FOOD FOR PEOPLE

Government to cut nutrition programs

By Patricia Crouse

In this age of Proposition 13 and the push to cut government spending, many social programs are coming on difficult times. Child nutrition programs are no exception. The government proposes to cut $304 million from child nutrition programs such as WIC (Supplemental Feeding Program for Women, Infants and Children), school breakfast and lunch, summer feeding and special milk.

There are several ways the cuts can be made. Some ways are better than others. For example, if fewer children were eligible for free and reduced price meals, the government would spend less money in reimbursing the schools for those meals. In order to do that, the guidelines for free and reduced meals would change so that a family would have to be poorer than they are now before they could get free or reduced price meals.

Another money-saving scheme would be to add five cents (or more) to paid lunches and charge 20 cents instead of 10 cents for reduced price lunches. For families with low incomes, this added cost would become a real burden and participation in school meals would drop. A drop in participation will have some bad effects including poorer nutrition for children who are no longer able to participate, cost per child increases and eventually poorer meal quality due to high costs would result.

The summer feeding program was cut $37 million. Congress feels that this will not change the numbers of children benefiting from summer feeding but will cut out fraudulent payments to profit-making companies that provide summer meals. In other words, Congress hopes to eliminate false reporting for reimbursements by the companies contracted with the government to provide meals for the summer feeding program.

Cuts could come out of nutrition education and training. Kids need to eat, but they also need to learn how to eat, what foods are good for them and why some foods aren't good for them. Nutrition education is the key to a healthier America. Maryland has begun an excellent nutrition education program. Cutting these funds would be a giant step backward for nutrition education.

These are only some of the ways the Agriculture Committee may choose to save the $304 million. The Maryland Food Committee visited Maryland legislators to tell them that we feel it would be a disaster for struggling families to struggle even more because they were no longer eligible for free or reduced price meals. We let them know that increasing the cost of reduced price meals and paid meals could cause unnecessary strain on families. When budgets are stretched too far, something must give. If school breakfasts and lunches have to be cut out of the family budget, children may eat far less nutritious meals and not learn as well as they could.

You could let legislators know how you feel about cuts in child nutrition programs. It's easy! All you need to do is call them and tell them (or the secretary) you'd like to comment on the proposed cuts in child nutrition programs. If you can't call, send a letter to Maryland's legislators.

Our U.S. senators are Charles McC. Mathias and Paul Sarbanes. Maryland House of Representatives members are Robert Bauman, Michael Barnes, Beverly Byron, Marjorie Holt, Clarence Long, Barbara Mikulski, Parren Mitchell and Gladys Spellman. Call 837-5667 for their address and more information. Let YOUR VOICE BE HEARD! **Patricia Crouse is the program coordinator for the Maryland Food Committee.**

BIG BATTLE EXPECTED

Bill would re-instate returnable bottles

By James M. Abraham
AFRO Staff Writer

One of the more controversial fights in the coming session of the Maryland General Assembly may well be the debate over the enactment of a return able container bill, or the bottle bill.

Proponents of the bill, which failed to pass during the last session of the legislature, have already pre-filed the piece of legislation, and are ready for a hard fight from lobbying groups representing the interests of the bottling and soft drink industry, which opposes the bottle bill.

According to Lee Preller, a member of Environmental Action, a Washington, D.C. based conservation and environmental lobby, the bill has the backing of State Senator Julian Lapides and Dr. Aris T. Allen, as well as national organizations such as the Urban League, have endorsed returnable bottle legislation.

The bill consists of a two-tiered system of refunds for beverage containers. There will be a ten cents refund on all containers and a five-cent return on uniform containers, or bottles of the same size.

Collection centers are envisioned for the various communities of the state, with grocers and other distributors bringing the returned bottles to the redemption center.

There will also be a ban on zip top cans and the plastic collars used to hold six-packs. Preller pointed out that many farmers have protested these devices, for too often livestock or equipment is damaged by them.

The bill, according to its backers, will be instrumental in creating new entry-level jobs for the young and unskilled in the areas of bottle collecting and bottle maintenance at the bottling plant.

But the bill was defeated by heavily-financed industrial lobbyists during the last session of the legislature. The bottling industry currently charges consumers for both the beverage and the can it comes in, and would lose the revenue from the constant sale of new bottles.

Also, the industry claims that it would be too expensive to set up the facilities for washing and redistributing used bottles.

