Award for 2006. Jason McDermott & Bryan Purnell received 2006 Rookie Awards. Top Responder Fire Award went to John Foster and Top Ambulance Award went to Ben Diefenderfer. Don English was inducted into the Talbot County Fire & Rescue Hall of Fame. Mike Marshal was inducted into the Eastern Shore Fireman's Association Hall of Fame. The night was topped off with DJ Steve Moody playing all our favorite music.



TRAPPE VOLUNTEER FIRE DEPARTMENT 2007 OFFICERS

2007 Line Officers:

Row 1: Chief Ben Diefenderfer; Assistant Chief Nick Newman; Captain Ronnie Foster; 1st Lt. Justin Firth; and 2nd Lt. Drew Dickerson.

Row 2: Chief Engineer Sonny Diefenderfer; Assistant Chief Engineer Mike Marshall; Assistant Chief Engineer John Foster; Ambulance Captain Holly Anderson; and Ambulance Lt. Eddie Roberts

2007 Administrative Officers: →

Row 1: President Lou Diefenderfer; Vice President Shirley Quidas; Secretary Angie Asmussen; Treasurer Don English; and Assistant Secretary Ronnie Foster

Row 2: Trustees: Sonny Diefenderfer, Bobby Quidas, Dallas Johns, Mike Marshall, John Foster; Parliamentarian T.R. Rampmeyer, and Chaplain Rev. Robert Hawkins



photos courtesy of Keith Baynard

March 2007

DAYLIGHT SAVING TIME BEGINS MARCH 11, 2007 On August 8, 2005, President George W. Bush signed the *Energy Policy Act of 2005*. This Act changed the time change dates for Daylight Saving Time in the U.S. Beginning in 2007, DST will begin on the second Sunday in March and end the first Sunday in November. The Secretary of Energy will report the impact of this change to Congress. Congress retains the right to resume the 2005 Daylight Saving Time schedule once the Department of Energy study is complete.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Do you have an announcement you would like to share? An anniversary, birthday, or celebration? Submit news item along with your water bill or send them to the Town Office or to Index writer, Ann Dorbin: 410.476.3910, trappeindex@verizon.net.</p>		<p>Bible Study Hosted By Drake & Elizabeth 1 pm Every Tuesday All are welcome!!</p>	<p>SUMC FOOD PANTRY OPEN ALL SCHOOL DAYS</p>	<p>1 Girls Scouts All troops meet WMES 4 pm</p>	<p>2 Scott's UMC Soup Kitchen 4 pm</p>	<p>TVFD CASH BINGO Starts at 7 pm TVFD Monthly Siren Test</p>
<p>4 </p>	<p>5</p>	<p>6 Mitchum's Market Wine Tasting 5 - 7 pm WMES PTO 6:30 pm EHS Band Boosters 7pm Community Lenten Service 7pm</p>	<p>7 Trappe Town Public Hearings 7:15 Meeting: 7:30 pm</p>	<p>8 EMS Parent Coffee 7:30 am</p>	<p>9 Scott's UMC Soup Kitchen 4 pm</p>	<p>10 Trappe UMC 8-11am Country Church Breakfast & Martha's Closet Last Day to buy Cookies TVFD CASH BINGO 7 PM</p>
<p>11 </p>	<p>12 MSA Testing SOS Mtg EHS 7 pm</p>	<p>13 MSA Testing WMES 10 am Grandparent's Club Community Lenten Service 7pm TVFD Mtg 7:30 pm</p>	<p>14 MSA Testing Lions Club 6:30 pm Republican Women 7pm SUMC Youth Revival 7pm</p>	<p>15 MSA Testing Girls Scouts All troops meet WMES 4 pm SUMC Youth Revival 7pm</p>	<p>16 MSA Testing Scott's UMC Soup Kitchen 4 pm SUMC Youth Revival 7pm</p>	<p>17 St Patrick's Day SUMC Men's Breakfast 7 am TVFD CASH BINGO 7 PM</p>
<p>CHURCH SERVICES Emmanuel Wesleyan Sunday School 9:00 am Service 10:30 am Fellowship 5:15 pm Eve Service 6 pm Scott's UMC Sunday Service 9 am St Paul's Holy Eucharist 9 am Sunday School 9 am Trappe UMC Sunday School 9:45 am Service 11 am Faith Chapel Service 8:45 am</p>	<p>19 MSA Testing SUMC Jr Usher Day Sunday 3:30 - 4:30 pm</p>	<p>20 MSA Testing Community Lenten Service 7pm</p>	<p> MSA Testing Cooking with Susan Joy Healthy Culinary Trappe Planning Commission Mtg 7pm</p>	<p>22 TCP Schools Closed Parent Conferences</p>	<p>23 Scott's UMC Soup Kitchen 4 pm</p>	<p>24 Trappe UMC 8-11am Country Church Breakfast & Martha's Closet TVFD CASH BINGO 7 PM TUMC 4th Sat Youth 7pm</p>
	<p>Trappe Index SUBMISSION DEADLINE Mar 24, 2007 Trappeindex@verizon.net or 410-476-3910</p>	<p>27 In a Pinch! Dinner Assembly Healthy Culinary Community Lenten Service 7pm</p>	<p>28 Lions Club 6:30 pm</p>	<p>29 In a Pinch! Dinner Assembly Healthy Culinary "Kilowatt Ours" 6:30 - 7:45 pm Talbot County Library</p>	<p>30 Scott's UMC Soup Kitchen 4 pm</p>	<p>31 TUMC Easter Egg Hunt 1 - 2 pm TVFD CASH BINGO 7 PM</p>

