THIS WEEK'S SPECIALS

GIANT
THE QUALITY FOOD PEOPLE

PLUS DOUBLE COUPONS... see store for details Please, No Coupon Clubs

Giant 100% Pure
Premium Orange Juice
Florida Squeezed. Not From Concentrate.
½-gal. ctn. 2.19

USDA Grade A Giant
Natural Young Turkey
10 to 24 lbs. Frozen
lb. 69¢

Boneless
Beef Bottom Round Roast
Giant Lean lb. 2.19
USDA Choice lb. 2.39

Lunchbox Favorite
Tropical Bananas
3 lbs. $1

Fresh
California Broccoli
lb. 59¢

Fresh
Fresh Cranberries
12-oz. pkg. 79¢

Giant (Petits Pois)
Belgian Peas
2 15-oz. cans $1

Giant
Whole Irish Potatoes
3 16-oz. cans $1

Regular or Caffeine Free
Coke or Diet Coke
6-pack 16-oz. NR bots. 1.69

½ PRICE SPECIALS

Original or Custard Style, Assorted Flavors
Yoplait Yogurt
Reg. 69¢ 34¢

Popcorn Snack with Peanuts
Fiddle Faddle
Reg. 89¢ 44¢

Aerosol or Non-Aerosol
Miss Breck Hair Spray
Reg. 1.99 99¢

Yellow, Butter Yellow, Devil's Food or Lemon
Pillsbury Plus Cake Mixes
Reg. 1.09 54¢

Protective Shave
Edge Shave Gel
Reg. 1.99 99¢

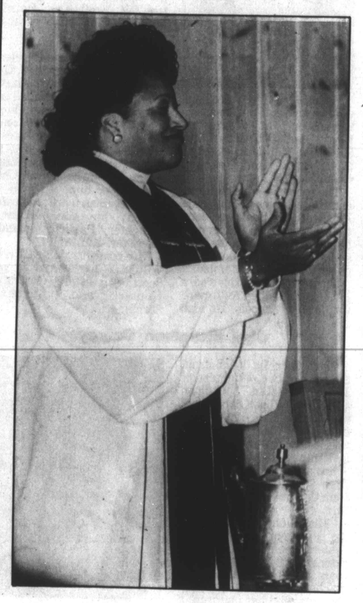
PRICES AND DOUBLE COUPONS ARE EFFECTIVE THRU SAT., NOV. 19, 1988. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.

THE LIVING CHURCH

■ Obituaries D2
■ Classified D4

Mt. Lebanon Baptist Church

Women's Day



Reverend Vivian Castain gives Women's Day Sermon.

Mrs. Mary Clark

Mount Lebanon Baptist Church celebrated the first Women's Day ceremony ever held in the church's new Reisterstown Road building, on Sunday, November 13.

The Womens Day program is one of the major events the church plans to hold during "The Year of Dedication."

The event was organized by Chairpersons Mary Clark and Eloise Jackson who also presided over the program.

The sermon was preached by the Reverend Vivian Castain of the Mt. Moriah A.M.E. Church, Annapolis, Maryland.

Rev. Olin P. Moyd

Mt. Lebanon Choir

Expressions

When people talk to you, do you listen, I mean really listen. Or, do you hear, and without any true concern, give them the first answer to their question that comes to your mind?

It is a fact that it takes practice to listen and to hear what someone is really saying. People are hurting all over this land, folks are really hurting.

People hurt from the pain and stigma that divorce brings, others from the loss of a loved one, and many more from the fact that they are neglected.

It's amazing what the power of the spoken word can do, what changes it can bring about, the comfort it can bring to troubled souls.

To be able to help someone, you must first hear their cry, and to hear their cry, it stands to reason that you must listen.

People want to know that you'll pay attention to what they have to say. Listening means so much to the one who wants to be heard.

Effective listening says, "I'm interested in you," "you're important to me," I care enough about you to hear what you think.

One communications consultant says the number one cause of divorce is lack of listening. Supported by a survey involving a large number of households the consultant says the most common complaint is "My spouse doesn't listen to me.

When listening breaks down, marriages break down.

Listening not only builds relationships, but provides opportunities to minister, to witness to others about the magnificient power of Jesus Christ.

For example: You're talking with someone after Sunday School class. By listening perceptively, you sense the person is failing at work.

As you demonstrate compassion, he relaxes, opens up, and reveals additional details of his problem.

The more he expresses pent up emotions, the better he feels. And by talking it out, he begins to gain new insights. The conversation ends, the person says: Thanks, you've been a great help.

It would have to make you feel good about yourself. In essence, you've helped him, and he has helped you, and really, what you have done is no more than to listen with honesty and genuine concern.

Following are some tips on listening that are guaranteed to increase your audience, thus allowing you greater opportunities to minister to those in need of a hearing heart. What a wonderful ministry!

Strive to see the true nature of a person's words, thoughts, and feelings. Don't always assume a person says what he means—exactly, that is.

Ask yourself three questions to evaluate yourself as a good listener: What attitudes influence me as a listener? What is my attitude toward this person, even though I don't care much for his ways? When am I a poor listener?

Honestly evaluate yourself in these areas, and if you are deficient in any one area, then, if you are truly interested in being a good listener, you must begin to sharpen and build skills that will allow you to do so more effectively.

Perceptive listening is composed of five skills, none of which are extremely difficult. you must first observe, then you must pick an appropriate setting.

The third skill is to put yourself in the talker's situation, you must be able to view things the way the talker sees them. The fourth is identifying emotions behind the talker's message.

Emotions usually underlie communication—people have feelings about their subject matter. The fifth skill is responding, perhaps not always necessary, but helpful, nevertheless.

