partyline

By Pattie Hodges

SUNDAY OPEN HOUSE

June St. Thomas, a long-time postal employee, entertained at her home in the 4400 block Crawford Ave. Sunday past at a go-go celebration for her friends.

The festive occasion was one of the most lavishly [illegible] affairs, combining in variety [illegible]

[illegible] of the Virginia State Universities Alumni [illegible] at the Stardust Room Fashion on Baltimore and Gilmor Sts.

Guest honoree was three [illegible] who [illegible] attention to their guests throughout the evening.

The [illegible] consisted of all the delicacies [illegible] holiday season. Also serving off the traditional holiday fare and soul food were plentiful during the evening. A decorative sweetheart was the "piece de resistance."

Interesting conversations, music [illegible] were timed with the order of the evening.

Guests included Messrs. and Mesdames Walter Holmes, Joseph Addison, Harold Wilson, Warren Cooper, Clarence Rodney, Charles Green, James E. Campbell, George Hilton, Floyd Brodnell, Sylvester Flannery, Richard H. Brown, William Daniels, [illegible] Wadkins, Arnett Fort, Elwelyn Davage, Vernon Jones and James Smith.

Also Misses Ida Mae Gardenia Hall, Doris Street, Rosie Hughes, Estelle Brown, Clarence Thompson, John Edwards, Otis Faulkner, Robert Julius, Joseph Stephenson and Barbara Bonds.

BIRTHDAY DINNER PARTY

A birthday dinner party was hosted by Sandra "Sandy" East at her Bowers Ave. home for Dr. Norris Mills, podiatrist at the Garwyn Medical Center.

Animated conversation flowed as freely as the Sake and other wines on hand for sippables.

Sandy had prepared to tease and tickle the palate a mountainous tossed salad, replete with bacon bits and all the trimmings, stir-fried chicken, stir-fried vegetables, rice, crescent rolls and butter, tea and punch. For dessert there was delicious strawberry shortcake with whipped cream. Never mind those calories. Folks just dug in.

On hand for the festivities were Nedra East, Tim Wilson, Darcell Morris, George and Nathalia Roberts, Howard Lynch, Angie McGhee, Andrea Atwaters, Charlie and Linda Brown (she's the new Zeta beauty), Pam Gaines and Mel Daniels. What a nice way to break up the week—a Tuesday dinner party.

VSU GALA

The Baltimore Alumni Chapter of the Virginia State Universities Alumni [illegible] at the Stardust Room Fashion on Baltimore and Gilmor St.

Guest honoree was three [illegible] who [illegible] attention to their guests throughout the evening.

The menu consisted of all the delicacies [illegible] holiday season. Also serving off the traditional holiday fare and soul food were plentiful during the evening. A decorative sweetheart was the "piece de resistance."

Interesting conversations, music [illegible] were timed with the order of the evening.

Guests included Messrs. and Mesdames Walter Holmes, Joseph Addison, Harold Wilson, Warren Cooper, Clarence Rodney, Charles Green, James E. Campbell, George Hilton, Floyd Brodnell, Sylvester Flannery, Richard H. Brown, William Daniels, [illegible] Wadkins, Arnett Fort, Elwelyn Davage, Vernon Jones and James Smith.

Also Misses Ida Mae Gardenia Hall, Doris Street, Rosie Hughes, Estelle Brown, Clarence Thompson, John Edwards, Otis Faulkner, Robert Julius, Joseph Stephenson and Barbara Bonds.

BIRTHDAY DINNER PARTY

A birthday dinner party was hosted by Sandra "Sandy" East at her Bowers Ave. home for Dr. Norris Mills, podiatrist at the Garwyn Medical Center.

Animated conversation flowed as freely as the Sake and other wines on hand for sippables.

Sandy had prepared to tease and tickle the palate a mountainous tossed salad, replete with bacon bits and all the trimmings, stir-fried chicken, stir-fried vegetables, rice, crescent rolls and butter, tea and punch. For dessert there was delicious strawberry shortcake with whipped cream. Never mind those calories. Folks just dug in.

