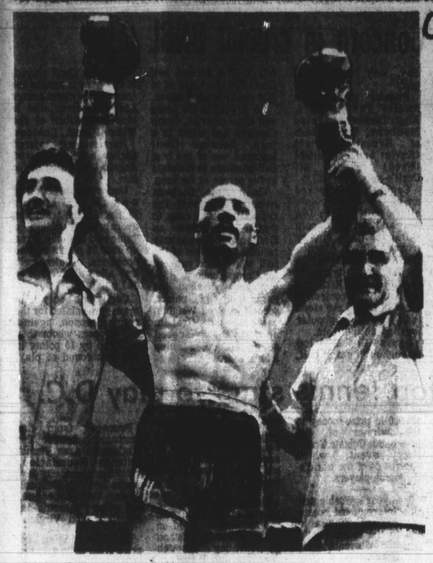


Marvin Hagler after Monte Carlo win
'I'll take things from there,' he says

Collegeans aid BNBL contenders

By Samuel Davis

When the championship series rolls around for the Baltimore neighborhood Basketball League, AA unlimited, one team to watch will be the Regnel Heights Rockets.

The team has already made appearances in four consecutive championships and won one. In 1975 it lost to Murphy Homes, in '76 to the Raiders; 1977 the rockets defeated Colt 45, and last season Regnel turned the title over to Towanda.

This season the rockets won the first round of play with a 4-1 record, which guarantees them a spot in the playoffs.

In the second round Regnel dropped its first game to Bentalou 57-54. On last Tuesday the team bounced back to defeat Murphy Homes 63-51, running its record to 1-1.

Made up mostly of past and present players of Coppin, Towson, and Morgan basketball teams, Regnel scores an average of about 58 points a game.

The players from Coppin are Eddi Taylor, Jimmy Drew, Earl Bundy, Sam Sewell, and David Sheppard.

Other members of the team are Charles Fowlkes, David Wise from Towson, and Ivy Young, Morgan.

Bill Newton, assistant basketball coach at Morgan is also playing for the Rockets.

Keeping Bentalou in the thick of things are such college stars as Milton "Termite" Young who has been Coppin's floor general for the past two seasons.

All-American junior college center Joe Miller who led CCB to a 30-3 record in its 78-79 campaign, and Ron Smith, a member of the University of Baltimore cagers, also contribute to the Bentalone cause.

All-Star card set Saturday for Civic mat

A rematch ordered by the Maryland State Athletic Commission brings back Greg Valentino, No. 1 chalenger, against Bob Backlund, World Wrestling Federation bevayweight champion, in the one-fall finish title feature of an eight-event wrestling card at the Civic Center tomorrow (Saturday) night.

These crowd pleasing youngsters kept the spectators in an uproar when they battled to a bruising draw here several weeks ago and their rematch has been created through popular demand.

Promoter Phil Zacko is elated over not only having made the return match but over having Gorilla Monsoon, 6-6, 401-pound strong man, sanctioned as guest referee.

Two top supporting attractions featuring the violent Viliant brothers match Jimmy Valiant with the Polish giant-killed, Ivan Putski, and Jerry Valiant with speed specialist Steve Travis.

Other bouts list: Johnny Rivera vs Hussein Arab, S.S. Jones vs. Nicolai Volkoff, Tito Santana vs. Mikel Scicluna, Dom Denucci vs. Mr X and Steve King vs. Jose Estrada.

Hagler: 'They name it, I'll take it'

BOSTON—The journey to the fairy tale kingdom on the Mediterranean is over. But the dream goes on for Marvin Hagler.

Hagler, the bruising middleweight from Brockton, Mass., has been assured a title shot this fall against Vito Antuofermo. The only uncertainty is the time and the place.

"All they have to do is tell me where the fight is and I'll be there. Vito will bring the title to the states and I'll take everything over from there," Hagler said upon returning to Boston.

"Right now, I'm going to take a few days off and rest up. Then, I'll get back into training at my camp in Provincetown," he said.

Rip Valenti, a Boston fight promoter and spiritual advisor to Hagler, said the title bout would be held Sept. 22 in either Las Vegas or Boston. Valenti has staged many of Hagler's bouts at the Boston Garden.

"Whichever one gets up the money," Valenti said.

Hagler, a hard-hitting southpaw, assured himself of title shot Saturday with an eighth round technical knockout over Argentinian Norbert Cabrera. Cabrera held high regard for his opponent.

"I fought the best world champion," he said after the bout.

