- (i) [1.] Used only during an emergency [where the individual presents a danger to the life or safety of the individual or of others; or
- 2. Used only to prevent serious disruption to the therapeutic environment] IN WHICH THE BEHAVIOR OF THE INDIVIDUAL IS UNANTICIPATED AND PLACES THE INDIVIDUAL OR OTHERS AT SERIOUS THREAT OF VIOLENCE OR INJURY; and
 - (ii) 1. Ordered by a physician in writing; or
- 2. Directed by a registered nurse if a physician's order is obtained within 2 hours of the action;
 - (4) BE FREE FROM PHYSICAL RESTRAINT OR HOLD THAT:
- (I) PLACES THE INDIVIDUAL FACE DOWN WITH PRESSURE APPLIED TO THE BACK;
- (II) OBSTRUCTS THE AIRWAY OF THE INDIVIDUAL OR IMPAIRS THE INDIVIDUAL'S ABILITY TO BREATHE;
- (III) OBSTRUCTS A STAFF MEMBER'S VIEW OF THE INDIVIDUAL'S FACE; OR
- (IV) RESTRICTS THE INDIVIDUAL'S ABILITY TO COMMUNICATE DISTRESS;
 - [(4)] (5) Be free from mental abuse; and
 - [(5)] (6) Be protected from harm or abuse as provided in this subtitle.
- (D) SUBSECTION (C)(4) OF THIS SECTION DOES NOT PROHIBIT PLACING AN INDIVIDUAL MOMENTARILY FACE DOWN TO TRANSITION THE INDIVIDUAL TO A RESTRAINT POSITION.
- (D) NOTHING IN SUBSECTION (C)(4) OF THIS SECTION SHALL PROHIBIT STAFF FROM USING A TECHNIQUE FOR TRANSITIONING THE INDIVIDUAL TO A RESTRAINT POSITION THAT INVOLVES MOMENTARILY:
 - (1) PLACING AN INDIVIDUAL FACE DOWN; OR
 - (2) OBSTRUCTING THE VIEW OF AN INDIVIDUAL'S FACE.