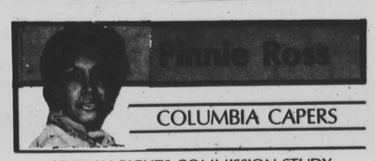

COLUMBIA CAPERS

HUMAN RIGHTS COMMISSION STUDY

The Howard County Human Rights Commission, under the able leadership of Executive Director, Jean W. Toomer and Chairperson, Rudolph Chapple, and their Board Members made a report of their special 1985-86 Project last week.

The HRC had conducted a survey of the demographic com position of the County's Advisory Boards and Commissions to determine if their composition was reflective of the population of the county. A questionnaire was sent to the head of each Board and Commissio requesting information regarding the total number of members mandated for that Board or Commission, the number of vacancies, the race and sex of the members and the number of members with disabilities.

According to the report there were seven Boards and Commissions with no minority group representation. Three of the seven had one female member each and only one had a disabled member. The Boards and Commissions with no minority group members were Board of Electrical Examiners, Fire Board, Howard Soil Conservation District, Plumbing Code Advisory Board, Ethics Commission, Animal Matters Hearing Board, and the Cable Television Service Committee.

The Human Relations Commission has provided this information to the County appointing authorities and the community as a part of its mandate to conduct surveys and studies, submit recommendations to the County Executive and Council and in for the public of matters relating to human rights in the County.

It was recommended that the appointing authorities make a concerted effort to widely publicize all vacancies and the process for appointment to Boards and Commissions to assure that all citizens are aware of volunteer opportunities.

The Human Relations Commission also recommeded that a demographic record of all Boards and Commissions be maintained by the County Executive's Office with a compilation to be provided to the HRC on an annual basis.

It was further recommended that minority and female citizens and citizens with disabilities consider volunteer services to Boards and Commissions which have little or no such representation.

The Howard County Branch of NAACP requested that the Human Relations Commission conduct a study of the promotional practices of the Howard County Police Department relating to minority and female officers. The NAACP request was granted by the Commission Board and the County Executive in August of 1984.

The Howard County Human Relations Commission celebrates Human Rights Month in January of each year. The County Executive mandated that the observation be made to commemorate the month in which the County's Comprehensive Human Rights Legislation became effective in 1976 and to commemorate the birthday of the late Rev. Dr. Martin Luther King, Jr.

Chairperson Chapple has done an excellent job and our dear friend, Jean W. Toomer, the County Human Rights Pioneer and a true fighter has made the Human Relations Commission a force in the Howard County Government. She is known to get things done fast!!!!!!!!

THOUGHT FOR TODAY

One who is really kind is never unhappy; He who is really wise can never be confused; He who is really brave is never afraid.

SINGLE PARENTING

COMMUNICATION—THE BASIS OF A RELATIONSHIP

While some parents may be exhausted in trying to communicate with the opposite sex, they may find it difficult to communicate with their children as well. The basis of any relationship or the foundation for effective parenting is the ability to be able to communicate effectively.

One rule of thumb that most people can always count on is the fact that most people aren't trained to be good listeners or communicators. Certainly you've heard about the game where you whisper in one person's ear something and that person tells it to another and by the time it has reached the 5th or 6th person, what was originally said has been completely turned around.

Single parents should be concerned about just how well they are listening and communicating with their children. First you can study your own analysis of just how well you listen to your child by asking yourself, how do I listen to my child? Am I considerate of their feelings, do I always try to offer advice without thinking about what type of advice I am giving.

Parents usually fit into seven different categories. They are: the "commander in chief;" (this parent feels that he or she must keep things under control and makes demands so that the child immediately gets rid of those negative feelings). The second, the "moralist parent;" (this parent oftentimes says that "you should do this and you should have done that and you shouldn't do, etc. The "know it-all" parent has the typical saying of "I have travelled that road before, so I know what I am talking about." The "judgmental" parent pronounces the child guilty without a trial....usually the poor child didn't get a chance to tell his/her side of the story. The "critic" parent is interested in always being right and relies on sarcasm or puts the child down. The "psychologist" parent tries to analyze everything, and last but not least is the "consoler parent;" always giving the child a soft pat on the back and saying.....that's life.

