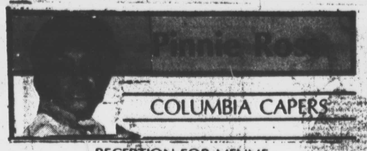

COLUMBIA CAPERS

RECEPTION FOR MFUME

The Columbia Hilton Inn was the beautiful scene of a reception held in honor of Kweisi Mfume recently. The "Getting To Know You" reception was sponsored by the Miss Talented Teen Maryland Staff. Councilman Mfume has been the Master of Ceremonies for the Miss Talented Teen Maryland Pageant for more than ten years.

The colors selected for the reception scheme were yellow, black and white, the colors used in the Mfume for Congress Campaign. The tables were garnished with white cloths, and a white bud vase was placed in the center of each containing a yellow flower with ferns of baby's breath. Under each vase was a design of Mfume stickers and campaign information.

Most Marylanders know that Kweisi Mfume is seeking the Seventh Congressional seat being vacated by the Honorable Parren J Mitchell.

There are many Columbians who have heard Mfume's voice on radio and television and have seen his name in newsprint, but had never had the opportunity to talk with him in person, so they wished for that to happen.

The atmosphere at the Hilton was warm and friendly. Friends chatted with each other until the Councilman arrived. There were many who starred and smiled, whispering to each other, "He is handsome, He looks better in person."

Mfume came in the door, rested his coat and went to each table to greet and chat with each guest before taking his seat.

Calonia B. Walden, Chairperson of the Board of Trustees for Howard Community College was the first guest to arrive followed by Frank Turner, Esq., Deputy Manager of the Mfume for Senate Campaign after which the guests just kept coming.

In the group were Howard County Council Chairman Dr. C. Vernon Gray and his wife Sandra, Dr. and Mrs. Claude Ligon, Dr. George Woodland, Attorney Jo Glasco, Miss Baltimore, Traci Hamlin, who is also a former Miss Talented Teen Maryland, Dr. and Mrs. Daniel W.C. Brown (Doris) who had just arrived from a business trip to New Orleans and wife Doris was afraid that he would miss the opportunity to hear Mfume speak, also Mrs. Pattie Hodges, AFRO-AMERICAN Newspaper's Women's Editor.

Guests ate plenty from a buffet that consisted of Swedish Meat Balls, Chicken, Cheeses, vegetable tray and coffee and tea.

It was indeed a pleasure to introduce Mfume to the Columbia audience. First of all, he is a true man about God, a strong believer that with faith in God he can do anything. He is trustworthy, honest and dependable.

I must digress for a moment to tell you what took place early in November, 1985 at Brown Memorial Church where more than 500 invited guests witnessed Mfume announced his candidacy for the seventh Congressional District seat.

The Rev Douglass Miles had this to say. "Mfume' is a fighter, a person who stands up for what he believes to be right and he will not back down on his word.

"Here is a man who has brought much hope and inspiration to Baltimore's Black community since his election to the City Council. This young man has distinguished himself by his love for people, his willingness to challenge issues and to dream the impossible dream."

He further said the Mfume was the David in the political arena; always willing to go down in the valley and do battle with the Goliaths of society such as racism . . . when Mfume came to the podium there were 500 people shouting "Kweisi, Kweisi, Kweisi . . . He spoke with such sincerity that tears streamed down his face and the faces of the men and women in the audience. It really got very emotional, especially when he spoke of his deceased mother and how God had given him this mission and that he was going to step out on faith.

Kweisi stepped to the podium at the Columbia Hilton Inn, the wall behind him filled with his colorful campaign stickers, the applause came befor ehe started to speak.

He offered a new idea for the young generation, a new agenda. "We are for those who will fight for healthcare for our elderly and school lunches for our children." "Here Am I, Send Me", he said. "We are for those who are against the illegal regime in South Africa. WE are for a nuclear freeze, We are for Peace," he said. "War is not as good as Peace and Death is not as good as Life," he intoned about the need for a major effort to avoid a nuclear holacaust. He again invited the people to send him to Congress.

Mfume does have supporters in Howard County. As a matter of fact there are several beautiful ladies who are working for him. They are Frenzella Credle, Lavenia Ellicott, Sandra Gray, Marti Franklin, Jacqueline Jackson, Doris Brown, Gwendolyn Clark, Jo Glasco, Alice Cornelison, Vanessa Hall, Lisa Cooper, Loretta Green, Ruthia Taylor, Vicki Manning Verna Laws, Sarah Boozer, Gertrude Kerr and yours truly.

