DAWN RECIPES

A "MEET 'N TREAT" PARTY...FOR A SAFE AND HAPPY HALLOWEEN!

With visions of goblins and a host of favorite treats, Hallowe'en is the one holiday of make-believe that young and old alike can delight in. The custom of dressing up in outlandish costumes began with the superstitious Celts, who wore disguises to hide from "mischievous spirits." And, through the years, the ritual of "Trick or Treating" evolved from this.

"Meet 'n Treat" is an idea designed to take the trick out of Hallowe'en. It preserves the festive customs of masquerade and collecting treats, while encouraging safety through family celebrations to meet the neighbors and treat the kids.

Why not make this October 31st the happiest Hallowe'en ever by inviting the neighbors, large and small, to a "Meet 'n Treat" party? After taking the children on their rounds of collecting treats, and while still in costumes, have a celebration that features dramatic decorations, festive games and fun-filled foods.

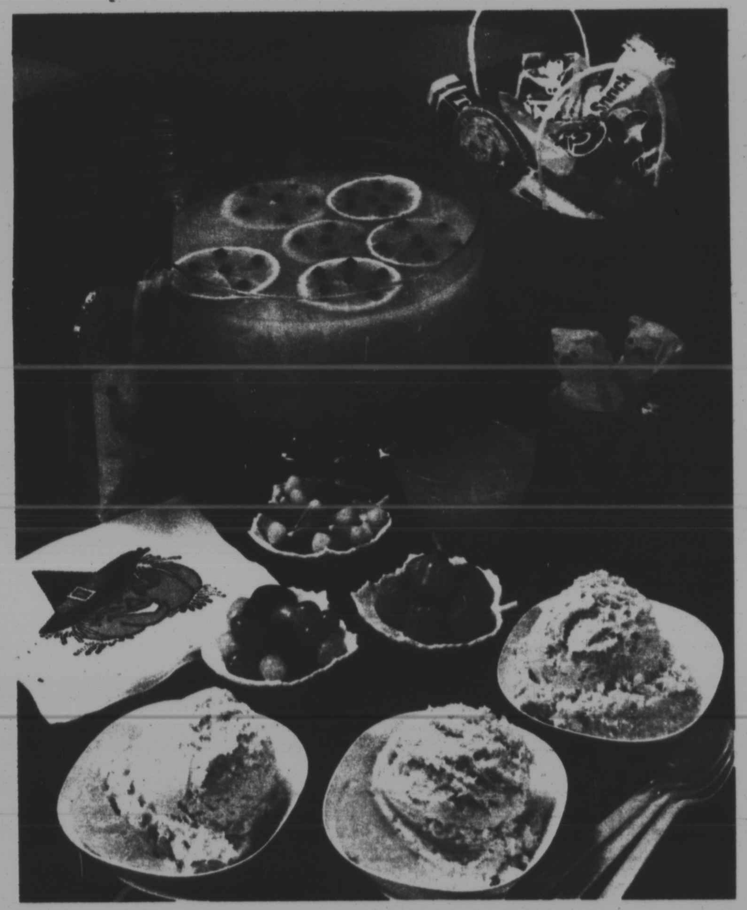
Create a bewitching backdrop with a bright orange tablecloth highlighted with black streamers. And in the true spirit of Hallowe'en make sure there are lots of confections within easy reach -- candy corn, marshmallow witches, licorice, lollipop pumpkins and, of course, an assortment of those delectable, collectables -- wrapped candy bars.

Get the party going by serving thirsty ghosts and goblins a glass of Harvest Punch, a nutritious potion made from pure Florida orange juice and apple cider. Then treat everyone to a scoop of Hallowe'en Orange ice, another zesty refresher that fits in perfectly with the holiday color scheme. Both can be made in advance and are almost magically easy to make because they use convenient Florida orange juice concentrate as a base.

Hallowe'en can be a fun day for children of all ages if these simple safety rules from the confectionery industry are followed:

Safety Tips For "Meet 'n Treaters"

* Accompany children and only visit houses in familiar territory.
* Go out during daylight hours, if possible. Carry a flashlight in case you're delayed.
* Costumes should be light in color, preferably with reflectors sewn on in case you return after dusk. Be certain that the costumes are short enough to prevent tripping.
* Be sure that face masks offer your child sufficient visibility. In fact, make-up may more safely complete the effect of the costume than masks.
* Wrapped confections are preferred since they'll remain in good condition longer.



