Seafood for Lent

There couldn't be a better time to think about seafood, and no better variety is to be had than at Giant. Fresh and frozen fish and shellfish from around the country and from our own famed shores. Visit your nearby Giant Seafood Department and look in the frozen food section for dozens of delectable Lenten menu suggestions... from the sea.

Brilliant Cooked **Salad Shrimp** FROZEN 6-oz. bag **1.39** — Ideal for Shrimp Newburg, Creole as well as a delicious shrimp salad

Turbot Fillet FROZEN lb. **1.29**

Brilliant Large **Cooked Shrimp** FROZEN 10-oz. bag **3.89** — Sweet, succulent flavor

King Crab Legs FROZEN lb. **4.99**

Peeled & Deveined **Ocean Crest Shrimp** FROZEN 1-lb. bag **4.29** — Ready to cook

PREVIOUSLY FROZEN **Shrimp** Small 70/90 Count lb. **1.99**

Fresh

... for your enjoyment. You always enjoy freshest-of-the-catch fish at Giant. We choose only the best of the fresh, so you serve the best ... in variety and flavor. If you want it fresher, you'll have to catch it yourself.

SELF SERVICE — Already cleaned and pre-packaged in the store

SERVICE — Cleaned for you while you wait

FRESH **Bluefish** Carolina lb. **89¢** / lb. **59¢**

FRESH **Porgies** Atlantic lb. **1.77** / lb. **1.19**

FRESH **Flounder** Atlantic lb. **2.47** / lb. **1.89**

FRESH **Rainbow Trout** Idaho lb. **2.62** / lb. **1.89**

Sold only pan ready in Service as well as Self Service Departments

FRESH **Bluefish Fillet** ..... lb. **1.59**

FRESH **Flounder Fillet** ..... lb. **3.49**

Seafood prices effective thru Fri., Mar. 2, 1979.

In our self-service seafood departments, called Fisherman's Cove, fish is sold already cleaned and pan ready. Whether you shop in a Giant store with a service or self-service seafood department, the price per pound of edible product is the same. The differential in the selling price on the same item reflects the amount of weight loss in the cleaning and dressing process. This is insured and substantiated through our weight and cleaning control program.

Wakefield **Cooked Shrimp** FROZEN 6-oz. box **1.89** — Just thaw and serve with a favorite sauce

Shrimp Rolls Matlaw's FROZEN 15-oz. pkg. **1.19**

International **Snow Crab Meat** FROZEN 6-oz. box **2.59** — Sweet and delicious morsels

Swordfish Steaks FROZEN lb. **3.89**

Peeled & Deveined **Grippa Shrimp** FROZEN 1-lb. bag **2.19** — Combine with crab for a seafood medley

Many of our stores feature a self-service seafood department called Fisherman's Cove. Here, fresh fish is already cleaned and made pan-ready for you, packaged and Open Dated so there's no waiting.

Columbia Capers

By Fannie L. Ross

Mrs. Dora Mack Carter, a founder of the First Baptist Church Guilford and matriarch of the Guilford community died recently at St. Agnes Hospital in Baltimore. She was 88 years of age.

The Guilford residents called her Mother Carter, she was a founder of Guilford and for more than 50 years a great leader in the construction of new buildings and enlarging the church.

The Guilford Community is predominantly black and lies east of Columbia. Mrs. Carter was born in Howard County at Asbury near Jessup in May, 1890. She was one of five children of the late Cornelius and Catherine Carroll Mack, one sister Mrs. Louise Page of Philadelphia.

At a very early age Mrs. Carter enrolled in the Baltimore School of Music. There she studied voice, sight reading, cornet, violin, trombone, organ and piano. She was a genius at music, so much that she attended Boston Conservatory of Music for special training of her lyric soprano voice.

The Guilford residents will long remember Mrs. Carter because she taught music to as many as four generations. For a number of years she directed and appeared in concerts in most major cities on the East Coast.