SAVE $$
ON NEXT
NEW OR
USED CAR
Call
LESTER PARKER
A. D.
Anderson
Chevrolet
4600
Edmondson Avenue
566-5600 or 356-5156

YOU KNOW
BECAUSE YOU
READ THE AFRO

NEED INSURANCE?
HAVE AN
INSURANCE
PROBLEM?
CONTACT
K.I.A.
Kennedy
Insurance
Agency
533 E. 25th
Baltimore, Md. 21218
1 block from
Greenmount Ave
at Loch Raven
(301) 366-6418
We Insure Autos-
Trucks-Motorcycles-
Homes-Lives-etc.
Easy Terms

Fisherman's
Net
5213 Belair Rd.
488-8770
Feeder Goldfish
20 for $1.25
Feeder Guppies
25 for $1.00

Garrison youth predicts wins

At least one young Baltimorean competing in next week's sectional Junior Olympics in Pennsylvania, is going there with a positive attitude.

Howard Rogers has set a school long jump record three years straight at Garrison Junior High, and as he prepares to head north for the July 13-14 championship Howard is confident he will capture the jump and the 440.

The youngster, now recovered from a hip-joint injury, predicts a leap of 20-4, a foot further than his previous best, and a 52.5 quarter which he declares will win.

THE EYES OF TEXAS — In fact, all eyes everywhere baseball is played, were on Fergie Jenkins last week as he one hitted the streaking Baltimore Orioles. His 4-0 shutout of AL East leaders was pivotal game of 3-game sweep by his Texas Rangers. The 35-year-old master of the mound recorded his 279th career strikeout when he fanned Doug Decinces in the 8th inning.

This is it for our Birds

That catchy commercial which proclaims, "This is it, America," might well be applied to the Orioles' upcoming week.

The red-hot Birds, whose flames were doused in a 3-game humiliation at Arlington, Texas, resume their long road trip tonight (Friday) against the Angels.

After three in Anaheim, they move to Oakland (Monday) for three, and then to Seattle (next Friday) for three with the Mariners.

A tough grind, a rugged assignment, but, as stated earlier, "this is it" for survival as a pennant contender.

LACY.

Bayou Classic

Date for the Bayou Classic football game has been set for Dec. 1 in the New Orleans Superdome.

The game, which could determine the 1979 Southwestern Athletic Conference title, features Grambling against Southern.

In rooting for O's

First-timers join oldsters

By Sam Lacy

The truth is that this was a quickie.

Inasmuch as much as the stubbornness of arthritis continues to limit my normal activity somewhat, I don't mingle as much when I get out to Memorial Stadium. There was a time when I felt no compunction about leaving the comforts of the pressbox — in fact I preferred to do so on nights when the weather is as ideal as it was last week.

But a newspaper article critical of black attendance at Orioles games, prompted me to get back out among the customers and take a look for myself.

I discovered that the assessment was accurate. The percentage of blacks among the 31,000-plus fans in attendance was minimal.

However, I discovered something else: there are a lot of newcomers among the inner-city folk who do show. And they're every bit as enthusiastic in their support of the Birds as are those fans who may be counted as veterans.

I encountered some of them, too.

One of these was Jeff Hargrave, of Bethlehem Steel employe who lives in Yolando Road.

Another was Leonard Smalls of Division Street. Still another was Erica Jones who brought along Betty Whiteson, a neighbor from down the block on Edmonson Ave.

"I make at least one game of every home series," Hargrave told the visitor. "A friend as supposed to come with me but something came up.

"Yes, I've noticed the small black turnout myself, and I've wondered about it. But I enjoy the games so I come. The Orioles are an exciting team this year and deserve support.

Said Smalls: "I'm not concerned with (Jerry) Hoffberger's squaking. It happens every year — at least over the last four.

"As for the team, I got turned off a while back when they were being indifferent toward the free agents. But the way things have turned out, I guess they were right."

"I just love 'em,' exploded Ms. Jones. "Bumbry (Al) is so cute and Singleton (Ken) is so masculine. But I root for them all to win. They're just beautiful."

Ms. Whiteson "enjoys the games, the evenings, the atmosphere, the everything. It just costs so much to come out, I cant follow Erica every time she comes.

"She makes two or three games a week when the Orioles are at the stadium. I get out an average of once a week. We've been doing it for almost five years."

Then there were the newcomers.

John Magruder of Auchentoroly Terrace, who comes "occasionally," had with him first-timer Thomasina Holland.

Anthony Stewart and wife Georgia of McLean Boulevard brought along Mrs. Stewart's mother, Ann Worsley for her introduction to the Oriole brand of baseball.

Michael Harris of Thorndale Ave., was enjoying his baptismal.

And the Smith family of Forest Hill, while not exactly newcomers, were out for "the first time this year."

That sisters and brother group was made up of Crystal, 21; Elisha, 21; Lavonia, 18; Alda, 13; Wyatt, 10, and Royall, 6 months.

For the most part, all the first-timers agreed "it was great fun, and there will be more such evenings for them.

