to leave the Court of Appeals building front steps at 9:00 A.M. tomorrow morning, November 14, and return immediately after the mass. For further details see Delegate Ed Clarke of Montgomery County.

Does anyone wish to take advantage of this pause to make an announcement?

The Chair recognizes Delegate Scanlan.

DELEGATE SCANLAN: Mr. President, the Rules Committee will meet tomorrow at 12:30 P.M. in the basement of the Shaw House to consider Motion No. 6. That motion proposes a limitation on the number of times a delegate may speak in the Committee of the Whole, and we invite anybody who is interested in this proposal to appear before us.

THE CHAIRMAN: The Chair recognizes Delegate Gallagher.

DELEGATE GALLAGHER: Mr. Chairman, the Committee on the Legislative Branch will convene at 8:00 P.M. on Wednesday evening to consider those matters which were not disposed of in our first report. That will be Wednesday at 8:00 P.M.

THE CHAIRMAN: Delegate Bennett.

DELEGATE BENNETT: Mr. President, may I ask Delegate Koss if, when, and whether the question of initiative is going to come before the Convention?

DELEGATE KOSS: There is a Minority Report, I think number C, on the question of initiative, so therefore it will come before this body. When it will come is dependent upon the body.

THE CHAIRMAN: It is the last item.

The Chair recognizes Delegate Sickles.

DELEGATE SICKLES: Mr. Chairman, I hesitate to rise. However, we are waiting, and I assume I may trespass on the time of the house for just a minute. I have noticed since I have been here that quite a few of us are walking around sort of sniffling and passing our colds around from one person to another. I am not sure that many of you are aware of this, but there is sort of a general legislator's disease in that it is a rather unusual life that we lead. We find ourselves spending many hours just sitting and listening, and it is, of course, much more fatiguing than we would ever admit to ourselves, although sometimes we try to impress the folks back home as to how hard we are working.

I wanted to share with you something that was promulgated in the House of Representatives a few years ago by Admiral Carver, who was the attending physician. In an attempt to keep the United States Congressmen alive, both Senators and House of Representatives members, he put out his Ten Commandments of Health.

Number 1 is eat wisely; number 2 is drink plentifully—of water; number 3 is eliminate thoroughly; number 4 is bathe cleanly, number 5 is exercise rationally; number 6 is important—accept inevitables; number 7, play enthusiastically—not here on the house floor; number 8, relax completely; number 9, check up occasionally; and number 10 is sleep sufficiently, and again, not here on the house floor.

Thank you, Mr. Chairman.

The Chair recognizes Delegate Boyer.

DELEGATE BOYER: The General Provisions Committee will meet immediately after we recess here. Hopefully we will not be long enough to interfere with your dinner hour, but it is very important that we do have a meeting immediately after this recess.

THE CHAIRMAN: We will just have to relax until the amendment arrives.

The Committee will come to order.

We now have on hand the printed copy of Amendment No. 5, being offered by Delegates Gilchrist, Scanlan, and Freedlander. The Clerk will read the amendment.

For what purpose does Delegate Boileau rise?

DELEGATE BOILEAU: A personal privilege.

THE CHAIRMAN: The delegate may proceed.

DELEGATE BOILEAU: On most of your desks you will find a bulletin from the Maryland Municipal League, and in that bulletin the League disaffirms the proposal in LG-1. I would like to note that this bulletin is 180 degrees against the position which I have taken, and because of this disagreement I am forced to submit my resignation as Executive Secretary of the Maryland Municipal League. I simply request that those of you reading this bulletin not attach it to my name or not consider me as a part of it.

Thank you.