Chunk Light Meat Packed in Oil **Star-Kist Tuna** Reg. 79¢ SAVE 10¢ on 1 can. 6½-oz. can **69¢**

Heavy Duty **Detergent Wisk** Reg. 3.25 SAVE 86¢ on 8 cont. Liquid Savings Includes 35¢ Off Label 64-oz. cont. **2.39**

Washington **Mixes** Corn Muffin, Cornbread, Bran Muffin, Hot Muffin, Popover or Buttermilk Biscuit. Reg. 2.49 SAVE 23¢ on 5 boxes. **5** 6-oz. boxes **$1.00**

Giant Food **Cheese Twists** Reg. 79¢ SAVE 58¢ on 2 pkgs. **2** 8-oz. pkgs. **$1.00**

Libby's **Fruit Cocktail** Reg. 59¢ SAVE 18¢ on 2 cans. **2** 17-oz. cans **$1.00**

ADVERTISED BONUS SPECIAL

Holly Farms Chicken — Chicken Breast Halves with Ribs

HOLLY FARMS - USDA GRADE A **FRESH CHICKEN BREASTS** WITH RIBS lb. **99¢**

FRESH — ADVERTISED BONUS SPECIAL — PERDUE OVEN STUFFER ROASTER

FRESH USDA GRADE A **PERDUE ROASTERS** OVEN STUFFER 5-7 lbs. lb. **79¢**

IN CRY-O-VAC, BLUEBIRD **FULLY COOKED HAMS** SEMI BONELESS SHANK PORTION lb. **1.39**

BONELESS RUMP PORTION lb. **1.59** ADVERTISED BONUS SPECIAL

BONUS SPECIAL - Bluebird Boneless Cry-O-Vac **Center Cut Ham Slices** 2.29

FRESH **PORK LOINS** ADVERTISED BONUS SPECIAL WHOLE lb. **1.19**

BONE IN BLADE **BEEF CHUCK ROAST** Giant Lean USDA CHOICE lb. **1.39** lb. **1.29**

BONUS SPECIAL - Blade Bone In **Beef Chuck Steak** Reg. 1.49 lb. Sale 1.59

HOLLY FARMS - USDA GRADE A **FRESH CHICKEN** LEGS or THIGHS lb. **79¢** ADVERTISED BONUS SPECIAL DRUMSTICKS lb. **89¢**

BONUS SPECIAL - Whole Boneless **Fresh Beef Brisket** Giant Lean lb. **1.89** USDA Choice lb. **1.99**

BONUS SPECIAL **Freshly Ground Chuck** Made Exclusively from Beef Chuck lb. **1.79**

BONUS SPECIAL - Hickory Mountain **County Ham Slices** 12-oz. pkg. **2.59**

BONUS SPECIAL - Fresh Perdue **Rock Cornish Hens** lb. **1.09**

BONUS SPECIAL - USDA Choice Bone In **Beef Rib Steak** 2.49

BEEF CHUCK **POT ROAST** BONELESS USDA CHOICE lb. **1.79** ADVERTISED BONUS SPECIAL lb. **1.69** Giant Lean

Prices effective thru Sat., Feb 16, 1980. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.

Grocery Department

ADVERTISED BONUS SPECIAL Aunt Nellie's **Pear Halves** **2** 1-lb. cans **$1.00**

Bakery VEGETABLE SHORTENING ...NO ANIMAL FAT except Butter at Heidi!

Lattice Top **Cherry Pie** Large, luscious cherries nestled in their own sweet syrup between flaky pastry crusts. 24-oz. **1.29**

For Valentine's Day

¼ Sheet Cake 32-oz. **2.89**
HEART SHAPED Tea Cookies 16-oz. **1.49**
CUPCAKES Decorated 2-oz. each 6 for **1.17**
Silver Fudge Cake 18-oz. **1.49**

Frozen Foods

Celeste **Pepperoni Pizza** Plenty of Topping 7¼-oz. pkg. **1.09**

Gorton's - Crunchy **Fish Portions** ADVERTISED BONUS SPECIAL 12-oz. pkg. **1.79**

Birds Eye **Tasti Fries** ADVERTISED BONUS SPECIAL 20-oz. pkg. **73¢**

Produce Department

Florida - 80 Size **Temple Oranges** **10** for **$1.00**

New Crop **Green Cabbage** lb. **19¢**
Crisp **Green Cucumbers** 4 for **$1.00**
Large Stalk **Pascal Celery** 2 for **$1.00**
Fresh **Mushrooms** lb. **89¢**

Seafood Department

Seafood prices below effective at our stores with a full SERVICE Department where fish are cleaned while you wait. In stores with SELF SERVICE (Fisherman's Cove), prices are higher since fish are cleaned, pen-ready and wrapped before you select.