On hand for the festivities were Nedra East, Tim Wilson, Darcell Morris, George and Nathalia Roberts, Howard Lynch, Angie McGhee, Andrea Atwaters, Charlie and Linda Brown (she's the new Zeta beauty), Pam Gaines and Mel Daniels. What a nice way to break up the week—a Tuesday dinner party.

VSU GALA

The Baltimore Alumni Chapter of the Virginia State Universities Alumni [illegible] at the Stardust Room Fashion on Baltimore and Gilmor St.

Guest honoree was three [illegible] who [illegible] attention to their guests throughout the evening.

The menu consisted of all the delicacies [illegible] holiday season. Also serving off the traditional holiday fare and soul food were plentiful during the evening. A decorative sweetheart was the "piece de resistance."

Interesting conversations, music [illegible] were timed with the order of the evening.

Guests included Messrs. and Mesdames Walter Holmes, Joseph Addison, Harold Wilson, Warren Cooper, Clarence Rodney, Charles Green, James E. Campbell, George Hilton, Floyd Brodnell, Sylvester Flannery, Richard H. Brown, William Daniels, [illegible] Wadkins, Arnett Fort, Elwelyn Davage, Vernon Jones and James Smith.

Also Misses Ida Mae Gardenia Hall, Doris Street, Rosie Hughes, Estelle Brown, Clarence Thompson, John Edwards, Otis Faulkner, Robert Julius, Joseph Stephenson and Barbara Bonds.

BIRTHDAY DINNER PARTY

A birthday dinner party was hosted by Sandra "Sandy" East at her Bowers Ave. home for Dr. Norris Mills, podiatrist at the Garwyn Medical Center.

Animated conversation flowed as freely as the Sake and other wines on hand for sippables.

Sandy had prepared to tease and tickle the palate a mountainous tossed salad, replete with bacon bits and all the trimmings, stir-fried chicken, stir-fried vegetables, rice, crescent rolls and butter, tea and punch. For dessert there was delicious strawberry shortcake with whipped cream. Never mind those calories. Folks just dug in.

On hand for the festivities were Nedra East, Tim Wilson, Darcell Morris, George and Nathalia

ANNAPOLIS, MARYLAND — Pictured during January 16 reception hosted for Councilman Melvin Johnson are (L to R) Councilman Johnson and his brother [illegible] Johnson, Vernon Stokes and Robert Skelton.

Five-year study shows:

HIGH BLOOD PRESSURE MAY BE REVERSED WITHOUT DRUGS!

Read about what the [illegible] conducted on natural drugless cures. New research shows how [illegible] can reverse high blood pressure.

At last, in a fascinating 60-page report you can read what happened to thirty researchers tested 4,000 hypertensive men and women in 3 mass-mailing experiments at one of the world's leading medical institutions:

85% of the mild cases were reversed,
59% of the severe cases, too.

And all without drugs!

"The Natural Way to Control High Blood Pressure" tells you how it was done... where the research took place... why the doctor who conducted the study hailed it as "the first scientific proof of what so many of us have been seeing in our offices for years."

Also in this vital article (excerpt):

- Noise, Sleep, and Your Blood Pressure
- Lower Your Blood Pressure With Better Diet
- Do You Have 45 Minutes to Lower Your Blood Pressure?*
- And much more.

To receive your copy of the report free, you need only to [illegible] money-saving subscription to Prevention—the world's largest health magazine, read by over 2,500,000 subscribers for its [illegible] articles that always stimulating guidance to achieving a healthier, happier life.

If you ever decide that Prevention isn't for you, we'll send you a full refund on all unmailed issues. And you keep the free report, of course. But do mail the coupon today.

Return issues of Prevention without your money-saving subscription. Also allowed:

- 12 ways to feel better without doing anything
- Drugless therapy for dizzy spells
- Why stand for aching feet?
- Let your teeth hold themselves
- Natural treatment of diabetes
- A simple way to fall asleep faster
- Sex and nutrition: a perfect marriage
- What can I do for my bad back?
- Foods that keep chronic [illegible] honest
- The natural way to drink doing fairly lower
- Hope for arthritis
- And much, much, others.

