Douglass High Class of '42 marks 40th year

AFRO Photos by Roman Hankewycz

DOUGLASS HIGH TEACHER HONOREES at the recent Douglass High School Reunion hosted by the Class of '42 at Lydell Mitchell's 'The Point After' are (from left) Miss Essie M. Hughes, former French teacher and Miss Nellie A. Buchanan, former Latin teacher.

CLASS OF '42 MEMBERS pictured are (L to R): Joseph Hines and Mrs. Mildred B. Hodge (standing); seated: Anna Hines, Ms. Dee Miller, William Beverly and Mrs. Lois Beverly.

REUNION COMMITTEE MEMBERS are (front row, L to R): Mrs. Ruth Fisher Ross, Mrs. Fern Gardner Greene, Mrs. Helen Quarles, Mrs. Gladys Combs, Mrs. Zelma Brown, Mrs. Milly R. Wilkins and Joseph Boston. (Back Row, L to R): Raymond Ayers, Mrs. Louise Littlejohn, Mrs. Josephine Barbour, Mrs. Mae E. Gant Sheppard and Roland Jackson.

The Douglass High School February Class of 1942 held its class reunion at Lydell Mitchell's "The Point After" with a dinner dance. Misses Nellie Buchanan and Essie Hughes were guest teachers.

Class members and guests gathered from Maryland other states.

Those attending from out of town were:

Evelyn McKinney Henderson, Moretown, N.J.; Jestine Hall King, Philadelphia, Pa.; Christine Dudley Stokes, Gloucherster, Va.; Vernon Payne, New York;

Members from Maryland: Eva D. Carter, Bertha Norris Davidge, Mary D. Graham, Inez W. Brown, Robert M. Jackson, Jr., David Cornish, Vernon Greene, Gwendolyn Mack Andrews, Bernice Lee Johnson, Elva Haynes Robeson, Margaret Hall Clayton, Alvin Wilson, Melvin Brooks;

also Addie Page Stokes, Reginal Harris, Gwendolyn Walker Samuels, Leonard Walker, Bertha Norris Rhodes, Marian Sampson Grandison, Juanita McQueen Currence, William Beverly, Joseph Hines, Melvin Greene, Mildred Bailey Hodge, Delores Miller, Evelyn Myers Altieri;

Bessie Mason Harper, John Cobbs, Dorothy Laws Clay, and Evelyn Jackson Barksdale.

Proceeds from this affair will be used to start a February Class of '42 Scholarship Fund. The committee for this memorable affair were:

Louise DeCouresy Little john, chairperson; Ruth Fisher Ross, financial secretary; Joseph A. Boston, Jr., Josephine Staples Barber, Zelma Cole Brown, Gladys Mebane Combs, J. Raymond Ayers, Roland Jackson, Jr., Helen Russell Quarles, Milly Reid Wilkins, Mae Ethel Gant Sheppard, Fern Gardner Greene.

MORE CLASS OF '42 ALUMNI are (L to R): Mrs. Christine Stokes and Mrs. Josephine Barbour (seated); Mrs. Evelyn Altieri and Mrs. Evelyn Barksdale (standing).

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Engagements

Peggy Johnson to wed Calvin Freeland

Peggy P. Johnson Engaged

The engagement of Peggy Parker Johnson 3700 Block, Oak Ave., to Calvin Freeland, son of Mrs. Iona Roy of Washington, DC, has been announced by her parents, Mr. and Mrs. Albert Parker Jr., of Aurora Lane, Lantern Hills, MD.

The bride-to-be is a graduate of Southern High School and the Apex Beauty and Barber School of Baltimore.

The prospective bridegroom is a graduate of Fairmont Heights High School, Prince Georges County, Md.

Wedding plans are being made for May.

Food

No salt—an answer for the saltaholic

Okay, all you saltaholics, take note. NoSalt is here and it's just for you.

What's a saltaholic you ask? A person who loves salt. They think most foods need salt, they salt without tasting the food first and use salt in cooking and again at the table.

Now, what's NoSalt you ask?

NoSalt, produced by Norcliff - Thayer, a subsidiary of Revlon, is a salt alternative for people who want to reduce their daily intake of sodium chloride (salt) without giving up its flavor.

"NoSalt was developed to meet the consumer's desire for a salt alternative that flavors like salt, but is salt free," Charles Pergola, president of Norcliff-Thayer, stated in announcing the new product.

"Americans are following the advice being offered by the medical community and the Food and Drug Administration to cut down on their consumptions of salt," Pergola said.

After sugar, salt is the leading food additive in use in the United States. Most Americans consume more salt than is needed to maintain good health, in fact 20 times more than is needed for good nutrition.