Atlantic **Sea Trout** FRESH lb. **89¢**

Atlantic **FRESH PORGIES** lb. **1.09**
Atlantic **FRESH FLOUNDER** lb. **1.49**
Golden **FRESH CROAKERS** lb. **1.19**
Chesapeake Bay **FRESH ROCKFISH** lb. **1.79**
FRESH **SEA TROUT FILLET** lb. **1.89**

Seafood prices effective thru Fri., Feb 15, 1980.

GIANT — THE QUALITY FOOD PEOPLE

Delicatessen Dept.

Kitchen Queen BOLOGNA ADVERTISED BONUS SPECIAL

Kitchen Queen **Sliced Bologna** Zesty flavor makes hearty sandwiches 1-lb. pkg. **1.19**

BONUS SPECIAL - Smithfield **Sliced Bacon** 1-lb. pkg. **1.29**

Giant Food **Cottage Cheese** ADVERTISED BONUS SPECIAL Pineapple, Garden Salad or The Light One 12-oz. cup **63¢**

Red or White **Florida Grapefruit** **5** for **$1.00**

US No. 1 **White Potatoes** **10** lb. bag **99¢**

THE LIVING CHURCH

What are you giving up for Lent?

Lent is a religious season observed in the spring by Christian churches. It begins on Ash Wednesday (Feb. 20) 40 days before Easter, excluding Sundays and ends on Easter Sunday.

The term Lent comes from the old English word lencten, which meant springtime. Lent is part of the regular church year in the Roman Catholic, Anglican, Eastern Orthodox and Protestant Episcopal churches. Many Christians observe Lent by fasting, performing penance, giving alms, abstaining from amusements or not solemnizing marriages. The season originated as one of spiritual preparation for Easter in remembrance of the passion, death, and resurrection of Jesus Christ.

Thought for Today

"If you have faith in a grain of mustard seed . . . Nothing will be impossible to you" — Matthew 12:20.

MISS LENDORA BYRD — "Lent is not a time for giving up but a time for making me a better person."

MISS NINA OSBORNE — "Well, nothing of material value, just a time we should reflect on life in general. I am going to try to love my enemies and to try to live a Christian life as best I can."

MISS SHARON McGLOTTEN — "I plan to have prayer one hour every Friday and do some religious reading. As God gave his only son for us, we should give up something that is important to us."

MISS CHERYL RIVERA — "I am giving up a frown and giving a smile. Lent is a time to reflect on what Christ has done for us and what we should do in return for mankind."

MISS ROBIN MIMS — "Lent is a time to think within yourself and to make yourself a better person. I don't think I will be giving up anything for Lent."

AFRO photo by Mark Gail

FEMALE MINISTERS who are members of City Temple Baptist Church, Dolphin Street and Eutaw Place, who recently received special recognition from their church shown are evangelist Susie Mattison, Susan Alston, Margaret N. Mason, Ellena Hart, Mattie Canedy and Mattie Artis.

Concert at Sharon Baptist

The 14th annual musical sponsored by the Constance Moore Memorial S cholarship Committee will be held on Sunday, Feb. 17, 5 p.m. at Sharon Baptist Church, Pressman and Stricker Streets. The Rev. James Moore is pastor.

This year, the choirs of Sharon will be singing. Fourteen years ago, a memorial scholarship fund was started in memory of the late Constance Moore the daughter of Rev. Mr. and Mrs. James L. Moore.

Miss Moore, who was fondly called Connie, saw that there was a great need for people to work with the handicapped and it was for this reason she was preparing herself to enter the field of physical therapy.