HARVEST PUNCH

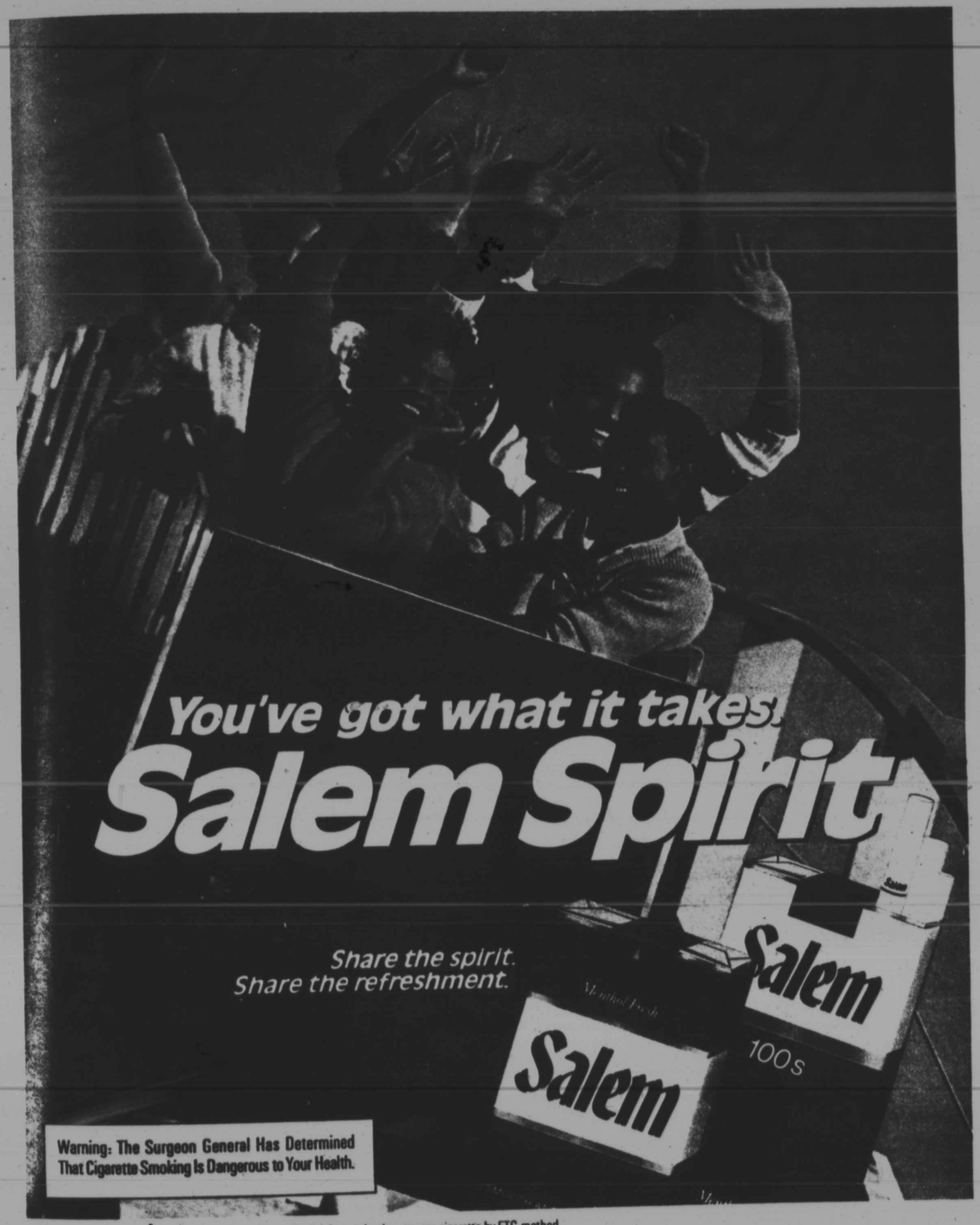
¼ cup sugar
¼ cup water
6 whole cloves
1 stick cinnamon
1 quart Florida orange juice
2 cups sweet cider or apple juice
1 Florida orange, cut into slices and studded with whole cloves (garnish)

In small saucepan combine sugar, water, cloves and cinnamon stick; simmer 5 minutes over low heat. Strain into punch bowl. Stir in orange juice and cider. Chill. Garnish with clove-studded orange slices. Serve over ice, if desired. Makes: 12 servings, ½ cup each.

HALLOWEEN ORANGE ICE

4 cups water
1 cup sugar
1 can (12 ounces) Florida frozen concentrated orange juice thawed, undiluted

In medium saucepan combine water and sugar. Cook over medium heat, stirring constantly, until sugar dissolves. Bring to a boil; boil 5 minutes. Remove from heat; blend in orange juice concentrate. Pour into a 13 x 9-inch pan. Cover with aluminum foil. Freeze until slushy. Remove from freezer and stir to reduce size of crystals. Repeat this procedure every 30 minutes, 3 more times. Freeze until firm.
Makes: 10 servings, ½ cup each.



KING: 17 mg. "tar", 1.3 mg. nicotine, 100's: 17 mg. "tar", 1.4 mg. nicotine, av. per cigarette by FTC method.