By now you should have decided what category you fall in. As parents, we can't always see our mistakes. Most parents end up in these categories because they don't recognize what they are doing. It is the intention of the parent to help as much as possible and sometimes the parent ends up taking on full responsibility for all of the child's misbehavior and consequences as she or he goes through life.

Always remember that when communicating with young children or adults there are a few pointers to keep in mind. Communication starts by listening and indicating that you hear what's being said. A good listener has good eye contact with the person he or she is listening to. Develop a sense of mutual respect by accepting others' feelings even though they do not concern you personally.

Learn to give open responses so that the child or other person knows that you are sympathetic and genuinely concerned.

Resist imposing your own views and values until you are asked. If they don't ask you then don't give them unless you feel that you can contribute positively.

As always, a parent whose level of awareness and consciousness has been motivated, will feel better about parenting and establishing relationships.

On Thursday, January 29, from 7 until 9 p.m. Black Single Parents will hold their Winter membership meeting. The public is invited. If you are a B.S.P. please plan to join us at 11 E. Chase St., Suite 1-B. For more information call (301) 332-4122.

In February, a series of workshops for parents will be offered. If you want to communicate and create a more satisfying, more productive relationship with your children or your mate, contact Kelly Hill at (301) 332-4122.

The workshops run from February 18 through March 18. Cost is $20.00, which includes all materials for workshop and refreshments. Prior reservations are required.

—More Partyline

Continued from page 7

background for the distribution of individual gifts to all.

The second project involved the co - sponsoring of the Trinity Chorus in a "Concert of Christmas Music," Dec. 21, 1986. The concert featured choirs of Trinity Presbyterian Church, pastored by the Rev. Marvin Hopper.

In the Ashburton visit, Bill Thompson played Santa with Tracey Jacobs as his helper.

The carolers, led by Mrs. Laura Abrams of King's Deliverance Church, included Robert, James and Fredericka Collins, Bryant, Timothy and Regina Thomas; and Dwayne Thompson.

Catherine T. McConnell is president of Les Grande Dames. Mrs. Medders chaired the nursing home visit. Bernice White chaired the concert co - sponsorship.

Other members of the group are Lillie Myers, Mary Umphrey, Marguerite Wilkens, Mary Sprow, Mary Robinson, Palestine Anderson, Flossie Johnson, Barbara Mitchell, Connie Nash and Vern Williams.

LINKS' 25TH ANNIVERSARY

The Annapolis Chapter of the Links, Inc. launched its year-long 25th anniversary celebration with the promotion of the Martin Luther King Essay Contest in the Anne Arundel County Public Schools.

Students in all grades wrote on the topic, "What Freedom Means To Me." Student winners were recognized at the Sixth Annual Martin Luther King Breakfast sponsored by the YMCA of Anne Arundel County Jan. 19, at the Ramada Inn.

First place winners were: Shelly Puhak, David A. Beck, Yolanda Detra Owens.

Second place winners were John Cook, Pamela Richardson and Donna Copelin.

Third place winners were Brian Grieb, Cathy Surlis and Damien M. Parker.

Receiving honorable mention were Sally Hoyt and Kimberly Lang.

The first place winners read their essays at the King breakfast. On the same day, all winners were presented to the Maryland legislators.

The Annapolis Chapter of the Links was founded in 1962 to promote and engage in educational, civic and intercultural activities to enrich the community.

There are more than 600 Links chapters. Mrs. Roberta Wise, wife of Dr. Henry Wise of Lanham, is chapter president. Mrs. Jolita Johnson of Arundel On The Bay heads the youth project.

PERCY REESE RETIREMENT

The Vulcan Blazer Hall on Druid Hill Park Drive was the setting for a retirement reception given Percy Reese.

Percy joined the Baltimore City Fire Department Sept. 4, 1957. He was assigned to Engine Company No. 28, at 1312 Guilford Ave.

The retirement party was a surprise and was given by his wife, Garnetta, who made all of the delicacies that were served.

Prayer was led by Deacon Phil Harcum of St. Bernadine Catholic Church. David Jones' rendition of the Lord's Prayer was beautiful.