"We're a nation of saltaholics," Pergola noted, "with the table salt alone accounting for a third of our daily intake."

NoSalt is composed mainly of potassium chloride, a naturally occurring substance that is found in many foods. In addition, NoSalt contains flavor enhancers which bring out the natural goodness of foods, but contain no sugar.

NoSalt looks like salt, it pours like salt and it flavors like salt. In cooking and at the table, NoSalt is used in the same proportion as salt.

So when a recipe calls for salt; you can easily season with NoSalt instead. The difference is that a teaspoon of table salt contains 2,000 milligrams of sodium while the same amount of NoSalt has less than one milligram.

Although sodium is important, the actual amount needed daily is very small — one to three grams. Processed foods usually account for up to 50 percent of our average salt consumption.

Hunter's Chicken

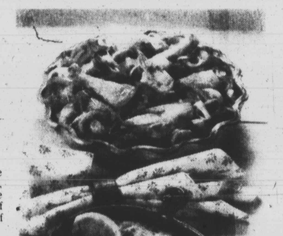
2½ pound chicken, cut into serving pieces
4 tablespoons vegetable oil
2 garlic cloves, finely chopped
1 large onion, peeled and sliced thinly
2 medium green peppers, cored and sliced thinly
3 medium tomatoes, chopped (or 2 cups canned low-sodium tomatoes)
12 fresh mushrooms, trimmed
1 cup white wine
1 teaspoon NoSalt Salt Alternative
1 teaspoon thyme
½ teaspoon pepper

In a large skillet saute the chicken in the oil, removing each piece when browned. Pour off all but 2 tablespoons of fat from the pan.

Add the garlic, onion and green peppers and saute until limp. Add the tomatoes and mushrooms and cook for 1 minute.

Pour in the wine and add the NoSalt Salt Alternative, thyme and pepper.

Return chicken to the pan, cover and cook for 40 minutes over low heat, turning chicken occasionally. If desired, serve over boiled rice. Makes 4 servings. Sodium: 174 mg per serving (with fresh tomatoes); 265 mg per serving (with canned low-sodium tomatoes).



MADE WITHOUT SALT — These main dish recipes will be popular with both family and guests alike. Include them when planning low-sodium menus where no one will miss the salt. Shown are baked fish fillets with cucumber sauce and Hunter's chicken, both made with tasty NoSalt Alternative.

Fashion

Travis Winkey and Co. perform for Sugar Ray

MODELING FURS during the Kenny Leonard Promotion's black tie affair hosted Sunday, Feb. 21 in honor of 'Sportsman of the Year' Sugar Ray Leonard are (L to R): Terry Mathis, Broderick Hawkins and Frank Williams, of the Travis Winkey Modeling Co. The affair was held at Bolling Field Air Force Base.

HONOREE RAY LEONARD (far right) is pictured during the evening's festivities with (from left) Kenny Leonard and Travis Winkey.

On Sunday Feb. 21, at Bolling Field Air Force Base, Kenney Leonard Promotion's presented a black tie affair in honor of his brother Sportsman of the Year Sugar Ray Leonard. Portions of the evening's donations also went to the Recreation Centers in Palmer Park Md.

Among the evening guests other than the guest of honor were Mrs. Wanetta Leonard (Ray's wife,) and Leonard's Mother & Father, along with other members of the Leonard family. Kenny Leonard stated that he was very pleased to see so many of Sugar Ray's fans and friends from out of town.

The entertainment for the evening consisted of performances by Donny & Sandy Petty, song writers and singers, Jazz Vocalist Ms. Brenda Alford. The Softones Vocal Group, Guest Sportcaster Glenn Brenner, Comedian and voice impersonator Chris Thomas.

Special Guests for the evening were the Whatnots who have been out of circulation for some time. These sparkling dressed gentlemen lighted up the stage in their Travis Winkey design stage appeal as they presented the audience with their national hit single 'Help is on the Way' and of course where there is a Travis Winkey Design, you know that Travis is not far away.

Travis Winkey & Company performed a spectacular fashion production for Guest of honor.

This is only one of many shows proformed by Travis Winkey & company in honor of Sugar Ray. This portion of the affair started with a super up beat athletic routine depicting different sports, from Jazz dance to boxing; but was followed by furs from New York's Seventh Ave., designed by black furrier James McQuay.

The ultimate highlight of the show was Travis Winkey and Company, doing a very "Vogueish" routine choreographed especially for Sugar Ray Leonard, which brought every person in the house to their feet as they applauded Travis and His Company for several minutes. Travis Winkey and Company received special appreciation from Mr. & Mrs. Sugar Ray Leonard for their brilliant performance.

