- (iv) gives written details of the carrier's internal grievance process and procedures under this subtitle; and
 - (v) includes the following information:
- 1. that the member or a health care provider on behalf of the member has a right to file a complaint with the Commissioner within 30 WORKING days after receipt of a carrier's grievance decision;
- 2. that a complaint may be filed without first filing a grievance if the member or a health care provider filing a grievance on behalf of the member can demonstrate a compelling reason to do so as determined by the Commissioner;
- 3. the Commissioner's address, telephone number, and facsimile number;
- 4. a statement that the Health Advocacy Unit is available to assist the member in both mediating and filing a grievance under the carrier's internal grievance process; and
- 5. the address, telephone number, facsimile number, and email address of the Health Advocacy Unit.
- (i) (1) For nonemergency cases, when a carrier renders a grievance decision, the carrier shall:
- (i) document the grievance decision in writing after the carrier has provided oral communication of the decision to the member or the health care provider acting on behalf of the member; and
- (ii) send, within 5 working days after the grievance decision has been made, a written notice to the member and a health care provider acting on behalf of the member that:
- 1. states in detail in clear, understandable language the specific factual bases for the carrier's decision;
- 2. references the specific criteria and standards, including interpretive guidelines, on which the grievance decision was based;
- 3. states the name, business address, and business telephone number of:
- A. the medical director or associate medical director, as appropriate, who made the grievance decision if the carrier is a health maintenance organization; or
- B. the designated employee or representative of the carrier who has responsibility for the carrier's internal grievance process if the carrier is not a health maintenance organization; and
 - 4. includes the following information: