- (g) It is not discrimination or a rebate to issue policies of health insurance that provide for increases in benefits to policyholders who maintain their policies continuously in force without lapse for specified periods.
- (H) (I) IN THIS SUBSECTION THE FOLLOWING WORDS HAVE THE MEANINGS INDICATED.
- (II) "BONA FIDE WELLNESS PROGRAM" MEANS A PROGRAM THAT IS DESIGNED TO:
 - 1. PREVENT OR DETECT DISEASE OR ILLNESS;
 - 2. REDUCE OR AVOID POOR CLINICAL OUTCOMES;
 - 3. PREVENT COMPLICATIONS FROM MEDICAL

CONDITIONS; OR

CHOICES.

4. PROMOTE HEALTHY BEHAVIORS AND LIFESTYLE

(III) "CARRIER" MEANS:

- 1. AN INSURER;
- 2. A NONPROFIT HEALTH SERVICE PLAN; OR
- 3. A HEALTH MAINTENANCE ORGANIZATION; OR
- 4. A DENTAL PLAN ORGANIZATION.
- (2) It is not discrimination or a rebate for a carrier to provide reasonable incentives to an <u>individual who is an</u> insured, a subscriber, or a member for participation in a bona fide wellness program offered by the carrier if:
- (I) THE CARRIER DOES NOT MAKE PARTICIPATION IN THE BONA FIDE WELLNESS PROGRAM A CONDITION OF COVERAGE UNDER A POLICY OR CONTRACT;
- (II) PARTICIPATION IN THE BONA FIDE WELLNESS PROGRAM IS VOLUNTARY AND A PENALTY IS NOT IMPOSED ON AN INSURED, SUBSCRIBER, OR MEMBER FOR NONPARTICIPATION;