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"We have a customer whose family doctor prescribed Ferrous Sulfate for an iron deficiency. The customer was later prescribed tetracycline by an allergist to treat a sinus infection. The PROFILE system alerted us that Ferrous Sulfate binds tetracycline making both medications less effective. After notifying both doctors, the customer was advised to discontinue taking the Ferrous Sulfate during the tetracyline therapy."

Cindy Williams
Giant Discount Drug Pharmacist

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For more information about PROFILE, our Free Prescription Safety Service, ask your Giant Pharmacist.

PROFILE FREE Rx PRESCRIPTION SAFETY SERVICE

The interaction information is updated monthly and is derived from the drug interaction database which was developed by and is endorsed by the American Pharmaceutical Association.

AMERICAN PHARMACEUTICAL ASSOCIATION

## 1/2 PRICE SPECIALS

Giant Extra Strength
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bot. of 50
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Soft
Tempo Antacid
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Reg. 2.29
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Fluoride
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Reg. 1.89
94¢

½" x 800"
Giant Invisible Tape
or ½" x 1500" Transparent each
Reg. 99¢
49¢

½" x 450" or 3/4" x 300"
Giant Invisible Tape
or ½" x 1000" Transparent Tape each
Reg. 89¢
44¢

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Crayola Crayons
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SO OTHERS MAY SHARE IN THE SAVINGS, PLEASE LIMIT YOUR PURCHASE TO SIX OF EACH HALF PRICE ITEM.

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Old Spice Stick
Reg. 2.29
SAVE 50¢
1.79 2.5-oz. pkg.

Face Conditioner
Mennen Afta
Reg. 2.49
SAVE 70¢
1.79 3-oz. bot. or 3.5-oz. Skin Bracer

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Reg. 2.99
SAVE 80¢
2.19 8-oz. bot.

Nature Made, with Rose Hips
Vitamin C 500mg
Reg. 4.99
SAVE 1.00
3.99 bot. of 130

Nature Made
Vitamin C 500mg
Reg. 2.99
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SAVE 50¢
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# Missionary to London

By Evan. Theresa Mercer
AFRO Church Correspondent

More and more of our people are traveling around the country, and even the world answering the call to do missionary work.

Many ministries understand the call and are supportive, such as Father Tom Schwind of St. Ambrose Catholic Church.

Father Tom, as he is called, and the congregation are extremely supportive of one such missionary, Cynthia Stith.

When the time came, Cynthia, who had been drawn to become a missionary since age 15, was able to make a bold decision to follow her dreams.

She was in her early twenties when she found Youth With A Mission, a world-wide organization which was listed in Intercristo, a world-wide Christian job search publication.

Cynthia prayerfully submitted an application to the Y.W.A.M. West London Outreach Center, the place she felt she was to work. It wasn't long before Cynthia was accepted.

In Jan. 1985 Cynthia began to share her dream with others. She sought advice and comfort from others on a mission. Support came forth.

Prayers and words of wisdom were given by Father Tom Schwind and other noted ministers in whom she had confidence.

Within four months, God opened the financial door for Cynthia. People began to give love offerings in support of her mission.

In July 1985, Cynthia at age 24, departed for England, not knowing anyone, on her way, trusting in God.

Cynthia Stith

When Cynthia arrived in England, she joined her designated Missionary team made up of Germans, South Africans, British, Egyptians and Americans. Cynthia was the first black American to join Y.W.A.M.

Y.W.A.M. had made arrangements for Cynthia to stay in one of their base houses, which comfortably housed 7 or 8 team members.

Each day was started by early morning prayer and Bible study. Midday to late evening, the team would go out onto the streets to evangelize, to do gospel dramas, or door-to-door witnessing.

They lived on faith. Most of their living expenses were provided by the British friends who were led to support the work of God.

Cynthia found out that God's word was true. (Matthew 10:10) . . . "for the workman is worthy of his meat."

After her first four months in the field, Cynthia was made team leader. At this point, her work became more church-based.