As the show ended Mr. & Mrs. Leonard were escorted out by several bodyguards, but soon returned. There was no way they could leave such a spectacular evening. So, Ray, was declared, without a doubt; Sportsman of the Year.

ROYAL HEART BALL — Maryland Chapter of American Heart Association ball on Saturday, (Feb. 27), at the Hyatt, had among guests, from left, Dr. and Mrs. Elijah Saunders and Howard Marshall, Dr. and Mrs. Samuel R. Owings Jr., and Dr. and Mrs. John Richardson and Dr. and Mrs. Larry Perry. Dr. Saunders and Mrs. Owings served on the fund - raising committee. Dr. Perry is the new cardiologist in town. (See details in If You Ask Me)

MORE AT HEART BENEFIT — Mr. and Mrs. Ralph Smith, Dr. and Mrs. Julius Taylor, Mr. and Mrs. James McLean, Robert Powers, Ms. Wisteen Knocket and Mr. and Mrs. Charles Tilghman were among guests at Heart Ball benefit Saturday at the Hyatt. For details, see If You Ask Me.

By Bettye Moss

If you ask me

Hats off!

Not many adults have presence of mind to take charge when a loved one is stricken.

But 13-year-old Marsha Brown did. She earns this week's salute because she showed great courage and prevented a serious accident last month.

Here is what happened. Marsha, a student at Seton High, was driving with her mother on Allendale Rd. Her mother suffered a massive stroke. Marsha acted quickly, put on the brakes to avoid a collision, called for help and arranged to get her mom to the hospital.

Unfortunately, her mother, Mrs. Ethel S. Brown, died the next day. But Marsha's courageous actions prevented more serious injury to her and perhaps to other motorists.

Hats off to Marsha Brown.

Continue your nominations to this column's Hats Off section. We seek here to single out young people who do outstanding jobs and set role models.

Reason: Too many of us adults only notice young people when they do poorly, and seldom take time to praise them.

Was Y worker

Mrs. Ethel S. Brown, mentioned in our Hats Off section today, was well known in the Baltimore community for her volunteer work with the Baltimore YWCA.

For a number of years, she was president of the Madison Ave. YW's Mother's Club, and she worked long and hard as a member of the committee to help save the Madison Ave. brafich.

She also was a dedicated worker on the Baltimore YWCA Metropolitan Committee, and at one time chaired the membership committee.

Mrs. Brown was active in St. Ambrose Catholic Church, serving on the parish's curriculum committee, and the Rosa Parks Cluster Schools.

Memorial

At memorial services on February 4, it was recalled she was "a loving and devoted parent, humanitarian and friend who spent many hours participating in community activities and one who opened her heart and home to comfort and assist."

In the funeral program, a moving tribute by her husband, Charles, the teacher, entitled, "To My Wonderful, Devoted, Loving, Sacrificing Wife."

Excerpt: "You are at your best when things get tough, and that makes you wonderful . . . you have devoted your life to your family, and we can never say 'I love you' enough . . ."

In addition to daughter, Marsha, and husband, Charlie, Mrs. Brown is survived by another daughter, Stephanie, a graduate of Towson State; brothers, Lloyd and Charles Sconion; sister, Joanette Sconion; and a great aunt, Mrs. Bessie Nixon.

About people

Get-well cards to Mrs. Virginia Robinson at Mt. General Hospital. She's mother of Mrs. Mary Smith, the Crownsville Hospital employee and member of King's Landing Women's Service Club.

By the way, Mrs. Smith's hubby, Alvin, is doing well. He retired last month from his city post with the Motor Vehicle Department.

Mrs. Aaron Ellis, (Mary), is in Miami to be at the bedside of her brother, Oscar W. Weaver.

Local residents on the mend, following hospital stays, Dr. Simon Carter and Dr. Harold Johnson, the physicians, and Mrs. I. Bradshaw Higgings, (Hilda), wife of the physician, and Alphonso Parks, hubby of Delta leader, Hazel Parks.

Travis Vauls, the Baltimore Urban League head, is still under the weather.

He writes that he has been cheered a great deal. Since our piece a week back, he has received get-well phone calls from old friends here and as far away as Detroit. (Dr. Quincy Cooper in Detroit now, formerly headed Morgan Christian Center, still keeps in touch with Baltimore through the Baltimore AFRO . . .)

Francis Johnson, the hair stylist, is back from London. He flew over to attend a special creative hair-styling and cutting seminar which his customers at 808 Salon will soon be hearing about in more detail.