The backers of the bill are confident, however, and state that the bill, house bill 304 and Senate Bill 134, will, "give people a chance to start turning this throw-away attitude around."

If you own more than one car, use the more fuel-efficient one for as much of your driving as possible, particularly for commuting to and from work or local stop-and-go driving.

TIME FOR RED

JOHNNIE WALKER RED

100% BLENDED SCOTCH WHISKIES. 86.8 PROOF. IMPORTED BY SOMERSET IMPORTERS LTD. N.Y. N.Y.

Underoos &
Every Man's Son

The Fun Combination!

Superman • Aquaman • Shazam
Fred Flintstone • Spider-Man • Hulk

New Underoos for boys—T-shirt and brief sets made of fine combed cotton and Dacron® polyester, sizes 2-16. Unconditionally guaranteed and just $4.99 for any set. Underoos are colorfast and machine washable like ordinary underwear. But they sure don't make a kid feel ordinary!

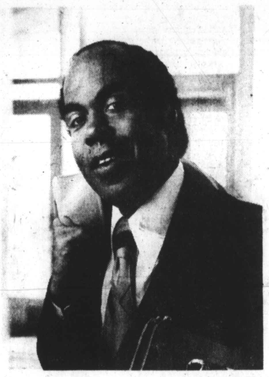
Superman, Aquaman, Shazam designs, ® and © DC Comics Inc 1978
Fred Flintstone design © Hanna-Barbera Productions, Inc. 1978
Spider-Man, Hulk designs © Marvel Comics Group 1978

Mondawmin Mall—225-0266

Cedonia Mall—485-1183

Underoos is Union Underwear Company's registered trademark for its jeans-coordinated underwear sets sold under license. © Union Underwear Co. 1979

"'Ocean to Ocean' means a lot more than a plain ride."



Best way to L.A.

United's "Ocean to Ocean" Service means you can choose your seat when you choose your flight. For our Los Angeles nonstop, call ahead and select the seat you want. Right over the phone.

On board you'll enjoy air travel as it should be. With "Ocean to Ocean" extras like hot refresher towels and exclusive highlights from ABC's "Wide World of Sports" or CBS's "60 Minutes."

For reservations, call your Travel Agent. Or call United at 766-7600. And enjoy yourself all the way to Los Angeles. Partners in Travel with Western International Hotels.

"Ocean to Ocean" Service to Los Angeles

Fl. #	Leave	Arrive	
63	9:50 a.m.	12:20 p.m.	O:O
107	11:15 a.m.	3:20 p.m.	1-stop (DC-10)

Schedules subject to change.
O:O "Ocean to Ocean" Service

The convenient way to pay.

Use the American Express Card to pay for airline tickets, car rentals, hotels, meals, shopping—and almost anything else when you're on a trip. If you don't have a Card, pick up an application wherever the Card is welcomed. Or call American Express, toll free at 800-528-8000.

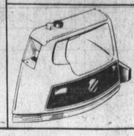
The American Express Card. Don't leave home without it."

I never fly coast to coast. Only Ocean to Ocean.

Fly the friendly skies of United.
Call your Travel Agent.

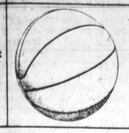
Save $5
West Bend® Poppery™ Popcorn with hot air.
24.97
Regularly $29.99
Electrically pops big, light kernels with hot air not hot oil. Butter-melter dish fits on top of popper.

Save $5
12 cup automatic drip coffeemaker.
Set/forget, timer starts brewing auto. Also has handy permanent filter.
39.97 Reg. $44.99



Save $5
Speed O' Light™ iron: self-cleaning, light.
Easy to handle. Steam, dry iron plus "burst of steam" feature.
17.97 Reg. $22.99

Save 50%
Jog in style with acrylic warm-up suit.
With knit arm inserts, flared pant for easy movement.
16.49 Reg. $32.99



Save $9
Slightly blemished basketballs.
Slight imperfections but does not effect performance of ball.
6.88 Reg. $15.99

Save $3
Rubber pac boot for all-weather hunting.
Slip-resistant sole and steel shank. Insulated. Sizes 7-12.
8.97 Reg. $11.99

Save 50%
Aluminum tennis racket for easy winners.
Aluminum racket has comfortable leather wrapped handle. Nylon string.
9.97 Reg. $19.99

MONTGOMERY WARD

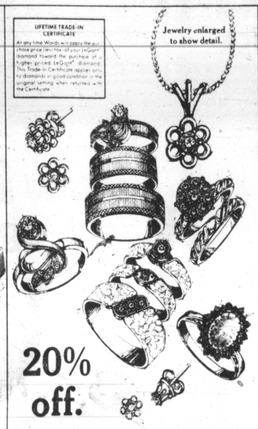
Sale ends Saturday, Dec. 8

Not all items at all stores.

