(d) Slides, skids, or other adequate means shall be used on descending trips on grades where the locomotive is not adequate to control the trip and where practicable, a drag shall be used on ascending trips.

Materials being hauled inside the mine shall be so loaded and protected that there is no danger to the motorman or brakeman from sliding of equipment and material.

- 95. Transportation of men. (a) Man-trips shall be operated at safe speeds consistent with the condition of roads and type of equipment used, but not to exceed 6 miles an hour.
- (b) Each man-trip shall be under the charge of a responsible person and it shall be operated independently of any loaded trip of coal or other material.
- (c) Cars on the man-trip shall not be overloaded and sufficient cars in good mechanical condition shall be provided.
- (d) No person shall ride under the trolley wire unless suitable covered man-cars are used.
- (e) No material or tools shall be transported in the same car with men on any man-trip, and all persons shall ride inside of man-trip cars, except the motorman and brakeman or trip rider.
- (f) Men shall not load or unload before the cars in which they are to ride or are riding come to a full stop, and men shall proceed in an orderly manner to and from man-trips.
- 96. A waiting station shall be provided where men are required to wait for man-trips or man-cages. It shall have sufficient room, ample clearance from moving equipment, and adequate seating facilities. Trolley and power wires shall be guarded effectively at man-trip stations where there is a possibility of any person coming in contact with energized electric wiring while loading or unloading from the man-trip.

Where belts are used for transporting men, a minimum clearance of 18 inches shall be maintained between the belt and the roof or cross bars, projecting equipment, cap pieces, overhead cables, wiring, and other objects; but where the height of the coal bed permits, the clearance shall be not less than 24 inches.

The belt speed shall not exceed 250 feet a minute while men are loading, unloading, or being transported.