# R.S.V.P.

By Marie Phillips - Cooke
AFRO Women's Editor

O happy day — what a happy day it was for Dr. T. Henderson Kerr Sr. when he marked his 90th birthday a Sunday ago at Heritage United Church of Christ. There were a hundred of his family members and friends present who wish him well.

The theme of the elaborate observance was "90 Golden Years," and on display were charts, clippings, manuscripts and photos of the honoree's achievements.

Many townfolk will remember him as the successful pharmacist, who for some 40 years operated Kerr's Drugs at George and Myrtle Avenue. He's also known to Baltimoreans as organizer and director of Kerr's Society Orchestra. Back in the 30's, Dr. Kerr concert master of the Baltimore Colored City Orchestra. His wife, Mrs. Geneva Lyles Kerr, died Sept. 4, 1977.

As a special tribute, members of the Kerr family surrounded him with a Family Circle of Love. They pledged to always honor his good name and emulate in their lives those positive character traits, capacity for service, dedication to duty, love and concern as shown in his life.

Accolades came from President and Mrs. Jimmy Carter; acting governor Blair Lee; Mayor William Donald Schaefer; NAACP, of which he is a life member; AFRO-AMERICAN Newspaper, Congressman Parren J. Mitchell; Councilman Michael B. Mitchell, and the Howard University School of Pharmacy from which he was graduated in 1912.

Special awards included the official "90 Club' pin from Baltimore City, and two pewter plates from the Mayor.

Dr. Kerr's youngest son, Judson, the realtor, and eldest, Thomas Jr., also paid special tributes to their father.

In a unique way, Dr. Kerr responded by combining wit, humor and philosophical reflections — Dr. Kerr's verve and sparkle belied his 90 years.

The program was concluded by the honoree's violin rendition of "Might Lake A Rose," a special request of his daughter, Louise Kerr Hines, who presided, and a duet with son Thomas, retired head of the piano department at Howard U.

It's that time of year for Willia Bland's Flair Studio spring fashion and luncheon presentation, Sunday, May 21, 1 to 5 p.m. at the Holiday Inn-downtown.

On June 3, the Baltimore Club of the National Association of Negro Business and Professional Women's Clubs, Inc. will observe Founders' Day June 3, 9:30 a.m. at the Holiday Inn-downtown.

The annual awards will be presented to Martha P. Allen, Sojourner Truth Award; Vivian Pendleton, professional award; Camilla W. Sherrard, community service; Leon Bridges, Man of the Year. Chairperson is Mar[illegible] Allen. Gloria Wilson is co-chairperson. Club pre[illegible] is Edith M. Thomas.

[illegible]inspiring, informative meeting with a purpose [illegible] that's the way it was Tuesday evening at Blue Crest when the Du Bois Circle held its closing dinner meeting.

Organized in 1906, the club for the past 72 years has attuned itself in monthly meetings to discussions of current topics, and supporting their own members and community persons in their endeavors.

The 300-plus guests were treated to a resume of the year's speakers, addressing the topic, "Sources of Power In An Urban Community," by Mrs. Clarence Harris. Mrs. Marshall Bright, president, presided.

Highlight of the evening was the scholarly address by Clarence Mitchell Jr., director of the Washington Bureau NAACP. He was introduced by Mrs. Abdella Campbell, who revealed that he will receive his sixth honorary degree from Temple University on May 25, and next year will be the Distinguished Visiting Lecturer at Morgan State University.

Using as his topic, "Government As A Source of Power," Mitchell held his audience in rapt attention as he recalled early days of the civil rights struggle, pointed to his wife, Juanita, and guests, Mason Hawkins Jr., and the Rev. Howard Cornish, who were present in the early days when Dr. W.E.B. DuBois visited Baltimore as guest of Hawkins' father, Dr. Mason A. Hawkins, long time Douglass High principal.

Inspired by DuBois, the Circle took his name when it was organized. Mitchell said of Dr. DuBois, "It was at the Young People's Forum at Sharp St. Methodist Church that we had an opportunity to know him, to see a great mind close up, to hear prophetic statements which seemed so remote."

