

# Your Beauty Consultant

#### Betty Guy Wills

....I would like to know some facts about Aloe Vers and what it can do for me. Mrs. C. Withers, Atlanta GA.

The Food and Drug Administration has not specifically approved Aloe Vera for any ailment other than minor first-aid. However, I know of no restrictions on Aloe Vera or the way it can be used.

It is being sold throughout this country for both external and internal use. Aloe Vera is widely recognized for being harmless, for having no bad side effects.

BURNS AND SCALDS-Aloe Verg is excellent for first aid treatment. It can stop pain, and reduce the chance of infection and scar marks, while greatly enhancing the healing process. Simply break a piece of the plant off, and squeeze the gel directly onto the burn, as often as necessary to keep the wound moist for the first 48 hours.

HAIR AND SCALP CARE—Before all wonder products were marketed, Aloe Vera juice was used for the hair; as a shampoo, hair set and conditioner, with really excellent results for both the hair and the scalp. (The American

The Indians wet their hair at night with the juice, right from the plant, allowed it to dry, and then in the marning, rinsed with water.

I tried this method, and it will even slightly

If you try this, you will notice added luster, and more manageability, to the hair. Some South American beauty Shops use Alae Vera gel straight from the plant to set the hair. The gel dries quickly, improves hair sheen, and helps scalp abrasions.

To counteract dryness, mix the gel with your favorite hair pomade.

PSORIASIS AND ECZEMA RASHES - Aloe Vera can be taken internally, one tablespoon once a day, as well as externally, apply the juice directly to the troubled area. The juice can be bought by the bottle and I like to apply the gel straight from the plant, onto the skin. I note that the gel, when applied from the plant, may have more spreadability when used in conjunction with baby oil.

VARICOSE VEINS- Since Aloe Vera is considered by scientists to be a biogenic stimulator and a wound hormone, many people have had success in applying the juice to the afflicted area. In some cases, the results were very positive.

BROWN SKIN SPOTS- As we grow older these spots appear. Many women have tried Aloe Vera gel directly from the leaf, on the spots, and find that they disappear or diminish

in color. This is true, but the results are not overnight, but are definite.

ACNE-Acne is caused by deep infection in oil-clogged pares. Aloc Vera does an excellent job of counter-acting infection; stimulating the tissues and healing without scarring. The gel can be applied by using the leaf of the plant directly on the area. Pimples and other sores can be treated in the same way.

REMOVAL OF OLD SCARS-Aloe Vera is very effective in gradually reducing old scars, but must be used on a regular basis. Putting on a little Aloe Vera gel morning and night is well worth the effort, for a period of six months.

To remove a white scar, I am trying Aloe Vera and a Paba tablet mixed together. If any of my readers have had any experience in white scars or spots removal, please write or phone me in Cleveland.

ASTRINGENT- Aloe Vera is a natural astringent, it may tend to be trying. If your skin, is dry, mix the Aloe gel with baby oil, Vitamin E oil or Coco Butter for a moisturizing effect. For oily complexion; use the Aloe Vera gel straight, along with ice-cube rubs to correct this condition. I have discussed the value of ice rubs in a previous column.

I feel that the leaf from the Aloe Vera plant is more effective than the bottled or cream products. I can mix the gel with oils and creams to gain the potency I desire. Always use the lowest leaves, the closest to the ground, or soil, first. the bottom leaves are older and larger, therefore having more juice and a greater potency.

I would like to hear from you on this subject; Write me at; Dawn Magazine, 626 N. Eutaw St. Baltimore Md. 21203 Please enclose a stamped, self addressed

## Record Review Ratings

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By Carl Matthews

#### KOOL AND THE GANG

De-Lite 822 943-1 M-1 Emergency, Fresh, Misled, Cherish, Surrender, Bad Woman, You Are The One

Rating - \* \* \* \*

One of the hottest groups around in terms of record sales are back with their follow-up to last year's "In The Heart" album. Although there's less horn-playing on this new disc, the proven Kool And The Gang formula of highspirited rock and roll remains in force. "Misled," the first single from this album, is, arrangement-wise, reminiscent of their earlier hit "Tonight," and we can hear in J.T.'s rendition of the lyrics that there is more to the relationship between the man and the woman in "Misled" than it appears on the surface there could be a lesson within their sad story. one that is usually learned the hard way by experience. What the group apparently is trying to say is that the lessons learned in "Misled" apply to other aspects of life, and not just boy and girl relationships.

The group's sound is, as always, professional, and the songwriting on their albums is still improving. There's some nice vocals on "Surrender" and the album's final cut, "You Are The One" has a different kind of rhythm not often heard on Kool And The Gang albums, plus some horn playing towards the end. For some reason Ronald "Khalis" Bell, who plays tenor sax and OB-8 synthesizer, does not appear on the album cover. Now that I think about it, the cover photograph is kind of humorous, in a way. This LP should make another fine addition to your Kool And The Gang collection.

#### RAY PARKER, JR.

Chartbusters Arista AL 8-8266

Jamie, Ghostbusters, The Other Woman, I've Been Diggin You, Christmas Time Is Here, A Woman Needs Love, I Still Can't Get Over Loving You, Waman Out Of Control, Invasion

Rating - \* \* \* \* Great title, isn't it? "Chartbusters," the latest Arista album by Ray Parker, Jr., features his new single, "Jamie," and the extended version of "Ghostbusters," 6 minutes and 9 seconds of nonsense. (Uh, it likes the girls, too). You also get three of his biggest

"Woman" sangs ("The Other Woman," etc.), and "Christmas Time Is Here," which appears on an LP for the first time. "Jamie" is another one of those mid-tempo, message songs that Ray Parker, Jr. does like no one else. Now that I think about it, Parker was the producer on Randy Hall's recent hit, "I've Been Watching You (Jamie's Girl)," from Randy's "I Belong To You Album." If bustin' makes you feel good, check out this album. What the heck is a "ghostbuster" anyway?