Mrs. Madge R. Cannon gave a tribute to Percy. Mrs. Beverly Haynes read a poem. Oscar Savage made the champagne toast.

Remarks were given by Felix Johnson, Engine No. 28; Edward Collins, Fire Boat No. 2; and Ronald Jenkins expressed his feelings about Percy "hanging out with the fellows."

Percy Reese Jr. spoke about "putting up with dad."

The closing song, "Lift Every Voice and Sing" was followed by remarks from the honoree.

Mrs. Iris Murdock was mistress of ceremony. Mrs. Patricia Savage was the hostess. The caterers were Michelle Bethen and Michael Davis.

Flowers were provided by Mrs. Estelle Wilkens. Video taping was handled by David Montague.

Guests were present for the reception from Pennsylvania, New York, Delaware and Washington, D.C.

BALTIMORE COMTO CHAPTER ELECTS NEW OFFICERS

The Baltimore Chapter of COMTO recently elected several new officers who are all dedicated and determined to do everything possible to ensure the Chapter's growth.

Among the chapter's special activities for 1985/1986 were a dinner cruise, a Halloween dance and several dynamic speakers (including Congressman Parren J. Mitchell, Regional President, Michael Farrar, and Maryland's Secretary of Transportation, William K. Hellmann.)

Most of the founders of the Baltimore Chapter have moved on to more challenging positions with other transit properties via the COMTO Job Bank. However, two of the founders, Jerry Fair and Carolyn Whitaker, are still active members.

Now the torch has been passed to new officers who are very enthusiastic about COMTO, and have developed goals and strategies for 1987. The new officers are as follows — the new president is Minnie I. Carter, Equal Opportunity Officer, Mass Transit Administration.

Ms. Carter received both her B.S. and M.B.A. Degrees from Morgan State University. She is a member of the NAACP, the National Association of Female Executives (NAFE) and the National Black MBA Association.

Ms. Carter has been in her present position five years, and previously spent four years as chief of Business Development and Loan Officer for the Baltimore Council for Equal Business Opportunity (CEBO). She has assisted numerous minorities and women in starting their businesses and obtaining financing.

She said she feels the support and assistance rendered by the Administrator/General Manager of the Mass Transit Administration, Ronald J. Hartman, contributed greatly to the success of the Baltimore Chapter in 1986.

Vice President is Harold Bydume, Jr. Assistant Supervisor - Accounting, Mass Transit Adminstration.

Bydume completed his undergraduate work at Morgan State University. He said he feels very strongly the Chapter should implement a Mentorship Program to assist Morgan's Transportation students and make them aware of the variety of job opportunities in the transit industry.

Treasurer is Jacqueline V. Coates, Assistant to Supervisor - Accounting, Mass Transit Administration.

Ms. Coates is also a graduate of Morgan State University, and believes COMTO is a vehicle through which she can not only network but work our net to obtain better job opportunities.

Treasurer-At-Large is Charles R. Burley, Customer Services Representative, Mass Transit Administration.

Burley completed his undergraduate work at the University of Baltimore, and is presently pursuing a Master's Degree in Transportation at Morgan State University. He has been instrumental in raising the consciousness of Morgan students regarding COMTO, and has recruited several student members.

Secretary is Pamela J. Witherspoon, Secretary, Equal Opportunity Office, Mass Transit Administration.

Ms. Witherspoon is currently pursuing an Associate of Arts Degree in Business Adminstration at the Community College of Baltimore. She said she feels COMTO is the perfect vehicle for making the contacts needed when seeking a career change. Ms. Witherspoon has influenced many other secretaries to become active in COMTO.

Assistant Secretary is Angela M. Martin, Equal Opportunity Officer, Mass Transit Administration.

Ms. Martin previously served as EEO Supervisor for the Rehabilitation Services Commission in Columbus, Ohio. She completed her undergraduate work at Morgan State Univesity, received a M.S. Degree from Ohio State and a M.B.A. from the University of Dayton.

Ms. Martin has been extremely supportive of chapter activities, and is looking forward to attending the Mid-Year meeting in Atlantic City, New Jersey.

