R.S.V.P.

By Marie Phillips-Cooke
AFRO Women's Editor

Over in Kensington, Md.'s, St. Paul United Methodist Church last Saturday, some 400 guests witnessed an unique wedding ceremony. Principals were, June Marie Jackson, Montgomery County teacher, and H. Russell Frisby Jr., an assistant attorney general for Maryland.

The young couple wrote their own wedding ceremony, beginning with the reading of 'The Marriage Relationship,' by Pamela Johnson.

These followed the musical selection, "Two Violins In Musical Tribute," with Dvorak's "Songs My Mother Taught Me," performed by Charles McCabe, uncle of the bridegroom, and his cousin, Janet McCabe. His aunt, Elizabeth McCabe, accompanied them.

Instead of the traditional 'giving away' of the bride, the bridegroom's family was first asked to accept the bride. Acting for the Frisby family were his mother, Kathryn Frisby, and his grandfather, Dr. Herbert M. Frisby, the noted Arctic explorer, historian and AFRO writer.

In turn, the bride's family accepted the bridegroom. Her parents, Dr. and Mrs. James T. Jackson, did the honors. Then came the exchange of vows and rings, with the Rev. Charles Kirkley officiating.

Mrs. H. Russell Frisby Jr.
(the former June Marie Jackson)
(See RSVP for details)

Miss June Jackson weds H. Russell Frisby Jr.

The bride selected a Blanch original of ivory chiffonette, with the bodice and flowing sleeves trimmed in seed pearls and lace, as were the veil and eight-foot train. Bridesmaids were in Aria strawberry-colored gowns, with flowered headpieces. Each carried a single white rose.

Maid of honor was the bride's sister, Jane Jackson. Other attendants were, Christine Chesnut, Baltimore; DeVon Dieher, Louisville; Cynthia Hemminds, Washington; Dr. Caryl Mussenden-Jackson, Fairfax, Va., and Marcella and Stephanie Sussman of Kensington.

Best man was Dr. Darrell M. Grey of Baltimore. Ushers were, Lt. j.g. James T. Jackson Jr., the bride's brother; Raymond Diamond, New Orleans; Michael Hucles, Virginia Beach, Va.; E. Elwyn Lee, Houston, Tex., and Arnold Ross and Errol Taylor Jr., both of Baltimore.

Immediately after the ceremony, a reception was held in the church hall, hosted by the bride's cousin, Beverly Jackson, and Charlotte Stewart and Flossie Hughes, providing an opportunity for the bride's students to greet the couple.

The wedding reception followed at the Waters Reception Hall in Rockville, where tables for dining carried out the couple's strawberry and cream color scheme, as did the wedding cake. Music was by Steve Blaufeld.

Hostesses in the receiving line included, Anne Kenney, D.C., and the bridegroom's aunt, Jennye Thomas of Baltimore.

The bride, a graduate of Morgan State University and the University of Maryland, is science teacher at Montgomery County's Newport Junior High.

Her father is associate dean of clinical affairs at the Howard University Dental School. Her mother is a Montgomery County educator. The bride is a member of Delta Sigma Theta Sorority, and the International Honor Society for Outstanding Women Educators.

The bridegroom is the son of the late H. Russell Frisby Sr., for many years director of the Domestic Relations Division for the Supreme Bench of Baltimore city. His mother is a Baltimore city educator.

The bridegroom is a graduate of Swarthmore College, and the Yale University Law School. He is general counsel for the Md. Health Planning and Development Agency, and is active on the Provident Hospital board of trustees, where he is past chairman of the fundraising committee.

The newlyweds are now at home in Columbia.

Surprise Party

There was plenty of love shining at the Alpha House on Clifton Avenue this past Saturday evening. Relatives and friends of Dr. Vernon Pennington, the eye doctor, pulled a real surprise on him.

Here's how. Earlier in the month, when he reached his fiftieth birthday, he had mentioned 'maybe' he'd like a party. His wife, Frances, suggested that was out of the question since he would be on reserve duty at Walter Reed Hospital.