She worked alongside of ministers who had small memberships, helping them to build their churches.

Cynthia started house fellowships through members within the church who wanted to introduce their neighbors to the Christian faith.

Most of the work was done in low-rent estate areas that had high crime ratios. These estates housed residents from countries such as the West Indies and Pakistan. The team also worked tourist areas.

When prejudice reared its ugly head, Cynthia endured much from the Christians and even some of team members.

As in this society, some of the prejudice was subtle and some blatant. In Cynthia's two-year tour, quite a few of her offenders were won over.

She feels a great measure of understanding had been achieved and a greater respect for people that were of different nationalities and colors had been gained.

"I grew as a Christian. The Lord showed me my shortcomings and taught me how to forgive," states Cynthia.

Because of her ability to overcome, she was allowed to train new missionaries from other countries.

Even though her two-year tour is completed, Cynthia remains in England as a student in Thames College where she will be graduating in the spring.

She is planning to return to the Missionary field as a medical doctor so that she can be of greater service wherever she is sent.

In her spare time, Cynthia started a Student Christian Fellowship on Thames Campus which is represented by several different countries. She still visits the elderly, sick friends she has made and prays for them.

She started an intercessory prayer group in her church in Wimbledon, London.

Missionary Cynthia Stith, born and raised right here in Baltimore, is a 1978 graduate of Western High School. She attended Howard University for 3½ years.

St. Ambrose Church located at 4506 Park Heights Avenue, is still considered by her to be her church home.

# Church lady speaks

By Sherri Milner
AFRO Staff Writer

WASHINGTON

Hughes Memorial United Methodist Church at 53rd and Ames Streets, NE, is marching to the beat of a new drummer as the congregation enters into its fourth decade of service; and, for the first time in the history of that church, a woman is setting the cadence.

The Rev. Mamie A. Williams-Munjoma, the first female pastor of the 400-member Hughes Memorial, will serve as the host pastor for the activities of the 40th anniversary celebration of the church, scheduled for March 11-19.

Hughes Memorial's first female pastor, Rev. Mamie A. Williams-Munjoma.

When asked about the reaction of the religious community to a woman in a leadership role in the pulpit, she said "I have been pastoring now for 11 years. The potential for negative behavior is diffused early on because of my open, empowering style. I tend to see potential for growth in the lives of people. We come to a mutual level of understanding."

Williams-Munjoma served a six year pastorate at the Centennial-Caroline Street United Methodist Church in Baltimore and a five year pastorate at Calvary United Methodist Church in the District before being appointed pastor of Hughes in July 1988.

She explained that the appointing process is detailed minutely. According to the General Board of Higher Education and Ministry, after a prospective minister has been called into the ministry by God, he or she must confer with the pastor. The exploring candidate is assigned to a supervising pastor by the district committee and enrolls in the candidacy studies program. The pastor serves as "mentor" or "facilitator" to the candidate.

The declared candidate then interviews with the pastor-parish relations committee. After the candidate appears before the district Committee on Ordained Ministry (dCOM) for examination, the dCOM votes to confirm the person to a candidate and may offer a certificate of candidacy. The supervising pastor submits a final report to the Division of Ordained Ministry and the Candidacy Registrar.

Following satisfactory progress in an accredited seminary, the candidate is given probationary membership and later, the local pastor's license.

Williams-Munjoma said, "The ministries here at Hughes Memorial are evolving. The most identifiable ministry is the Sunday morning worship. We also house the Capital Headstart Program as we have for 20 years. We have started a share-a-meal program for our sick and shut in, where members of the congregation take a meal to the ill."

The pastor said while most

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## A WORD OF HOPE

By Maxine L. Wallace

*"To whom then will ye liken me, or shall I be equal? Saith the Holy One." Isaiah 40:25*

My friend, there is no one like God. The Lord is good, and His mercies endureth forever. The Lord is gracious unto all that call upon Him. Oh, taste and see that the Lord is good. The Bible says that God is a very present help in the time of trouble . . . in the time of need. He is our rock and our refuge . . . our God . . . in Him will we trust.