Prevention
The "Fast Better" Magazine
Rte. 222, New Oxford
EMMAUS, PA 18049

Please send me, free, your 48-page report, "The Natural Way to Control High Blood Pressure," and enter my subscription to Prevention magazine. Bill me later at the lowest money-saving rate of just 97¢ for twelve monthly issues (I save over 28% off the regular cover price.)

Name
Address
City
State Zip

CALENDAR

MSU REUNION

Morgan State University, Class of 1953 is planning to hold a 30 year reunion on May 20 and 21, 1983.

For futher information contact Mrs. Renina Dale Wallace at 3317 Glen Ave., Baltimore, MD 21216, or Bertram Washington at 4007 Batchan Ave., Baltimore, MD 21216.

DOUGLASS CLASS OF '62 REUNION

Douglass High School classes of February and June of 1962 are planning a class reunion.

If you graduated or know of any members, please call 521-2072 or 523-4262.

You may also write P. O. Box 1188, Baltimore 21203.

DOUGLASS REUNION

Frederick Douglass High School February and June Class of 1953 are planning their 30 year reunion. Committees are now being formed.

Interested members should call any of these numbers for more information: 466-7838, 466-0434, 269-5774 or 944-4246.

The Ten Year Reunion Committee for the Frederick Douglass High School Class of 1973 will hold their first planning meeting on January 23, at 6:30 p.m. at the Union Baptist Church, located at 12th David Hill Ave. All graduates are urged to attend.

For more information contact Angie Thornton at 728-0587 or Martha Demicle-Robbins-El at 383-1880 after 6 p.m.

IOTAS TUTORIAL PROJECT

Registration for tutoring services in English, reading, mathematics, and typing for students enrolled at Gardenen Jr. High School, will take place on Tuesday, January 25, from 2:45 - 4:00 p.m.

Registration at Lemmel Middle School, for students enrolled at Lemmel, will take place on Wednesday, January 26, from 2:45 - 4:00 p.m.

Registration at Joseph C. Briscoe High, for students enrolled at Joseph C. Briscoe, will take place on Wednesday, February 2, from 2:45 - 3:30 p.m.

Tutoring is sponsored by Iota Phi Lambda Sorority, Inc., Kappa Chapter. For further information, you may contact Mrs. Doris Browning Austin, Director, at 396-0726 between 2:45 - 3:30 p.m. weekdays.

OFFICE WORKERS JOB SURVEY

Attention office workers! 9 to 5, Baltimore Working Women, the organization for women office workers has a job survey!

9 to 5 wants to know if you receive adequate job training and promotional opportunities? Does your company provide access to child care or flexitime? Is automation affecting your job? 9 to 5 wants to know your response!

Please call 837-3830 for a copy of the survey.

ZETA'S FOUNDERS' DAY

Alpha Zeta Chapter Zeta Phi Beta Sorority, Inc will observe its annual Founders' Day on Saturday Jan 29, 12 noon - 4 p.m. at Towes Student Center, Coppin State College, North and Warwick Ave.

The theme is Zetas working together For Progress Readering Service to Improve the Human Condition. Guest artists are dramatist Sandra Meeking, a public school teacher and soloist Angela Weeks, a student at Coppin College.

The Sorority was founded in 1920 and Alpha Zeta Chapter was founded in 1939. This is their Diamond Jubilee Year.

Contact 426-3939 or 624-1435 for more information.

COLUMBIA CAPERS

By Pinnie L. Ross

YOLANDA KING TO PERFORM

Club Dejouir, Columbia, MD Chapter presents an original theatrical production, "Stepping into Tomorrow," by Nucleus on Saturday, Jan. 29, 8:00 p.m., at Wilde Lake High School in Columbia, MD.

The production will feature artistic directors Yolanda King and Attallah Shabazz of their company Nucleus. Yolanda is oldest daughter of Dr. Martin Luther King, Jr. and Attallah Shabazz, daughter of Malcolm X, both of whom are two of the foremost proponents of freedom and justice in this century.

"Stepping into Tomorrow" is a cast of seven talented young artists with varied backgrounds in the performing arts. It's a New York based company.

