—Telephone book

Continued from page 1

Virginia and Washington, D.C. have given the new format high marks for readability and convenience.

Residential pages are still colored white in the new directory, but print size has actually increased which improve readability. The section has also increased from four to five columns per page, increasing the amount fo listings per page.

In the government section which follows, the pages are blue. Included in this section is an easy reference list of government agencies catogorized by function; that is, they are listed in accordance to the kind of service they provide.

With the business section of the phone book, customers will be able to have easy access to numbers for community based operations such as local dentists or confectionary stores.

It is a section often used by businesses and organizations It is a section often used by businesses not advertising in the C&P Yellow Pages Directory, which is scheduled to begin distribution in early November.

With white-colored pages, this section lists businesses and organizations alphabetically by name. There are the same features present as in the other books such as bold-face print.

Improvements have been made in the Customer Guide section of the directory and now includes only information specifically related to services provided by C&P, excluding services once offered by long-time partner AT&T.

Among these pages, customers will find information pertaining to repair services, billing, C&P's long distance service area and some hints about local and long distance calling.

Again this year, the Baltimore directory will be supplemented by an Error Correction List. Customers will have until December 10 to concontact C&P business office to report an incorrect or incomplete listing in the white pages.

A list of corrected names and numbers will be printed and sent to all area customers.

BALTIMORE EDITION
STATEMENT OF OWNERSHIP
MANAGEMENT AND CIRCULATION
(Required by 39 U.S.C. 3685)

1. Title of publication — THE BALTIMORE AFRO-AMERICAN. Publication No. 0408000
2. Date of filing — October 1, 1984
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Executive Editor: Robert Matthews
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1. OFFICE USE, LEFT OVER, UNACCOUNTED, SPOILED AFTER PRINTING	204	40
2. RETURN FROM NEWS AGENTS	5,185	2,023
G. TOTAL (Sum of E, F1 and 2 — should equal net press run shown in A)	29,484	14,647

(a) Average No. Copies Each Issue During Preceding 12 Months
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11. I certify that the statements made by me above are correct and complete.
(Signed) John H. Murphy III
President

—Nobel Prize winner

Continued from page 1

Africa," the Nobel committee said in a statement.

"Through the award of this year's peace prize, the committee wishes to direct attention to the non-violent struggle for liberation to which Desmond Tutu belongs, a struggle in which black and white South Africans unite to bring their country out of conflict and crisis," it said.

Tutu, 53, was honored for his campaign against South Africa's apartheid system of racial segregation and is seen as the nation's Martin Luther King Jr., who won the prize 20 years ago.

The bishop, who regards himself as a church leader rather than a political leader, was in New York and scheduled a press conference later.

"The real heroes of this movement are the millions of downtrodden South Africans who have been silenced ... the thousands of who have been detained ... or removed to remote corners of the country and the children whose education is the cause of school unrest," Lutheran Bishop Manas Buthelezi, said at the Johannesburg headquarters of the South African Council of Churches.

Ntatho Motlana, an outspoken critic of apartheid, said he was delighted "the world has recognized the brave work he has done and has recognized the role that the people he leads play in the struggle for human rights."

Sylvia Gon, acting president for the liberal South African Institute of Race Relations said Tutu had been awarded the prize as a "symbol of the black people of South Africa.

"I don't think it will have any impact politically. It will obviously give his views more weight but I can't see it changing anything here," she said.

"This year's award should be seen as a renewed recognition o the courage and heorism shown by black South Africans in their use of peaceful methods in the struggle against apartheid," the five-member awarding committee said.

"This recognition is also directed to all who throughout the world use such methods to stand in the vanguard of the campaign for racial equality as a human right," the statement said.

The committee said the peace prize also should be regarded as a gesture of support for "all individuals and groups in South Africa who with their concern for human dignity, fraternity and democracy incite the admiration of the world."

Tutu has frequently appealed to the South African whites' proclaimed deep Christian belief saying "Jesus Christ is involved in the liberation struggle" of the blacks for equality.

"The church at this time must be the voice of the voiceless," said Tutu, the secretary-general of the South African Council of Churches since 1979.

"Apartheid is as malicious today as it was years ago," Tutu said in Oslo last March. He advocated increased international pressure for reforms on the white government of South Africa "to

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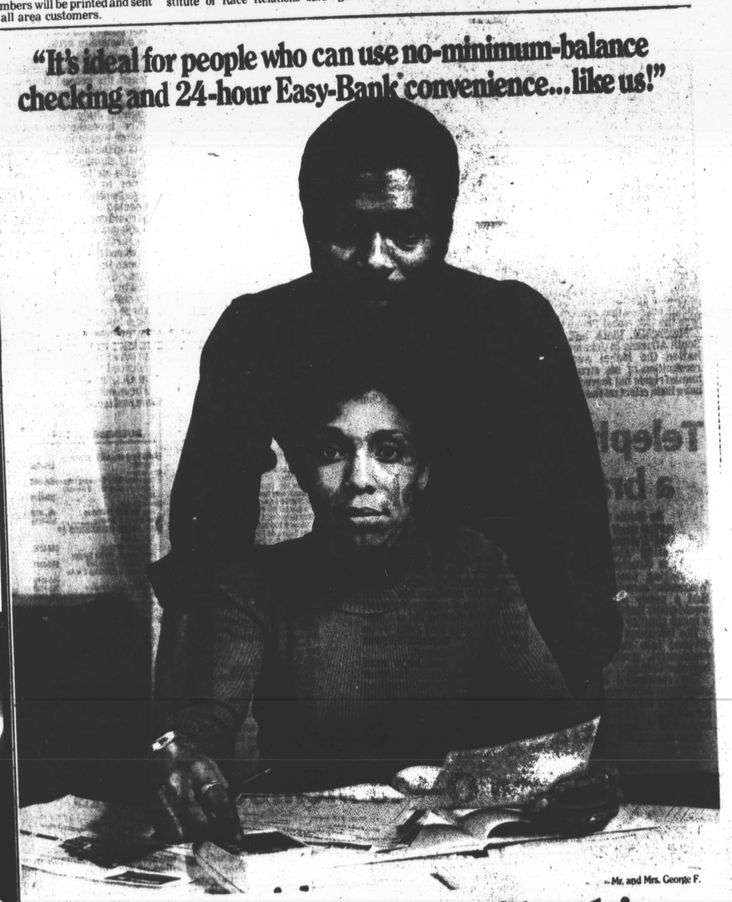

