—Partyline

(Continued from Page B4)

sorors were National officers Christine Frazier, secretary, and Evelyn B. Faulk, Eastern Regional Director.

20 PACESETTERS CITED

Using the theme, "Struggle, Survival, Spirit, Success," the African-American Heritage Committee recently cited 20 outstanding Black leaders in Baltimore who have set the pace for success in their area of endeavor. Receiving the handsome black and gold plaques in the area of politics were City Council members Lawrence Bell, III, and Sheila Dixon and Delegate Ralph Hughes of the Maryland General Assembly and first legislator in the nation to foster a handgun control law; in law enforcement Commissioner of Police, Edward Tilghman; in education Mrs. Elizabeth Edmonds, former Principal of Western, Southwestern, and Northern High Schools, Boyse Mosley, former Principal of Lake Clifton, former Regional Superintendent and Principal of Northwestern; and Dr. Charles W. Simmons, President of Soiourner-Douglass College in communications Dorothy Brunson, owner of Radio Station WEBB and Phyllis Shelton-Reese of WJZ-TV; in community service George Buntin, Executive Director, NAACP; in cultural arts Kenneth Dean, organist and choirmaster, Joanne Martin, founder of the Great Blacks in Wax Museum (the first in the nation) and Samuel Wilson, founder of Arena Players; in neighborhood management Dr. Anne O. Emery and Roland Holmes of the Ashburton East Arlington Association; in U.S. Government Service Mark T. Gray; in health, William Jews, President and CEO of Liberty Medical Center (formerly Provident Hospital); in religion Reverend Bernard Keels, pastor of Christ United Methodist Church; in the judiciary former Judge Robert Watts; and in engineering George Winfield, Deputy Director Public Works.

Keynote speaker for the occasion was Dr. Bettye J. Gardner, historian, author, and Coppin State professor. She spoke on, "Black Baltimoreans in Earlier Times."

An original piece written by Dr. Thelma Banks Cox entitled, "We Will Survive," was read by Lemmel Middle School students—April Richardson and Demond Fernandez. Lemmel Principal, Dr. Gwendolyn Cooke, spoke on, "Why We Should Have a Tour of Black Landmarks in Baltimore City."

Music was rendered by Rodney Whitley, baritone and Director of Music at Good Shepherd Baptist Church and Mr. Roland Joe Smith, gospel singer at Gillis Memorial Church.

The Heritage Sponsorship Breakfast was an introduction to the African-American heritage Tour scheduled to start in February 1989.

Co-sponsoring the AAH Tour is the Cultural Arts Program of the Urban Services Commission. In attendance to bring greetings and get a sneak preview were Mrs. Elva Edwards, Deputy Executive Director of Urban Services and Senator Nathan C. Irby, Jr., President of the Urban Services Commission.

C-chairing the AAH Tour Committee are Dr. Thelma B. Cox, President, Modern Management Enterprises and Norman E. Ross, Director, Urban Services Cultural Arts Program. The AAH Tour is for citizens of Baltimore as well as for tourists and will run each Wednesday and Saturday, beginning February 1, 1989.

For further information about the AAH Bus Tour, call (301) 367-6291 or (301) 396-3181.

—Capers

(Continued from Page B4)

introduced the club's members.

Participating in the ceremony were Jacqueline Banks, who read the purpose on which the organization was founded; Celonia Walden, Roberta Brisce, Clemma Carrington as candle lighters; yours truly and Mary Bracey gave the club's history; Famebridge Payne gave the official organ, and Eleanor Holman, the pledge. After meditation, the sponsors pinned each new member who received her certificate of membership (and a new member's handbook) with a long stemmed rose.

The newly inducted members of NANBPW are Hazel Rayford, Linda Jackson, Dr. Rhonda Irwin Ridgely, Delores West, Barbara Carney and Ann Lauker. Also among the inductees were three young adult members transferring to the senior club. They were Celonia A. Walden, Gail B. Allen and Diane Martin. These three ladies are the first to transfer to the senior club. We welcome them.

A delicious dinner was served to all. Fun and games prevailed until late evening with all members participating.

Guests included businesswoman Sina Reid who is a member of the Baltimore Club.

HOLIDAY WRAP-UP

The Columbia Chapter of Links, Inc. recently held its annual holiday Party at the Candlelight Lodge in Catonsville. Those Link ladies as per usual were as stunning as they could be, as were the guests that each member could invite.

As the ladies entered the room, they received gold corsages and were served wine before lunch. Words of welcome came from President Mary Bracey and luncheon chairperson Ada Woodland, who gave some remarks.