Mitchell revealed, "One of his contentions was that blacks in the U.S. would never come to full respect and recognition until blacks in Africa were free from the chains of colonialism.

"We have made many advances under our own power, but it is fact today that emerging nations on the continent of Africa who have the goods needed to keep this world going and who have the military potential, have helped improve the image of black people throughout the world.

"Today, it is the purpose of the U.S. government to bring the great nation of Nigeria into the Council of Nations, where the affairs of the world are decided, but on our side. This is a realization of the DuBois prophecy that the day would come when we would think of Africa as a place which would be the source of giving dignity to people with black skins . . ."

On other subjects, Mitchell told the gathering: Snakes in government: We know the snakes when we see them, when we pick them up and put them in city councils, state legislatures, the White House, so when they bite us, we deserve exactly what we get. We must make the fullest use of our democratic process and put into office people, who by their records and conduct show that they are dedicated to advancing the human race, rather than exploiting it.

Merit system: In the 30 years I have been in Washington, there has been an improved quality of public service in the Senate, the House, White House and executive agencies. I used to be a great believer in the merit system, but as I see more of government I realize you can not have a system under which persons who become career job holders are solely in charge of the destiny of the nation, because unfortunately some career individuals all too often lose touch with the common man . . . they have the tendency to think in terms of statistics, so I am pleased that we are trying more and more to bring the consideration of people as people, and not as statistics.

President Carter: It is important to rejoice when laws are passed but it is also important to see to it that they carry out the purposes for which they were enacted. One of the things which distresses me when I meet with the Administration, and I think President Carter is distressed too, is that although we have spent over 21 billion dollars in the past fiscal year to revitalize our economy, provide jobs and open opportunities for the disadvantaged, we still have twice as many blacks and three or four times as many black young people than whites unemployed . . . we must find ways to end this disparity in employment opportunities.

Women most hurt: Women are the most discriminated people in the country. Some black males get irritated with me, but I say the law must not only be color blind, it must also be blind to sex.

Women are the victims of the most vicious kind of discrimination, and we must provide remedies to prevent it.

Don't voluntarily resign: It has come to my attention that a company in your city on Broening Highway, had a young black woman who was supposed to be a "spray paint" operator but when she reported to work they put her lifting something heavy so much so that she hurt herself. Then somebody told her you know you're unhappy and you may get fired, so in order to avoid being disgraced why don't you voluntarily resign? They persuaded her to voluntarily resign and she did.

"There are thousands of our people who are caught up in that kind of discrimination . . . Any advice that you can give somebody who asks you whether they should voluntarily resign is, 'no, no, don't ever resign if you think you're right, fight if out, because once you resign, you have a hard time getting back to your place of employment."

On handicapped: We used to think of ourselves as people who were special victims of disaster, but when you look out the windows of the world, the nation, our communities, we see we are not the sole repositories of misery and misfortune. We see people who are handicapped and can't get through a revolving door with a wheelchair, and nobody thinks they should make the revolving door accessible.

On no-fault insurance: . . . blacks and women are misled that it discriminates against them, but the real opposition to no-fault insurance is because one of the most lucrative fields of law is auto accidents so the trial lawyers don't want it because it will mean a reduction in their income. I don't mind them taking that position, but don't come in and say they don't want it because it's going to hurt blacks. We've got to be on the alert for people who try to rope us in, who try to use us for selfish purposes.

Retirement age: We are targets of all kinds of propaganda about raising the retirement age. Someone's always coming in saying it will hurt blacks and women, it will mean while males will stay on the job past 70 and they'll never get the executive jobs, but the figures show that most of the white people in those jobs want to get out at the age of 55, so that turns out to be a phony argument.

Milton Allen: At one time I was a reporter for the AFRO, and I covered the courts. At that time, it was unthinkable we'd ever have a black man as state's attorney, but the day came because people cared. Today we now have Milton Allen on the bench. (He was appointed to the Supreme Bench), so we can't say he was denied an opportunity. But, there has to be an election by the people, and it's going to be up to us, using Milton Allen as a place of beginning, to see to it that we have the kind of government that we ought to have. We aren't thinking just of Milton Allen. We are thinking of the broad spectrum in this nation.

