SURVIVAL ★ News to help you cope with the '80's ★

BUYING CLOTHES FROM THRIFT SHOP is sure way to beat the blues that comes from looking at today's prices. Carolyn Richardson, owner and operator of Carol's Thrift Shop, says item turned in to her store and many others like it are not only worth a visit but are often of the highest quality.

AFRO Photos by Mark Gail

Don't go broke

Buy it secondhand!

There probably is no better time than now to purchase the new winter coat you have needed for a while.

Far from the maddening crowd and prices of retail department stores, where mark-ups can range anywhere from 20 percent upward, small resale shops are selling good merchandise for prices the more average consumer can afford.

Coats, shoes, play clothes for children, even evening wear, are brought into the stores from people who have become too rich or too big to wear them. They are in good condition, for the most part, and are of high quality. Many of the items were originally purchased in some of the poshest department stores and still look like new.

Carol Richardson, 37, recognized the trend of the economy some time ago and decided to open her own thrift shop on Reisterstown Rd. seven years ago.

"I didn't know when I first opened my shop that it would be so successful," she said, adding that she struggled at first but that now business is much better.

"I find more people coming to my store to buy items like pumps because they were worn 15 or 20 years ago and are cheaper here than in the retail stores."

The economy, Ms. Richardson said, is the main reason thrift shops are opening today and flourishing. Prices prohibit most people from shopping in department stores the way they used to.

Because the clothing brought to her store is usually older Ms. Richardson finds it to be better than many items found in retail stores today. Not only are customers paying less for better quality, but Ms. Richardson feels they get much more for their money.

Clothing not sold is given away to churches or rummage sales. Because of the increasing popularity of resale shops, however, the incidences of unsold clothing are becoming less and less.

"Customers can expect to save anywhere from 40 to 50 percent in most resale shops," Richardson said. The disadvantages, if they may be counted as such, include the cash-only policies the stores usually follow; no checks, away plans or charges.

But because prices are so low, those methods of purchase are not necessary. Winter coats range from $8 to $30, shoes start at $1 and can go as high as $8. Women's dresses can be expected to run no higher than $15 on the average and corduroy pants for children are as little as $3. In addition to resale shops like Richardson's, hospitals and organizations sponsor flea markets and sales for comparable savings.

Many people have long thought that shopping in resale shops was a sign of inferiority, according to some shop owners. But the fact is that smart shoppers realize that by shopping in such stores they can save 75 percent of what they would normally spend on clothes in a single year.

Even if a family does not shop in resale shops, it is important to know that by giving old clothing to resale shops a timely tax deduction can be added to income tax returns.

Resale shops are the best bargain since nickel candy

The important thing to remember, say tax experts, is to itemize the clothing given to any shop so that the deduction can be properly accounted for.

In any case, it might be a good week-end outing to check out the resale shops in your neighborhood. A big, warm fur coat with a slightly tattered lining might cost you $30...or a Hutzler special wool blend might sink you for over $200.

Think about it. The choice seems pretty obvious.

Food prices to rise

Food prices are not expected to go down any time soon, according to reports released by the Agriculture Department this week.

Meat, eggs andpoultry prices will be especially noticeable, the report said.

Jumps as high as 15 to 20 percent are expected to be seen in meat and poultry prices, and pork production is expected to decline by as much as 8 to 10 percent.

The report said that it is hard to predict how fresh fruits and vegetables will be affected, mainly because their prices are determined by factors including weather and subsequent production.

Adverse weather affects the overall quantity of fruits and vegetables produced, forcing prices to go higher when production is down.

Part of the reason for the rise in dairy products, the report said, is because people are seeking ways to escape the high prices of meat. As that happens, more and more people buy dairy products to compensate for the meat they no longer buy.