But, unknown to him, while he was away, Frances started things rolling. Relatives were here in Baltimore from all over. When 'Doc' walked into the crowded room he couldn't believe his eyes.

All evening long, he was saying, "this can't be real . . . this is really a surprise." In addition to wife, Frances, credit a curious nephew from Florida for helping steer him to the event. He's an Omega man, and he wanted to see what an Alpha House was all about.

You guessed the rest. When they opened the door, 'Doc' wasn't suspicious, for it is not unusual for Alpha brothers to haves gatherings at their home. But when they pushed open the door, and he saw the Bill Cummings Orchestra on stage, and his wife and friends greeting him with 'surprise,' he was in a state of shock.

Out-of-towners here included Mrs. Pennington's mother, Mrs. Frank L. Vance, and her daughter, L.V. Smith of Columbia, S.C., the honoree's niece and nephew, the Charles Stephensons III, and daughter, from Jacksonville, Fla.

His aunt and cousins, Mrs. Ulysses Vance, Herbert Taylor and Mary Lou Taylor, were here from Philly.

And, of course, enjoying the caper pulled on dad were the Pennington children Leonard and Paula.

Who Was There

Who was there; — the Grant Pinketts, William Proctors, Paul Reeses, Charles Robinsons, Wilbert Walkers, Howard Wilkses, Herbert Roches, Howard Crosloys, Cluey Hargroveses;

Also, the Ernest Sodens, Frederick Johnsons, William Sykeses, Ed Waterses, Thomas Robinsons, Charles Andersons, Joseph Braceys, C. R. Campbells, J.L. Underwoodss;

And; the Harold Johnson, William Tootles, Robert Smiths, A. Paul Mosses, Carl Adairs, Joel Carringtons, Marvin Davises, Wright Lassiters, Roland Smoots, Alfred Woolridges, Otis Froes;

Plus, Clarence Gregory, Charles Pinchback, Allan Burke, Shirley Briscoe, Arvil Stewart, James Salters, June Rogers, Winifred Marcus, Helen Birt, and La Verne Simpson.

Vacationers

Vacation notes: Errol and Mil Taylor are vacationing in the Caribbean.

The Chambers Limited Club jetted off for a holiday in Spain.

June Lee, an Eastside reader who says she's been an AFRO fan for years, sent a postcard saying that she "just loves" her holiday in Bermuda.

Travel and pleasure are on the agenda for members of the National Funeral Directors and Morticians Association, which opened its annual convention in Philadelphia, Friday, Aug. 4. They're at the Marriott until Aug. 11.

Leading the Baltimore delegates are local president, Marshall W. Jones Jr., and Mrs. Jones (Gloria).

Also there, Mae Locks, Juanita Morton, Vernon and Connie Bailey, Joseph and Lucille Russ, Leroy Dyett, Joseph Brown, Lloyd Estet, and the Marches, William and Roberta, and daughter, Annette, their manager son, Erich, and sometime during the sessions, Jeffrey Miller, Gary March and Rosa James, will be there.

B'more Guests

Lots of folks find our town an attractive place to visit. Like Clay Tee Knight, the legislative services officer from Raleigh, N.C.

She was here last week attending the confab of state officials from southern states. When she spied a sister in the hotel lobby she had an opportunity to get out and see a bit of the town, through the courtesy of the reporter's nephew.

Boston's Dr. Joseph Henry was in these parts for the Jackson-Frisby wedding mentioned above. So were the Charles Londons, Susie Guess, Sylvia Corbett, Denise Clayton, Sylvia Hueston from Louisville.

And, from Philly, Dr. and Mrs. Edward Robinson, Elaine Richardson, the Calvin Robinsons, Ruth Staples, Joseph Baylors and Morris Dow.

Speaking of out-of-towners, frequent visitor here from Richmond through the years — for the Girl Friends, Guardsmen and other events, has been Lillie Brodnax.

Baltimore friends may be interested to know that she is recuperating from surgery at her sister's home in Roanoke, and hopes to be at her own home before the month is out.

Have a happy week . . . and smile . . . and love . . . peace.