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Psychiatrist helping to overcome current mental health stigma

By Arthur Johnson
AFRO Staff Writer

A glance at Dr. Michael Jefferies' long list of accomplishments might prove exhausting, but it leaves little room for questioning why he recently received one of 15 coveted American Psychiatrist Association - Mead Johnson Fellowships.

Recipients of the annual fellowship are chosen from the nation's 120 psychiatric residency training programs, each of which selects one outstanding resident as its nominee.

A board certified pediatrician, now completing his residency in psychiatry in the University of Maryland Medical School, Dr. Jefferies is a Baltimore native and City College graduate.

Lack of money for college steered him into the Army after graduation where he intended to join the Medical Corps "to see if being a doctor was for me," he explained. he completed a four-year hitch in the U.S. Army, and it was his last year, spent in Vietnam as a combat medic, that confirmed his interest in medicine.

With his career goal then set, Dr. Jefferies applied for admission to Morgan State University while still in Vietnam. Just one week after his discharge from the service, he began pre - med studies at Morgan.

Three years later he attended a four - year program at the University of Maryland at Baltimore, receiving his Doctor of Medicine degree in 1976.

His impressive professional experience includes a year of training as a pediatric intern at the University of Maryland Hospital; a second year at

Dr. Michael Jeffries

Case Western Reserve University; a year at the Rainbow Babies' and Children's Hospital in Cleveland; a year of advanced training in adolescent medicine at Washington, D.C.'s Children's Hospital; a private practice in children's and adolescent medicine while he was simultaneously an instructor of clinical pediatrics at Howard University; and part - time adolescent medicine consultant for the West Baltimore Community Health Center.

His 1982 employment with the Maryland State Division of Correction as a sick-call doctor for House of Corrections inmates in Jessup inspired him to expand his medical experience to include adult health care. His demonstrated expertise prompted an appointment as part - time State Medical Director of the entire division of correction.

As one of a few practicing black psychiatrists, Jefferies noted that as blacks become more sophisticated and move into a variety of professions, they are becoming less concerned with the old stigma attached to seeing psychiatrists.

"You don't really have to be crazy with problems to see a psychiatrist. That's one of the biggest fears," he explained.

"Many people have things thev want to improve within themselves. It may take them longer if they work with the problem by themselves. Therapy or counseling is a way of enabling people to grow in a much more efficient way than they would if they had to do it themselves," said Jefferies.

Higginbotham speaker at Lillie Jackson banquet Sunday, Oct. 21

Judge A. Leon Higginbotham, Jr. of the United States Court of Appeals for the Third Circuit, Philadelphia, will speak at the Seventh Annual Freedom Heritage Awards Banquet of the Lillie Carroll Jackson Museum on Sunday, October 21, 7:00 p.m.

The museum's Seventh Annual Freedom Heritage Award will be presented posthumously to Clarence M. Mitchell Jr. for his outstanding contributions to the improvement of American life through the enactment of civil rights laws of the 60s and early 70s.

Dr. Benjamin Quarles, noted historian and member of the museum Board of Directors, will present the award.

The museum is located at 1320 Eutaw Pl., in the home of the late Dr. Lillie Carroll Jackson, longtime president of the Baltimore Branch NAACP. The only civil rights museum in the nation, it preserves the record of the black struggle for civil rights in Maryland by citizens of all races and creeds. The banquet is the annual fundraising activity for the museum's operating expenses.

The museum is open Tuesday, Thursday, and Sunday from 1:00 p.m. to 5:00 p.m. Admission is free.

Judge
Leon A. Higginbotham

Call 539-5820 for information or 523-1208 for information about banquet tickets.

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By WILLIAM G. KOLODNER, ATTORNEY

There have been big changes in the divorce laws over the last two years. The change in the waiting period before one can apply for a no-fault divorce and the division of marital property are covered here.

• • •

DIVORCE MADE EASIER: The waiting period for filing a divorce when the parties have separated without an agreement, has been reduced from 3 to 2 years. The waiting period for a voluntary divorce or on grounds of desertion or abandonment is now 1 year.

• • •

WHAT IS MARITAL PROPERTY? It is all property acquired by one or both spouses during their marriage. It can be titled in one or both names. It does not include property acquired before the marriage or as an inheritance or gift from a 3rd party. It can be personal property, such as a car, furniture or appliances, or it can be real property such as a home or land. Federal law now allows Md. courts to divide military retirement pay as marital property. Md. courts now allow wives to get part of their husband's civilian retirement and pension pay.

• • •

ALIMONY: You can get alimony even though the separation was your fault. Md. has adopted the Equal Rights Amendment which means that the wife can be ordered to pay alimony to the husband.

• • •

CHILD SUPPORT: A father of an illegitimate child must support that child at least until the child reaches age 18 or becomes self-supporting.

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Legal counsel is available in accident law, workmen's compensation, divorce, medical malpractice and criminal law at the Law Offices of WILLIAM G. KOLODNER, P.A., 14 W. Madison Street.

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