After lunch it was funtime with each table singing Christmas songs and doing a pantomime. There were groups which added a bit of jazz to their songs. Beautifully done!

Flowers were presented to those with December birthdates including Wylene Burch and Betty Brown of the Annapolis Club, the latter being the guest of corresponding secretary Frenzella Credle.

The committee members should be commended for a job well done.

DEJOUIR YULE PARTY

It was funtime with the ladies of the Columbia Chapter of Club DeJouir and their swinging husbands, THE DIQUES, when they held their Christmas Party at the home of Connie and Jim Rotan. It was a catered dinner party that lasted until the wee hours of the morning. Several members brought guests to share in the festivities.

Food and drinks were enjoyed to the latest recorded music for listening and dancing. After dinner members retired to the living room where Connie and Jim had their beautiful Christmas tree and where we exchanged gifts with our secret pals and what surprises; the gifts were fantastic. Just leave it to the DeJouir ladies, they always do things right. Even the husbands received gifts. Sharing is what it is all about with the DeJouir ladies.

After dinner and the gift exchange, the party really got under way with music from the latest hits to the "oldies but goodies."

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Kids Talk

Do you know this person?

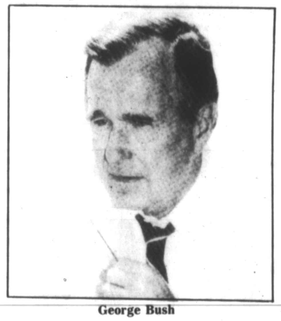
He is Savion Glover.

He is only 14 years old, but is a rising star in the area of tap dancing. He has performed on Broadway and is most noted for his starring role as "The Tap Dance Kid." Later this month, a film, "Tap," will be released in which he is a co-star with Gregory Hines and Sammy Davis, Jr.

From George to George

In 1789, our first George — George Washington — was inaugurated President of the United States of America. Exactly two centuries later, our second George — George Bush — took that same inaugural oath. Compare the two presidents below.

FAVORITE	GEORGE WASHINGTON	GEORGE BUSH
Clothes	A brown cloth suit with silk stockings	Conservative business suits
Music:	Music for dancing	Country music
Breakfast:	"Hoecakes" and honey	Yogurt with granola
Snack:	Walnuts	Popcorn, and pork rind
Exercise:	Horseback riding	Running, exercise bike
Sports:	Foxhunting	Fishing and tennis
Reading Materials:	Newspapers	Weekly news magazines



George Bush

Reflections of a dreamer

The column "Diamond Apples" is written by a group of high school students in the District of Columbia who are interested in promoting creative and scholarly behaviors to insure that we have great leaders of tomorrow.

Alvita Perry is an honor student at the Anacostia Senior High School. She won a first place in the Anti-Defamation League's Tenth Annual Essay Contest for the article written below.

What Dr. Martin Luther King Jr. Means to Me

By Alvita Perry

Dr. Martin Luther King, Jr., born in 1929 and died in 1968, was an American civil rights leader who worked to bring about social, political, and economic equality for blacks by peaceful means.

Dr. King's eloquent pleas for racial justice during the 1950s and 1960s won the support of millions of persons, both blacks and whites. A Baptist minister, he preached "non-violent resistance." He won the 1964 Nobel Peace Prize for leading the non-violent black struggle for equality.

Dr. King was a fantastic, successful, and compassionate man who did all he could possibly do for equal rights. He has taught many people, black and white, to hold on to their dreams and reach for the stars.

He has shown me how to achieve a successful future without being violent, without committing crimes and without hating anyone. Dr. King is a perfect role model for the youths of today, who want to keep away from drugs and help their friends who are controlled by these drugs.

His beliefs give us a positive hope and outlook on this life. Dr. King encourages me as a black to keep the faith and continue the fight for freedom.

The great dream and courage he possessed light up hope and fulfillment for us who have dreams. This dream is being destroyed today by drugs.

If we could adopt the same act of non-violence, courage, hope and patience as Dr. King did, then maybe we can fight this scourge and make our dreams a reality.

Dr. King has demonstrated outstanding leadership. He has taught me how to be an excellent leader. He reminds me of Christ in many ways, no matter how a person treated him, he always found room to love and forgive them.

He wasn't only concerned with his race, but with other races being treated unfairly. As a Baptist minister, he showed the religious side of life, that everyone should recognize God and give honor to Him, because without God, we are nothing.

He demonstrated how God should be in full control of our lives. We should be in a position here He can speak to us, walk with us, and guide us to accomplish whatever task may come our way.