A songwriter, said, there's not a friend like the lowly Jesus—no not one. Our closest friend may turn his back on us . . . mother and father may forsake us . . . but I'm so glad that nothing shall separate me from the love of God.

When I'm going through trials and tribulations . . . when persecution comes my way . . . when I don't know whether I'm coming or going . . . I can depend on Jesus to bring me through . . . I can depend on Jesus to bring me out.

I can depend on Jesus to be with me through thick and thin. For He has promised never to leave me nor forsake me. I love the Lord . . .

There is none who is equal to God. Presidents and kings have power to rule . . . But we serve a God who is sovereign. He is the Almighty God . . . God has all power in His hand. He speaks and men live . . . He speaks and men die.

God has all power. He is the master of the wind and the rain. He has the power to build up and the power to tear down. What a mighty God we serve.

No love can compare to our God's love. We love one another with a sometimey love . . . A wishy-washy love . . . But God has loved us with an everlasting love . . . an eternal love . . . a love that loves inspite of . . . a love that doesn't give up on us . . . a love that penetrates our heart and causes us to love somebody else.

The Bible says, For God so loved the world that He gave His only begotten Son; that whosoever believeth in Him shall not perish but have everlasting life . . . But God commendeth His love toward us, in that while we were yet sinners, Christ died for us.

My friend, greater love hath no man than then this, that He would lay down His life for His friends. Oh, how He loves you.

When is the last time you just experienced being in His presence. The Bible says, In His presence is fulness of joy. In His presence, you can experience real peace . . . In his presence, all of our needs are met.

Beloved, there is no one like our God . . . He's a burden bearer . . . He's a confident . . . He's a friend to the

(Continued on Page D2)

**Participating churches as of March 2, 1989**

EMMANUEL C.C.
UNION BAPTIST
FIRST BAPTIST OF BACK RIVER
FIRST BAPTIST
MT. HOPE BAPTIST
NEW HOPE BAPTIST
METROPOLITAN U.M.
CENTRAL BAPTIST
CALVARY BAPTIST
FRIENDSHIP BAPTIST
CONCORD BAPTIST
FIRST UNITED APOSTOLIC FAITH CHURCH
WATERS A.M.E.
CENTENNIAL U.M.
MADISON AVE. PRESBYTERIAN
TRINITY BAPTIST
ST. JOHN AME
MT. MORIAH BAPTIST
NEW MT. HEBRON BAPTIST
BETHEL A.M.E.
SHARON BAPTIST
ENON BAPTIST
CHRISTIAN UNITY TEMPLE C.C.
TIMOTHY BAPTIST
FAITH BAPTIST
NEW PSALMIST BAPTIST
MT. LEBANON BAPTIST
HIGHWAY CHURCH OF CHRIST
ST. GREGORY CATHOLIC CHURCH
GOOD TIDINGS BAPTIST CHURCH
ST. GREGORY CATHOLIC CHURCH
ST. PAUL BAPTIST CHURCH
BIBLEWAY FREEWILL BAPTIST
EASTSIDE BAPTIST
OAK STREET AME
PENNSYLVANIA AVE. AME ZION
GREATER LIBERTY BAPTIST CHURCH
ST. TIMOTHY'S CHRISTIAN BAPTIST CHURCH
MORNINGSTAR BAPTIST CHURCH OF BALTIMORE COUNTY
TRINITY A.M.E. CHURCH
EVERGREEN A.M.E. CHURCH
MT. ZION UNITED METHODIST CHURCH
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- Each week the AFRO will publish the names of the participating churches listing how many subscriptions each has sold to date.
- All reports must be made by 4:00 p.m. on Friday April 21.
- The AFRO will publish a **final listing** of all participating churches in the May 13 edition.
- A separate subscription form, available at the participating church, should be completed for EACH individual. Please give complete information on each form.
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