#### THE STAPLE SINGERS

**Turning Point** Private I FZ 39460

This Is Our Night, Slippery People, Bridges Instead Of Walls, The Turning Point, Right Decision, H-A-T-E (Don't Live Here Anymore), On My Own Again, That's What Friends Are For Rating - \* \* \*

After four years of "semi-retirement," look who's back! The Staple Singers, Pops, Mavis, and the rest return with that familiar Staples special blend of soul mixed with gospel, folk, and pop flavorings. Now, how does this idea strike you: the Staple Singers doing a Talking Heads song? That's right, I said Talking Heads ("Once In A Lifetime," "Burning Down The House," these guys). It seems a bit of a departure for the group, but one can hear that "Slippery People," the first single from this new album, is really a gospel song, and The Staple Singers clearly show that they are comfortable with it, and they do it with that old Staple verve and excitement, albeit in a more madern, state-of-the-art fashion. You know The Staple Singers have always done message-oriented songs and they're not about to stop now. "This is Our Night" is more pop/R&B-oriented, and features an expressive lead vocal plus a sax solo. A pretty good leadoff track. The slower-moving "H-A-T-E (Don't Live Here Anymore)" gives Pops a chance to

### BOBBY BROOM

Livin' For The Beat Arista AL 8-8253 Beat Freak, Give Me Your Love, Magic Johnson, Find Yourself, Let It Go, Let's Stay Together, Rubye, He Sold I Love You

Rating - \* \* \* Here's a guitarist who's played guitar on some of Tom Browne's albums. "Beat Freak" is the first single from this album, and it is a

tech-funk street jam, with a bass-vocal hook that reminds me of the bass-vocal refrain from the Temptations' song "Power." The title describes the kind of listener this song was made for. "Give Me Your Love" gives us more of that beat-box rhythm with some spiffy keyboard playing. Bobby's guitar on the instrumental tribute "Magic Johnson" is snazzy and jazzy, as it is on his cover of Al Green's "Let's Stay Together."

#### KIDDO

A&M SP-6-5005

She's Got The Body, Hyperactive, This Love Will Last, Can't Explain, Action Speaks Louder Than Words, Cool Me Off, Young Love, **Telephone Fantasy** 

Kiddo is a 6-man band who had a top-20 R&B hit last year called "Try My Lovin'." Most of the album is formula music which for the most part is forgettable. Their 80's version of The Who's old British hit, "I Can't Explain" is well-done,

#### ASHFORD & SIMPSON

Capitol ST-12366

Solid, Outta The World, The Jungle, Honey ! Love You, Babies, Closest To Love, Cherish Forever More, Tonight We Escape (We Make

Rating - \* \* \*

"High Rise" was Ashford And Simpson's last 'album for Capital. Time for another musical chapter in the Nick and Val book of hits here it is: "Solid." Music trivia buffs know that the Marvin Gaye and Tammi Terrell's "Ain't No Mountain High Enough" was Motown's first hit written by Ashford and Simpson, and songs such as "Your Precious Love" and "Ain't Nothing Like The Real Thing" followed. As on "High Rise," that Ashford And Simpson style of energy and sophistication prevails throughout their latest work. The title cut from their new album moves along nicely, and by listening to the vocals there can be no mistaking who it is. Side two opens with one of the album's best cuts: "Babies." Not only does it have some decent lyrics, but that rhythm guitar during the first minute or so sure reminds me of The Police. Is this synchronicity or what?

### -Beverly

(Continued from page 12)

Seated at a piano and speaking in well rounded tones that carry no hint of fanaticism, Ms. Beverley speaks on the subject of faith among entertainers fervently but in a nonthreatening manner.

'A lot of entertainers have been touched by God recently. I've personally gone to Bible Study and church with Ben Harney of "Dream Girls" and Noel Pointer, among others. 'Just because you're born again doesn't

mean you can't be in the entertainment field or you don't want to be around people who aren't born again. People who've been born again have great compassion for people who gren't."

Her generosity of spirit extends to the audiences for her one woman show. The Spirit Moves" is not a goody-two-shoes play. It paints a picture of the real world and how some spirituality tries to get in. Like I said before it's good theater and not merely a sermon on stage."

Sometimes roles are difficult to get for a born again actress, but Ms. Beverley's faith, talent and previous triumphs along with her initiative to create a vehicle for herself, has sustained her.

"Sometimes it's hard to find roles because there are a lot of parts I just won't do, but I have managed to survive by teaching and doing other things between jobs. That's why I'm hoping that this play will be a success and show that different types of plays can be commercial successes."

Trazana Beverley has another facet to her talent that has been overshadowed by her success as a dramatic actress. "A lot of people don't know it because I've been typecast, but I'm a singer and a comedian also. Unfortunately most of the roles i get offered are for dramatic parts and older women. I'd like to be a leading lady also. It would be nice to do a romantic part."

As a result of her labors in the theatrical world Trazana Beverley has some sound advice for young thespians who are interested in a career on stage...

"If it's really what you want to do, study dance, mime, voice and anything else that will give you technical skill. Go to see plays and watch the actors' techniques. Develop good'

Be prepared for sacrifice, because most actors can't make a living from acting alone. Have something to fall back on. Make the commitment and come to New York to give it a try," she said.

"Acting is a very powerful thing because the actor takes the writers' words and gives them life, depending on the actor's sensitivity and technique. Trazana Beverley excels in both.

"I believe success is providential; it comes by the grace of God. I would not have achieved the level of success I have if it were not for Him. He put me here to make a statement and my play 'The Spirit Moves' is part of that statement," Ms. Beverley said.