Mary Sue

Mary Sue Welcome, one of attorneys who defended Atlanta child killer, Wayne Williams, was in Baltimore last month.

She came to her hometown to take the MD bar exam.

Now that she has announced she'll withdraw from further appeal of the Williams case, is it safe to presume she is thinking of practicing in her home state?

Would it be possible, too, that she might consider running for public office, provided the residence time limit can be waived? More on this in upcoming issue.

Which reminds me to mention that Miss Welcome's mother, State Senator Verda F. Welcome, has a Delta Sigma Theta Sorority sister sitting with her in the MD Senate.

School principal, Louise G. Murphy, took her new Senate seat on Monday, representing northeast Baltimore's 44th District.

Delta sorors can add this item to their scrapbook - Md.'s first two black women state senators are members of their sorority.

South America

If you seek a brief respite from the cold and the rat race, you can hop a plane from Baltimore and ride for four hours and land in sunny South America.

Last month, when the snow was three inches deep and temperatures below zero, we went to Cartagena, (proud Car - ta - heena), a resort area located in Columbia, on the northern coast of South America, 500 miles above the Equator. (You fly over Cuba and Jamaica to reach this Caribbean city which dates back to 1498.

Even though half of the days there were in seminars, there was time to enjoy the 80 - plus weather, the beach and the sand.

In some areas, 80 - plus can be uncomfortable, but this South American area boasts of trade winds which give a welcome respite to the heat.

The new Hilton hotel was booked to capacity, with travellers coming from all over the continent. It was amazing the number who travelled with children of all ages.

The people speak Spanish, radio and television news is in their language and there are no American newspapers to read.

Money exchange is pesos - and during our visit an American $1 was worth $5 44 - 100 pesos.

Most of the natives are West Indians - ranging in color from black to white.

St. Peter

A must place to visit is the walled city, with its historic church and monastery of San Pedro Claver (St. Peter Claver).

He is known as the "Apostle of black people" because he befriended African slaves brought to the island by the Spanish.

The convent next to the church where he lived and died, has been preserved. His remains are conserved in an urn near the high altar. It is interesting to walk through the monastery and observe the mementos of St. Peter Claver's life. He was canonized in the early 1900s.

There is poverty in South America.

It would be difficult to find situations as bad here in the U.S., as they are here, observed one visitor.

Average weekly pay for secretaries was reported at $158 month.

Temperatures are the same the year round. There are only two seasons, dry - from mid - December to April; and wet from May to December.

U.S. visitors met at poolside included Sandra Hemmings, the Passaic, NJ, auditor; and Luana Hatchert, the Paterson, NJ consultant.

Heart Ball

Maryland Chapter of the American Heart Association Royal Heart Ball was Saturday evening at the Hyatt Regency.

Mrs. Dean Taylor and Mrs. Lawrence Grifin co - chaired the fund - raiser. Mrs. Samuel R. Owings Jr., and this writer, served on the committee.

Nice gesture: Members of the Howard Lann Orchestra donated their services for the black tie affair.

Dr. Elijah Saunders, the heart specialist, serves on the association's sponsorship group. He was there with his wife, Monzella.

Guests at their table included his new young associate, Dr. Larry S. Perry, and his wife, Inez.

Two Provident Hospital nursing staffers there, Janet McPherson and Deirdre Hooper.

Others about: Col. and Mrs. Ralph Smith, Dr. and Mrs. Julius Taylor, Dr. and Mrs. John Richardson, Dr. Owings, A Paul Moss;

Also, Charles Tilgh-

(Continued on Page 20)

NURSES THERE — Pretty young guests at Heart Ball benefit on Saturday at Hyatt were these Provident Hospital nurses, Mrs. Deidre Hooper and Miss Janet McPherson. For more about Heart Ball, see, If You Ask Me.

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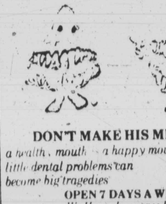

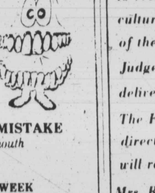

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Judge Murphy

THE EASTSIDE COMMUNITY ORGANIZATION, INC. will feature the 38th Annual Blue Ribbon Tea, Sunday, March 7, 1982 at the Dunbar Community High School. Each year children are sent to resident camp and experience cultural trips and activities because of the organizations efforts. Judge William Murphy, Jr. will deliver the keynote address. The Forest Park Choir under the directions of Ms. Margaret Lindsay will render the music. Mrs. Reta H. Jones is the chairperson of the Blue Ribbon Tea and Mrs. Thelma Ray is the president of the organization. An invitation is extended to all interested citizens.