

Your Beauty Consultant

Betty Guy Wills

"I want a natural look for my cometics, please tell me how" B. Jervis - Dallas

"What type of foundation will give me a one-color look?" K. Thomas - Miami, Fie. Make-up-The Art of Making Up Correctly

First let's start with the foundation, of a good healthy clean complexion. Give your skin a beneficial sauna bath. Fill a two quart cooking pan with tap water, or (I prefer) mineral

Let it boil, and take the steaming pot to a table with a large towel and cover both your head and the pot so that the stem does not escapes at the sides, but rises straight up into your face.

The pleasant steam penetrates deeply and cleanses all the pores. The pearls of perspira tion coming from the open pores loosen up the accumulated make-up, rancid oils and all dirt. This only takes a few minutes.

After the sauna, close the pores with a cold water or ice cube application. Blot dry and press in a citris skin freshher that contains no alcohol.

This cleansing method will bring "roses" into your cheeks brought about by your own rushing blood stream and circulation. I suggest this method to be used at least once a month or when you are attending a special event. It's also good for the man in your life.

After using the citris freshener, apply a light moisturzer if your skin is normal to dry. If your skin is oily spritz with a mineral water spray, and let dry naturally.

Now, you are ready to apply a basic foundation. If your skin tone is very dark, use a foundation with a water base, that has a deep rose - to brown color tone. The foundation should mix well with mineral water in the event of drying in the bottle or if you wish to diminish the intensity of color.

Always use a well made, well mixed cosmetic foundation. If your skin tone is dark brown to medium brown use a foundation (water based) that has a coffee and cream

If your skin tone is medium brown to light brown/tan, use a foundation (water based) that has a golden tannish undertone. And it your skin tone is light tan to white use a peach/pink toned foundation.

The importance of a water based foundation is the lightness of the product and the natural look it gives when applied properly. To apply the correct foundation, simply supply with the cushions of your finger tips.

Start with a small amount and spread evenly over the face, neck, ears, and out to the shoulders, to the breast line and a hand-span width down the back, if you are wearing a low cut garment. The foundation can be blotted with a facial tissue to prevent any rubbing off.

The proper color of foundation will give you a one-color, natural look-a look that will be very difficult to determine whether you are wearing make-up at all. If you have a few shadows around the eyes, nose, mouth, etc., or a few lines to diminish (as I do), use a cover stick either before or after your foundation application.

A true cover stick does not come in a "color" itself, (dark, medium, etc), but is made to blend in with the water based foundation. A good cover stick is a miracle cosmetic, for both men and women. It can be layered with the foundation to diminish any scar, burn, birth marks, etc.

A well made cover stick can be used any place on the body. I use it on my heels, alternating with my foundation, before I slip on evening sandals. I use it on my elbows and knees, alternting with my foundation. There are many, many ways to use cover stick and your foundation.

Another make-up technique for a natural look is to spritz mineral water on your face and neck after applying the foundation. The minerak water "sets" the color and will give your complexion a natural "glow."

If you are very oily, then apply a good transparent - pata powder on the oily areas only, (The T-Zone, around the nose, forehead, upper cheek area).

A real transparent powder comes in a pressed form, is very, very light, (in texture) and has no color only your color comes through. You must be very selective in choosing the best trasparent pata, because the wrong choice will give an ashy look that will destroy anyones' beauty.

I also suggest apply your foundation to the lips and around the areas. The lips will receive your lip colors better and retain colors longer without bleeding or fading.

If you don't wear lipstick, just blot the foundation on the lips with a tissue and gloss lightly, and apply the foundation again for a innocent natural lip-line.

When applying foundation first around the eye area, you'll discover the ease of applying eye-make-up . . . it will slide on like "silk", and it will not "crease" or loose it's intensity during a long day.

When applying foundation on the ears, don't forget the back of the ears and the crevices. This is easily applied with a Q-tip. When applying foundation to the breast line, don't forget to spritz with mineral water for a natural, glow to this area, and blot with a tissue. The same method for the back and

If your group or organization would like a beauty clinic in your city, write me, Betty Guy Wills at Dawn Magazine, 628 N. Eutaw St., Baltimore MD, 21203. You must include a selfaddressed, stamped envelope when writing.

Q. — I read your column every month. I am

trying to locate Mrs. Maxwell Davis, the wife

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Q. — I am writing about the question from Stacy Pugh and the whereabouts of Ted Mills and Blue Magic. Tell Stacey to check out the Sigma Sounds Studio or Alpha International

Recording Studio in Philadelphia. Ted and Blue Magic are in the studio working on a new album for a new record company run by Doctor York. In 1983, Blue Magic, down to four members, had an album on Mirage Records - Atlantic called "Magic."

A. — Thanks

CHARLES WILLIAMS Pasadena, Calif

of the late arranger, Maxwell Davis. If you can find out let me know in your next column. I am the wife of the late Percy Mayfield.

TINA MAYFIELD Los Angeles, Calif.

A. - If you know, write us and we'll pass the info on to Tina.

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