Marjorie Green

WOODLAWN HIGHLIGHTS

LES TAMS CELEBRATE THE HOLIDAYS

The Holiday Season has come and gone and most of us are left with happy memories of yuletide feasting, giving and receiving of gifts. It was a season for friends and relatives to gather for fun and laughter.

Mrs. Hortense Henry, popular educator and civic leader in Baltimore city, invited members of the Les Tams Service Club to her Baltimore County home for cards and luncheon delicacies. The group spent the Saturday before Christmas exchanging gifts at the Yosemite Ave. home of club member Irene Terry. The Les Tams were also among the friends who dropped in for brunch and chatter at the Bowers Ave. home of yours truly a few days after Christmas. Other friends joining in the fun later in the day were Helen Tucker, Doris Street, Olivia Weems, Forriest Ayers, Helen Miles, Mary Smith and Myrtle Harrod.

FUNDRAISER

A Christmas gala fundraiser for State's Attorney Kurt Schmoke drew a festive crowd to the Arena Playhouse to see a one act play called 'Everlasting Love,' on Saturday, Dec. 20. The play was written by Ms. Faye Walker, a native Baltimorean who is now living in New York. Ms. Kay Merrill spearheaded the committee of sponsors.

CELEBRATION

Mrs. Carolyn Johnson and daughter Jackie entertained friends and relatives on the Sunday after Christmas. In addition to celebrating the Christmas holiday, the Clan gathered to rejoice over the baptizing of Little Miss Darnelle Johnson, Arthur B. Johnson, III and Dorothy Craig. The three children were baptized at St. Bernardine's Catholic Church immediately following the 11:30 a.m. Mass on the same day.

RECENT DEATHS

The Holiday season also brought sadness to many families across the state. Dickie Burke, of Operation Champ, lost his brother a few days before Christmas. Mrs. Alice Woody, a longtime member and Usher in the New Shiloh Baptist Church answered the call of death suddenly on December 27. Mrs. Frances Greene, a resident in the McCulloh Homes who was confined to her home over a long period of time, suffered a fall and died from other complications several days later. We extend our sincerest sympathy to the friends and families of all who lost a loved one during the Holy season and wish them a happier New Year filled with peace and love.

JUBILEE DAY

The Jubilee Day committee in conjunction with the Maryland State Conference of NAACP Branches will celebrate Emancipation Proclamation Events on Sunday afternoon with a program at the Sharp St. United Methodist Church at 4 p.m. The Reverend Walter Thomas will be the speaker. The public is invited to attend.

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Send news items for this column c/o WOODLAWN HIGHLIGHTS P.O. BOX 785 Baltimore, Maryland 21203

Kelly Hill

SINGLE PARENTING

QUIET TIME

You can walk down the street and ask any parent, "Do you know what quiet time is?" You may get a puzzled look, or you may get a bizarre reaction. Whatever you get, you will find that most single parents don't even know the meaning of the word.

Single parents sometimes set themselves up for failure or burnout. What is burnout? It's when you get to the point that you just don't care about anything. The children get on your nerves. Your boss seems to be bugging you for no reason at all. Your friends seem to irritate you, and you feel like you just want to fly away to paradise lane.

If you feel that way, then it is time to fly away to paradise. Quiet time is for the parent who devotes more than 24 hours to taking care of everyone else besides themselves. As a single parent, you must let people know that you are human and deserve a break from life's harsh knocks.

You can only take but so much, and if you don't know when you have reached your limit, you may find yourself either burned out, or sitting in some mental institution.

How does one go about setting aside quiet time? Begin with yourself. Promise yourself that you will allow a certain amount of time for you each day, no matter what... unless its an emergency, then reschedule your time. Next inform your family that you must have some time to yourself — whether you decide to go to a spa, play tennis, racquetball or anything that will allow you to relax. A warning sign of extreme stress or burnout, is an inability to swallow at times, frequent headaches, constant irritability, etc.

Set aside money each month to spend on yourself...as long as it is within your budget, and if you can handle the expense, then do it. If you decide to do this for yourself, in the long run not only will you like yourself, but your family will appreciate you more because you aren't that same old irritable person that you used to be.

If you find yourself in a rut, try to make new friends. Make a vow to start a new life. Learn to treat yourself with respect. Don't allow others to intimidate you. If someone says something to you that you don't like, tell them so....in a nice way and be done with it. Pamper yourself. Buy all the little things in life that you always wanted but never found enough time to get. Treat yourself to a massage.

All of these things put together spell RELIEF FOR THE SINGLE PARENT.