The educator opened a private elementary school in Guilford where she taught all elementary school subjects until a public elementary school for black children was opened in 1910. Years ago in Guilford there was nothing offered to black children beyond elementary education, Mrs. Carter encouraged many guilford families to send their children outside Howard County for further education.

The community church leader and educator was superintendent of her church for more than 50 years, and director of both youth and adult. This church leader saw many pastors go and some at Guilford, she participated actively in the selection of every pastor in the church history, which includes the current minister, the Rev. John Wright.

She was an active member of the county chapter of the NAACP, she was the founder of the Guilford Community Civic Club.

She was married to Richard Carter of Guilford in 1905, a former rock quarry manager, he opened an automobile repair garage on Oakland Mills Road. He also bought and sold property and built homes which he rented.

A business women she was also. She owned and operated general stores in Laurel and guilford for many years. When she lost her husband in 1941 she closed the Laurel shop and continued to run the guilford store until 1976.

Her body was interred at the cemetery of her own church which she founded, Guilford, The First Baptist Church.

The Columbia residents mour the loss of Mrs. Delores Harper, businesswoman, co owner with her husband Robert (Bob) Harper of Harpers Cleaners.

Mrs. Harper died in Germany. Burial has not been announced.

Thought for Today

Be not dismayed, for I am thy God: I will strengthen thee: yea, I will help thee, — Isa. 41:10.

Phillips Studio photo

CHI DELTA MU — When Chi Delta Mu Fraternity, Inc. celebrated their anniversary here in Baltimore a few Sundays ago, about where: Dr. James Priest, Dr. Eugene Byrd, Kenneth Chapman, guest speaker.

35TH ANNUAL

Blue Ribbon Tea

OF THE EASTSIDE COMMUNITY COMMITTEE, INC.

Sponsored By The City-Wide Women's Committee For Delinquency Prevention

SUN., MARCH 4, 1979

4 P.M. TO 7 P.M.

DUNBAR COMMUNITY HIGH SCHOOL

Orleans St. near Caroline St.

REV. CARL A. FISHER

Music by The James H. Holliman Student Orchestra and Soloist: Barbara Hudson

Officers Of The Tea

GUEST SPEAKER

Erla M. McKinnon, Chairlady
Anna P. Gilchrist, Co-Chairlady
Florence C. Brady, Secretary
Beverly Simpson, Treasurer
Martha E. Underwood, Publicity
Thelma D. Ray, President

Phillips Studio photo

BRAVED SNOWSTORM — Mrs. Beatrice Wright, Paul Beckham and David Wright braved the snowstorm on Sunday, Feb. 18 and made their way to the Blue Crest North where Chi Delta Mu celebrated their anniversary.

Towson State to sponsor international Women's Week

The Towson State University Women's Center will sponsor its third annual International Women's Week from March 5 through 9.

All events in the series will be held on the University's campus and are free and open to the public.

On Monday, March 5, K. Edgington, a member of Towson State's English Department, will lecture on "Images of Women's in Canadian Literature" all 11 a.m. in the Women's Center, located on the lower level of the Media Services building. At noon, there will be a poetry reading by women poets, also in the Center.

"Feminist Monologues," will be presented by Maravene Loeschke's theatre arts class on Tuesday, March 6 at 12:30 p.m. in the Lecture Hall, located in the center of the campus. Dr. Loeschke is assistant professor of theatre arts.

On Wednesday, March 7, Jo-Ann Fuchs, assistant professor of philosophy, will lecture on "Socialist Feminism: The Basics" at noon.

For further information, call the Women's Center at 321-2666.

Hints For Homemakers/Inez Kaiser

Laundry soils vex harried housewife

I RECEIVE A great deal of mail from readers of my column. Many people write about their experiences in carrying out various chores around the house. Others have questions about problems familiar to all of us. For example, Mrs. M. P. of Los Angeles recently wrote:

DEAR INEZ: I have been married for many years. I must confess it is all they say it is. One thing still troubles me though—my laundry! My husband owns a filling station, and I have never been able to find a detergent to help get rid of all that grime and dirt on his clothes. Can you suggest what I might use?

