SPORTS

Sport is a vital ingredient of life in Maryland. The State has a long history as a center of thoroughbred horse racing and Baltimore City is represented in the major leagues of professional football, baseball and basketball. Collegiate and scholastic athletics are conducted at a high competitive level. These selected remarks illustrate the interest of Governor Tawes in a variety of sports activities within the State.

REMARKS, QUARTERBACK CLUB LUNCHEON BALTIMORE

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The English general who defeated Napoleon Bonaparte at Waterloo is quoted as having said that the battle was "won on the playing fields of Eton," which saying is often repeated to give recognition to the value of competitive sports in building character, courage and strength—mental, moral and physical—in men. So much has been said and written about this quality of athletic competition that anything I might say about it here would be a waste of words.

Perhaps, though, we should keep reminding ourselves that in no country in the world has so much emphasis been laid on the value and importance of sports in the lives of our people. For the individual to realize the fullest rewards from athletics, I suppose there is no substitute for active participation in it. But there is certainly something to be said for the person who, because he may be too busy, too lazy, too clumsy or too old, finds it impossible to do much in the way of competing and thus is compelled to enjoy sports vicariously by being a spectator. For it is great fun to be a spectator—to watch football, baseball, lacrosse or any of the many other games in which you may be interested. The sheer enjoyment of watching sports is justification enough for it, but if there is anyone so serious minded that he has to find a good reason for enjoying himself, he may find that reason in the fact that being a spectator of sports is also relaxing and healthful.

Living in the way in which we should can be difficult in these times. The pace at which we move produces stomach ulcers, neuroses and a variety of other ailments that might be prevented if we slowed down a