

vegetables, with soup, and a proper allowance of rye-coffee, tea and salt; and the physician may vary the diet when necessary.

44. The cooking and refectory shall be regulated by the Board of Directors; but no prisoner shall receive anything but the prison allowance.

#### DIRECTORS.

45. The directors shall hold regular stated meetings once in each month, or by adjournment from time to time; and shall also meet when occasion may require, the warden or two directors giving notice thereof.

46. They shall keep minutes of their proceedings, and a majority shall be a quorum for the transaction of business.

47. They shall direct the management of the concerns of the prison, and shall see that all the laws, rules and regulations in relation thereto, are obeyed and observed by all connected with the institution, for the purpose of enforcing the Auburn system of prison discipline.

48. They may make and establish such rules and regulations for the management of the institution, or assign to any of the officers any duty not inconsistent with the laws of the State, and the rules and regulations herein prescribed; and may also alter these rules and regulations; *Provided*, that the changes be made known to the Executive, in their annual report; and unless confirmed by the legislature, they shall not afterwards be enforced.

49. They shall, at each monthly meeting, appoint one or more of their number, who shall constitute a monthly committee, to visit the prison at least once a week until the next monthly meeting, to examine into the conduct of the officers and inspect the management of the institution, and to whom reference may be made by the warden and other officers for advice or aid in cases of emergency, and who shall represent the board at all times when not in session.

50. The monthly committee shall report monthly to the Board of Directors in writing, concerning the condition and police of the prison, and make such suggestions as they may deem proper. Upon the performance of this duty much depends in the enforce-