Prediction: The day will come when there will be black U.S. Senators from Maryland, a black President of the United States. You may think that's a pipe dream, I do not think it is a pipe dream because when I was young, it seemed just as remote to try to get somebody elected to City Council.

Emerging South: As I see the emerging South, I can foresee the time when there will be enough people interested in the merits of candidates to elect them without regard to race or sex. If we play our part diligently in seeing to it that the good people who are aspiring to office do in fact get elected, we will be making our contribution to the kind of government which will be an inspiration to the entire civilized world.

Challenge to club: Don't assume that when you get a law passed, you can go off and go fishing and forget about it because as soon as that ink is dry, the counter forces step in and try to nullify the law. Don't assume because a lot of money is available that the people who deserve it are going to get it, you've got to be very watchful to see that it does get where it's supposed to go.

"One of the developments in recent years is a desire on the part of young people and many other high-minded people to seek ways to make government work well. I hope this DuBois Circle group will make this one of its projects, finding out how government operates, making sure that money is used for the purpose it is intended in your community and state . . . scrutinizing all the programs and expenditures. I think you will find this a very rewarding and informative experience."

Other program participants were Mrs. Saul Perdue, vice president who presented a corsage to the speaker's wife; Mrs. Kelly Jackson, who said grace. Miss Alicia Myers, Hamilton Junior High teacher, played two flute solos. She was accompanied by Mrs. Ralph Smith, a member of the club.

Other DuBois Circle members are: Mrs. Gaines Lansey, Mrs. Harry Carpenter, Mrs. John Berry, Mrs. John Francis, Mrs. Arnett Frisby, Mrs. Alonso Hairston, Mrs. Mason Hawkins, Mrs. Paul Henderson, Mrs. I. Bradshaw-Higgins, Mrs. Howard Hucles;

Also, Mrs. Lena K. Lee, Mrs. Roland McConnell, Mrs. Robert Myers, Mrs. McKinley Reesby, Mrs. Crafton Reed, Mrs. Waters Turpin, Mrs. Wilbur Valentine, Mrs. Albert Wood, Mrs. J. Clarence Young;

And Edna Brown, Rose T. Kinney, Josephine Lansey, Estelle Lee and Betty Williams.

Program speakers for the year included: Hilda Ford, director Baltimore Civil Service Commission; Gloria Barnes, Baltimore City teacher, media production; Thomas Delaine, head Douglass High music department; Christine Hall, journalist, editor Christian World; Isaiah Fletcher, personnel executive, Bethlehem Steel; Dr. Rebecca Carroll, deputy superintendent Baltimore city schools; and Charles Washington, consultant, public television.

MARKS 90th YEAR — Dr. T. Henderson Kerr, the now retired Baltimore pharmacist, who owned and operated Kerr's Drugs for over 40 years at George and Myrtle Avenues, was cited on his 90th birthday a Sunday ago at Heritage United Church of Christ. Here in the 1949 AFRO file photo, Dr. Kerr is shown with son, Judson, who's now a realtor.

# Miss McCoy, Mr. Alexander

The Rev. Mr. and Mrs. William McCoy, 328 Edgewood St., Baltimore, announce the forthcoming marriage of their daughter Anita Louise to Larry Kenneth Alexander, son of Mr. and Mrs. Andrew Alexander, Chicago, Ill.

Miss McCoy is a graduate of Western High School, Baltimore and Macalester College, St. Paul, Minn. and is employed by the Metropolitan Council Of The Twin Cities Area.

Her fiance, also a graduate of Macalester College, attended the University of Iowa School of Law and is an entrepreneur.

The wedding is planned for July 28.

Miss Anita L. McCoy

# Provident to honor volunteers

Provident Hospital will hold a Volunteer Recognition Awards Ceremony on Sunday, May 21, 3 p.m. in the auditorium of the hospital, 2800 Liberty Heights Ave.

Guest speaker will be Thomas W. Chapman, hospital administrator.

The theme for this year's ceremony is "Volunteers — New Concepts and New Directions."

Mrs. Vivian Madison is director of volunteers.