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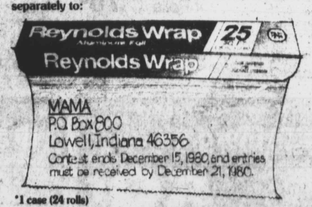
Make Your Mama Famous

"The Way Mama Cooked It"
Recipe Contest from Reynolds Wrap

Win $1000 and a new GE freezer
Reynolds Wrap has a cookbook coming and it could make you--or your mama--rich and famous. Because your recipe could be in it. Just send us your cookin-est, down home family recipe. If it's the best one we get, you'll win a deluxe no-frost General Electric 15.8 cu. ft. food freezer--plus $1000 cash. There will be 25 second prizes, too, of $100 each. Every winner gets a year's supply* of 25 sq. ft. Reynolds Wrap. And, of course, every winner's name, recipe and picture will be published in Reynolds' "The Way Mama Cooked It" cookbook.

Follow the rules, or your entry's not cool. There's nothing to buy.
1. On a plain piece of paper print your name, address, city, state, zip code and the name of the person whose recipe you are submitting. Include an original recipe suitable for "The Way Mama Cooked It" recipe book.
2. One first prize winner will be selected in a random drawing from all entries by Ventura Associates, Inc., an independent judging organization whose decisions are final.

25 recipes will be selected for inclusion in the new recipe book by a panel of food experts. Each person sending in a published recipe will receive $100. Recipes will be selected from each of the following categories:
• Meats, Poultry and Fish • Vegetables and Salads
• Baking and Breads • Desserts
• Casseroles and Main Dishes
3. Enter as often as you wish but mail each entry separately to:



*1 case (24 rolls)

Employees and their families of Reynolds Metals Company, their retail outlets, printing and newspaper agencies are not eligible. Void where prohibited by law. Taxes on prizes are the responsibility of winners. Recipes become the property of Reynolds Metals Company and cannot be returned. Winners will be notified by mail. All Federal, State, local laws and regulations apply. For a list of winners, include a stamped, self-addressed envelope with your entry.

Good luck and good cookin'...from Reynolds.

Woodlawn Highlights

SSA specialist is delegate to National ABWA confab

Mrs. Verna Day SSA Specialist

Mrs. Verna Day, Employment Development Specialist, SSA, recently traveled to Phoenix, Arizona as a delegate to the national convention of the American Business Women's Association (ABWA).

Mrs. Day, who is currently working on a detail assignment with the Federal Women's Program in SSA was also the "Women of the Year" representative for the Freedom Chaper, ABWA.

The American Business Women's Association has been in existence since 1949. It's purpose is to encourage women to achieve to their highest potential in business and self development.

One of the criterion achievements of chapters throughout the country is to give scholarships to young women who are interested in furthering their education. Freedom chapter presented seven scholarships to women totaling $1800.00 this year. Verna is the educational chairperson.

She is a member of Douglas Memorial Community Church and is deeply involved in many community activities including the Arena Players, International Toastmistress Club, Meals on Wheels, Provident Hospital Fundraising and the Central Casting Agency.

Mrs. Day recently worked on a Channel 67 movie "Consumers Squad," dealing with Social Security Benefits. The show will be aired around the first of the year.

Access to student at H.C.F.A.

Floyd Briscoe-Wright is an access student assigned as an accountant at the Health Care Financing Administration, Office of Management and Budget in Woodlawn.

Mr. Briscoe-Wright started his assignment in July, 1980 and will complete his present assignment in January 1981 and return to his studies as an accounting major at Morgan State University.

He is scheduled to return to HCFA in July 1981 and continue his assignment.

A graduate of Northwestern Senior High School where he served as president of a work-study curriculum for two years, Floyd is convinced that there are new opportunities opening in the field of accounting.

He became interested in accounting as a result of the work experience he received while working at a large credit firm in Maryland.

According to Floyd, his future plans include his concentrating on the laws of taxation after he attains certification as a public accountant.

He is the business manager of a local social club called the Black Burgess. The club provides group activities and fun vacation trips. They have traveled to New York, Atlanta and the Bahamas.

Floyd feels that Black Burgess is a group to watch, because it plans to become a major corporation in Maryland. He credits two major black cultural productions, "The Wiz" and "Roots" with having a great impact on his life.