Pinnie Ross

COLUMBIA CAPERS

CONGRESSMAN MFUME'S WASHINGTON RECEPTION

Last Tuesday was a beautiful day! The temperature reached the mid 40 degree mark in the nation's capitol. More than five hundred wellwishers came out to congratulate the newly installed Congressman Kweisi Mfume. The reception was held in the Small Business Committee chamber in the Rayburn House Office Building on Independence Ave. in Washington. This is the same room where former Maryland Congressman Parren J. Mitchell held so many hearings as Chairman of the House Small Business Committee.

Mfume won the general election by garnering more than 67 percent of the vote which was a clear indication to all Marylanders that he was their choice to represent the Seventh Congressional District in the One Hundredth Congress.

Marylanders came to the reception with warm hearts, high spirits and great anticipation for Representative Chambers where he was sworn in as Maryland's Seventh District Representative to the One Hundredth Congress.

The invitees were greeted at the reception room door by Delta Thelma Daley who had each attendee sign the guest register. The large group of wellwishers relaxed and enjoyed a bountiful buffet while awaiting the entrance of our new Congressman who was delayed in the House of Representative to the One Hundredth Congress.

Rodney Orange, Campaign Manager for the Mfume Campaign, wore a big smile while informing the group that the Congressman was making his way into the reception room.

Mfume, wearing an immaculate navy blue suit, tried to make his way to the podium and was mobbed by the wellwishers, congratulating him and shaking his hand (with kisses from the ladies). At last he reached the podium where his rousing remarks were wildly received. He was then joined by four of his five sons. One son is serving the Navy and could not be in attendance at this mementous occasion. Just before the Congressman made his remarks, Attorney Ed Smith presented a plaque on behalf of the many volunteers who had labored for Mfume during the campaign in a most loyal manner which resulted in his election to Congress.

The new Congressman said, "I will do whatever I can to help Maryland; I will never forget you and your support and that's a promise," as he pointed his finger toward the portrait of former Congressman Parren J. Mitchell which graced the wall of the committee room with other chairs of the House Small Business Committee room with other chairs of the House Small Business Committee. Yes, nothing but great words were spoken about the legendary Maryland politico from his successor, Mfume.

Mitchell is a Congressman Marylanders and Americans will always remember. Some say his shoes will be hard to fill. True, but with Mfume's talent and faith in God, he will be formidable, just wait and see.

Many Baltimoreans came to the reception aboard a special car on the commuter train including most of Mfume's dedicated volunteer staff.

Among the many wellwishers were retired Judge William H. Murphy and his charming wife, Madeline and handsome son Arthur who is an AFRO Executive; Judge William Bell, Former Maryland State Senator Verda Welcome, the Rev. Dr. John R. Bryant, Gilbert Daley, Mary Carter Smith, Baltimore City Councilman Nathaniel McFadden, CPAs Benjamin King and daughters, Dr. and Mrs. Billy D. Davis, Laura Knight, UNCF Telephone chairman; WBGR radio station manager Maurice "Hot Rod" Hulbert, Miss Talented Teen Maryland's Associate Director Marti Franklin, who presented Kweisi an inscribed mug for his desk; Attorney Joseph Thomas and many, many others.

Among the Columbians extending their congratulations to the new Congressman were Maryland Public Service Commissioner Dr. Claude Ligon, Dr. George Woodland, my very good friend, former Coppin State College professor Alice Corneliouson who along with Attorney Jo M. Glasco were my key helpers in raising funds in Columbia for the Mfume campaign; Pamela Johnson, Yvonne West, Dr. and Mrs. Richard Tyson and my second daughter, former Miss Black Teen Age America Dr. Edna Ruth Hill, who had just completed an operation at Howard University Hospital and rushed to be with Pageant master of ceremonies Kweisi Mfume. My husband, Bill, who left his Washington real estate development office to join us and after the reception, hosted Alice Corneliouson, Dr. Edna Hill, Marti Franklin and me for dinner at Hogate's on the D.C. Waterfront.

Kweisi's radio mentor "Diamond Jim" Sears, flew in from Florida to celebrate with his WEAA Radio protegee Mfume.

After the Washington reception, Mfume' and many friends journeyed to Baltimore to continue the celebration with Baltimoreans more than 600, who were unable to be with him at the Rayburn Building reception. The reception at the Hackerman House in Baltimore was most pleasing for the Congressman.

Later in the evening, our dear friend Bob Clay hosted a rousing party in celebration of the swearing in of Mfume at his Third-second Street Plahza Club.