DEAR MRS. M. P.: Here's an easy solution to your problems. Just use **WISK**, the heavy-duty liquid laundry detergent. They say **WISK** starts to clean even before you start to wash. That's because **WISK** is so great for pretreating heavily soiled and stained clothes.

All you have to do is measure the amount of **WISK** needed for your washload (½ cup for top-loading washers, ¼ cup for front loaders). Moisten the heavily soiled areas and pretreat by pouring some of the **WISK** directly on the soiled places. Then rub gently and put the clothes and remaining **WISK** in the washer with the rest of the load.

WISK gets your whole wash sparkling clean, besides taking care of all those rings around the collar. The pretreating works wonders, with soils and stains disappearing as if by magic. Just remember that the secret to removing many soils and stains is to launder the garments as soon as possible.

The wonder of it is that no pre-soaking is needed. And you don't have to add any other detergent powder or liquid. **WISK** does it all!

I'd like to hear from other readers about their laundering and other household problems concerning the products I write about. Just write to me at: Lever Brothers Company, Box 8285/20, 390 Park Ave., New York, NY 10022.

WANT YOUR TEETH THEIR WHITEST?

NEW YEAR'S DAY was more than a month ago, yet it's still fresh in my mind. This is the time when we make our resolutions, but it could well be called "Football Bowl Day."

It was especially heartwarming this year to see Leslie Uggams broadcast the Orange Bowl Parade and participate in the colorful activities. Leslie's captivating smile is still receiving many admirers—just as it did when she made her very first television appearance as a child star.

If you've seen Leslie on the **PEPSODENT** commercials recently, you noticed that her teeth are as white as ever and her smile just as winning.

This offers a good reminder that whether you're a television star or not, if you want your teeth to be their whitest, you should brush them with **PEPSODENT** toothpaste.

PEPSODENT is the lowest in abrasion of all leading toothpastes, so you get all that whitening power without any harmful effects.

HOW TO SHOP FOR FLAVOR

SHOPPING THESE DAYS is an interesting—and challenging—experience, especially in deciding which brands of food to buy. Cost and quality are usually the determining factors—to buy the best quality products at the lowest possible cost.

That's why **IMPERIAL** margarine is always at the top of my list. **IMPERIAL** is less expensive than butter and has a light, sweet taste that my family particularly likes.

In fact, **IMPERIAL** margarine tastes so much like butter that many people cannot tell the difference. It's no wonder why **IMPERIAL** is called "the butter of margarines."

IMPERIAL is not only perfect as a delicious spread, but it's also an ideal ingredient for cooking and baking. And the regular stick form provides convenient tablespoon markings on the foil wrap to eliminate the guesswork in recipes.

Just in case you're looking for new cooking ideas there's a recipe on the back of each regular **IMPERIAL** package. The recipes can be cut out and filed away for reference—and a tasty future.

Shopping bag sale

The Thrift Corner, operated by the Auxiliary of Church Home and Hospital will hold a shopping bag sale on Tuesday, March 13 and Friday, March 16.

The public is invited to fill a bag with cloting at the unbeatable price of $1.25 or $1.35 if bags if zags supplied by the shop are used.

Located on Fairmount Avenue just west of Broadway, the shop is open from 10 a.m. to 4 p.m. The entrance to the Thrift Corner is between Bond and Broadway opposite the opposite the parking lot. Mrs. J. Walter Bossom is chariman and Mrs. John R. Edrington co chairman of the shop.

Church Home hospital sets meet March 19

The Auxiliary of Church Home and Hospital will hold its spring meeting on Monday, March 19 in the Cullen auditorium. Sherry will be served at 11:30 a.m. and luncheon at noon.