Sorry, we opened our mail too late and missed the Metro-west retirement luncheon in honor of our good friend, Mrs. Lucille Gibson.

Columbia Capers

By Paula L. Ross

The tenth anniversary celebration of the National Black Child Development Institute was held recently at the Capitol Hilton Hotel in Washington, D. C.

The celebration honored individuals who had worked positively and creatively to meet the developmental needs of black children.

Mrs. Maurine McKinley, a resident of Columbia, Md., was one of the recipients. The National Black Child Development Institute is an independent nonprofit membership organization committed to improving the quality of life for black children.

In 1970, the institution was founded by the Black Women's Community Development Foundation, for the purpose of producing an advocate for young children on the national level that would meet their comprehensive development needs.

Since 1970, the institute has restructured its program policies and expanded its effort to place local mobilization at the top along with national advocacy.

Mrs. McKinley said that the organization strongly promotes the idea that only a comprehensive advocacy structure that can operate simultaneously on local and national levels will have the clout and unity to help our children and youth develop to their fullest potential.

The members consider themselves watch dogs by the congress and the state legislature and city government of Washington that they are programmed to help children.

Mrs. McKinley has exemplified throughout her career an admirable dedication for children. After first working in head start and other community programs, Mrs. McKinley helped obtain in first grant and served as the interim director from 1971 to 1973.

She used her keen interest to and expertise for public policy work to help mold the institution's expertise and reputation in several key areas.

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—If you ask me

(Continued from Page 6)

Sympathy...

Please remember the families of those good neighbors who were buried this week.

Estella Tasker Lee

Mrs. Estella Tasker Lee, 82, the longtime member of Mt. Zion United Methodist Church, was given last rites there on Nov. 19.

She was active in the Sunday School, secretary of several organizations and was one who lived by the creed, "Christian living means worship and work. We have much to give, if first we receive the grace of God."

Mrs. Lee was also active in fraternal circles — including the Supreme Lodge of the National Ideal Benefit Society, Galilean Fisherman, Order of Mohrs, Knights of Pythians and the Mt. Olive Association.

Survivors are sons, Joseph (Lucky) Lee and Walter Lee; daughters, Mrs. Mary (Sis) Chambers and Mrs. Bessie V. Franklin. Fifteen grandchildren and 25 great grandchildren also survive.

And remember the family of the boxer, Wendell Bailey, 28. He was eulogized on Nov. 15, at Sweet Hope Freewill Baptist Church.

He won his first fight in 1974 against Vandell Woods in Wilmington Del. At the time of his death, he was a sparring partner of heavyweight champ, Larry Holmes.

Wendell Bailey

Glascoe Carroll Gaither

And, to the family of Glascoe Carroll Gaither, 70, eulogized on Monday at St. Marks Methodist Church in Hanover, Md. He was the longtime (40 years) Baltimore and Ohio Railroad employee.

Relatives recall that during his retirment he helped the needy and participated in Senior Citizen activities.

Survivors: His wife of 44 years, Mrs. Gladys Dailey Gaither; sons, Louis and Herman; daughter, Mrs. Celia A. Kelly; and sisters, Mrs. Cornelia Matthews and Mrs. Katherine Burley; and an aunt, Mrs. Louise Paige and 17 grandchildren and 10 great grandchildren.