The production speaks directly to young people about the struggle of growing into adulthood and will present ideas that will encourage and stimulate positive growth in humankind.

Miss King will be telling the youth to achieve a goal with determination regardless to what mistake they have made in life and that it's never too late to change, to believe in themselves and it will happen.

This will be the "first" performance in the metropolitan area and it promises to be an evening the whole family will enjoy.

Admission — $5 for adults and $4 for students in grade 12. For ticket information, please call Ethel B. Hill, 730-6122 after five. Pinnie L. Ross, 465-8423, 10 a.m. until 5 p.m. or 730-6089 after 5 p.m.

Other committee members are Elaine Lee, 396-5311; Ruth Young, 730-9461; Delores Burgess, 728-7[illegible] and Helen Fitzpatrick, 995-1199.

AN ORIENTATION TO LUPUS

Recently the Meeting Room of the Howard County Library was filled to capacity as the Columbia Club of the National Association of Negro Business and Professional Women's Clubs, Inc. presented an orientation to Lupus, an inflammatory disease of blood vessels and connective tissue.

There are approximately 1 million lupus victims in the U.S. with 85 percent of them women between the ages of 20 and 40.

Sylvia Cooke Martin, the Club's Program Chairperson says community involvement is high on the program agenda this year and that her committee is working to provide information for club members and the community.

Mrs. Natalie Medeiroff, President of the Maryland Lupus Foundation, along with James Henson, Donna White, Pamela Brown and Anne Gouwitz discussed the disease, the role of the Maryland Foundation and responded to questions from the audience. Ethel B. Hill is Club President.

THOUGHT FOR TODAY

A loving heart is the truest wisdom.

Charles Dickens

NUCLEUS, (pictured above) is a company of performing artists. Artistic directors are Yolanda King (far right) and Attallah Shabazz (C), oldest daughter of Martin Luther King Jr., and Malcolm X, two of the foremost proponents of freedom and justice in this century.

Club Dejouir presents

Club Dejouir presents an original theatrical production: "Stepping into Tomorrow" by Nucleus on Saturday: Jan. 29, 8 p.m. at Wilde Lake High School, Columbia, MD.

Nucleus, is a company of performing artists. Artistic directors are Yolanda King and Attallah Shabazz, oldest daughter of Martin Luther King, Jr. and Malcolm X, two of the foremost proponents of freedom and justice in this century.

This will be a "first" performance in the area and it promises to be an evening the whole family will enjoy.

Admission $6.00 per adult and $4.00 for students. For tickets and information please contact: Ethel B. Hill, 730-6122; Elaine Lee, 396-5311; Ruth Young, 730-9461; Delores Burgess, 730-3571; Helen Fitzpatrick, 995-1199 and Pinnie L. Ross, 730-6089 and 465-8423.

New program for women

A young women with good office skills but a jail record, a newly divorced homemaker with no work experience and an elderly woman with little education or training can face many obstacles to employment.

But these three women and hundreds more have at year through an experimental "Operation Talent Bank" in New York. The U.S. Labor Department's Women's Bureau designed the program to serve as a model for similar efforts in other cities across the nation.

Each week, an additional 20-25 women of all ages, backgrounds and skills lev els contact Westchester County's Office For Women seeking new or better jobs with area employers through Operation Talent Bank.

A young woman about to be released from a short jail term was referred to the talent bank by her social worker. Noting the woman's good office skills, a placement expert soon located a women-owned business willing to hire her as an administrative assistant. The young woman now has opportunities for professional advancement.

COMPLETE DESIGNER EYEGLASSES

only $49.95

Single Vision Lenses. Only to ± 4.00 (Bifocals additional)

CHOOSE FROM A SELECT GROUP OF DESIGNER FRAMES

ATTENTION MEDICAL ASSISTANCE RECIPIENTS
FREE DESIGNER FRAMES
including Christian Dior, Playboy, Pierre Cardin, Yves St. Laurent, Ralph Lauren, Diane Von Furstenberg!