THOUGHT FOR TODAY

The great man is he who does not lose his child's heart. —Mencius

WITH HONOREE KWEISE MFUME (C) at the recent reception hosted in his honor at the Columbia Inn by the Miss Talented Teen Maryland Staff are (from left): Mrs. Pinnie L. Ross, head of the Miss Talented Teen Maryland Staff and Jo Glasco.

OTHER MFUME ADMIRERS at the reception were (L to R): Kelly Jackson, Alice Cornelison, Lavenia Ellicott, Sandra Gray, Doris Brown, Sarah Boozer and Marti Franklin.

MISS IOTA CONTESTANTS (L to R) are: Darlene Williams, Katrina L. Joyner, Jol Matthews, Tylia Boone and Kimberly Hill. Not pictured are Cindy M. DuBerry, Theresa Ranson and Charles Belton. The young ladies, sponsored by the Iota Phi Lambda Sorority, will vie for the title Saturday, April 12 at the Forum during the Miss Iota Pageant

BIRTHDAY LADY YVONNE "VON" TRIPLIN (Second from L) is pictured during the party held in her honor at the New Gatsby, Tuesday, March 18 with (from left): Dante Roberts, Zonetta Wise, her sister; Elsie Bowser and Chandra Bull.

More Partyline

(Continued from page 7)

Worship Service as a group the Baltimore-Metro Chapter Alumni of Virginia State University gathered Sunday, March 16 at Knox Presbyterian Church, 1309 N. Eden Street.

The service was quite impressive due to an inspirational sermon delivered by the pastor, Reverend Gordon Marshall, participation by the Youth Choir in songs and service, and beautiful musical renditions delivered by the Men's Choir.

The Virginia State Alumni group had reason to be proud because Dr. Ray Knight, Director-Accompanist of Music at Knox is a fellow-Alumnus. A financial contribution from the Metro-Chapter members was presented to the church by Dr. Carl Adair, President of the local group.

The Founder's Day Committee Members were Mrs. Delois Latimore, Mrs. Vivian Maith, Mrs Gladys Orgbon and Mrs. Jeannette Spencer. Mrs. Eva Dowd served as Chairman of the Committee.

Following the Morning Worship Service members of the Alumni Chapter, their families and friends gathered at The Manor Club for a Fellowship Brunch.

This Sunday, April 6th the Baltimore Metro Chapter will present the Virginia State University Choir in Concert at 4 p.m. This event is an activity to provide scholarships for worthy local youths. The Concert will be held at Mt. Zion United Methodist Church, 3050 Liberty Heights Ave. (corner of Wabash) Rev. John C. Warren is pastor. Donation is $10.00.

For further information call 858-4996 or 523-4628. Dr. Carl Adair is president of the Baltimore Metro Chapter Alumni Association.

KARPAS BELATED VALENTINE PARTY

Love, love everywhere and love certainly filled the air at the Regency Terrace on Friday, February 21 when the brothers of the Baltimore Alumni Chapter, Kappa Alpha Psi Fraternity, entertained their wives and sweethearts at their annual Valentine Party which was postponed from snowy February.

As brothers and their sweethearts entered the room, they were able to enjoy hors d'oeuvres and partake from the open bar. The room was tasteful decorated with hearts and cupid's arrows on the walls. Music for listening and dancing was furnished by Dennis Fisher and his combo with vocals by Jennifer Jones.

A highlight of the evening was a fur fashion show sponsored by Mano Schwartz Furriers. The models were wives or sweethearts of the Kappa men with narration by Jackie Williams, charming wife of Valentine Party Chairman Iglehart "Ike" Williams. The models were Gladys Dumas, Betty Knight, Gwen Smith, Dena Kelly, Peggy Ammons, Ada Weaver, Frances Ward, Jean Harris, Meredith Evans, and Lewis Richardson.

The Valentine party Committee was composed of Eglehart Williams, Chairman; Earl Knight, Maceo Dumas, Leon Brown, Meredith Evans, Lorenzo Felder, and Alonzo Rogers.

Lewis H. Richardson, Jr. is Polemarch of Baltimore Alumni Chapter of Kappa Alpha Psi.

Diamond Ball

(Continued from page 7)

Freshmen and Middle School Advisors. Along with their gifts went words of thanks for their advisors' help and support.

The Diamonds also presented their mothers with a pink rosebud and a kiss to go with them. They pinned their fathers with a boutinnierre, after which their dads led them to the floor for a father-daughter waltz.