# Women runs for office

WASHINGTON, D.C. — While announcing her candidacy for the Ward Six City Council seat today, Patricia Rice Press also announced a $2,000,000 home loan program for low and moderate income residents of Ward Six.

The program which will go into effect immediately will be available on a first come first serve basis to all who qualify.

Patricia Press also announced that June 3 would be Mortgage Loan Day at her headquarters. At that time five or six qualified people would interview those interested in applying for loans and help them through the application-qualification process.

"This," she said, "is an example of the type of campaign I plan to run to demonstrate the kind of councilmember I plan to be for I believe in performance not rhetoric."

Ms. Press also stated her conviction that "the resources are available to take positive actions for positive results," and looks forward to the challenge of working with the residents of the ward. "For together," she added, "we can make this ward the best place to live in the city and the city the best place to live in the country."


Biggest savings ever on the Athena* 2000 by Singer.

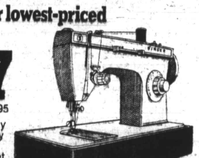
Save $120 OFF REG. PRICE

The Athena 2000 is the world's most advanced sewing machine. It's also the world's easiest to use. Because only Singer gives you electronic stitch selection—just push a button to sew any of 25 different stitches, make a buttonhole in one step, and more. Made in U.S.A. Cabinet or carrying case extra.

Save $50 on this Singer free-arm machine. Only $169.95

This Stylist* machine not only has a free arm for easy sewing in hard to reach places, but it also has a built-in blind hemstitch, and more. Cabinet or carrying case extra. Model 533.

Lowest price ever on our lowest-priced zig-zag machine. Only $77 REG. $99.95



This Fashion Mate* machine not only has a front drop-in bobbin that's easy to see and replace, but it also has extra-wide zig-zag capability. Cabinet or carrying case extra. Model 247.

EVERYTHING ABOUT SEWING IS EASIER AT SINGER

SEWING CENTERS AND PARTICIPATING APPROVED DEALERS

Prices optional at participating dealers. *Trademark of THE SINGER COMPANY



Feelin' Good at Gino's!

Get that "feelin' good" feeling everytime you eat out. Just check into any Gino's. And enjoy. Great-tasting food. Quick, hot and delicious. Gino's famous 100% Sirloiner. Or the greatest burger goin'— Gino's Giant. Or Colonel Sanders finger-lickin' good Kentucky Fried Chicken. Or Gino's Crispy Fish—platter or sandwich. Or the new Salad Bar—where you make it on your own. Yep, you'll really be "feelin' good"..., at Gino's!

Gino's




# The Diet Corner

By Helen K. Fleischer
Director,
The Diet Workshop

Do you [illegible] why you eat [illegible]

Surpr[illegible] you'll feel you brea[illegible] don't eat because you are hungry. Little did I know when I blithely carolled, "I eat when I am hungry, I eat when I am [illegible] that I was li[illegible] ev[illegible] [illegible] I [illegible] to li[illegible] than it is to e[illegible] influences. [illegible] a psychologist, I'd call those influences "stimuli."

And what stimulates a fatty into setting mouth in motion? The sound of someone tearing open a candy wrapper. The whisper of a closing refrigerator door. A fight with the most loved person. A letter that didn't come. Sitting down to watch television. Picking up a big, fat book to read.

For every fat person, there is something other than food that leads to eating. The sound of that tearing candy wrapper can awaken the eating desire when it reaches the ears after a full meal. A thin person would groan, "oh, no, I couldn't right now — I'm stuffed." But the fatty hears the rip and starts to salivate. Candy, sweet, good, eat — the connections fall into line — and candy bar takes the plunge to join a recently devoured 4 - course dinner.

My diet hint for the week is this. If you're dieting and have problems, keep track of more than your food. Devote a sheet of paper for each day of the week to record three things: 1. What you have eaten? 2. What made you eat at that moment? 3. Your emotional state as you ate?

In seven days' time, you may discover more about yourself than you could be sitting down to write your autobiography. In fact, this record could constitute an autobiography in microcosm.