—Partyline

(Continued From Page 17)

The juices and pulp from the fruit made up the base for a fruit punch flavored with pink Chablis and burgundy wines. The non-alcoholic punch was cherry-flavored.

Miss Anita Giley made the three cakes as gifts — two sheet cakes reading "Happy Birthday Vernon" and a rum cake.

Among the fabulous gifts Vernon received were: 14 karate gold chains and an 18 karat gold medallion, a leather backgammon set, a private-line telephone in Kappa colors, a sterling silver pen and pencil set, a brass chalice fit for a king, a dynamite one-of-a-kind canvas umbrella and that ultra-expensive ALOE-VERA soap.

The six to midnight shindig had as hostesses Monica Scott, Stacy Ross and Karen Evans, all dressed in red and white flowered peasant skirts and white peasant blouses.

Tending the food and bar were Ashley Johnson and William Slater, dressed in navy blue vests and slacks and light blue shirts with red bow ties.

Mrs. Charlotte Ross, Vernon's mother, decorated the table and Margo Ross, his sister, cooked the food and decorated the table.

The disco music was engineered by Robert Scott, a professional DJ known as the Wild Spinner.

Relatives present at the affair were Mr. and Mrs. James Ross, Vernon's parents; his brothers and sisters, James Jr., Wayne, Margo and Stacey, and nephew Shaun.

Among the 100 friends were: Lynn Shipley, Joyce Johnson, Renee Tuck, Yvette Shipley, Valerie Blackwell, Vernon Shipman, Lisa Smith and Thomasine Mickel.

Also hustling around the floor were Jean Giles, Marsha Smith, Marsha Hill, Terry Smith, Deborah Ward, Linda Wallace, Patricia Forte, Nina Dyson, Felecia Tuck, Bonnie Barry, Duane Jenkins, Margie Adams, Janet Nance, Carol Boston, Gloria Eubanks and Mr. and Mrs. Steven Smothers.

Some of the men included Eddie Brock, Randy Lee, (local artist), Larry Kirkland, Ralph Spencer, Gerod Scott, Steven and Clarence Reynolds, Devin Minion, Myron Joyner, Vincent Adams, Charles Grant, Michael Hughes, Bryan Bivens, Charles Grant, Vernon Sharps, Sherman Hawkins, Harold Blackwell and James Harrison.

Young artists series set for Inner Harbor

The Wally Saunders Dance Company is scheduled for an appearance at the Inner Harbor on Wednesday evenings.

Dancing with this professional company will be five Baltimore City high school student apprentices: Jeanne Cywinski, Paula McCracken, Claudia Piccinini, Gwen Warwick and Lori Watts.

The program will include: "Warm - Up", choreographed by Maria Broom, "Dance", choreographed by Nilo Toledo, "Four - Three", choreographed by Suzanne Hayles, and other jazz, tap and modern pieces. Janice Barringer and Edward Stewart will be performing two pieces.

The next two performances in the Young Artists Series are scheduled for Aug. 9 and Aug. 16 at 8 p.m.

For additional information on the Young Artists Series contact Carol Heller at 396 - 7358.

Douglass to hold reunion

The Douglass February class of 1943 is to hold its 35th class reunion on Oct. 14, 1978.

About 16 class members have not been located. Anyone knowing the whereabouts of the following names, please contact Lois Lansdowne Harvey at 466-5724.

The search continues for Rufus Labon Bond, Ernest Lewis Bradley, Helen Barlett Campbell, John Hicklyn Dare, Doris Elaine Harris, Inez Elizabeth Jackson, Gladys Ivy Johnson, John Walter Lockett, Beatrice Martin, Vera Lorraine Reynolds, Elsie Mae Rodgers, Frances Elizabeth Sharps, Virginia Simpson, Louise Bernice Taylor, Mary Louyse Taylor and Irma Clarice Thomas.

AFRAM parade Sunday

The Urban Services Agency will hold its annual Afram '78' festival parade on Sunday, Aug. 6, 2 p.m.

The parade, led by Sugar Ray Leonard, welterweight champion, will start from the Fifth Regiment Armory and proceed south on Howard Street to Pratt Street, east on Pratt to the Inner Harbor. Where it will terminate.

