—Bus rides

Continued from page 1

Discontent with the decision has resulted in a reconsideration of the plan by the board, and proposed changes in the so-called "2.5 rule" include requiring all students to pay some reduced fare, regardless of their distance from school.

Although all students qualify for reduced-fare tickets allowing them to ride for 40 cents, with the new 2.5 rule only students living further than two-and-one-half miles from school will receive the free tickets.

Previously all students living more than one-and-one-half miles away rode free. About 30,000 students received the free passes before Wednesday.

The board's decision to discontinue offering free tickets to the 10,000 students came as a result of chronic deficits in the school system's transportation budget. Board Director of Transportation Services John Branch said underfunding has resulted in deficits "for the last five, six, seven years." The projected transportation deficits are about $2 million.

Branch said the Mayor and the Board of Estimates "refused to tolerate further deficits."

But opponents point to the increased costs faced by families with several school - aged children and the hardships which would fall on those forced to walk as reasons for opposition.

"Two-and-a-half miles is a great distance for most youngsters in the dead of winter," commented Thompkins Weaver, president of the Baltimore City Council of PTAs. He said his organization opposes the adoption of the 2.5 rule.

"Transportation has been a state problem that has been unloaded," said Milton Dugger, a member of the Board of School Commissioners.

He said it is unfare "to tax the school board with problems it did not create," pointing out programs have been mandated by the state without receiving adequate state funding.

"We have found ourselves in the position of having to rob Peter to pay Paul," he said.

Suggestions to rescind the 2.5 rule or to eliminate free passes entirely, requiring all commuting students to pay a fee of 15 to 25 cents per trip, have been prompted by the board's decision.

But the board's transportation chairman pointed out to rescind the increased eligibility requirement would only re-pose the problem of cost over-runs to the city.

He said the board's only alternative would be to reduce the financial burden of having to pay 40 cents per trip, shouldered by at least 10,000 city children, by spreading the costs among all commuting students.

"It would at least show good faith on the part of the board," he said.

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Arson suspect is paroled killer

A 30-year-old convicted killer who was on parole from a life sentence for the 1966 murder of a 62-year-old woman he stabbed 33 times, is being held at City Jail without bail and is accused of one count of arson for a fire in a vacant building.

Police said the fire was allegedly set by Eugene Rozzell Jr., in a neighborhood where at least 16 other similar fires were deliberately set last month.

Western District Court Judge Richard Motsay said the defendant should have a psychiatric examination. He was arrested Feb. 2, at the Walter P. Carter Medical Center. Police said he admitted himself to the center, which treats the retarded and people with mental disorders last week.

In December 1982, Rozzell was charged with shoplifting and found guilty. He was released on an appeal bond. Detectives obtained a court order directing the center to notify authorities when Rozzell was released. He was arrested inside the facility, police said.

Rozzell was 16 years-old when he killed Mrs. Etta Spencer in her Gilmor Street home. He was sentenced to life imprisonment and began serving time at the Maryland Penitentiary.

He also had served time at Patuxent Institution in Jessup and the Correctional Training Center in Hagerstown. His sentence was reduced in 1973 to four years by former Governor Marvin Mandel, prison officials report.

In 1977, he entered the pre-release program and was admitted to the correctional camp center in Jessup. Rozzell was paroled in 1978 and was to be supervised until 2006.

The total of 16 fires was set Jan. 25 and 26, all in vacant buildings. No one was injured in the fires, but they prompted fear among local residents, some of whom staged 24 hour watches to protect life and property.

—$990,000 bail

(Continued from Page 1)

Judge Weish asked Rhodes if he felt he needed psychiatric help.

"It is not a waste of time your honor. I do need some type of help. I don't have any money," Rhodes said.

Before leaving the courtroom, Welsh told Rhodes, "you are in big trouble. You must be facing a couple of hundred years."

Pre-Trial Release investigator Michael Brown told the court, Rhodes is a full-time employee at Woodlawn Cemetery and has "strong ties in the community."

According to Brown, Rhodes has undergone psychiatric treatment at City Hospital and the pre-trial release investigator recommended to the court Rhodes be examined by a psychiatrist.

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Eastside drug ring cracked

Thirteen people are in custody and police are looking for four others suspected of running a heroin ring that sold about $3.5 million worth of drugs a year officials said.

The investigation into the East Baltimore drug operation began nine months ago and a city grand jury Feb. 2, handed down 32 sealed indictments, police spokesman Dennis Hill said.

"Detectives tell me the organization was selling heroin conservatively valued at $10,000 a day. That comes out to more than $3.5 million a year," Hill said.

"We're comparing this to some of the larger narcotics rings of the early years This is pretty big," a police spokesman said.

Hill said although the other indictments have not been opened, he said they probably would not lead to additional arrests.

The lowest amount of bail set was $100,000 and the two suspects were being held without bail.

Among those who have been charged with narcotics violations and arrested are Rodney A. Willis, 19, of the 1600 block Holbrook St; Lionel Q. Brown, 21, 1700 block Holbrook St.