Following their waltz, the Diamonds were escorted to the center of the floor, introduced to the audience again, and each made her bow.

Escorts and Diamonds then danced to a special song. After this the evening belonged to Diamonds, Rosebuds and their escorts for continued dancing and socializing.

It was a splendid affair—classy and colorful from start to finish.

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CITY COUNCILMAN KWEISI MFUME chats with the youngsters at Thomas G. Hayes Elementary School #102 during his visit to impart Black History and to commemorate Black History Month.

Photo by P.A. Greene

STATE'S ATTORNEY KURT SCHMOKE gives an educational boost to the pupils at School #102 as he gets them to understand the criminal justice system through a dramatization during his visit to the school.

Photos by Paris Gray

MRS. PAULINE BRUCE, principal of Thomas G. Hayes School, shakes hands with State's Attorney Schmoke.

Kids at School No. 102 get historic treat

The boys and girls at Thomas G. Hayes Elementary School No. 102 got a special treat during Black History Month.

They had much to look forward to as event after event unfolded for them, and they were treated to an interesting and informative array of activities, all of which helped them to learn about their rich black heritage, to feel pride in it and to be inspired by it.

Kicking off Black History Month was the Rev. Isiah Hill, husband of Kindergarten teacher Mrs. Ernestine Hill. Rev. Hill's presentation stressed pride in self, and the right way to do things to be successful in life. During the same program, youthful actors from the Woodstock Players did dramatic presentations on how to "Say No to Drugs and Alcohol."

Following closely on the heels of Rev. Hill was Rod Daniels, Anchor Man at WBAL-TV, who came and challenged the students to prepare themselves for the future by being observant and noticing how the more successful students carry books and study well. He had the students promise him that they intended to do their part to raise the levels of their achievement.

Dr. Charles Simmons, founder and president of Sojourner-Douglass College was onstage with a message of encouragement to the students on being higher achievers and a quiz on Who's Who in Black History, during which the students gave the names of the people he described.

The pupils got a treat when City Councilman Kweisi Mfume was at the microphone with more words of wisdom on black pride and having the desire and the will to be achievers in life. He also graciously answered questions for the students about his own life and achievements during his visit.

During the same week of Mfume's visit State'sAttorney Kurt Schmoke, set up a very interesting mock court situation, using "The Three Pigs" as his reference, and students from the audience as defendant, defending attorney, prosecuting attorney, judge and witnesses. It was a most unique way of getting the students to understand the criminal justice system, and allowed for great audience participation. State's Attorney Schmoke also stressed being determined to be successful through hard work and perseverance and he, too, graciously gave information about his background, his job and achievements when questioned.

The student body at School No. 102 had a month, not only rich in Black History, but rich in the appearance of so many stellar people who took the time to come and help enrich their lives by giving them information about their successful lives.

Kelly Hill

SINGLE PARENTING

DEPRESSION — SUICIDE

Monica, David and Stacey all have one thing in common, depression, a feeling of helplessness and suicidal tendencies. What makes a person commit suicide, or fall into the pitfall of depression? The answer can be easily identified....Life. However, the other problem that they all have in common is being unable to get out of their rut. In order to function productively day to day, and function adequately, a person must be able to handle all of life's hard knocks without letting go of reality.

As a one parent-head of household person, you must recognize deadend streets, detours, and one lane highways. Our individual lives all consist of making detours, decisions, judgements, etc. on a daily basis. But what is forgotten is that if you choose to let yourself become ladened with depression, it can be a long road back to reality.

What are some of the problems that face single parents; Inability to find close companionship, unruly children, money problems, housing problems, no credit...bad credit, low paying job, a job with no room for advancement.

The secret to getting out of a depressed state is to set your mind to get out of that rut that you are in. Sure you are probably saying that is easier said than done, but you can do it if you really want to progress.

Ask yourself, are you stuck in a rut, are you bored with your job, do you rely on stimulants to get you through the day, are you always complaining about how bad you feel, do you want people to always feel sorry for you?

Newly-separated single parents have feelings of guilt. Fathers feel left out because they no longer play an active role in helping to raise their children. Mothers feel lonely, close companionship is no longer there. Why is it that single parents prey on each others feelings.....the objective being to humiliate each other to justify the separation?

Battered single parents caught up in a web of confusion as to why they remained in a one sided household feel helpless. People do not have to be crazy or sick to have problems in living. However, parents must be able to recognize when they have given up on life and are attempting to take the easy way out.

