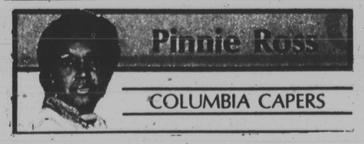

COLUMBIA CAPERS

DR. HUGO A. OWENS GUEST SPEAKER AT MLK BREAKFAST

Dr. Hugo A. Owens, a dentist practicing in Portsmouth, VA., will be the featured speaker at the tenth annual Martin Luther King Memorial breakfast sponsored by the Kappa Phi Lambda chapter of the Alpa Phi Alpha fraternity.

A life-long resident of the Tidewater area, Dr. Owens spearheaded a number of desegregation suits against the City of Portsmouth during the 1950's and 1960's and carried that fight into the local naval installations.

He has founded and served as first president of ten organizations and has been president of more than 20 others. he is a director or board member of various religious, civic, business and educational institutions.

Within his profession, he has served as Speaker of the House of The National Dental Association; Associate Editor of the Virginia Tidewater Dental Association's newsletter and has written numerous articles on preventive dentistry appearing in medical and dental journals throughout the country.

Dr. Owens is listed in "Who's Who in Southeastern United States," "Who's Who in Black America" and "Community Leaders of America."

He has been awarded the distinguished alumni awards from Howard University and Virginia State University, where he now serves as Rector of the Board of Visitors.

Dr. Hugo A. Owens
MLK Breakfast Speaker

When Dr. Owens retired from serving as Vice Mayor of Chesapeake City Council in 1980 after having served ten years, the Norfolk Newspapers cited him as "Chesapeake's Citizen of the Decade."

Dr. Owens' book of poetry, "Chesapeake Collections," was published in 1977.

The breakfast is Sunday, January 13 at 8:30 a.m. at the Rouse building.

For more information, contact Ed Young at 730-1481.

Clemma Carrington, first vice president and chairperson and sylvia Cooke Martin, historian were the trip organizers.

Many club members were in attendance.

Special guests were the members and age groups of the sponsored by Mike and Annette Fowler was truly a success. The evening started off with Tennis and Volley Ball. Annette led the group in a series of aerobic exercises, which was fun.

The tennis buffs had an opportunity to show their mastery of the tennis sport, and the volley ball buffs enjoyed a good game of fun.

The food, which was prepared by Annette consisted of Chicken creole over rice, barbequed chicken, assorted cold cuts, beer and wine, fruit and punch. There was music and dancing.

On Saturday, The Cub Scouts Pack 232 went on an evening tour of City Hall, The Mormon Tabernacle, the Kennedy Center, and saw the National Christmas tree, which also displayed the Xmas trees from all 50 states.

I must say, that as a single parent, spending an evening with the Fowler's and their friends and then spending the entire day with the 232 Cub Scout Pack certainly paved the way to bring in the New Year!

On Saturday, January 26, from 2 - 4 p.m., Black Single Parents Without Partners will sponsor a forum on Income Tax And The Single Parent. Sinay, from H & R Block, will speak on issues involving single parents in preparation for filing their income tax returns. Admission is $3.00.

For more information call the Single Parent Hotline between the hours of 7:30 p.m. and 10:00 p.m.

SINGLE PARENTING

THE CHRONIC BED WETTER

What's a single parent supposed to do with a chronic bed wetter? The problem can be an emotional or medical one. 20-20 (the TV show), explained why and the differences between the two types of wetters.

Medical bed wetters are those children whose bladders are unable to hold a large amount of fluid. If this is the case, a thorough examination by a physician who specializes in the field of Urology can determine this.

The emotional bed wetter is a child who, under stress, becomes a bed wetter. If your child is a bed wetter, it is improper to scold or punish the child. Trying to embarrass the child will not stop the bed wetting.

To the parent who feels that a severe beating could be the remedy, it is a waste of time and energy. Putting a child through this type of treatment will force the child to enter into a state of deep depression and the child will eventually have a bleak outlook on the future.

There have been a number of cases where children have been severely beaten or punished and have died as a result of harsh punishment. If you want a transcript of that program, you can write to 20-20 asking for this information.

Please give the date of the show, (12-13-84). Or you can call your local TV station (the one that airs 20-20) and they can assist you.

There is a program on the West Coast that has been very successful in eliminating bed wetting through a structured series of tests and other monitoring devices which are completely unharmful to the child.

So, for the concerned parent who truly wants to help his or her child kick the problem, make it your New Year's Resolution to GET HELP!

And while we are on the subject of New Year's Resolutions, ringing out the old and bringing in the new was a lot of fun. This past Friday, I found myself and other singles and the happily married, joining together for a Tennis Party.

The Randallstown Tennis Club owned by Jim Bland was the place to be. A tennis party

NANBPW TAKES HISTORICAL EXCURSION

The National Association of Negro Business and Professional Women's Clubs, Inc. Columbia Club, toured the Maryland State House and the Banneker - Douglass Museum recently.

This Historical Excursion was a celebration of the freeing of the slaves in Maryland. The Club celebrated the progress of the Black American in America followed by a delicious luncheon. Columbia Chapter of Jack & Jill. It proved to be an enjoyable trip by all.