Dr. King taught me that I must have pain to have gain. I have set many goals in my life that I plan to strive for, one of these goals is to become valedictorian of my senior class.

I realize the competition that I have to face with other intelligent students, but I have also felt a tremendous amount of pain. I've experienced jealousy, attitude changes, people saying they are my friends when in actuality they are not.

All of this along with several other experiences have caused a great deal of pain, but then I refer to the pain Dr. King went through to achieve his goals isn't compared to the small pain I have encountered.

The patience, hope, long suffering and determination Dr. King had encourages me to keep pushing to higher heights and reach my goals. As an incentive, I always keep in mind, "If Dr. King did it, so can I."

District students interested in the Diamond Apples program should contact Thelma McElveen, speech-language pathologist, DC Public Schools, secondary level — Anacostia High School, 202-767-7040.

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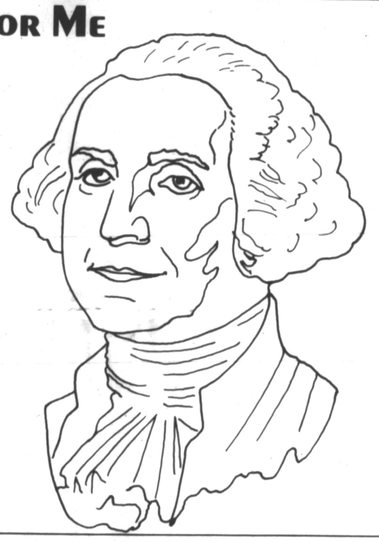
Color Me



Health Tips

It's said nothing will cure a cold. That's why it is a good idea to avoid catching one in the first place.

Many health experts say the best way to reduce the risk of catching a cold — or spreading colds to others — is through frequent hand washing.

Clinical studies show the virus causing colds contaminates the hands of most sufferers. Hand washing or even rinsing the hands can help break the chain of infection.

Most people spend 15 seconds or less in handwashing. Not long enough — at least 30 seconds is recommended — to flush germs away.

Use soap and warm running water. Scrub hands vigorously for at least 30 seconds. Wash the backs of hands, wrists, between fingers and under fingernails. Rinse well and dry hands with clean paper or cloth towel.

In public rest rooms, use a paper towel to turn off faucet and open doors.

Puzzling??

Health

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O W O N P F B S K X y M F
R M G J K R A O s h c M L
T e N Y A O Z d t l s n B
X x X B J V l l e u u s L
E e R U C o a a r t e W B
A r B A C e n i r l T Z S
U c J K h l v i b s U L a
s i R I I E t a m R C i X
A s I n U i t r s R r U M
S e e J o e e t C e w N N
Z s Y n g g i B t a Z S I
s X E e t u A c s A F O T
J J v E r i a h T K X V J
H T W f A b f M Z W M P Y
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IN THE ABOVE PUZZLE:

bacteria, fitness, nutrition, colds, germs, virus, cleanliness, fruits, vegetables, exercise, healthy, wash

HERE IS THE ANSWER KEY:

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. . . . . j q . j . . .
. . . . q P I . A . . .
. . . s O n a e . . s .
. . e I . n b u . s . .
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Have You Ever Wondered...

How Germs Make Us Sick

Germs are tiny living plants called bacteria. Like all living things, they eat and grow. They can take what they need to eat from our bodies, and they grow very quickly.

Each full-grown one can divide into two new bacteria. Then these two split, making four. Soon there are millions of them.

All these millions of bacteria act like little factories which produce chemicals of different kids. Some of the chemicals are poisonous. And so they make us sick.

Our bodies can manufacture chemicals, too, and some of our chemicals can kill harmful bacteria. Medicines kill others.

Another kind of germ is called a virus. Doctors still do not know exactly how a virus works, but they have invented wonderful medicines that keep some kinds of virus from harming us. (From: The Answer Book, by Mary Etling)

What's Happening?

Capital Children's Museum

Visit this hands-on museum where children and adults can learn, explore and have fun. Exhibits include International Hall, Communication, Changing Environments and Future Center (a computer classroom). The film, "History of the AFRO," will be shown here after Feb. 1. Open daily, 10 a.m. - 5 p.m. For information call 543-8600. The museum is located at 800 3rd St., NE

Orchestra Auditions

Auditions for the second season of the American Soviet Youth Orchestra (ASYO) — the pathbreaking ensemble of 100 top young musicians from both countries that won critical acclaim and standing ovations throughout its summer 1988 tour of the U.S. and U.S.S.R. - will take place from coast to coast Feb. 13-26. Applicants must be between the ages of 17 and 23. For information, call 216-775-8725.

FEBRUARY

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