—Mfume reception

Continued from page 7

throughout the more than two-hour affair. Adding to the festivities was the music from a band playing in the foyer.

Prior to the evening's end, Congressman Mfume's campaign manager Ed Smith thanked the supporters and presented Mfume with a plaque, quipping, "It's the same one we presented him today, (at the Washington reception) he's too cheap to buy another." This got much laughter.

On a more serious note, though still quite happy, the new congressman pledged himself to "do his best" in his new role in the national government.

Guests included Celia Hudson Jenkins, Blanche H. Payne, Wallace E. Blackwell, Ronald Hayes, Linda Thompson, P.A. Tatum, AFRO-AMERICAN; Arthur Creigler, Sharon J. Morris, Rod Carter, Vallen & Anne Emery, Jacqueline Laine, Aaron Morgan, Jr., Leonard L. Saunders, Curtis Anderson, Nathaniel DeVoe, Mary R. Parrish, Nell Sheridan, Margaret Fleming, Helen Devoe, Ruth Hicks, Andrea Mickoy, Gerald Wilson, Andria White, Aulein West, Janier Snow, Gayle B. Gilford, Josie Dunn, Philitda Hall, Stephan Shapin, Willie H. Scott, Rev. Bradley Haywood, Frederick Woods, Diane Botten, Robert L. Blackham, Lillian Dorsey, McRaymond Nougton, Yvonne Lansey, Marian Mason, Steoa Komeh, Marion McGaskey, Mr. & Mrs. James W. Johnson, Dave Brice, Senator Barbara Hoffman, Helen D. Jacksoin, Erla McKinnon, George & Lori Williams, Julian Lapins, Thomas Hampton, Jerome Wright, Harriett Brown, David Karnitrick, Shirley Pulliam, Gloria Tucker, Elaine McCloud, Sandy Rosenberg, Wayne Pulliam, Gloria J. Banks, John Willes, Robert P. Bergman.

7 ELEVEN

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EDUCATION AND CAREERS

Loyola offers grad courses, educators workshops

Teachers and administrators have plenty of graduate educational opportunities to choose from at Loyola College this spring. Each graduate course, workshop, and seminar has been designed to help educators stay abreast of current developments in their fields and prepare for the changes in today's increasingly technological society.

Registration will take place on January 14 from 3 to 7 p.m. at Loyola's Charles Street campus, and on January 15 from 4 to 6 p.m. at the College's Bel Air, Columbia, Glen Burnie, and Cecil County centers. Faculty will be on hand for consultaton during registration. Most classes begin in January and end in May. Workshops and seminars are held throughout the semester.

In addition to individual courses, Loyola offers Morgan degress and Masters equivalency programs, certificate programs, and study beyond the Masters level. The college also provides courses and workshops for Maryland Department of Education certification in a number of teaching specialties.

For a catalogue of complete course information, call (301) 523-5094, or write to the Loyola College Education Department, Workshop Office, 4501 N. Charles Street, Baltimore, Maryland 21210.

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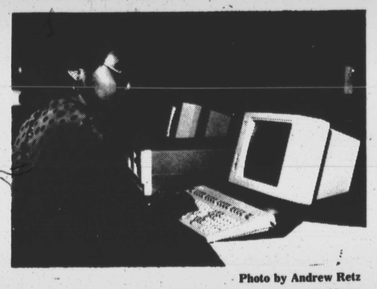

Photo by Andrew Retz

NEW WORD PROCESSING LAB OPENS AT ESSEX COLLEGE — Jilda Miller of Baltimore, a freshman majoring in Office Administration at Essex Community College, tries out the new Wang word processing laboratory at the college. The installation of a "state of the art" Wang Office Information System has further enhanced the college's office administration program which now boasts three word processing laboratories. Registration is currently underway for the Spring Session at Essex Community College which begins February 2, 1987. For further information, call 522-1263.

Census Bureau to survey area households

Local representatives of the U.S. Census Bureau will revisit selected area households beginning in December to conduct its Survey of Income and Program Participation (SIPP), LaVerne Collins, Director of the bureau's Philadelphia Regional Office, announced recently.

SIPP is a major nationwide continuing survey introduced in the fall of 1983. it is one of the nation's largest household surveys with about 25,000 households participating.

The Census Bureau publishes periodic reports providing information from the survey. Subjects covered include the following:

- Jobs and earnings
- The economic effects of unemployment, disability, and retirement
- How taxes affect personal spending
- Participation in programs such as Social Security, Medicare, and Medicaid, and food stamps.

Information from SIPP helps policy makers and administrators determine how well government programs are serving the public and how changes in programs and policies will affect the public.