Parliamentarian is Ben Clyburn, Assistant Attorney General, Maryland Department of Transportation (MDOT).

Clyburn completed his undergraduate work at the University of Maryland, College Park, and received his Law Degree from the University of Baltimore-School of Law.

Although there are many demands on his time, he has been very supportive of the Baltimore chapter, and will no doubt encourage other MDOT employees to join.

The Baltimore Chapter has set a goal to increase membership by 100 percent by March 31, 1987. All of the officers feel confident this can be achieved.

CORNISH CHAPTER HOSTS SCHOLARSHIP BREAKFAST

The Howard L. Cornish Alumni Association in metropolitan Baltimore hosted the Second Annual Dr. Martin Luther King, Jr. Scholarship Breakfast on Saturday, January 10, from 9 a.m. to 12 noon at the Forum on 4210 Primrose Ave.

The guest speaker for the affair was the Most Reverend John H. Ricard, SSJ., Auxiliary Bishop, Archdiocese of Baltimore.

Special Appreciation Plaques were awarded to Francis W. Gates, Chairman of the Board of Regents; Dr. Beryl Williams, Dean Emeritus; and Dr. Clayton Majete, coordinator of last year's scholarship breakfast.

Last year's scholarship breakfast allowed the chapter to give four $300.00 scholarships to Marvin Anderson and Roxanne Culver of Baltimore. All four students were incoming freshmen and were selected through the University's Honor program.

Financial assistance was also given to two students through the University's National Alumni Office, they were Sherron Alston of Baltimore and Carla Marie St. Rose of Baltimore.

The Howard L. Cornish Alumni Association, the youngest of four alumni chapters in the Baltimore metropolitan area, was founded in June of 1982. "We felt there was more than enough Morgan graduates in the Baltimore area for another chapter," says Mrs. Virginia Coleman, chapter president. "It also provides more opportunities for leadership development and a greater number of alumni support to the University. We currently have a membership of approximately 75 members and that number is rising," she adds.

Some of the chapter's recent activities include a Crab Feast, which was held at the home of Regent Gates in Denton, MD last summer and the annual "Day at the Races" at the Pimilico Race Track on September 13, 1986.

"We are currently busy planning the scholarship breakfast, but we have tentatively scheduled the "Day at the Races" for September and we're looking for a place to hold another Crab Feast," says President Coleman. "All of our activities are planned with the idea that the money would be used to help some deserving Morgan student continue their education," she adds.

The Howard L. Cornish Chapter was named after the late Reverend Howard L. Cornish, former director of the Morgan Christian Center and Mathematics Instructor at the University. Rev. Cornish had been associated with the University for more than 50 years and was also a 1927 graduate of the school.

HOWARD L. CORNISH ALUMNI ASSOCIATION MEMBERS are (front row, L to R): Virginia Coleman, president; Clarice Lee; (second row, from L): Marianne Finney, Catherine Stansbury, Clayton Stansbury, John Thompson; (back row, L to R): Claudia Johnson, George Brooks, Oscar Shorter and Lorenzo Felder.

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Big Sisters hold Stress Workshop

KEY FIGURES at the Stress Management workshop seminar sponsored by the Big Sisters of Baltimore City, Inc. are (L to R): Dr. Charlene Cooper-Boston, Vivien F. Burnett, chairperson; Dr. Barbara Wheeler, panelist; Flora Johnson, president, Baltimore Big Sisters and Sydney A. Lee, panelist.

GUEST SPEAKERS for the occasion were (L to R): Dr. Patricia A. Outlaw, Ms. Jane S. McCullough, Dr. Patricia A. Newton, Nina C. Rawlings, M.D., and Nancy Cooper Morgan.

TAKING CARE OF DETAILS are (from L): Rita A. Jeffers, Sr. and Lucretia Eldredge.

DELORES EDISON (L) caterer, chats with Adrienne K. Watson.

The Big Sisters of Baltimore City, Inc., held as a civic project, a Stress Management Workshop Seminar as a part of its Mental Health Awareness Program.

With the topic, 'Women of the 80's: Stress in Everyday Life at Work, At Home, At Play, the seminar took place at the Steuart Hill Elementary School, 30 S. Gilmor St. Saturday, Jan. 17 from 11:45 a.m. until 2 p.m.

