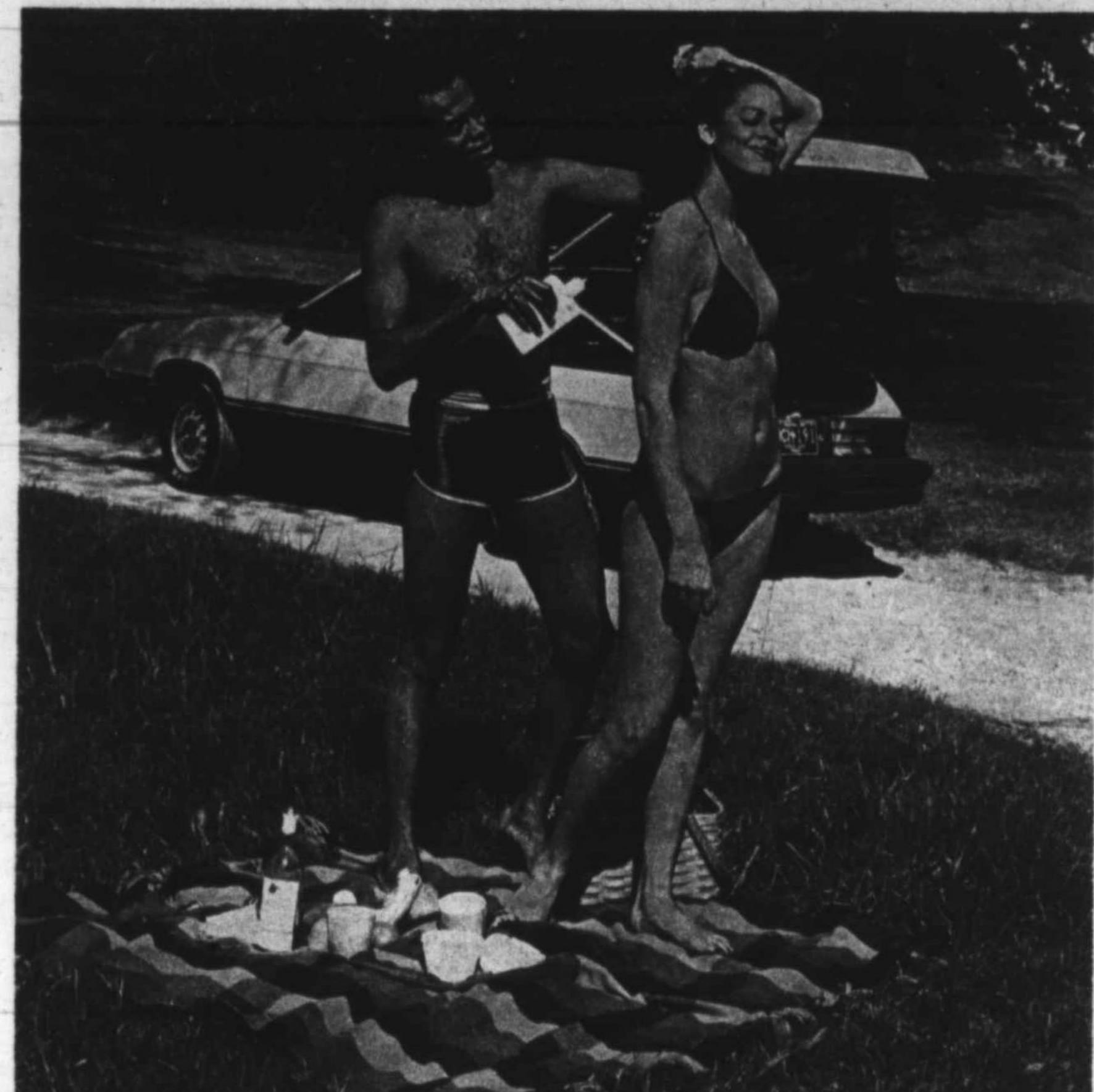
Auto Travel Still Cheapest



Connie and Mel from Beaumont Agency pose in a picnic setting. Using an economy car lets them vacation nearby. They use a Dodge Omni 024. She wears a Wear-Dated by Monsanto bikini by Deweese Designs.



Despite the exorbitant price of gasoline, there is still a great vacation possible within 100 miles of wherever you live. Of course, you must observe all fuel-saving tips.

By Barbara McGinniss

"Let's get in the car and go some place!"

Over two thirds of the vacations
Americans take are in the car, still
one of the cheapest and most
carefree and most comfortable
ways to travel, in spite of current
gas prices.

All over America, there are a lot of marvelous places to see, both swinging and full of history and interesting variety in a 100-mile radius of most cities and towns.

For example, our two travelers models, Thaddeus Iglehart and Mel Jackson, had a ball at the Playboy Chub in Great Gorge, N.J. Mel, who is also an actor and

dancer, has done a lot of touring and knows that one of the best (Continued on Page 29)

Summer Drinks

What's the point of summer exercise — jogging, swimming and tennis if you cap off the day's activities with calorie-laden food and drinks?

During the hot weather you're apt to be drinking a lot more to quench your thirst, so be particularly aware of how quickly calories in drinks can add up.

Many straight from the can—
or from the bottle—nectars and
sodas are very high in calories.
Canned peach nectar, for
example, has 179 calories in a 12
oz. glass. Similarly, fruit flavored
sodas average about 171 calories
for the same size serving.

With little preparation, you can make drinks that are as refreshing and satisfying as more fattening beverages, but with one important

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Thaddeus wears an Acrilan tweedy-look sweater with slim polyester pants. The Devon outfit Wear-Dated by Monsanto.



Mel wears William Barry "Yukon" Gear in two-tone colors. It is warmly filled, and about \$75.