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PRE THANKSGIVING SALE

SAVE 10¢ SWIFT BUTTERBALL TURKEYS 16 TO 22 LB AVG.	89¢ LB	PERDUE FRESH SAVE 21¢ OVEN STUFFERS	78¢ LB	SMITHFIELD NO. 1 SAVE 60¢ SLICED BACON	$1.39 LB
SAVE 24¢ RED & WHITE GRADE A TURKEYS WITH POP-UP TIMER 16 TO 22 LB AVG.	75¢ LB	MASH-STYLE COOKED SAVE 10¢ WHOLE HAMS 10 TO 22 LB AVG	$1.09 LB	BLADE CUT CHUCK ROAST SAVE 50¢	$1.49 LB
CENTER CUT CHUCK STEAK	$1.69 LB	BOLD MEDAL FLOUR 5-LB BAG	83¢	OCEAN SPRAY CRANBERRY SAUCE SAVE 20¢ WHOLE OR JELLIED	2 16-OZ CANS 79¢
BETTY CROCKER SAVE 69¢ PIE CRUST MIX	2 10-OZ PKGS 89¢	3 DIAMONDS CHUNK LIGHT TUNA IN WATER SAVE 40¢	6½-OZ CAN 79¢	COOPERS COUNTRY SINGLES SAVE 50¢	$1.69 12-OZ PKG
RED & WHITE MARGARINE SAVE 10¢	1-LB QTRS 45¢	HI DRI TOWELS JUMBO ROLL SAVE 10¢	45¢	LUCKY LEAF ALL NATURAL NO SUGAR ADDED APPLESAUCE SAVE 10¢	48-OZ CAN 98¢
COKE, TAB, SPRITE, FRESCA SAVE 21¢	6 16-OZ B.B. BTLS $1.48	CRISCO SHORTENING SAVE 21¢ 3-LB CAN	$1.98	MINUTE MAID ORANGE JUICE SAVE 11¢	12-OZ CAN 88¢
DEALTIME SAVE 91¢ ICE CREAM ALL FLAVORS	HALF GAL $1.58	U.S. NO. 1 WHITE POTATOES SAVE 62¢	10-LB BAG $1.47	FIRM YELLOW ONIONS SAVE 24¢	3-LB BAG 65¢
EXTRA FANCY RED OR GOLDEN DELICIOUS APPLES SAVE 16¢	LB 33¢	FLORIDA WHITE GRAPEFRUIT SAVE 10¢	3 80-SIZE PKG 49¢		

CHECK AND COMPARE YOUR EVERYDAY SAVINGS

ITEM	SIZE	KASH & KARRY PRICE	COMPETITIVE PRICE	SAVE	ITEM	SIZE	KASH & KARRY PRICE	COMPETITIVE PRICE	SAVE
Mixers CANADA DRY	28-OZ BTL	2/95¢	75¢	55¢	CLOVERLAND MILK VITAMIN D	GAL. JUG	$1.82	$1.99	17¢
Apple Juice RED CHECK	64-OZ BTL	$1.27	$1.40	13¢	Saltines PREMIUM NABISCO	1-LB BOX	77¢	95¢	18¢
Canada Dry DIET OR REGULAR FLAVORS	6/16-OZ N.R.	$1.09	$1.39	70¢	Cottage Cheese KRAFT'S SEL-RO LO. CHOL	24-OZ CONT	$1.39	$1.69	40¢
Martinson Coffee	1-LB CAN	$2.39	$3.09	$1.30	Yogurt YOPLAIT	6-OZ CONT	3/$1	45¢	35¢
Peanuts PLANTERS DRY ROASTED	24-OZ JAR	$2.49	$2.99	50¢	Stuffing Mix STOVE TOP	6-OZ PKG	79¢	89¢	10¢
Facial Tissue MARCAL	200-CT BOX	59¢	79¢	20¢	Croutettes KELLOGGS	7-OZ PKG	70¢	85¢	15¢
Reynolds Wrap	37½ FT	86¢	99¢	13¢	Bruces Yams	40-OZ CAN	$1.09	$1.19	10¢
C&C COLA REG. OR DIET 6 PAK	12-OZ CANS	$1.49	$1.69	20¢	Spaghetti Sauce RAGU	27-OZ JAR	89¢	$1.09	20¢
Seasoning MCCORMICK POULTRY	.75-OZ TIN	69¢	87¢	18¢	Cut Green Beans HIGH	29-OZ CAN	69¢	79¢	10¢
McCormick Sage	.62-OZ TIN	59¢	73¢	14¢	Pumpkin LIBBYS	16-OZ CAN	2/$1	65¢	30¢
Vanilla MCCORMICK	2-OZ BTL	$1.09	$1.39	30¢	Pet Milk	TALL CAN	45¢	48¢	3¢

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