

enforced, not onely to labour in the day, but to watch in their turnes at night, yet had their healths exceeding well: In Summer its hot as in *Spaine*, and in Winter there is frost and snow, but it seldome lasts long; this last Winter was the coldest that had beene knowne in many yeeres: but the yeere before, there was scarce any signe of Winter, onely that the leaves fell from the trees, in all other things it appeared to be Summer; and yet the last Winter, both their Cattell and Hoggs kept themselves in the woods, without any fodder, or other helpe, and the Hoggs thrived so well, that some of them were killed out of the woods for Porke and Bacon, which was excellent good and fat.

The Windes there are variable; from the South comes Heat, Gusts, and Thunder; from the North, or North-west, cold-weather, and in winter, Frost and Snow; from the East and South-east, Raine.

The ordinary entrance by Sea into this Countrey, is betweene two Capes, which are distant each from other, about 7 or 8 leagues, the South-Cape is called *Cape-Henry*; the North, *Cape-Charles*; When you are come within the *Capes*, you enter into a faire Bay, which is navigable for at least 200 miles, and is called *Chesopeack Bay*, and runneth Northerly: Into this Bay fall many goodly navigable Rivers,