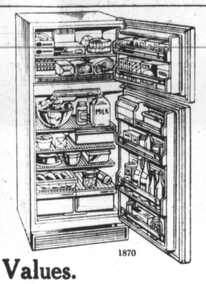
Christmas Bellringer Sale.

Save 20%
For her leisure-soft fleece robes.
23.97 Reg. $30
Choose regal wrap sparked with white satin piping, sumptuous shawl collar and inserts in contrast color. Or zip front with shirt-tail bottom, contrast trim. S,M,L.

Save 36%
Woven dress shirts are gift boxed.
6.97 Reg. $11
Super selection of stripes, tone-on-tones, solids or prints. Smaller collar, stay-neat placket, pocket. 2-button cuffs adjust. Machine-wash. polyester/cotton or cotton/poly. Men's 14½-17.



20% off.
Our entire collection of dazzling LeGant® diamonds.
Elegant assortment of glistening diamond rings, earrings and pendants, carefully selected for color purity and brilliance. All are artistically set in lustrous 14k white or yellow gold. Backed by 108 years of Wards integrity, weight/quality certificate and lifetime trade-in privilege. Use our convenient layaway plan.
In stores with Diamond Jewelry Department.



Values.
18.4-cu. ft. frostless refrig./freezer.
Has 4 handy shelves. Dairy compartment, 2 vegetable crispers, meat pan.
449.88 Special buy.

Compare.
20-lb. washer, with 5 wash cycles.
Cycles for all washables, 5 temp. combos, water-saver.
$249 Wards low price

Save $7
Shapely knee-high boot.
Urethane uppers; man-made sole, stacked look heel. Soft nylon lining. M6-10 whyole sizes.
23.97 Regularly $31

Save $5, Ankle-hi boot.
Urethane uppers; man-made sole, stacked look heel. Soft nylon lining ankle strap. M6-10 whole sizes.
17.97 Regularly $23

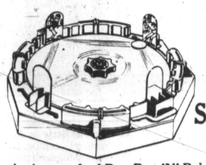
$30, women's curve top boot . . . 23.97

Save $50
Stretch out! Rock, and relax in comfort.
2-way recliner offers 3 positions. Covered in soft, easy to clean vinyl.
99.97 Regularly $149.99

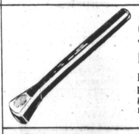
Save $60
7-pc. dinette has white finish legs.
36x48x60" wood grain plastic table top. White finish on table legs and chair frames. 6 chairs.
169.97 Regularly $229.99

Save 16%
Duraflame® II log leaves little ash.
99¢
Regularly $1.19
Easy, instant lighting log with cedar-smell; burns up to 3 hours with bright, long-lasting colored flames.

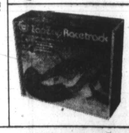
Save $35
6-gallon high-performance shop vac kit.
Wet/dry vac with accessories has 1.25-peak-hp motor and automatic shut-off
49.88 If sold separately $85



Save $4
Action-packed Bop Bop 'N' Rebop™.
Try to get your puck into opponent's territory and keep his puck out.
8.88 Regularly $12.99



Save $3
Touch a tune! Magical Musical Thing.
Play it like a piano or like a guitar. Has 25 notes.
9.88 Reg. $12.99



Save $5
Zap zap racetrack with "stay-together track."
A pre-school race set with all the sizzling competition of a real road race.
14.88 Reg. $19.99

SAVE NOW AT WARDS LOW PRICES—IT'S YOURS WHEN YOU SAY "CHARGE IT!" WITH YOUR WARDS CHARG-ALL ACCOUNT

Big value days? Every day!

MONTGOMERY WARD

Annapolis 224-2500 Baltimore 244-2000 Bel Air 838-2500 Catonsville 244-2399 Glen Burnie 761-6000
Towson 828-9600 Essex 687-9300 Rosedale 574-6500 Ellicott City 465-6750