Anthony Benton, 19, 1000 block East Lanvale St; Eugene M. Barnes, 27, 1400 block Holbrook St, Carl E. Malloy, 21, 1600 block Holbrook St.

Also, Milton Walton, 19, 1200 block Federal St; Deborah L. Sykes, 26, 1000 block Federal St; Ernest Fleming, 21, 1400 block Bond St; and Dennis Jones, 22, 1600 block Bond St.

Robert Lee Hugley, 21, of the 1400 block East Lafayette Ave., and Kenneth Hurt, 21, 1500 block North Eden St., surrendered at Eastern District police station.

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—Legislators

Continued from page 1

Rawlings told the AFRO the above comments are "rhetoric of some of the conservatives on the " on the committee.

"What you have heard is the rhetoric of very conservative Senators when they are trying to justify limited appropriations that we have earmarked for Morgan, Coppin and other predominately black institutions," he said.

The senators comments are without "factual basis," and are pa rt of racist implications that only blacks apply to black colleges, he said.

During a recent hearing, several senators suggested black schools were being kept open simply for political reasons, but were not being given sufficient funds to compete for the best students on an equal footing with the predominately white schools.

Rawlings said there are enough black students in Maryland and surrounding states available to attend the traditionally black schools There also are enough students to meet the state's goals for the enrollment of blacks in predominately white colleges and universities.

The biggest threat facing black institutions of higher learning is the effect of federal cutbacks on financial aid available to all students, both black and white, Rawlings said.

Due to cutbacks providing less money for school loans and grants, the State of Maryland faces the lose of about 15,000 students, who will be unable to afford the cost of tuition.

"Out of 15,000 students, if 10,000 are black, you're going to wipe out all the black colleges," Rawlings said.

The second threat to the state's black colleges is the lack of enhancement by the state to make sure black academic programs are comparable to white colleges. The state of Maryland has to intervene to save them, he said.

"It breaks down to a black-white issue," Rawlings said.

BALTIMORE AFRO-AMERICAN (Registered U.S. Patent Office) Second Class postage paid at Baltimore, Md.
Circulation audited by Audit Bureau of Circulation (ABC)
Published every Tuesday and Saturday by the AFRO-AMERICAN Company, 628 N. Eutaw St., Baltimore, Md. 21201. Phone (301) 728-6200.
John H. Murphy 3rd, Chairman of Board; John J. Oliver Sr., President; Mae E. Dyson, Secretary; George C. Lotter, Treasurer; Frederick A. Howard, Vice President-Production; Kenneth O. Wilson, Vice President-Advertising; Ronald L. Jackson, Vice President-Circulation; Ralph Matthews Jr., Managing Editor; Elizabeth M. Oliver, City Editor.

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as of December 31, 1981

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Mortgage Loans and Other Liens on Real Estate		$65,168,014.31
All Other Loans		2,155,800.52
Real Estate Owned		18,759.27
Cash on Hand and in Banks		746,238.86
Investments and Securities		8,410,979.56
Fixed Assets (Less Depreciation)		875,739.21
Deferred Charges and Other Assets		135,707.64
TOTAL ASSETS		$77,507,259.37

LIABILITIES AND NET WORTH

Savings Accounts		$65,085,066.67
Advances from Federal Home Loan Bank		2,730,000.00
Other Borrowed Money		757,000.00
Loans in Process		942,112.92
Other Liabilities		1,036,755.92
General Reserves	$5,110,851.82	
Surplus	3,865,494.04	$6,976,325.86
TOTAL LIABILITIES AND NET WORTH		$77,507,259.37

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Health watch

Is that diet right for you?

By Jack Owen

Are you ready to start a diet but do not know which one is best for you? There are many diets on the market today — all promising to help you lose weight. But are they safe?

The Food and Nutrition Specialist at the University of Maryland Cooperative Extension Service, Dr. Dorothy Van Zandt, said even though you desperately want to lose weight, take time to look closely at a variety of diets.

Some diets promise quick effortless results; but do not completely nourish your body. Others offer a very limited choice of foods; but make no allowance for your own personal likes and dislikes.

And still others said you must eat one special food each day to burn off your extra body fat. Sorry, no single food can work that miracle.

So, how do you choose?

First, consider a weight loss diet as a commitment. To lose weight and keep it off, it is important to be able to live safely and comfortably with your diet choice.

Next, compare the claims of today's diets to your own lifestyle. If you follow this diet; can you plan to eat out, feed your whole family, afford the food, and continue to enjoy the food you eat?

Finally, Dr. Van Zandt advises diet seekers to consider the following points when choosing a weight loss diet.

The diet should provide at least 1200 calories for the body to function normally and weight loss should not exceed 1 to 2 pounds a week or fatigue may result.

The diet should offer a variety of foods to allow for individual food likes and dislikes.

The claim weight loss occurs when fewer calories are eaten, or when more calories are burned during exercise than the body needs to maintain its present body size should be included in the diet.

A credible writer includes nutritional information about the quality of foods suggested in the diet plan.