It helped, of course, that the O's won the game.

FITNESS FIXING

Are you physically fit? Here are several exercises prepared by the Maryland Physical Fitness Commission, these designed to determine the strength of leg muscles.

Sit in a hard backed chair with the arms on the rests or down at the sides. Keep the legs together and straight with the toes pointing out. Raise the legs until they are parallel to the ground. (See picture) and hold for 30 seconds.

Do you find your legs burning or shaking? Then what you need is to develop more upper leg strength in the quadriceps (front part) and the hamstrings (back part) of your legs. Here are a few simple exercises for you to help develop some muscle strength in the upper legs. These exercises will not add muscle bulk, but instead firm up and tighten the muscle.

STEP WALK: This exercise can be done with one step, or a series of steps. Concentrate on staying on your toes. (that way you use the calf muscles as well) and for two minutes walk either up and down a series of steps, or using one step, step up with one leg, then with the other, then one down, then the other. Either the stair walk or the step walk repeat for at least two minutes daily. As you find yourself getting better, try to increase the time for this exercise. It will also aid the cardio-vascular (heart and blood vessels) system of your body.

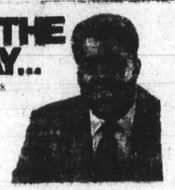
Caution: Do not attempt to do too much too fast, take your time, and remember when you start to tire, stop, relax, and allow your body to returnto normal.

MUSCLE TIGHTENERS: FRom a lying, standing, or sitting position, forcefully tighten the leg muscles and hold for 15 seconds. Relax, and repeat 10 times. As you find your legs developing strength and muscle firmness through this exercise try to increase either the amount of time you tighten the muscle, or the amount of time you tighten the muscle, or the amount of repititions you perform the exercise.

JOGGING IN PLACE: Stay on your toes and jog in place for about 3-5 minutes. This exercise will help improve the muscle strength, as well as improve your cardio-vascular efficiency. Try to jog in place, (or jump rope) at least 2 times a day.

BY THE WAY...

By Joe Black



As I travel about the country, I seem to detect an attitude of bewildérment among Black Americans. We all seem to be aware that Black progress is standing still. Have Black people been lulled into a sense of complacency because our median family income has grown from $4,000 to $15,000 or because more Black families now own their own homes; or is it because we now have more than a million Black students enrolled in colleges and universities?

Perhaps we are too busy feeling sorry for ourselves because of the Bakke case, the impending decisions of affirmative action through the Kaiser Aluminum, and Sears-Roebuck lawsuits. Maybe we want to just blame the slow down on that catch-all word "racism"? Well, it may shock you to learn that the upward and onward progress of Black America is being impeded by the apathy of Black Americans. We are allowing others to slowly deprive us of the gains that we've made during the past twenty-five years. How? We are not using our power wisely.

No, I am not talking about physical violence... I am referring to power that we gained through sweat, blood, and tears. Our power is the vote, but, politically, we seem to have painted ourselves into a corner. Traditionally, Black people have voted as Democrats, so that party now takes the Black vote for granted. And the Republicans are indifferent to our problems and needs. Therefore, Black people are challenged to do something so that neither party can afford to ignore us. The first priority is to register and vote.

Next we must learn to listen to all of the candidates and cast our vote for the people who include our problems in their campaign promises.

A funny thought just struck me... what do you think would happen if all Black people suddenly registered as Republicans? I'll bet that neither of the two political parties would take us for granted.

Joe Black
Vice President
The Greyhound Corporation

AFRO CARRIER BOYS
WANTED
IF YOU LIVE IN ANY OF THE FOLLOWING BLOCKS AND YOU ARE 11 YRS. OLD OR OVER—CALL US AT THIS NUMBER—
728-8200
2300-2500 Edmondson Ave.
600-2000 N. Bentalou St.
2300-2500 W. Lanvale St.
2300-2500 Harlem Ave.
2300-2500 W. Mosher St.
2300-2500 W. Lafayette Ave.
1100-1200 Ashburton St.
2700-2800 Winchester St.
2700-2800 W. Mosher St.
1000-1200 Poplar Grove St.
1300-1600 Poplar Grove St.
2900-3000 Baker St.
WIN THESE
ATTRACTIVE PRIZES!
•G.E. PORTABLE T-V
•WIDE FIELD BINOCULARS
•TIMEX WATCHES
•PORTABLE TAPE RECORDER
•40 POWER TELESCOPE
•GAS POWERED AIRPLANE
•WALKIE TALKIE SET

OUR WORLD —Pacesetters, Partyline

Douglass class of '54 celebrates 25 years

TEACHER HONOREES — Mrs. Essie M. Hughes, Mrs. Mary West Miller and Miss Nellie A. Buchanan, (L to R) former teachers of the reunion.