Registration and survey completion were handled by Mrs. Bernita Fuller and Mrs. Shirley Roberts.

Opening remarks were given by Mrs. Vivian Burnett, chairperson, and greetings by Mrs. Flora Johnson, president. Introduction of the keynote speaker was done by Mrs. Mary Robinson.

The keynote address "How Stress Affects Your Life", was delivered by Dr. Patricia Newton, M.D., MPH, MA, a former Chief of Psychiatry and Neurology and a diplomat. Her remarks were stimulating, interesting, informative and well received by the assemblage.

Introduction of panelists was done by Dr. Charlene Cooper Boston.

They included Ms. Nancy Cooper Morgan, Director of Family and Stress Center; Ms. Jamie McCullough, Dr. Patricia Outlaw, Dr. Nina Rawlings, Pediatric M.D. and clinical pastoral psychologist.

The panelists entertained questions from a survey questionnaire with audience participation and panelist reaction, making for much lively interchange. This segment was handled by Mrs. Sydney Lee and Dr. Barbara Wheeler.

Closing remarks and the evaluation and wrap up were by chairperson Mrs. Vivien Burnett.

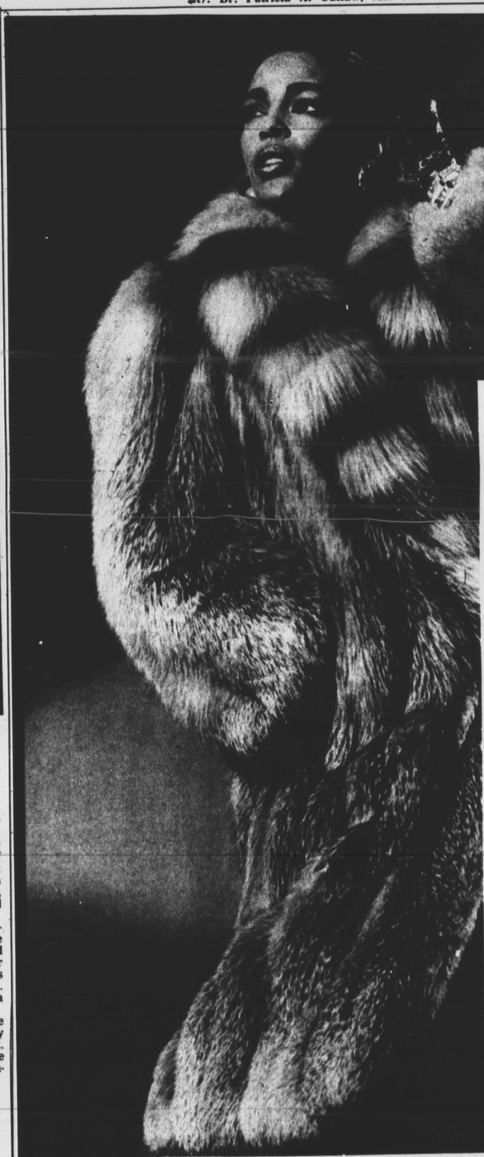
A light repeat was served in the cafeteria following the enlightening morning.

Pre-Valentine Dance

The Madison/Teen Center of the YWCA of Greater Baltimore is proud to announce it will hold a Pre-Valentine Teen Dance A-Thon and Positive Rapper's Delight Contest to be held Saturday, Feb. 7 at the YWCA, 128 W. Franklin Street, from 6 p.m. to 12 midnight. This event is for teenagers ages 13 to 19. Dances and Rappers need to call now to register. Auditions will be held for all rappers. Please call 685-1460 ext. 235 for more information. There will be a cash prize for winners of Rap Contest and Teen Dance-A-Thon. Also, special radio appearance for winners of Rap Contest.

Free Health Checkup

Good Samaritan Hospital will offer free health screenings on Monday, February 2 from 1 to 3 p.m. in the hospital auditorium. Height/weight ratio and blood pressure will be checked according to American Heart Association guidelines. Dr. Anthony J. Costa and an associate will do podiatry screening. No appointments are needed. For more information call 532-3838.



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