

Robert Knight being in Virginia in March was cured of a paine of his limbs - - - An English Gentleman  
Graues Garret being in Somerset County at the Eastern Shore troubled with an inward Distemper which was  
Coughing all of a heap with one spout of water which was carryed over to her some she drank and some they washed her  
Stomach and blew her Shoulders was cured - - - John Garret being at the same place having a  
Two yeards was cured in a fortnight's time Last March when all the Doctors had tryed could do him no good

May it please your Excellency

Since your Excellency has been pleased to know my Sentiments on the cold Springs I shall as much as I can  
Deliver my thoughts on the same; without running into the History and Origin of fountains or touching any of the  
Only of this Instant in obedience to your Excellency's Command I visited the cold Springs by Drinking the waters, by  
=died from those that came to visit the benefit of the medicinal waters, I saw they have a purging power, the  
differer little or had mineral they Salutaris with, yet their & Citrating faculty, these them impregnated with  
whose points are adopted for the same, of fresh and cold Spring whose virtue is affected by, Cardiac and paine in  
might be attributed to the Acute penetrating Salts of Nitre, which altho in it self is a very great force and  
fluid parts, might without disturbing the humours that are affol; and give a patient, as he finds, for  
of his Salts by little and little will cleanse by their Inhibiting & Malignity, of the Distemper. The second Spring is not  
too cold, tho it is Difficult to be perswaded in the opinion of some who chiefly refer to the cold Spring is not  
bathing, their Ulcers Catarrhs, which makes me it abounds with some Slipsh quality, which I rather attribute to  
it not at all savouring a viriolic taste; the third and last Spring which is their chief Drink at Insoles  
Cold water, & very pleasant; may be said to be under a pleasantness to the goodness of the water it has not that  
purging quality some say, for I drank two or three quart and as easily moved as any one, but could not find any  
Cathartic quality it had. Why I observed the waters abound with Nitre is, from their Effects: for if I put my hand  
feet in Snow (whose Crystals are exact Nitre Stones) when taken from thence they presently grow from small  
nitre particles which I suppose immediately enter the neighbouring vessels, and give a brisk fermenting heat to  
of the same I observed here after I dipped my feet and look'd it out, the water I perceived to be glowing immediately;  
as I observed Instantly in Snow. it might be much enlarged in composition of Nitre is in it in a good deal  
while and medium, how it gives blood its fluidness & contributes to the LaBubam. but since a Salt is it  
much Contributed on and so many objections pro & con I will not give your Excellency too much trouble on that matter -  
In fine the Efficacy of the Waters and their medicinal qualities, are so good, and when there is great  
(as is the case regular and had all conditions) would prefer the same. many people of great Distress returning home  
with much benefit, and soon almost well and taking some waters to them to perfectly cure afterwards is  
doubtless for want of well purging and taking other necessary Cures, others have had an Ulcer cured in one part, and imme-  
=dially be cured another, which we must attribute to the cold foulness of body, I perceived a great many bound their arms  
& Eggs with sweet Cloaths, thinking thereby to facilitate the cure which I'm sure must be contrary to your  
=dicial and wiser it there might be much more added to this, which no doubt your Excellency has been acquainted with  
you too largely Contributed your generosity in your benefaction and I depend on your Grace and impartiality, which should  
Sole in some of your followers, the virtue of these Springs would be mightily assisted, and I doubt not, but their Effects  
would be as any what sooner

July 19: 1695

Your Excellency's most obedient and obliged humble Servant, Wm Weston

To his Excellency Francis Nicholson Esq. Capt. Gen. and Govern. in Chief of his Majesty's Province of Maryland  
His humble Obedience of Phillip Clark of St. Marys County  
Most humbly sheweth unto your Excellency that whereas Judgment is passed against your petitioner in the  
Province for Six thousand pounds of Tobacco and Six months Imprisonment, according to an act of Assembly for speaking  
Scandalous and Defamatory words against your Excellency, and the your petitioner must needs own that he  
Money of your Excellency having been forgiven by your Excellency and committing againe the same  
Company as the said and Conrad the notorious Disturbers of this Government? for all which offenses your  
nothing that your Excellency's money, but that he is fully satisfied of his past Errors and heartily sorry for  
Humbly