Constant worrying, an inability to sleep at night, fainting, phobias, intoxication, perverse sexual behavior, drug dependency, uncontrollable aggressive behavior, excessive crying, and poor health habits are all signs of some form of depression.

If you feel that you have fallen into a rut and you are depressed or have suicidal tendencies then you should seek help. There are many things that you can do to try to help yourself. First, try to be yourself. By doing this (being yourself) you can eliminate many anxieties that stem from being phony or putting on a false front. Be realisitc in terms of your needs and goal-setting and responsibilities. Sometimes, people have a tendency to expect too much of themselves...which can be unrealistic.

Be kind to yourself, stop trying to fulfill someone else's expectations. Try to be creative in just how you want to begin to plan your life. Find out what makes you happy. Sometimes, humans have a tendency to assume that it is someone else's responsibility to make them happy....but that isn't true.

If you feel that you can't help yourself, then get professional help. Even though you may have slumped down to deep depression, if you end up commiting suicide, who are you hurting? Because time heals everything including that lost loved one.

So, if you are one of those single parents or people who feel like life has passed them by, then you need to stop and analyze yourself. Also remember that if you are raising kids, your negative attitude, your inability to cope with life, will rub off on your kids.....because kids generally react to and cope with situations like their parents do.

On Saturday, April 5, Black Single Parents, Inc. will hold their monthly business meeting at the 32nd Street Plahza from 2-4 p.m. If you are a member and have not been contacted please call the B.S.P. hotline for more information (301)466-5554. Also, there will be a kiddie disco being held at the 32nd Street Plahza beginning at 2:00 p.m. For more information call 366-8181.

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'WHILE SHE IS STILL WITH YOU'
MOTHER'S DAY MAY 11TH

The Baltimore AFRO-AMERICAN on Friday, May 9th will help you honor your Mother with a special 'MOTHER'S DAY PAGE.' You may select one of the following verses or any similar poem of your choice. Pictures may be used at a small additional cost (black & white preferred).

DEADLINE FOR THIS SPECIAL MOTHER'S DAY PAGE IS APRIL 29TH

Fill in the information below and return it TODAY, or call 728-8200, Monday thru Friday.

MOTHER'S DAY VERSES
WHILE SHE IS STILL
WITH YOU

1-ML
In all the world there is no other,
To take the place of your dear Mother.
The first love, we know;
The last we forget,
Your love Mother, is the sweetest love yet.

2-ML
God mad lots of beautiful things;
Sunset and roses, and trees,
Birds, and starlight and loyal friends.
And, after He made all these,
He gave to the earth a gift more rare,
More loving and more true,
Of all God's gifts, the one most rare.
A Mother as dear as you.

3-ML
A wonderful mother, woman and aid,
One who was better God never made;
A wonderful worker, so loyal and true,
One in a million — that, mother is you.
Just in your judgment, always right;
Honest and liberal, ever upright;
Loved by your friends and all you know.

4-ML
Loving and kind in all your ways,
Upright and just to this very day;
Sincere and true, in your heart and mind,
Your thoughtfulness we will never leave behind.

5-ML
Dear mother, on this Mother's Day
What words can we impart
That would tell the true devotion
We have within our hearts.
No words can tell love's message
But this we know is true;
There is no other mother quite like you.

6-ML
God showers His gifts upon us
In one way or another,
But His most precious gift of all
Was the gift of you, dear mother.

7-ML
When the lord passed out His jewels
I sure was standing in line.
For I received a precious gem,
That dear, sweet Mother of mine.

8-ML
'A PRAYER'
Dear Jesus, we thank thee
For having given us the love
Of Thy most Precious Gift,
Our Sweet, Gentle Mother.
Amen.

9-ML
A dearer Mother, never lived
Nor one more fine and true,
Nor is a mother ever loved
More truly MOM than 'you.'

10-ML
You are such a wonderful mother,
In every little way;
No wonder that you're thought about
With special love today.
No wonder our Mother's Day greeting
Is extra warm and true,
When it's sent with love and gratitude
To a mother as dear as you.

11-ML
'GOD'S CREATION'
To me you gave life, and reared me through trouble and strife.
Your kind love with me you shared,
Even when I made things hard to bear,
You are one of God's greatest creations
So on this day of dedication,
Let me say 'I love you Mother',
Like I could love no other.
'Happy Mother's Day.'

Please publish the following Mother's Day Verse, Fri. May 9th
IN HONOR OF _____
(Print name in full) _____
VERSE NO. _____
CHARGE TO _____
ADDRESS _____
PHONE NO. _____
Please specify how verse is to be signed

APR 1986