Am I saying to toss your diet out of the window? Not I! I intend to encourage more and better food control as the best food weight control. And my latest weekly encouragement is this recipe for:

Cucumber Sandwiches
3 ounces cottage cheese
3 ounces canned salmon
1½ ounce grated swiss cheese
¼ cup cucumber
1 teaspoon chopped onion flakes
4 slices diet - sliced Jewish rye bread
½ teaspoon dill seed

Mix cheese, salmon, cucumber, onion flakes and dill seed. Divide into fourths and mound on the 4 slices of diet-sliced Jewish rye bread. Serve open face, garnished with a cumcumber slice.

To change your eating habits, you begin by changing your foods. You proceed from there to understanding yourself. If you eat when you hear paper ripping, then tear up sheets of paper until you become accustomed to hearing the sound without the food. When you hear the refrigerator door, don't enter the kitchen — go upstairs. Should you have a terrible fight, leave the house for a cool - off walk (and don't head for the candy store). Refuse to have snacks available in the living room or den for TV'ers or readers. Be entertained and enlightened, not engorged.

THINK about your eating. It is the first step to controlling it.

# Women's conference at Goucher

The special problems faced by women who seek public office will be the subject of a conference and workshop on "Getting Women Elected: Preparation and Planning for Winning" to be held at Goucher College on Friday, June 2. The conference will kick off a summer course on "Women Running for Public Office: Theory and Practice," which will combine classwork with internships in the campaigns of local women candidates.

Keynote speaker will be Ruth Mandel, director of the Center for American Women in Politics at Rutgers University, a research, education, and service center working to increase the participation of women in public life. Ms. Mandel will speak on "Seeking and Holding Office: Today's Political Woman."

Following the keynote address, panels on access to and use of media coverage will be held during the morning hours. In the afternoon, discussions will center on the evaluation of women candidates' assets and liabilities.

Marianne Cithens, Goucher professor of political science, is coordinating the conference along with Marianne Alexander, a local political activist. Ms. Alexander has served on the staff of several Maryland State Government committees, including the Governor's Commission on Executive Reorganization, the Senate Finance Committee, and the Maryland Constitutional Convention.

Registration for the conference will be held at 9:30 a.m. the day of the conference in the Kelley Lecture Hall. There is a $5 conference fee. For more information, call 825 - 3300, ext. 460.

# Woodlawn Highlights

By Marjorie Green

"Supervision can be a rewarding position in the Social Security Administration especially when you can motivate people to progress," according to Mrs. Geneva Hargrove, an investigation supervisor in the Woodlawn Operations building.

A native of Rockingham, N.C., Geneva became a federal employee 11 years ago. Prior to 1967 she was a secretary at the Douglas Memorial Community Church where she still maintains her membership.

In her spare time, Mrs. Hargrove works as a manager consultant for Princess House Crystal, a subsidiary of the Colgate Palmolive Company. She enjoys presenting demonstrations in the home, church or club group setting, and is always eager to help organizations that are interested in using the crystal party concept as a fund - raising project. She can be reached by calling 566 - 3148.

Miss Ophelia Horne, a computer specialist at SSA since 1974 is a good example of the hard working energetic young women who are currently seeking careers in the computer programming area. Ophelia came to SSA with approximately 12 years experience as programmer for the Maryland Casualty Insurance Company. Born in Winston-Salem, N.C., a graduate of Dunbar High School and a product of Morgan State University, Miss Horne has accomplished a lot in the four years she has been employed at SSA.

In addition to her ambitions in the electronic data processing field, she hopes to use some of her energies towards a second career in the real estate business.

Miss Horne attends the Memorial Baptist Church.

During the Fourth District AFGE Caucus held recently in Virginia, Mrs. Eleaner L. Anderson, fourth vice president of Local 1923, was appointed to serve as the new Women's Program Coordinator for the Fourth District, an area that includes North Carolina, Virginia, West Virginia and Maryland.

Mrs. Anderson who has served in various union leadership positions during her many years of affiliation with the SSA local is expected to formulate a program for women that is consistent with that of the National Organization.