She was a student at Morgan State University at the time of her death on June 27, 1965 of lupus erythematosis. Her father, family and many friends established a memorial scholarship fund in her memory in May 1966. Each year, on the third Sunday in February, a musical is presented at Sharon Baptist Church, as a memorial and to benefit the fund.

In the past 13 years, more than 45 scholarship awards have been given to college and university students.

HOW TO GET YOUR CHURCH NEWS IN THE AFRO

Just mail your announcements to the Baltimore AFRO-

Just mail your announcements to the Baltimore AFRO-AMERICAN City Desk, attention Pam Widgeon.

There is no charge for news or photographic coverage: Of course publication of any church news is contingent upon factors of time and news space available and organizations from all religious denominations, as space permits.

Chronicling the church activities of our community has been part of our mission of service to Baltimore for 87 years.

In the eighties, we want to do even more! Send us news of your church anniversary, pastor's anniversary or any other club or organization in the church.

For coverage write: AFRO City Desk, Pam Widgeon 628 N. Eutaw St. Baltimore, Md. 21201 or call 728-8200 Monday through Friday afternoon.

Lenten services

The holy season of Lent begins next Wednesday. Lentenservices will be held every Wednesday starting Feb. 20 through April 2 at Douglas Memorial Church, Lafayette and Madison Avenue.

Ministers scheduled to preach at the 12:10 p.m. service are the Reverends Vernon Dobson, Feb. 20; W. W. Payne, Feb. 27; John W. Coleman, March 5; Forest Stith, March 12; Phoebe Coe, March 19; Marion Bascom, March 26 and Charles Ebrhar, April 2.

Services will be held at Union Baptist Church, 1219 Druid Hill Avenue during Holy Week. Ministers who will be preaching at the 7:30 p.m. service are the Reverends John Bryant, Marcus Woods, Lorenzo Handy and Marion Bascom.

Distribution of ashes is scheduled for 7 p.m. Feb. 20 at St. Edwards Catholic Church, 901 Poplar Grove St., Father Maurice Blackwell is pastor. Lenten services will be held every Wednesday 7 p.m. at the church.

Teen workshop at Pentecost Baptist

A teenage workshop will be held the second and fourth Saturday of every month beginningSaturday, Feb. 23 - Saturday June 28, 1 to 4 p.m. at Pentecost Baptist Church, 1615 Poplar Grove St. The Rev. Charles Fletcher is pastor.

There will be Bible study classes and public speaking. Registration fee is $3.00 for both courses and a Scofield Bible is the suggested text. Citizens who are not members of the church are invited to attend.

Mt. Zion s new leaders

Services for installation of new officers were held recently at Mt. Zion United Methodist Church, Liberty Heights and Wabash Avenue. The Rev. Zacarias J. Cardoso is minister.

Officers elected were Verdell Adair, lay member to annual conference; Russell Young, pastor-parish relations; Ms. Edna Thornton, education.

Also, Ms. Bettie Morris and Lou Spencer, social concerns; Ms. Stephanie Johnson, Norris Tucker and Ms. Fannie Perry, Children's Ministries; Frank Thomas, adult ministry; Ms. Adelia Cardoso, United Methodist Women; Lettie Stanley, administrative board secretary; Ms. Victoria Butler, kitchen coordinator; Ms. Louise Clegg, health and welfare; Lawrence Custis and Russell Young, lay speakers; Charles Wells and Lettie Stanley, 100th anniversary committee.

Elected as members at large to the administrative board were Ms. Harriet Dyson, Ms. Goldie Kimbal, Roland Smoot, Ms. Margaret Summerville and William Blackmon.

New trustees are Thomas Summerville, Olivia Marshall and Wesley Benn. Elected to the finance committee were Warren Clegg, John Hawkins and George Maddox.

Members of the February birthday club of Mt. Zion are making plans for their annual birthday celebration. Ms. Effie Pound is chairperson. Celebrants will include Paul Hamric, Leonard Baylor, Glinda Cunningham, Ms. Roslyn Jeter, Levinia McArthur, Levin Stanley, Monisha Adair, Thomas Summerville, Marguerite Linton, William Blackmon and Natalie Mingo.