Here are some facts based on SIPP interviews from the 1984 survey year (the sample size limits accurate reporting to national figures only):

- **The median net worth of U.S households was $32,670 in 1984. Median net worth ranged from $5,080 for households with monthly incomes under $900 to $123,470 for households with monthly incomes of $4,000 or more.**
- **Net worth was highest for householders aged 55 to 64. Their median wealth was $73,660 compared with $5,760 for householders under 35 years and $55,180 for those aged 75 and over.**
- **Married-couple households had a medium net worth of $50,120, about four times that of female-maintained households ($13,890) and five times that of male-maintained households ($9,880).**
- **White householder median net worth was $39,140; the figure for Hispanic householders was $4,190 and among blacks, $3,400. Among married couples, the figures were $54,180 for White householders, $13,060 for Black householders, and $10,820 for Hispanic householders.**

Information collected in SIPP is confidential by law. Interviewers have credentials identifying them as U.S. Census Bureau employees.

Word processing lab enhances Essex CC office curriculum

The installation of a "state of the art" Wang Office Information System and work processing laboratory has further enhanced the office administration program at Essex Community College.

The opening of the new lab brings to three the number of word-processing labs available to students in the OFAD program, augmenting an IBM PC lab and a classroom of "Leading Edge" personal computers.

"Wang is one of the biggest computers used on the East Coast, particularly along the Baltimore-Washington corridor," notes Enid Bank, the coordinator of the word processing program at Essex Community College.

"This new equipment will give our students even more hands-on training and will be used in our Beginning and Advanced classes on the Wang system as well as to teach other word processing software packages such as Wordstar," she adds.

In addition to training on state-of-the-art equipment, students in the Office Administration program at Essex have an opportunity for a paid cooperative work experience and plentiful job prospects, adds Gwen S. Nicholson, professor of office administration.

"We have more jobs available than we can currently fill," asserts Professor Nicholson.

The OFAD program offers students tracks in either shorthand or world-processing, from which they can then select an administrative, legal or medical emphasis.

Upon completion of a minimum of six credits at Essex Community College, a student becomes eligible for a cooperative work experience.

The Office Administration program is designed to be flexible with classes offered both day and evening, on a full or part-time basis. Students are placed in courses according to their skill level with classes ranging from "refresher" through advanced.

Students may choose to pursue an Associate in Arts degree in Secretarial science, a shorter Certificate program consisting of 30 hours of study or simply to take a few "brush-up" courses.

Registration is currently underway at Essex Community College for the Winter Session which begins Monday, Jan. 5. Tuition is $30 per credit for Baltimore County residents.

For further information or to obtain a listing of Winter or Spring course offerings, call the Office of Records and Registration at 522-1263.

Safe Kids Puppet Show

Make your child's world a little safer with safety tips presented by a puppet at the Cloisters Children's Museum on Sunday, January 18, 1987 at 2:00 p.m. Children are excited to learn when the instructor is a puppet. Your children will learn good touch and bad touch and what to do and who to tell in case of emergency.

A program developed by The Sexual Assault Domestic Violence Center, Inc., the Safe Kids Puppet show will instruct while entertaining your child.

The Cloisters, located at 10440 Falls Road, is open Wednesday through Friday, 10 a.m. to 4:30 p.m. Saturday, 12 to 4 P.M. Admission is $2 for adults and children over two; $1.50 seniors; free for all members. There is no admission charge on Thursday. For more information, call (301) 823-2550.

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You must be a U.S citizen, in good physical shape and under 25 years old to be eligible for the programs.

For immediate information call toll free 800-638-0730 in VA, DC, DE, WV or 800-492-0707 in MD, or send resume to:

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While the experts debate two bold moves — getting rid of the "soft" education major, getting tough on academic requirements — Western Maryland College can get on with the business of educating teachers. We have the advantage of being ahead of the problem. Our standards for future teachers have always been high, our graduates among the Mid-Atlantic region's most outstanding teachers. Yet, we have never offered an education major. Our future mathematics teachers, for example, major in mathematics and *minor* in education. All students take one-third of their courses in the liberal arts.

Our students learn from top educators: Maryland's 1986 mathematics educator of the year, the president of the state's teacher education association, and award-winning textbook authors and researchers. They also learn from experience: Beginning with their first education class, they observe and practice in public schools.

Our teacher education program was named Maryland's most innovative in 1984. In 1987, we'll make its resources available to college-educated adults who want to become teachers.

We may not solve the crisis in the nation's schools, but we *are* doing something about it. We're educating good teachers.

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