Mrs. Eloise Johnson will be the mother of the bride for the second time this year when her daughter Adrienne exchanges vows with Leonard Edwards on June 24 at Emmanuel C.C. Church. Her daughter Roslyn, became Mrs. Alvin Goode this past January.

SSA American Federation of Government Employees Local 1923 is sponsoring a Disco On the Bay on Friday, July 14, for local members and their friends. The U.S.S. Port Welcome will sail at 9 p.m. and an exciting floor show featuring Charley's Angels and Abe Riley, the disco music man has been planned.

Congratulations to the Rev. Fletcher Miller, associate minister, Concord Baptist Church. He was among the recent graduates from the Maryland Baptist Center, extension of the Virginia Seminary, in Lynchburg, Va.

# Douglas alumni

There will be an important meeting of Douglass Senior High School alumni on Tuesday, May 22, at 7 p.m. at Union Baptist Church, 1219 Druid Hill Ave.

The purpose of the meeting is to solicit positive community support for organizing a Douglass High School General Alumni Association.

Sam Daniels from the Class of 1940 and Rev. Vernon Dobson, Class of 1941, will address some of the advantages of such an organization.

For further information call Ernestine Castro at 367-8831 or Jeanette Lloyd, at 655-6882.


More!

Introducing Kellogg's® big, new 16-oz. size of Cracklin' Bran® cereal. More of the bran cereal you've grown to love.

Less.

10¢ off with this coupon. To make you love it more.

10¢ Save 10¢ on your next purchase of Kellogg's® Cracklin' Bran® cereal. 10¢

(Offer limited to one coupon per package purchased.)

GROCER: We will redeem this coupon plus 5¢ for handling when terms of this offer have been complied with by you and the consumer. For purchase, mail coupons to: DEPT. K, P.O. BOX 1172, CLINTON, IOWA 52734. Coupon will be honored only if submitted by a retailer of our merchandise or a clearinghouse approved by us and acting for, and at the risk of, such a retailer. Invoices proving purchase of sufficient stock to cover coupons presented for redemption must be shown upon request. Any sales tax must be paid by the consumer. Offer good only in the United States, its territories and Puerto Rico, and void where prohibited, licensed, taxed, or restricted by law. Coupon subject to confiscation when terms of the offer have not been complied with. Cash value: 1/20 of 1¢.

KELLOGG SALES COMPANY

10¢ ®Kellogg Company Copyright © 1978 Kellogg Company STORE COUPON N 805 45 10EE 10¢

© 1978 Kellogg Company ®Kellogg Company Cut along dotted line.



"My doctor says caffein bothers me, but I just don't like the taste of decaffeinated coffee."

"Charlie, you'll like new SANKA® Brand. It has more real coffee aroma and taste than ever."

SAVE 50¢ ON NEW SANKA® BRAND Decaffeinated Coffee

WITH MORE REAL COFFEE AROMA AND TASTE

"Now, that's a real cup of coffee!" Introducing new, improved SANKA® Brand Instant and Freeze-Dried Decaffeinated Coffee. Just open a jar, pop the seal, and that full, fresh, real coffee aroma comes pouring out. It lets you know there's great coffee taste to come. SANKA® Brand is 100% real coffee and tastes it—now, more than ever. For caffein-concerned Americans, there's now a new, more delicious SANKA® Brand with more real coffee aroma and taste.

Use the coupon below for great savings on a great-tasting cup of coffee.

50¢ STORE COUPON INSTANT OR FREEZE-DRIED 50¢

SAVE 50¢ on NEW SANKA® BRAND Decaffeinated Coffee

50¢ GENERAL FOODS CORPORATION 50¢

©General Foods Corporation 1978



Kool-Aid SOFT DRINK MIX BRAND

SAVINGS

Save 25¢ WHEN YOU BUY 7 ENVELOPES OF Kool-Aid SOFT DRINK MIX BRAND UNSWEETENED SOFT DRINK MIX

You loved it as a kid You trust it as a mother

STORE COUPON

Save 25¢ WHEN YOU BUY 7 ENVELOPES OF Kool-Aid UNSWEETENED SOFT DRINK MIX

25¢ GCO-2113-9 GENERAL FOODS CORPORATION