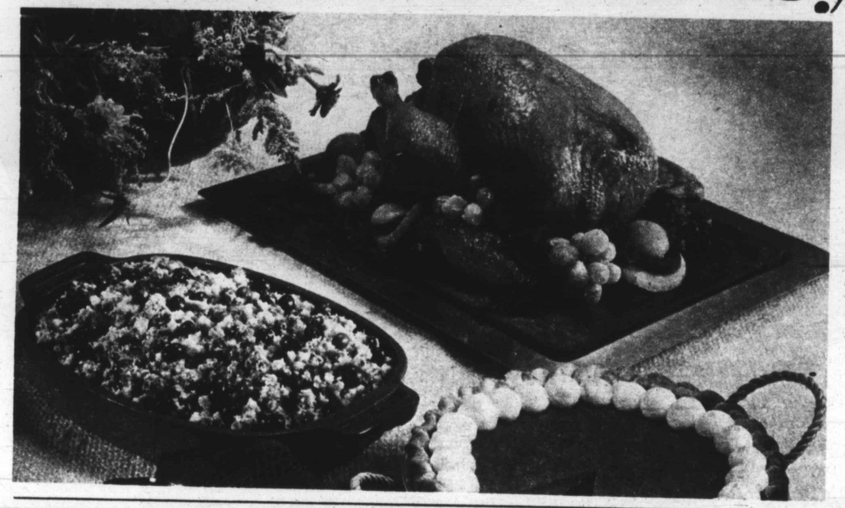
Traditional Turkey Time



Every year, some newlyweds ask for instructions on how to roast a turkey. So, this is for them — you might check to see if it meets your approval.

When you're planning your Thanksgiving holiday menu, you'll be pleased to know that the traditional bird is still an excellent buy—especially for families trying to stretch the budget. Turkey is plentiful this year and is a real bargain at an average .79 cents per pound for whole birds.

To make it even more appealing, turkey meat contains little fat and is an excellent source of B vitamins, niacin, riboflavin, calcium and iron.

Prices may vary from one city to the next.

As you're preparing your Thanksgiving feast, it's natural to wonder what you will do later in the week with the food that is not eaten on the day.

No need to worry since leftover turkey can be just as good the second time around. Slices of turkey, topped with lettuce and jellied cranberry sauce, make excellent, tasty sandwiches.

The carcass of the bird combined with carrots, celery, onion and tomato sauce makes a delicious hearty soup.

The more adventurous cook might try a Turkey Tetrazinni, curried turkey or a turkey pudding.

HOW TO ROAST A TURKEY

1. Place stuffed and tied turkey, breast-up, on rack in shallow roasting pan. Brush with butter, margarine, or cooking oil if desired. If a meat thermometer is used, insert into the thick part of thigh. Thermometer must not touch bone.

2. Roast bird in preheated 325 degrees F. oven for time indicated on chart. When the thermometer registers 180-185 Degrees F, and drumstick and thigh move easily, turkey is done.

TIME CHART FOR ROASTING TURKEY IN PREHEATED 325 Degrees F. OVEN

Ready-to-Cook Weight	Approximate Cooking Time
6 pounds	3 hours
8 pounds	3½ hours
12 pounds	4¼ hours
16 pounds	5½ hours
20 pounds	6¼ hours

Thermometer: All 180-185 degrees F.

Note: Unstuffed turkeys require about ½ hour less roasting time. (NOTE: Because turkeys vary from one to another due to conformation, variety, etc., cooking times can be only approximate. Because of this, it would be well to allow an extra half hour of roasting time in case the turkey needs that extra cooking.

SWEET POTATO AND CRANBERRY PIE

(Makes one 9-inch pie)

One 9-inch pastry shell
½ cup Ocean Spray whole berry cranberry sauce
1½ cups cooked and pureed sweet potatoes
½ cup firmly packed light brown sugar
3 whole eggs
1¼ cups evaporated milk
2 teaspoons pumpkin pie spice
¼ teaspoon salt
Whipped cream for garnish, if desired

Spread whole berry cranberry sauce onto the bottom of unbaked pastry shell. Combine sweet potatoes, brown sugar, eggs, milk, spice and salt; blend well. Gentley pour over cranberry sauce in pastry shell. Bake in a hot 400 degrees F. oven for 50 minutes or until knife inserted in center comes out clean. Cool. If desired, serve with whipped cream.

CORNBREAD STUFFING

[Makes about 10 coups]

1 lb. bulk sausage meat
1 cup chopped onion
1 [12-oz.] package cornbread stuffing mix
½ teaspoon thyme
1 teaspoon poultry seasoning
2½ teaspoons salt
½ teaspoon pepper
1 cup butter or margarine
2 cups fresh cranberries, washed and drained.

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