plans and specifications therefor shall be prepared by or under the direction of said road superintendent when required by the said County Commissioners, who shall recommend to the board the manner in which the work shall be done, and if by contract, bids for the work shall be invited by reasonable publication; such bids when publicly opened and read shall be referred to the said road superintendent for analysis and report, and no adverse action on the recommendations of the said road superintendent shall be taken except by majority vote of the full Board of County Commissioners. All materials and supplies, machinery and equipment to be used on the roads and bridges involving a cost of more than two hundred and fifty dollars (\$250.00), shall be contracted for after requesting bids for the same by reasonable publication in the county papers as the said Commissioners may designate. said material and supplies, machinery and equipment, shall be subject to the approval of the county road superintendent when said approval is requested by the County Commissioners. Said County Commissioners shall purchase all stonecrushers, rollers, scrapers and road material equipment and appliances for use in connection with such roads, after referring the same to the said road superintendent and receiving his recommendation thereon. Said County Commissioners shall and may adopt all necessary and reasonable rules, regulations and orders with reference to the proper use, care, repair, improvement, construction and maintenance of the County roads and bridges, and shall have power to make all such rules and regulations with reference to the use of the roads, streets, avenues, lanes, alleys and bridges of the county by telephone and telegraph companies, steam railroads and street railway companies, gas, water and electric light companies, and similar uses thereof as the County Commissioners may consider necessary for the proper protection of said roads, streets, avenues, lanes, alleys and bridges of the county, and the rights of the public therein, and shall impose reasonable penalties for the violation of all such rules and regulations, and make other necessary provisions for the enforcement thereof, and shall have the right from time to time to change or alter the same, and all such rules and regulations when adopted and recorded in a book or books kept for the purpose shall have the force and effect of municipal ordinances regularly adopted by authority of the General Assembly of the State of Maryland. The constables of the county shall be charged with the duty of