- 3. THE DRIVER IS RELEASED FROM WORK WITHIN A PERIOD OF 16 CONSECUTIVE HOURS, NOT MORE THAN 12 OF WHICH ARE DEDICATED TO DRIVING, AND IS GIVEN AT LEAST 8 CONSECUTIVE HOURS OFF DUTY; AND
- 4. REGARDLESS OF THE NUMBER OF MOTOR CARRIERS USING THE DRIVER;
- A. IF THE EMPLOYING MOTOR CARRIER DOES NOT OPERATE MOTOR VEHICLES EVERY DAY OF THE WEEK, HAS BEEN ON DUTY NO MORE THAN 70 HOURS IN A PERIOD OF 7 CONSECUTIVE DAYS; OR
- B. IF THE EMPLOYING MOTOR CARRIER OPERATES MOTOR VEHICLES EVERY DAY OF THE WEEK, HAS BEEN ON DUTY NO MORE THAN 80 HOURS IN A PERIOD OF 8 CONSECUTIVE DAYS;
- (IV) REQUIRE A DRIVER TO MAINTAIN A RECORD OF DUTY STATUS IF THE DRIVER IS NOT SUBJECT TO ITEM (III) OF THIS PARAGRAPH, EXCEPT THAT, IF A DRIVER IS ON DUTY FOR A PERIOD OF MORE THAN 12 HOURS, THE DRIVER SHALL MAINTAIN A RECORD OF THE DRIVER'S DUTY STATUS THAT:
- 1. FOR THE FIRST 12 HOURS OF TIME ON DUTY, ACCOUNTS FOR ALL TIME DEDICATED TO DRIVING; AND
- 2. FOR ALL TIME ON DUTY IN EXCESS OF 12 HOURS, CONFORMS TO FEDERAL REGULATIONS;
- (III) LIMIT A DRIVER'S DRIVING-TIME TO LESS THAN 12 HOURS EXCEPT THAT:
- 1. NO-MOTOR CARRIER SHALL PERMIT OR REQUIRE A DRIVER OF A COMMERCIAL MOTOR-VEHICLE TO-DRIVE, NOR SHALL A DRIVER DRIVE:
- A. MORE THAN 12 HOURS FOLLOWING 8 CONSECUTIVE HOURS OFF DUTY; OR
- B. FOR ANY PERIOD AFTER HAVING BEEN ON DUTY-16
  HOURS FOLLOWING 8 CONSECUTIVE HOURS OFF DUTY: AND
- 2. NO MOTOR-CARRIER SHALL PERMIT-OR REQUIRE A DRIVER OF A COMMERCIAL MOTOR-VEHICLE, REGARDLESS OF THE NUMBER OF MOTOR-CARRIERS USING-THE DRIVER'S SERVICES, TO DRIVE FOR ANY PERIOD AFTER:
- A. HAVING BEEN ON DUTY 70 HOURS IN ANY 7 CONSECUTIVE DAYS IF THE EMPLOYING MOTOR CARRIER DOES NOT OPERATE EVERY DAY IN THE WEEK: OR
- B. HAVING BEEN ON DUTY 80 HOURS IN ANY-PERIOD OF 8 CONSECUTIVE—DAYS IF THE EMPLOYING MOTOR CARRIER OPERATES MOTOR VEHICLES EVERY DAY OF THE WEEK: