This Week's SPECIALS

GIANT
THE QUALITY FOOD PEOPLE

Plus...DOUBLE COUPONS See store for Details Please, No Coupon Clubs

BONUS SPECIAL
USDA Grade A Fresh
Pick of the Chix
Giant or Holly Farms 1.39 lb.
Perdue Pick of the Chix lb. 1.49

Whole Beef
Boneless Top Sirloin
Can Be Custom Cut at No Extra Charge
USDA Choice 2.89 lb. Giant Lean 2.39 lb.
BONUS SPECIAL
SOLD TO YOU UNTRIMMED AS WE RECEIVE THEM FROM THE PACKER.

1/2 PRICE SPECIALS

Regular or Lite Syrup **Mrs. Butterworth's** 24-oz. bot. 1.29 Reg. 2.59

Piñata Shredded Beef with Red or Green Peppers **Supreme Burritos** 5-oz. pkg. 46¢ Reg. 93¢

Giant **Strawberry Preserves** 18-oz. jar 89¢ Reg. 1.79

With Butter Added **Giant Honey Wheat Bread** 24-oz. loaf 54¢ Reg. 1.09

California Gold Natural **Seedless Raisins** 16-oz. pkg. 94¢ Reg. 1.89

Hundreds of Uses **Giant Cotton Swabs** pkg. of 180 69¢ Reg. 1.39 Compare to Q-Tips

Giant Automatic Pivot **Twin Blade Cartridges** pkg. of 5 99¢ Reg. 1.99

ISO200 **Giant Disc 30 Film** pkg. 2.29 Reg. 4.59 Compare to Kodak

Giant **Twin Blade Cartridges** pkg. of 5 99¢ Reg. 1.99 Compare to Trac II

SO THAT OTHERS MAY SHARE IN THE SAVINGS, PLEASE LIMIT YOUR PURCHASE TO SIX OF EACH HALF PRICE ITEM.

SUPER SPECIALS

Prego Plain, Meat or Mushroom **Spaghetti Sauce** 31.75-oz. jar No Salt Added, 30.75-oz. jar 1.39

Plain or Poppyseed **Giant Twist Rolls** 12-oz. pkg. of 8 69¢

Quarters **Promise Spread** 1-lb. pkg. Soft or Extra Light Soft, 2 8-oz. cups 1.59 1.29

Regular or **Diet Seven Up** 67.6-oz. NR Bot. 89¢

Traditional or Sour Cream & Onion **Chex Brand Snack Mix** 9.5-oz. pkg. 1.29

Kitchen Queen **Sliced Bacon** 1-lb. pkg. 1.19

Giant **Breakfast Buns** 6/75¢

Frozen Giant **Sliced Strawberries** 10-oz. pkg. 79¢

Frozen Patio Bite Size **Beef 'n Bean Britos** Mild, Medium, Hot or Nacho Cheese 7.25-oz. pkg. 99¢

Oriental Beef, Chicken Cacciatore or Sliced Turkey Breast **Stouffer's Lean Cuisine** 8-oz. to 10⅞-oz. pkg. 1.99

PRICES AND DOUBLE COUPONS ARE EFFECTIVE THRU SAT., MARCH 18, 1989 in Giant stores in the city of Baltimore, Baltimore, Harford and Howard Counties, Glen Burnie, Severna Park, Annapolis & Edgewater. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.

The Afro-American Section D

THE LIVING CHURCH

■ CLASSIFIED D4
■ Metro Church Briefs D7

Saturday, March 18, 1989

Christ renews his parish

By Thersa A. Mercer
AFRO Church Correspondent

The Ministry of St. Ambrose realizes as do other Ministries that there are people inside the Church who are being called to a special place in God.

To help these people realize, understand and use their gifts for the Lord, a retreat known as CRHP was started in 1981.

The retreat is held at St. Ambrose Catholic Church, 4502 Park Heights Ave., under the Pastorage of Father Tom Schwind.

Over the past eight years, the results have been overwhelming. The church before CRHP had been experiencing a falling away but, since the retreat; there has been constant growth.

A greater understanding has been acknowledged by the parishioners helping them to achieve a new level of maturity.