4014 Main Street, Trappe, MD 21673 410-476-9776
Nutritionmatters2u@yahoo.com

Healthy Culinary Connections celebrates National Nutrition Month, March 2007

Let our team of registered dietitians help you healthy-up for Spring! Consider a "healthy" meal plan consultation—or give one as a healthy gift! Healthy Culinary Connections features dinner assembly, private nutritional consultation, cooking and health education classes, and children's birthday parties.

MARCH EVENTS

March 21: Cooking with Susan Joy, chef/owner Blue Heron Catering. Susan will share with us healthy, low fat baked goods. Reservations required.
March 27 & 29: In a Pinch! Dinner Assembly (We sold out in February!)

March menu:

Marinated London Broil
Glazed Ham Slices and twice baked potatoes
Chicken Cacciatore
Cheese stuffed shells and homemade sauce
Shrimp in citrus marinade

Call 410-476-9776, or visit our NEW WEBSITE

www.healthyculinaryconnections.com for more information.



Bring this ad to us for \$5 off any service we offer!

Local Church/Bible Study/Programs

2nd Wednesday - 7 pm United Methodist Women

St Paul's Preschool 8:45 - 11:45 am / M - F

Trappe United Methodist Church

Bible Study - call 410-476-3384 for dates/times/topics

Wednesday: Martha's Closet Yard Sale

Open 8:30 am - Noon

Thursday: 1st, 2nd, 4th & 5th

5:45 pm Youth Choir & 7 pm Adult Choir practice

United Methodist Women 7 pm

Scotts United Methodist Church

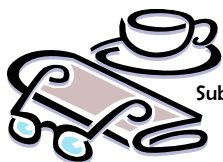
Food Pantry 3 - 6 pm on school days

Tuesday 1st & 2nd: Men's Bible Study 6 pm

Wednesdays 11 am Young @ Heart

Wednesdays 2 pm Midday Study

Wednesdays 7 pm Evening Study



THE INDEX is published monthly by the Town of Trappe, Inc.

Researched, Written and Compiled by: Ann Dorbin

Photography: Ann Dorbin **Editing & Design:** Cheryl Lewis

Publishing & Distribution: Town Hall Staff & Community Volunteers

Submissions are welcome & may be dropped off at the Town Hall or sent to: Ann Dorbin, PO Box 10, Trappe MD 21673 or trappeindex@verizon.net

Phone: 410.476.3910 or 410.476.3170 (Town Hall) Fax: 410.476.3192

The Index is also available online .in Color, along with lots of other local info.

Visit the town Web site: www.trappemd.net

DROP IN BASKETBALL
INSTRUCTION & PLAYING TIME
WHITE MARSH ELEMENTARY SCHOOL
MONDAY THRU THURSDAY EVENINGS
6:00 PM UNTIL 9:30 PM
6pm: Youth / 7pm: Teens / 8pm: Adults
\$1 DONATION PER PERSON PER EVENING
FOR MORE INFORMATION,
PLEASE CALL WMES 410.476.3144