The parade will feature four African Ambassadors, possible appearance of former world boxing champion Muhammad Ali, Miss Inner City Queen for 1978, clowns, beautiful floaties, many marching groups, local and out - of - town, and motorcycle groups.

BEAUTY SALON

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Smart tips for summer slimmers

If you have spent your summer slimming down, Helen Fleischer, area director for the Maryland Diet Workshop has some tips on making the most of your new appearance.

"Summer relaxes people. We tend to be more casual in appearance. With the more formal days of fall ahead, here are some ways to look your slim best:

1. Be sure you moisturize, moisturize, moisturize. The combination of weight loss and summer sun may make your skin seem slightly drier.

2. Now is the time to consult with your hairdresser and bring your unruly, summer hair under control. Be the first to sport a great new hair cut; be sure that your scissors - wielder understands you want your hair to give your face its thinnest appearance.

3. Pep up your end of summer wardrobe with a cap - sleeved, dark simple dress that can become a lightweight fall jumper.

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Hints For Homemakers

INEZ KAISER

I recently met with about 25 minority businesswomen to discuss various problems that are unique to us. Among other things, it was suggested that we should have a lobbyist in Washington.

PUT YOUR MONEY WHERE YOUR MOUTH IS!

After listening to the discussion, in my role as chairperson, I stated, "We have got to put our money where our mouth is!" I then told the women that's what the makers of CLOSE-UP toothpaste say.

One of the youngest women in the group said that she recently had started using CLOSE-UP and found that it made her teeth their whitest and also kept her breath nice and fresh. This two-in-one benefit had really won her over.

Close up

I told her that was because CLOSE-UP toothpaste actually contained real mouthwash in addition to its cleaning benefits. She remarked that CLOSE-UP adds to your attractiveness—especially to the opposite sex.

One of the women said if that's the case we all ought to use CLOSE-UP toothpaste for "close-up" social situations as well as to lobby in Congress.

"No matter what you're up to," I concluded, "you should put your money where your mouth is and use CLOSE-UP."

DOVE PUTS MUSCLE IN YOUR DISHWATER

Young people **these** days are not very product-conscious. They have no hesitation about trying new products.

Last month I visited with the daughter of one of my best friends, who happens to be an excellent housekeeper. Her pet peeve was her unhappiness with the dishwashing detergent she was using. I told her about DOVE LIQUID and how well it concentrates on cleaning and puts muscle in your dishwater—and yet is nice and mild to your hands.

The next day I noticed a bottle of DOVE LIQUID in her kitchen. So I felt free to tell her about DOVE's powerful grease cutter, its clean fragrance and its long-lasting suds, along with its mildness.

This last statement really captured her attention. The younger generation of women is different from us in many ways, but we all have some things in common—like the desire to have soft hands.

After several days of using DOVE LIQUID, she told me she was so glad I came to visit. I had introduced her to a dishwashing detergent that puts muscle in your dishwater, really cleans and is also kind to your hands.

LIFEBUOY WASHES AWAY SWEAT AND ODOR

Another interesting experience that I had recently was in replying to an inquiry from another friend of the family.

This young man had recently married and was a little embarrassed to explain to his new bride that he felt a need for using a soap that provided effective deodorant protection.

I suggested to him that there was no need to feel embarrassed. All he had to do was to purchase several bars of LIFEBUOY soap. I told him he could depend on LIFEBUOY to wash away sweat and odor and keep the clean smell goin' all day.

LIFEBUOY

In order to make him feel more confident, I told him that LIFEBUOY had a clean, fresh fragrance that he would like, and that it did not have a perfumy odor.

He responded favorably to my suggestion and said he would buy some green bars of LIFEBUOY, which would blend in with the decor of his bathroom.

After a slight pause he looked at me and said, "You know, my parents have been using LIFEBUOY for years. It never occurred to me not to change soaps when I got married.

"In fact, it has been LIFEBUOY soap that has kept me smelling clean all day for so many years. I'm certainly not going to change now!"