The church school cafeteria and gymnasium is converted to accommodate the retreat. The success of the retreat has reached into the neighborhood and into the city.

Continuously people are seeking the CRHP Retreat for the kind of help that only God can give. People come seeking freedom from drugs, alcohol and emotional pain and trauma.

These people` come together hungry to have peace in their lives. They worship together through the word of God in prayer, witnessing and song. The retreat operates on the word of God as found in God's word is life unto those that find them, and health to all their flesh.

Praying always with all prayer (Ephesians 6:18) rejoicing in the shared testimonies that in simplicity and godly sincerity, not with fleshy wisdom, (11 Cor. 1:12) they were renewed by the rejoicing of God's goodness through praise and worship.

They learn to let go and let God fill them with his truth.

By the end of the retreat, yokes of bondage are broken and the participants are ready to move forward as he or she feels directed.

Following the retreat, a fellowship is formed that continues for six months to further the growth of those who attended.

Each time the retreat is held, the former participants work as team leaders for those who are starting the healing process.

(Proverbs 4:20-22).

People, ordinary people who once felt their lives had no meaning or substance, some who felt they had lost their way, and some just needing rejuvenating.

All of them together seeking direction for their lives.

Father Tom, told a story of a young man who came to the male retreat with a bullet that he was saving for someone who had hurt him. When his spiritual release came, he gave the bullet to the Father.

One of the participants shared with me her views of what the experience was like. Because of the sensitive subject, she will remain nameless.

"I knew I needed to be in a love environment with the presence of God. I needed to be with people who loved God. I went not knowing what to expect.

"It was greater than I could have imagined. It was clearly a cleansing, healing, peaceful experience. I was able to realize that no matter what I had done in my life, God loves me and has forgiven me.

"For the first time, I have been able to forgive myself. What a weight that has been lifted off of me!

Even as a professional person with what some would consider a prestigious job, I could not overcome the obstacles in my life. I could not have done it by myself.

"We all came together there on one accord no matter what walk of life. When it was time to go home, I didn't want to go. I just wanted to stay there and continue to bask in God's love."

"Every one who has gone through the retreat has had some type of change in their lives," states Father Tom, "for good."

The coordinators of the St. Ambrose Christ Renews His Parish or CRHP as it is called are: Father tom Schwind, Sister Mary Ann Hartnett, Brother John Lee, Deacon Watson Fulton.

Father Tom extends an invitation to any Church that would like to have a team sent to their Church to teach the method of their success. Father Tom said the program can be adapted to fit any religion. For information please call 367-9918.

SETTING UP for the retreat at St. Ambrose CC is Fr. Tom Schwind, Jerome Matthews, and Dale and Jeana Lee.

Psalm for this week:

Psalm 2
"Why do the heathen rage?"

1. Why do the heathen rage, and the people imagine a vain thing?
2. The kings of the earth set themselves, and the rulers take counsel together, against the Lord and against his Anointed, saying,
3. Let us break their bands asunder, and cast away their cords from us.
4. He that sitteth in the heavens shall laugh; the Lord shall have them in derision.
5. Then shall he speak unto them in his wrath, and vex them in his sore displeasure.
6. Yet have I set my King upon my holy hill of Zion.
7. I will declare the decree: the Lord hath said unto me, Thou art my Son; this day have I begotten thee.
8. Ask of me, and I shall give thee the heathen for thine inheritance and, the uttermost parts of the earth for thy possession.
9. Thou shalt break them with a rod of iron; thou shalt dash them in pieces like a potter's vessel.
10. Be wise now therefore, O ye kings: be instructed, ye judges of the earth.
11. Serve the Lord with fear, and rejoice with trembling.
12. Kiss the Son, lest he be angry, and ye perish from the way, when his wrath is kindled but a little. Blessed are all they that put their trust in him.

A WORD OF HOPE

By Maxine L. Wallace

"Behold, I am the Lord, the God of all flesh: is there anything too hard for me?" Jeremiah 32:27

The Lord God Jehovah is mighty in battle. The Lord our God is omnipotent . . .He is all powerful. Isn't it good to know that you are on the winning team?