HUMAN RIGHTS DAY CELEBRATION

The Human Rights Commission's Ninth Annual Human Rights Day Celebration will be held on January 12, at Oakland Mills High School in Columbia, MD. Exhibits will be on display at 3 p.m., with the program and potluck dinner beginning at 4 p.m. All are invited to attend.

Sign language interpreters will be available.

For further information and to indicate potluck contribution, call 992-2162 or TDD 992-2462.

THOUGHT FOR TODAY

Hatred is not diminished by hatred at any time
Hatred is diminished by love—
this is the eternal law.

SSD hosts annual Yule party

AFRO Photo by Bruce Smallwood

MRS. SYLVIA HILL (FAR RIGHT) is pictured with some of the clients of S.S.D., Inc. during the recent Yuletide party hosted for them at 2508 Madison Ave.

Saturday, Dec. 15 was a banner day for the clients of SSD, Inc. They enjoyed their annual Christmas activity from 6 until 9 p.m. at 2508 Madison Ave.

Highlights included a sumptuous buffet of foods, including mouth-watering desserts and beverages, an exchange of gifts and dancing.

Featured also was a program which included musical selections by the clients, invocation by the Rev. William Brown, pastor of Mt. Sinai Baptist Church, a recitation, "Why Do We Celebrate Christmas" by John Dietrick, and musical selections by the Men's Mission Choir, Annapolis, MD. Music was provided by Robert Simmons, who also sang beautifully.

There were remarks by Mrs. Sylvia Hill, owner-director, SSD. Program coordinator was Mrs. Virginia Backmon, who also served as emcee for the occasion.

On the Christmas Committee were Marion Wynn, Johnetta Robinson, Lewis Edwards, Carl Hunt, Roland Colbert, Joyce Cates, co-chairperson and Mrs. Virginia Backmon, chairperson.

Resident Managers for SSD's three sites include Roland Colbert, Beechler Ave.; Thelma Zelli Cuffer, Park Ave. and Kevin Backmon, Madison Ave.

Counselors include Paulette White, Marion Wynn, Doretha Rice, Vivian Simmons, Anna Bouleware, Johnetta Robinson, Lewis Edwards, Cheryl Chandler, Doretha Williams and Carl Hunt.

Clients include Edward Harcum, David Thomas, Robert Jackson, Robert Shover, Paul Abremski, Reginald Clapp, Anna Triplet, Diane Robinson, Diane Loomis, Cynthia Simms, Michelle Goodman, Cathy Rico, James Hennegan, Richard Klein, Donald Sullivan, Michael Rott, John Dieyrick and William Muller.

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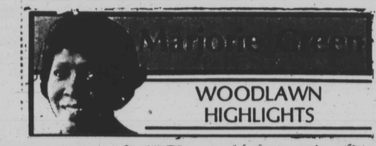

AL JONES HONORED AT RETIREMENT DINNER

The buffet retirement dinner honoring Albert Jones, SSA Case Control Analyst, during the Christmas holiday was a spectacular affair that lasted into the wee hours of the morning.

Guests wandered from the ballroom of the Holiday Inn, Belmont to a rented suite shortly after the hands of the clock rested on the eleven o'clock closing time.

The excitement began when the honoree made his grand entrance into the ballroom with a lovely woman clinging to each of his arms, two bottles of champagne in his grip, and under the watchful eye of two young grandsons, Idan and Jerry Hunt, Jr. Both boys carried toy guns and marched protectively near their grandfather.

The evening disco music was furnished by Lew Nixon, and the ever-popular Ms. Verna Lay starred as a featured program participant.

Committee members Kitty Bacon, Charlie Stewart and Andrea Davis assisted in the presentation of a set of matched luggage, miniature novelty boat and a plaque. The luggage and miniature boat were selected because Al announced that most of his retirement days will be spent traveling.

His plans include spending three to six months of each year in California with his son Courtlandt, who resides in Los Angeles. he also plans to continue his activity in the International Toastmaster Clubs, the NAACP and the Masonic Lodge.

The honoree's daughter, Marguerite "Peggy" Hunt headed the list of relatives that included his sister-in-law, Marguerite Troy and her son Jerome Troy, Jr. and Sarah Carter, the honoree's cousin.

MLK BREAKFAST AND SEMINAR

The Maryland State Conference of NAACP Branches has announced that its Annual Martin Luther King breakfast and seminar will be held Saturday, January 19, at the Asbury Methodist Church, 87 West St. (at the Capitol Circle), in Annapolis.

The 8 a.m. breakfast will be sponsored by the Anne Arundel County NAACP Branch.

A panel, "Organizing the Branch for Lobbying" will begin at 10 a.m. Sherman Roberson, Vice President for Legislation and political affairs will moderate the panel of participants including the Rev. Douglas Sands, Director, Office of Minority Affairs, State of Maryland; and Fred Price, Jr., Vice President for Programs.

Key issues for the 1985 legislative session will be discussed in the early afternoon. Sherman Howell, Legislative Chairman and Al Wynn, member of the House of Delegates, Prince George's County will join members of the early morning panel. Registration for all activities is $15.00.

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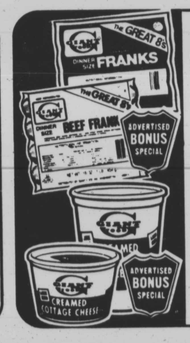

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