

treatise of *New-England*, he may know what is there to be expected.

Yet to say something of it in particular.

IN the first place I name *Corne*, as the thing most necessary to sustaine man; That which the Natives use in the Countrey, makes very good bread, and also a meate which they call *Omene*, it's like our *Furmety*, and is very savory and wholesome; it will Mault and make good Beere; Also the Natives have a sort of *Pulse*, which we call *Pease* and *Beanes*, that are very good. This *Corne* yeelds a great increase, so doth the *Pease* and *Beanes*: One man may in a season, well plant so much as will yeeld a hundred bushells of this *Corne*, 20 bushells of *Beanes* and *Pease*, and yet attend a crop of *Tobacco*: which according to the goodnesse of the ground may be more or lesse, but is ordinarily accompted betweene 800 and 1000 pound weight.

They have made tryall of English *Pease*, and they grow very well, also *Musk-mellons*, *Water-mellons*, *Cor-cumbers*, with all sorts of garden Roots and Herbes, as *Carrots*, *Parsenips*, *Turnips*, *Cabbages* *Ridish* with many more; and in *Virginia* they have sowed English *Wheate* and *Barley*, and it yeelds twise as much increase as in *England*; and although there be not many that doe apply themselves to plant Gardens and Orchards, yet those that doe it, find much profit