A song writer said, If I hold my peace and let the Lord fight my battle, I know that the victory shall be mine. Our God reigns!

In this life, we are faced with many heartaches and disappointments. To every life some rain must come. The Bible says that it rains on the just and the unjust alike.

In this life, sometimes we're going to face some trials and tribulations . . . Things are not going to always go the way we want them to go . . . Sometimes our plans are going to fail . . . our feelings are going to get hurt . . . the person you thought was closest to you may turn their back on you . . . sometimes you're going to feel like you're all by yourself.

Have you ever been in a crowded room and felt like you were all by yourself?

Well . . . I don't know what's perplexing your soul today . . . I don't know what heavy burden you may be carrying . . . But this one thing I know . . . God is all sufficient. Whatever need you have today is not in Christ Jesus. The Bible says that God will supply all our needs according to His riches in glory. He'll fill the empty place in your life . . . He'll mend your broken wounded heart . . . He'll put the pieces to your life back together again . . . He'll make the crooked places in your life straight . . .

In the midst of your despair and gloom . . . Jesus is saying, come unto me all ye that are weary and heavy laden, and I will give you rest.

My friend, rest in the Lord . . . put your trust in Him . . . Believe God to work a miracle in your life. God can do all things but fail.

Yes . . . He is the Lord . . . the God of all flesh. There is no person or government higher than our God.

Did you know that God rules over all. He speaks, and men live . . . He speaks, and men die . . . God is sovereign.

And He says to you this day, "Is there anything too hard for me?" My friend, have faith in God. Let not your heart be troubled today.

God is able to bring you out of whatever situation you are in . . . God can open doors that no one can close . . . He'll close doors that no man can open. He's a way maker . . . God is God.

Is He real in your life today? Do you know Him in the pardon of your sins? My friend, Jesus is the answer. Won't you invite Him to come into your heart today and be your personal Lord and Saviour? Oh, how He loves you . . .

Participating churches as of March 16, 1989

EMMANUEL C.C.
UNION BAPTIST
FIRST BAPTIST OF BACK RIVER
FIRST BAPTIST
MT. HOPE BAPTIST
NEW HOPE BAPTIST
METROPOLITAN U.M.
CENTRAL BAPTIST
CALVARY BAPTIST
FRIENDSHIP BAPTIST
CONCORD BAPTIST
FIRST UNITED APOSTOLIC FAITH CHURCH
WATERS A.M.E.
CENTENNIAL U.M.
MADISON AVE. PRESBYTERIAN
TRINITY BAPTIST
ST. JOHN AME
MT. MORIAH BAPTIST
NEW MT. HEBRON BAPTIST
BETHEL A.M.E.
SHARON BAPTIST
ENON BAPTIST
CHRISTIAN UNITY TEMPLE C.C.
TIMOTHY BAPTIST
FAITH BAPTIST
NEW PSALMIST BAPTIST
MT. LEBANON BAPTIST
BETHEL TEMPLE CHURCH OF CHRIST
ST. GREGORY CATHOLIC CHURCH
GOOD TIDINGS BAPTIST CHURCH
ST. PAUL BAPTIST CHURCH
BIBLEWAY FREEWILL BAPTIST
EASTSIDE BAPTIST
OAK STREET AME
PENNSYLVANIA AVE. AME ZION
GREATER LIBERTY BAPTIST CHURCH
ST. TIMOTHY'S CHRISTIAN BAPTIST CHURCH
MORNINGSTAR BAPTIST CHURCH OF BALTIMORE COUNTY
TRINITY A.M.E. CHURCH
EVERGREEN A.M.E. CHURCH
MT. ZION UNITED METHODIST CHURCH
MORNINGSTAR BAPTIST CHURCH
GOSPEL TABERNACLE BAPTIST CHURCH
PROGRESSIVE BAPTIST CHURCH
FOUNTAIN BAPTIST CHURCH
UNION TEMPLE BAPTIST CHURCH
KINGSWAY BIBLE BAPTIST CHURCH
FIRST APOSTOLIC FAITH CHURCH
SHARP STREET MEMORIAL UM CHURCH
ST. MATTHEWS UM CHURCH

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