'all' GETS THE WHOLE WASH CLEAN

Recently I was standing by the elevator in my office building when a young bachelor executive said to me that he had to go home and do his laundry.

"What kind of laundry detergent do you use?" I asked. He mentioned the name of the detergent.

"Why don't you try using CONCENTRATED 'all,'" I said. "It solves the most difficult laundering problems and gets out the most difficult stains."

He asked if "all" was effective in removing grease and oil stains from clothing, which was his particular problem.

"Absolutely," I replied. "In fact 'all' actually contains bleach, borax and brighteners, which add to its cleaning power and it's effective in all water temperatures."

By the time we reached the lobby, I had convinced him that CONCENTRATED "all" is just about the best detergent for everything you wash.

"'all' concentrates on cleaning and gets the whole wash clean," I called after him, as he headed toward a nearby supermarket to buy a package.

all CONCENTRATED BLEACH BORAX & BRIGHTENERS

PROVIDENT HOSPITAL VOLUNTEERS — Mrs. Bernice McDaniels (L) and Kathryn Frisby do last minute addressing on invitations to the Benefit Gala Extraordinaire to be held Saturday, Sept. 9 at the Baltimore Hilton Hotel. Reservation cards can be obtained from the Executive Suite, Provident Hospital, 225-2293.

The Diet Corner

The importance of Vitamin D

By Helen K. Fleischer
Director,
The Diet Workshop

All that Vitamin D pouring down on you . . .

In the beautiful, golden summer sun. There was a time when the summer skin had to store the Vitamin D for the winter. Wonderful technology. Now we have it poured on us from the sky in summer and from a pitcher in winter, thanks to milk. Milk is the vehicle that scientists have enriched with Vitamin D.

The wonderful part about dieting with the addition of skim milk is that the Vitamin D remains when the fat is removed. All milk these days, with the exception of raw milk, has been made even better than the cow could make it by adding this important nutrient.

Now on a hot summer day it may not seem too important that there is an easy food way of soaking up chemical sunshine. Fifty years ago, when children still suffered from rickets the miracle of adding Vitamin D to milk was really appreciated.

Surprisingly enough, Vitamin D is one of those good things of which you can have too much. That is why the diet amount of milk — two eight-once glasses per day — is such a sane one. It will give you a sufficient amount of the "sunshine" vitamin without building up excessive amounts.

You may not be a milk drinker, but you can certainly be a milk eater — diet or no. Non-fat dry milk has a very special function to serve in diet recipes. Without flour to give them bulk, there would be very little substance to them. The dry milk, as an ingredient, substitutes for the bulky flour. So it serves the diet cook in two ways — as a nutrient and as a filler.

How versatile can you get? Toss in the fact that it is also one of this waning economy's genuine economies, and consider how much you have done for yourself whenever you purchase a boxful of this product.

MR. AND MRS. LAMONT BOLES
(the former Miss Virginia M. Wheeler)

Miss Wheeler, Mr. Boles wed

Miss Virginia Maria Wheeler shared in the promises of matrimony with LaMont Boles recently in services at the Wayland Baptist Church.

The Reverends Darneal F. Johnson Jr., William W. Payne and J. Edgar Henson officiated the ceremony.

The bride is the daughter of Mr. and Mrs. Albert Wheeler and has attended Frostburg State College. She now is employed by Sears, Roebuck and Company.

The bridegroom is the son of Mr. and Mrs. William Boles Sr. A graduate of the Community College of Baltimore, he now attends the Johns Hopkins University and is employed by the Social Security Administration.

The matron of honor was Mrs. Rebeca Vorella of Newark, N.J. along with Ms. Rosetta Meads and Ms. Sharon Scott, maid of honor and bridesmaid respectively.

The best man was Roderick Richardson while the ushers included Thomas Vorella of Newark, N.J. and Marvin Cromer.

Out-of-town guests for the festivities were the bride's grandmother, Mrs. Myrtle Snow, Petersburg, Va.; Mr. and Mrs. Alfred Wright, Beckley, W. Va.; Mr. and Mrs. Norris Stokes, Mt. Hope, W. Va.; Mr. and Mrs. Willard Hughes, East Orange, N.J.; Mr. and Mrs. Thomas Smith, East Orange, N.J.; Alfred Boles, Philadelphia and Mr. and Mrs. Monaghue of Washington, D.C.

