Some of those things that taste good outdoors

Hot Barbecue Sauce

½ cup unsulphured molasses
½ cup vinegar or lemon juice
¼ cup prepared mustard
2 tablespoons Worcestershire sauce
2 teaspoons hot pepper sauce

Combine all ingredients. Brush on chicken, spareribs or hamburgers during baking, broiling or grilling.

Yield: Approximately ¾ cup, or enough sauce for 3 broiler-fryer chickens or 12 to 18 hamburgers.

Barbecued Hamburgers

1½ teaspoons hot pepper sauce
1½ cups tomato juice or milk
3 pounds ground beef
1 tablespoon salt

Add pepper sauce to tomato juice or milk. Pour over ground beef, sprinkle with salt; mix well with fork. Shape into 12 large or 18 medium patties.

Yield: 12 to 18 servings.

Note: For 4 to 6 servings, use one third of the recipe.

Charcoal Grill:

Place patties on grill or in folding wire broiler. Grill over hot coals 4 to 5 minutes on each side, or to desired doneness. Brush 2 or 3 times with Hot Barbecue Sauce during grilling.

Broil:

Preheat broiler 10 minutes or as manufacturer directs. Place patties 1½ inches below broiling unit. Broil 4 to 5 minutes on each side, brushing 2 or 3 times with Hot Barbecue Sauce.

Pan Broil:

Place patties in a lightly greased skillet over moderate heat, cooking about 8 minutes on first side and 6 minutes on second side. When patties are turned, brush brown side with Hot Barbecue Sauce. When ready to serve, turn and brush second side.

Barbecued Chicken

Charcoal Grill:

When coals are glowing, arrange 3 broiler-fryer chicken halves, cut side down, on greased grill or in folding wire broiler. Grill slowly about 45 to 50 minutes, or until tender, turning with tongs and basting often with Hot Barbecue Sauce.

Broil:

To broil, set oven to 350 degrees F. Heat broiler with pan in place 10 minutes. Line pan with aluminum foil. Place chicken halves, skin side down, on broiler pan; brush Hot Barbecue Sauce over cut side of chicken. Broil ½ hour; turn and brush with sauce and broil ½ hour longer.

Bake:

Place chicken halves, skin side down, in aluminum foil-lined baking pan. Do not overlap halves. Brush Hot Barbecue Sauce over cut side of chicken. Bake in a 350 degree F. oven 1 hour. At end of first half hour, turn chicken over and brush again with sauce. Bake 30 minutes and brush with sauce.

Barbecued Frankfurters

2 medium onions, chopped
2 green peppers, chopped
Two-third cup sweet pickle relish
½ cup vinegar
2 cups chili sauce
4 tablespoons brown sugar
1 tablespoon prepared mustard
½ teaspoon hot pepper sauce
12 frankfurters

Combine all ingredients for barbecue sauce in skillet; heat. Place frankfurters in sauce; simmer 10 to 15 minutes.

Yield: 12 servings.

Note: Sauce may be served without cooking as crisp relish for frankfurters, hamburgers or cold cuts.

Potato Salad

3 pounds potatoes (8 cups diced)
1 small onion, chopped
2 cups diced celery
1 green pepper, chopped
6 to 8 radishes, sliced
2 teaspoons salt
1 cup mayonnaise
3 tablespoons prepared mustard
2 tablespoons vinegar
½ teaspoon hot pepper sauce

Cook potatoes in skins until tender. Peel and dice. Add onion, celery, green pepper and radishes; sprinkle with salt. Mix together mayonnaise, mustard, vinegar and Tabasco. Add to potato mixture. Mix lightly with a fork, being careful not to break potatoes. Chill. To serve, garnish with salad greens and tomato wedges.

Yield: 12 servings.

Recipe of the Week

Magnificent Manderin Salad

1 cup plain or orange yogurt
1 cup (8 oz.) drained cottage cheese
3 stalks celery, finely chopped
½ cup peanuts
1 tablespoon honey
2 grated carrots
2 large apples, chopped
1 teaspoon salt & pepper (if desired)
3 leaves of lettuce

In a bowl, mix yogurt and honey. Mix in cottage cheese. Fold in vegetables, fruits and nuts. Season with salt and pepper. Serve on a bed of lettuce. Serves 4 to 6 people or more.

By Miss E. York Kiker, N.C. Dept. of Agriculture

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Chicken Curry

3 pound broiler-fryer, cut up
2 tablespoons butter or margarine
1 clove garlic, minced
¾ cup chicken broth
2 tablespoons flour
1 tablespoon curry powder
2 teaspoons onion salt
Dash cayenne pepper
1 cup rice
2 medium tomatoes, peeled and cut into wedges
1 medium green pepper, sliced
½ cup almonds
2 tablespoons butter or margarine
4 green onions, sliced

Brown chicken in butter in a 12-inch skillet, turning to brown both sides. Sprinkle with garlic. Combine chicken broth, flour, curry powder, onion salt and cayenne pepper; blend to smooth consistency. Pour over chicken; cover.

Cook over low heat until chicken is tender, about 50 minutes. Turn chicken several times during cooking.

When chicken has 15 minutes left to cook, prepare rice according to package directions. Add tomatoes and green pepper to chicken; heat, uncovered about 10 minutes.

Saute almonds in butter until lightly browned. Stir green onion into rice and sprinkle with toasted almonds before serving with chicken.

Makes 6 servings.

Milk cubes

Nothing tastes better on a picnic than cold, cold milk. Make certain the milk is well chilled, but also add cubes of milk. To make milk cubes, pour 2 cups of milk into 1 freezer tray; freeze until firm. To release, dip tray just to the rim in warm (not hot) water 10 seconds.

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