Dr. Van Zandt also said some diet plans include recipes and exercise programs. Both help you make the weight loss plan liveable. ed to create attractive, low calorie meals; while exercise programs provide a way to tone muscles, relieve stress and prevent bet

Recipes show you how a variety of foods can be combined to create attractive, low calorie meals; while exercise programs provide a way to tone muscles, relieve stress and prevent between-meal urges to snack.

READ THE AFRO EVERY TUESDAY AND FRIDAY

UNRESPONSIVE LANDLADY — Seventy - seven year old Robert Scott, Jr. forced to run his oven and stove "day and night" in an attempt to try to keep his Calvert St. apartment liveable, he said, because his landlady refuses to provide heat. Daughter, Pamela Kattrell, who lives with Scott said she often sleeps in warm clothing to escape the cold.

WILLIAM B. PROCTOR has joined the Bankers Life Company of IA where he is a field representative for their financial planning services. Proctor, a retired lieutenant colonel, developed his financial skills as a finance and accounting officer in the U.S. Army Finance Corps. Prior to joining the Bankers, he served as director of fiscal affairs for Morgan State University and most recently as director of fiscal affairs for the Urban Services Agency of Baltimore.

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Family Support Project

Maryland's innovative Family Support Demonstration Project now is in its third year of operation. To date, this pilot project has been successful in helping more than 76 Maryland families care for their disabled elderly loved ones at home rather than in institutions .

The project, which provides monthly grants of a maximum of $167 for each caregiving family, currently is being administered by the State Office on Aging in three areas: Baltimore City, Montgomery County and Worcester County.

In addition to supporting the disabled elderly person in the most preferred living arrangement, the project has yielded vital information about Maryland families and the challenges they face in caring for their dependent elderly relatives at home. Some of the more significant findings are:

The disabled person receiving family care is most likely to be an "old old" elder (75 plus) with disabilities equivalent to those seen among residents of nursing homes.

The primary caregiver most likely is to be an unemployed, middle aged daughter of the disabled elderly person.

The primary caregiver spends a substantial amount of time daily , generally what is equivalent to a full-time work day, providing domestic and personal care, mobility and companionship services for the disabled elderly person.

The major problems faced by caregivers are loss of outside employment, family disruption, fatigue, social isolation and general anxiety.

Although other states around the country are investigating cost - effective ways of supplementing families rather than institutions as primary caregivers, only a few are providing direct grants such as Maryland.

Florida and California administer similar programs on a statewide basis.

It is hoped Maryland's program will be expanded to other areas of the state.

Persons interested in participating in the project or in receiving additional information should contact their local office on aging or Ms. Shirley Whitfield, Project Coordinator, Maryland Office on Aging, at (301) 383-5064.

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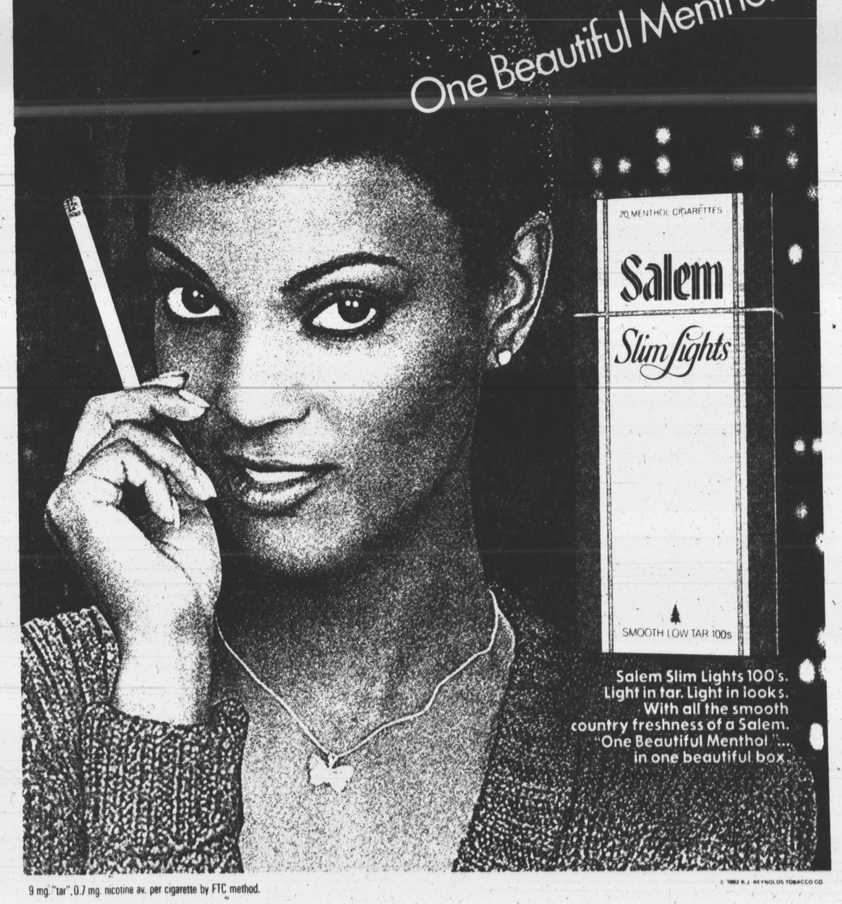

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