Offer supercedes all other third party plans

HUPFELDT BROS.
106 N. Howard St., Baltimore
685-4030
FIRST IN SIGHT IN MARYLAND SINCE 1912

Crisp Iceberg Lettuce 3 heads 99¢

Florida Temple Oranges 12 for $1

Fresh California Cauliflower large head 99¢

Fresh Green Broccoli lb. 39¢

All Purpose White Potatoes 10 lb. bag 69¢

Tender Acorn Squash Delicious baked lb. 25¢

Loose Yellow Onions lb. 10¢

Fresh Oriental Vegetables Napa and Bok Choy lb. 33¢

the quality meat people — ADVERTISED BONUS SPECIAL

WHOLE, 8 to 12 lbs. BONELESS
BEEF TOP SIRLOIN
CAN BE CUSTOM CUT AT NO EXTRA CHARGE
SOLD TO YOU UNTRIMMED AS WE RECEIVE THEM FROM THE PACKER
USDA CHOICE lb. 2.39
Giant Lean lb. 2.19

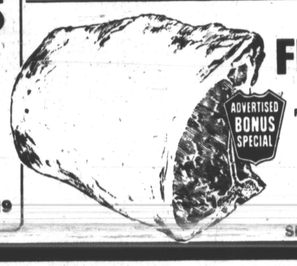
GIANT
THE QUALITY FOOD PEOPLE

the quality meat people — ADVERTISED BONUS SPECIAL

SOLD TO YOU UNTRIMMED AS WE RECEIVE THEM FROM THE PACKER

BONELESS BEEF
ROUND TIPS
WHOLE, 8 to 12 lbs.
CAN BE CUSTOM CUT AT NO EXTRA CHARGE
USDA CHOICE lb. 1.99
Giant Lean lb. 1.79
BONUS SPECIAL - Boneless Beef Round Tip Roast Giant Lean lb. 1.99 USDA Choice lb. 2.19

USDA GRADE A
FRESH FRYERS
CUT-UP FRYERS lb. 59¢
GIANT FOOD ADVERTISED BONUS SPECIAL
WHOLE lb. 49¢



PORK LOIN
FRESH PORK ROAST
ADVERTISED BONUS SPECIAL
BLADE END FULL 6 RIBS PIECE ONLY lb. 1.39 SLICED lb. 1.49
SIRLOIN END UP TO 3 LBS. PIECE ONLY lb. 1.49 SLICED lb. 1.59

Service Deli

ADVERTISED BONUS SPECIAL

Domestic Boiled Ham
A sandwich and party tray favorite
½-lb. 1.59

BONUS SPECIAL - Domestic Natural Swiss Cheese ½-lb. 1.59
Cooked ARMOUR Salami ½-lb. 1.09
ADVERTISED BONUS SPECIAL
Available only in stores with a Service Delicatessen

Prices in this ad are effective thru Sat., Jan. 22, 1983 in Giant stores in the city of Baltimore, and Anne Arundel, Baltimore, Harford & Howard Counties. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.

Farm fresh quality everyday . . . that's what you can count on when you choose Giant milk. Milk from close-in Maryland and Virginia dairy farms is rushed to Giant's own dairy in Landover, Maryland where the preparation of all our dairy products is personally supervised. Nutritional labeling helps keep you informed and open dating assures you of freshness.

Giant Food Grade A Vitamin D Milk Homogenized gal. plastic jug 1.69

Giant Food Grade A Skim Milk Vitamins A & D Added gal. plastic jug 1.39

Giant Food Grade A Light Two Milk 2% Butterfat gal. plastic jug 1.59

DOUBLE SAVINGS ON MANUFACTURER'S CENTS-OFF COUPONS
This offer valid in the city of Baltimore, and Anne Arundel, Baltimore, Harford and Howard Counties.

Delicatessen Dept.

ADVERTISED BONUS SPECIAL

Kitchen Queen Sliced Bacon
Cooks up crisp and flavorful
1-lb. pkg. 1.69

BONUS SPECIAL - Kraft, Regular, Quarters
Parkay Margarine 1-lb. pkg. 59¢
Giant Food Swiss Style Yogurt
ADVERTISED BONUS SPECIAL
All Fruit Flavors 3 8-oz. cups $1