AFRO photos by Roman Hankewycz

By Pattie Hodges,
AFRO Staff Writer

The 1954 class of Douglass High School marked its 25th landmark with a reunion at the McKeldin Center, Morgan State University recently.

Between 280 and 300 graduates and their guests came out to enjoy the evening.

The delicious meni included fresh fruit cup, tossed salad, prime rib of beef, baked potatoes, broccoli with cheese sauce, hot rolls, apple pie, tea or coffee, and lots of cocktails.

Music was provided by Shawn Patterson, disc jockey with tapes known as "Disco Prince", and Kevin Griffith, of "Anthony Chic". Music included popular and oldiers from the '50s.

Special dances done by graduates and their guests were the Skate, Apple Jack, the Birdland and theMadison.

Mistress of ceremony for the occasion was Nancy B Kensler. Opening remarks, which included the class history were done by Ben Mason.

Ms. Kensler introduced the reunion committee, including Ben Mason, chairman; Donald Bailey, assistant chairman; Mrs. Virginia Day Lucas, secretary; and Ms. Jacqueline Cook Britton, treasurer.

Introduction of class members was done, table by table.

Introduction of the special guests was done by Hubert

(Continued on Page 28)

ALUMNUS AND GUEST — James Ford, Douglass alumnus, chats with Ms. Betty West, guest, at the recent Class of 1954 Douglass class reunion.

DOUGLASS ALUMNI — Lawrence Campbell, John Scott, Max Armstrong and Ms. Mamie Jackson, (L to R) some of the Douglass alumni enjoying the party scene at their recent class reunion.

DOUGLASS REUNION COMMITTEE MEMBERS — Committee members who planned and coordinated the Douglass Class of 1954 reunion are (L to R): Benjamin Mason, chairman; Mrs. Virginia Lucas, secretary; Mrs. Nancy Kensler, program chairman, and Donald Bailey, assistant chairman.

AKAs host bash for 'Golden Girls'

On Friday, June 29, at Martin's West, the Epsilon Omega Chapter of the Alpha Kappa Alpha Sorority hosted a fantastic black tie dinner dance from 10 p.m. until 2 a.m.

Hostesses for the affair, all sorors and all beautifully gowned, warmly greeted their 700 guests in the lobby and escorted them to their tables.

Basileus Idell Pugh welcomed everyone and gave the purpose of this particular dinner dance, which was a salute to the "Golden Girls".

The "Golden Girls" are sorors who were initiated into and embraced Alpha Kappa Alpha Sorority 50 years or more ago. Since their inception these ladies have shown undying love for and given continuous worthwhile service to the sorority.

Acknowledgement, appreciation and laurels were bestowed upon the "Golden Girls" on their 50th anniversary in AKA.

"Golden Girls" feted were: Margaret Russell Buck, who became a member of AKA at Howard University in 1927; Edna Over Campbell, who was initiated in the Delta Alpha Delta Chapter of AKA at Kansas University and is a past national officer, having held the office of Supreme Basileus of AKA; Nellie Henry Moore, chater member of Alpha Delta Chapter, Morgan State University, initiated in 1926; Agnes Watson Patterson, who became a member of Alpha Delta Chapter AKA, Morgan State University in 1927.

Special decorated tables were reserved for the "Golden Girls." On these tables were white lace table cloths placed over the pink cloth (pink and green are AKA colors). Fresh ivy, champagne and stemmed glasses added to the beauty of the special tables.

Soror Maxine Wood wrote an original poem which told beautifully of their love and loyalty entitled "Our Golden Girls". This poem was made into a scroll and read by Mrs. Pugh.

Soror Mary Thornton, co-chairperson for the affair and Soror Janet Cooper, co-chairperson of the dance committee, pinned the "Golden Girls" with orchid corsages, made by florist-soror Edwina Burke.

Soror Dolores M. Spriggs, chairperson for the affair, presented the "Golden Girls" with scrolls which contained ereflections of sisterly love.

Sorors who are "Golden Girls" in the Epsilon Omege Chapter and were not present were: Beatrice Ressby, Mildred Seaborne, Charlotte Shervington, Bennie Simpkins, Natalie Tighman, Jean Turpin, Anita Wheatley, Vera Williams and Viola Wright.

The sorority colors were in-

(Continued on Page 28)

LIVELY DANCERS — Mr. and Mrs. Emory A. (Dolores) Spriggs and Mrs. Helen Miles and Bobby Felder at the AKA's "Tribute to the Golden Girls" dinner dance.

AKA GOLDEN GIRLS — Sorors Edna Campbell, Margaret Buck, Nellie Moore and Agnes Patterson, Golden Girls who have 50 years of service to AKA behind them, smile happily at the AKA dinner dance.