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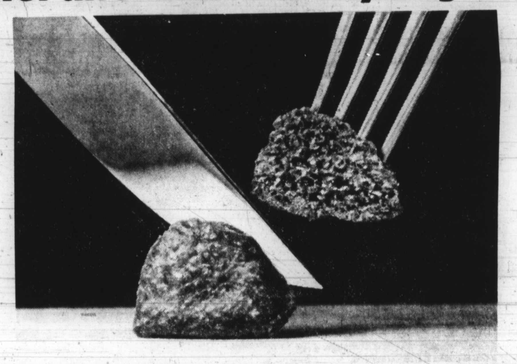

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Stuck in an elevator at Social Security

Woodlawn Highlights
By Marjorie Green

It was just an ordinary day. That is, until this columnist found herself trapped alone in an elevator that refused to respond to the pressing of all the little mechanical buttons that say up, down, open, stop, etc.

The door had closed and I had pressed the fourth floor button. Nothing happened for a few minutes and then the elevator moved up to the first floor and stopped.

I frantically pressed the button to open the door and the elevator began to move towards the basement. I felt a little relieved until it began to move again slowly up to the ground floor.

The floor light indicator went off and for a couple of minutes I didn't know where I was. When the indicator light flicked back on, the elevator was resting on the basement floor.

The buttons still weren't working, so trying to stay calm, I reached for the emergency telephone.

It was a big plus to hear a voice on the other end promise "We'll get you out in a few minutes." Ten minutes passed and I didn't hear the drilling and hammering that usually adds to the excitement of a good television show or movie.

I began to wonder if the voice identified as one of the security guards had forgotten that I was trapped on the elevator. Still calm, I reached for the telephone again and dialed my office.

It was reassuring to hear one of my co-workers say "I'll come right over and see if they are trying to get you free." Five more minutes passed. I still didn't hear the drills and hammers.

Still calm, I reached for the elevator telephone again and dialed my staff director's office. His ever-efficient secretary answered. "Stay calm, I'll call the guards office." Just before hanging up she added "I was trapped on the same elevator yesterday."

I couldn't remember how long she said it took them to release her, but I did remember her mentioning the red emergency button. Since that was the only button that I had not touched, I pressed it and the alarm sounded loud and clear.

For the first time, I felt secure in the thought that everyone hadn't gone home. Someone would soon rescue me.

Remember that the coolest air was always close to the floor, I took off my shoes and dress jacket and sat down on the elevator floor.

What was taking them so long?

I could hear the faint sound of a woman's voice. The alarm was so loud that I couldn't here her conversation.

A few more minutes passed and I heard a male voice loudly questioning "Is there any one on the elevator?" I had to pray a short prayer before I answered that question.

I heard mention of the red button again, so I got up and pressed the red button on the other side of the elevator.

The alarm seemed louder as thoughts began racing through my mind. "I wonder why they don't equip elevators with food rations and other emergency equipment? "When is the drilling going to start?"

Forty minutes had passed. I settled down for the count down and fixed my eyes on the elevator door. Suddenly, the elevator started to rock and seconds later the side wall panel released and there in the next elevator stood my rescuers — a security guard, two mechanics and two concerned women from the General Services Administration (GSA). Relieved and shaken, I kept wondering, "Where are all the people? Where are the news media? — the flashing cameras? — and the television interviewers? They are always there at the rescue in the movies."

But thoughts began racing again. "Oh well! I'm free. I'm free at last. Thank God Almighty. I'm free at last."

La Leche League to meet

The Liberty-Woodlawn Group of La Leche League will hold its next meeting on Aug. 9, 1978 at 8 p.m. at the home of Erma Walsh, 6509 Laurel Drive.

The topic of discussion is "The Advantages of Breastfeeding." All interested women are invited.

For further information contact Cathy Cardall at 265-8325.

AUG