Lainy Lebow, of the Baltimore Museum of Art, will show slides and give a talk on the museum's collection.

Miss Dorothy A. Farmer is president of the Auxiliary; Lt. Com. Gladys Sperrle, president - elect; Mrs. Jerome Sader, second vice president; Mrs. Henry S. Nimmocks, treasurer; Mrs. Elmer K. Grove, assistant treasurer, Mrs. Charles Duff, recording secretary, Mrs. William McDorman, corresponding secretary; Mrs. Richard Mansfield, chairman of the nominating acommittee.

Committee chairpersons include Mrs. Edwin Panetti, Mrs. Joseph W. Haddock, Jr., Mrs. Arthur Stavely, Mrs. J. Walter Bacosom, Mrs. John R. Edrington, Mrs. Charles L. Hein, Mrs. John P. Reinhardt and Mrs. Patrick Flanigan.

Get the No.1 hot sauce.

That's Durkee/Frank RedHot Sauce. Packed with an old-fashioned flavor that'll set your mouth to watering.

Made with all natural ingredients and Cayenne peppers. So it's hot but never too hot.

Nothing but good tasting, delicious hot sauce through and through.

And that's what makes Durkee/Frank the best selling hot sauce there is.

Try it today. And save 10¢ too.

STORE COUPON

10¢ **SAVE 10¢** on any size Durkee/FRANK RedHot Sauce. 10¢

Mr. Grocer: Durkee Famous Foods will pay the face value plus 8¢ handling if this coupon is redeemed by a customer for the purchase of the product specified. Any other use constitutes fraud. Good only in the U.S.A. Cash value 1/20¢. Coupon void if transferred or reproduced. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Good only on S.S.A. Cash value 1/20¢. Coupon void if presented through outside agencies, brokers or others who are not retail distributors of our merchandise or specifically authorized by us to present coupons for redemption. For redemption of properly received and handled coupons, mail to: General Foods Corporation, Coupon Redemption Office, P.O. Box 223, Bankdale, Rondo 63043.

This coupon good only on purchase of product indicated. Any other use constitutes fraud.

Offer expires Aug. 31, 1979

LIMIT - ONE COUPON PER PURCHASE

GENERAL FOODS CORPORATION

10¢ 1705 10¢

"Chicken tonight?"

Add zip to your dinner with a delicious new side dish--SOUPED-UP MINUTE® RICE!

What a treat! Tender, crispy chicken made with Shake 'n Bake® Seasoned Coating Mix. And Souped-up MINUTE® Rice – a delicious new side dish that'll add an extra zip to your dinner.

Have a crisp green salad handy, chocolate ice cream for dessert – who could ask for anything more?

SOUPED-UP MINUTE® RICE

For Souped-up MINUTE® Rice, prepare any can of creamy-style soup (like Cream of Mushroom) as you usually do. Fill the empty soup can full of MINUTE® Rice. When the soup begins to boil, pour the can full of MINUTE® Rice into the pot of soup. That's it! Stir. Cover the pot. Remove from heat and let stand ten minutes. SQUPED-UP MINUTE® RICE!

GENERAL FOODS CORPORATION, 1979

15¢ **SAVE 15¢** on any package of MINUTE® Brand Rice. 15¢

STORE COUPON

15¢

In the another General Foods Corporation will reimburse you for the face value of this coupon plus 8¢ handling if you receive it on the sale of the specified product and if upon request you submit evidence thereof satisfactory to General Foods Corporation. Coupon may not be assigned or transferred or reproduced. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Good only in U.S.A. Cash value 1/20¢. Coupon void if presented through outside agencies, brokers or others who are not retail distributors of our merchandise or specifically authorized by us to present coupons for redemption. For redemption of properly received and handled coupons, mail to: General Foods Corporation, Coupon Redemption Office, P.O. Box 223, Bankdale, Rondo 63043.

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