Metro church briefs

Annual Men's Day will be observed Sunday, Feb. 17 at Garrison Boulevard United Methodist Church. Albert Harris is chairperson and the Rev. Roscoe Williams is pastor.

Members of First Baptist Church Sunday School, 525-27 Caroline St., will highlight the 200th anniversary of Sunday schools with a black history program on Sunday, Feb. 24, 9:30 a.m. Mrs. Mae F. Moody is chairperson, James H. Stovall is superintendent and the Rev. Leroy Fitts is pastor.

The Usher Board of Douglas Memorial Community Church, Madison and Lafayette Avenues will present the Chancel Choir of Douglas Memorial Church in a concert of Afro-American music on Feb. 24, 5 p.m. The Rev. Marion C. Bascom is pastor.

The Columbia Gospel Messengers Choir, a community organization of young people, is looking for a gospel pianist who can play for the group. For more information concerning the position call 596-6634 or 730-8846.

The Rev. Mrs. Alfreda Wiggins, associate minister of Lewin United Methodist Church will be the 11 a.m. speaker on Feb. 24 for Women's Day at Pennsylvania Avenue AME Zion Church, Pennsylvania Avenue and Dolphin Street. The Rev. Marshall Strickland is pastor.

The Sunday School and Baptist Training Union Convention of Maryland will hold its annual awards fellowship dinner on Feb. 28, 6:30 p.m. at Eastwind. Mrs. Elnora Fullwood is coordinator and Mrs. Jacqueline Brooks is president.

The Men's Chorus of Knox United Presbyterian Church, Preston and Eden Street will celebrate its anniversary on Feb. 24, 5 p.m. Willie Rush is president and the Rev. Lonnie J. Oliver is pastor.

Members of New Second Baptist Church, 214 East Lanvale St., will pay a special tribute to Cong. Parren J. Mitchell on Feb. Felton Williams Jr. is pastor.

The Deacon and Trustee Board of Macedonia Baptist Church will have their second annual unity service on Feb. 17, 3 p.m. The Rev. Mark A. Riddix, pastor of Mount Zion Baptist Church will be the speaker. Jesse M. Sample, Richard Hunter and Ms. Juanita Pemberton are chairpersons. The Rev. Dr. W. L. Clayton is pastor.

The David E. Over Service Club of Providence Baptist Church, 4200 Liberty Heights Ave., will present The Young Experience and crowning of the king and queen of Providence on Feb. 24, 3 p.m. Mrs. Gloria Wood is president and the Rev. Marcus G. Wood is pastor.

Heritage United Church of Christ, 3106 Liberty Heights Ave., will present the Fisk Jubilee Singers in concert at the church on March 1, 8 p. m. The Rev. Wendell Phillips is pastor.

The youth and young adults of Calvary Baptist Church, 3911 Garrison Blvd., will observe their annual Youth and Young Adult Day on Feb. 17. Brian Johnson is president and the Rev. Lorenzo Graves is pastor.

The Brothers of Washington, D. C. will be singing at Macedonia Baptist Church, Fremont and Lafayette Avenueson Feb. 16, 7 p.m.

A gospel jamboree will be held Feb. 17, 4 p.m. in the Oakland Mills High School auditorium. The gospel show is being sponsored by the pastor and members of First Baptist Church of Guilford. The Rev. John L. Wright is irperson and the Rev. W. K. Woods is pastor.

The Choir Club of St. Mary The Virgin Episcopal Church, Walbrook Avenue and Ellamont St., will sponsor a pancake disco on Feb. 19, 5 to 9 p.m. The Rev. George is pastor and Rosmond Diggs is president.

The 40 voice choir of Grace United Methodist Church, Charles Street and Northern Parkway will present Elijah on Sunday, Feb. 17, 4:30 p.m.

The Rev. James Cleveland and the Cleveland Singers, The Mighty Clouds of Joy, The Original Caravans, Voices of Supreme, Mrs. Katie Jackson, Singing Disciples, Gospel Leaders and The Mass Choir will be singing at the Civic Center on March 30, 7 p.m.