Ineffective listeners tend to give advice when they should be listening.

Metro Church Briefs

New Shiloh celebrates Men's Day

The New Shiloh Baptist Church will hold its Annual Men's Day program on Sunday, November 20. Services will be held at 8:30 a.m. and 11 a.m.

Dr. William A. Jones, Jr., pastor of Bethany Baptist Church, Brooklyn, N.Y. will serve as the guest speaker for the above services. The Men's Day Program will be followed by a three night revival, from November 21 through November 23. The revival speaker will be Rev. Stephen Thurston from Chicago, Ill.

Dr. Harold A. Carter is the pastor of New Shiloh. The church is located at Fremont Avenue and Lanvale Street. Contact the church at 523-5303.

Sharon Baptist Church

The Inspirational Choir of Sharon Baptist Church, Stricker and Presstman Sts. presents an "Anniversary Musical," Sunday, Nov. 27, 5 p.m. Ronald Franklin, Director; Daniel Everett, Guest Musician and Dr. Alfred C. D. Vaughn, Pastor. Admission Free.

Harvest Bazaar Scheduled

The Helping Hands Club and The New Member Committee of Heritage United Church of Christ presents A Harvest Bazaar, Saturday, November 19, 10 a.m. to 5 p.m., 3106 Liberty Heights Ave. (Use Dennlyn Road Entrance).

Olivet Baptist Church

The United Women of Olivet Baptist Church will be celebrating their anniversary, Sunday, Nov. 27 at 5 p.m. The speaker is Pastor John Torbit, Southern Friendship Baptist Church.

Thanksgiving Services

Epworth United Methodist Chapel, Liberty Road and St. Lukes Lane — Thanksgiving Dinner sponsored by Youth Fellowship, Sunday, November 20, 6 p.m. Thanksgiving Eve Services, Wednesday, November 23, 1988, 7 p.m. Regular Sunday Services, 10:30 a.m. The Rev. Horace L. Wallace, minister; William "Bill" Cummings, Director of Music.

"Men on a Journey of Faith"

Sixty-fourth Annual Men's Day at Garrison Boulevard United Methodist Church, Garrison Blvd. and Alto Road, Sunday, November 20, 1988.

11 a.m. Worship Service; Speaker, Rev. Bruce Haskins of Washington, D.C. Music, Sanctuary Choir of Garrison and John Wesley Male Chorus.

Dinner served after Morning Worship, 3:30 Rev. Norman Handy Choir and Congregation from Aquasico, Maryland, will be our guest.

Ushers' Anniversary

Mount Pleasant Baptist Church, 1801 E. Preston St., Senior Ushers,' 58th Anniversary, Junior Ushers' 34th Anniversary, Sunday, November 20, at 4 p.m.

Theme: "Excellence as a Standard For The Ministry of Ushering." Host Ushers: Fountain Baptist Church — Senior, Junior and Young Adult Ushers. Guest soloist: Sister Linda McNeil, St. Abraham Baptist Church.

A WORD OF HOPE

By Maxine L. Wallace
Church News Editor

"For He satisfieth the longing soul, and filleth the hungry soul with goodness." Psalm 107:9

The Lord is good, and His mercies are from everlasting to everlasting.

Beloved, God is on your side. Oh, how He loves you. The Bible says that He has loved us with an everlasting love.

Because God loves you so much, He wants the very best for you. Trust in the Lord with all your heart and lean not unto your own understanding. Trust the Lord to meet your every need. The Lord is more than sufficient.

The Bible says He satisfies the longing soul.

What is your soul longing for? Perhaps you thought you would find fulfillment if you just found the right kind of job . . . Maybe you thought your satisfaction was in having a wallet full of money . . . Some people seek fulfillment and satisfaction in relationships . . . If only the right man would come into my life . . . If only that special lady would come my way.

No doubt, a job can make one happy . . . No doubt, a fine wardrobe would be pleasing.

But money can't satisfy the longings of the soul. For you can have money to buy steak but not have the appetite to eat it . . . You can live in a big fancy house, but plush sofas and chairs can't make it a home.

What is your soul longing for?

Whatever your need is, God can fill it . . . Whatever you desire, God can supply it. Delight yourself in the Lord, and He will give you the desires of your heart.

Perhaps you are longing for more love. Maybe your best friend turned his back on you . . . Maybe you just feel unloved and unloving . . . Maybe you feel like nobody loves you, and you don't even love yourself. But somehow, on the inside, you want to love, and you want to be loved.

God loves you . . . It is only through His love that we are able to experience true love. For God is love . . . to experience God is to experience love . . . To experience true love is to experience God. The Lord is able to satisfy us with His love. His love satisfies because it is unconditional . . . God loves us not because of, but inspite of. God's love satisfies because it doesn't run out. God's love satisfies because it gives . . . For God so loved, the world, that He gave His only begotten Son, that whosoever believeth in Him shall not perish, but have everlasting life.

Not only will God satisfy us with His love, but He satisfies us with His peace. Jesus said my peace give I unto you, not peace as the world. And yes, His peace does pass all understanding.

Jesus is the answer to our every problem . . . He is the answer for our every fear, doubt, and anxiety . . . For he is our peace.

I'm so glad that not only does God satisfy our soul with His love and peace, but He puts joy in our heart. Joy is much deeper than happiness. For happiness is based on circumstances . . . But joy is deep down on the inside . . . Joy does not run out when your money runs out . . . Joy comes from knowing a loving Savior . . . knowing that He cares for you . . . knowing that He loves you so.

Truly, the Lord fills the hungry soul with goodness. What (who) can fill the hungry soul? His name is Jesus. Oh, how He loves you.