The Women's Committee of Mount Pleasant Baptist Church, 1801 Preston St., will present the movie "The Cross and The Switchblade," on Feb. 16, 8 p.m. at the church.

Lenten services will be held at St. Francis Xavier Catholic Church. Classes will be held on Thursdays during Lent at 7:30 p.m. at 1501 East Oliver St. Topics discussed are family centered and will highlight the year of the family.

The youth of Israel Baptist Church presented OJC Inspirational Choir of Mount Moriah Baptist Church in concert. Terry Thomas is chairman and the Rev. Harlie Wilson is pastor.

A gospel mass will be held at St. Cecelia Catholic Church, Windsor Avenue and Hilton Street on Sunday, Feb. 17. The Rev. Donald Sterling will be the speaker. Senior citizens will be honored on Feb. 24 at St. Francis Xavier Catholic Church, 12:15. Carolina and Oliver Streets.

The Senior Choir of Simmons Memorial Baptist Church, will present the 250 voice choir in a recital onFeb. 15, 8 p.m. at the church, Pennsylvania Avenue and Cumberland St. Mrs. Annie Williams is president, Ms. Julia Sutton, secretary and the Rev. William King is pastor and Carter Robinson, director.

A banquet will be held Feb. 17, 4 p.m. at North East Baptist Church, 2301 Maufield Ave. The Rev. Barrow is pastor.

Men's Day will be observed Feb. 17, 4 p.m. at Greater Scripture Church Temple, 5000 Edmondson Ave. Special guests singers will be The Singing Angels of Alexandria, Va., and George Tillman of Campbell AME Church Washington, D. C.

A minister speaks out

By Rev. Walter Thomas

We are now celebrating Black History month. We will salute the patriarchs of our cultural heritage whose tireless efforts gave birth to our freedom and development. The gospel song says so eloquently "We've come a long way, but we still have a long way to go." This statement is more true now than it has ever been because our present prosperity is but an illusion as we are suffering from a chronic and serious malady.

Though we speak of America as the home of the brave and the land of the free, and though I would be among the first to say that life in America is far better than it is in other parts of the world, I would have to make strong the claim that we are often manipulated to meet the goals and objectives of the system.

In reality, we are not decision makers as it relates to the destiny of this nation or even our communities. The ruling triumvirate power, wealth and prestige is the vested interest whose concerns must be and will be met by our system and we will be manipulated toward the furtherance of those interests.

As we make a bold and valiant step into the eighties, we must recognize this glaring and cogent truth so that we are aware of our enemy, his purpose and his tactics.

Our enemy is not the white man or even the middle class community of America but to quote the tent maker from Tarsus, "We fight not against flesh and blood, but against powers and principalities, against the rulers of the darkness of this world and against spiritual wickedness in high places."

There is a theory in the field of Political Science known as the Domino theory. This theory speaks of the Communist advance into the small nations of the world and how like dominoes they will fall one after another. The theory states that the Communist have a master plan and that they are setting the dominoes in their proper place. We have seen the tumbling of the dominoes in Hungary, Czechoslovakia and now in Afghanistan.

I believe that his theory of international politics can be applied to our living even in this monumental city of Baltimore. We need only consider the direction in which the dominoes are falling. I remember in the days of my youth riding the buses of Baltimore through areas such as Russell Street and Sharp Street. These areas were almost to have been struck by blight as they existed in a state of constant need of repair. These areas were predominantly black and middle class dwellings, but there was seldom lifted a voice of hope stating that new services would soon be brought to this decaying area to help those there reach a higher standard of living.

Russell Street and Sharp Street have not been totally transformed. New homes and new occupants are the order of the day. These two areas do not stand isolated in the change of residence and neighborhoods, but all over out city we have seen an exodus of those who lived in run down and depressed areas so that persons of high income could be enticed to move back into the city and renovate or rehabilitate the poverty. The point I am trying to make is that the first level of dominoes is the level of housing. Our people cannot afford to purchase the very homes they were forced to leave. I know one will quickly raise the point that in the free enterprise system of private property put to its best use and giving its highest yield, one ought to expect and appreciate this shift. My answer to those who speak to this elitest jargon is that society also has an obligation to the poor and the not so poor to insure them of decent and