## Speaking of women

*(A look at what black women are doing nationally)*

**Do you know a dynamic woman — an outstanding community leader, church worker, businesswoman, mother, club woman — who is great in her own right? The AFRO wants to know about her. Send a brief biographical sketch and black and white glossy picture (or we can arrange to take a photo of her) to: Speaking of Women, c-o AFRO-AMERICAN NEWSPAPER, P.O. Box 1857, Baltimore, Md., 21203. Sorry, pictures can not be returned.**

NASHVILLE, Tenn. — Canzy G. Starling, a former president of the National Pharmaceutical Association, has been cited by the Alumni Association of Meharry Medical College for "outstanding achievements in the arts of pharmacy."

Mrs. Starling, owner - operator of Thomas Drug Co., here, received the Ph.C. degree from Meharry in 1935, two years before the college phased out its department of pharmacy. She is one of the few women graduates in pharmacy at Meharry - remaining active in the field of black professionals.

Mrs. Starling has been either an associate or the owner of Thomas Drug Company for the entire forty-one-year period since graduating from Meharry.

Still active in the NPA as secretary of the Nashville Chapter, Mrs. Starling is a member of the American Pharmaceutical Association; Tennessee Pharmaceutical Association; Middle Tennessee Society of Pharmacists; National Association of Retail Druggists; Metro Nashville Area Chamber of Commerce; Middle Tennessee Business Association; and the Metro Nashville Negro Business and Professional Women's Club.

Dr. Annette Billie

FAYETTEVILLE, N.C. — A Fayetteville State University mathematics instructor recently earned the Ph.D. degree in higher education.

Dr. Annette Billie, a native of Orangeburg, S.C. and a resident of Fayetteville for the past 10 years, was awarded the degree from the University of Pittsburg after a two - year leave and a grant from the Office of Education, Washington, D.C.

Dr. Billie came to Fayetteville State University in 1972 from the Fayetteville City School System. She served as an instructor and coordinator of general education mathematics before entering school to pursue the doctoral degree.

She is a recipient of the B.A. and M.S. degrees from South Carolina State College, Orangeburg.

Dr. Billie is affiliated with many professional organizations which include the National Council Teachers of Mathematics, American Mathematical Association, and the National Association of Mathematicians.

Her scholastic honors include membership in Phi Delta Gamma and Phi Delta Kappa.

She is listed in Outstanding Educators of America, "Who's Who in North Carolina, Who's Who in the South, and the World of Who's Who for Women.

## Catonsville Notes

... by Liz Williams

Prayers and cards to Charles Payne, (effie), the longtime education teacher in the Baltimore city schools. He was injured while working around the grounds of his beautiful Rolling Road home. He is in "guarded" condition at St. Agnes Hospital-Room 779. Send "Thinking of You" cards to Brother Walter Harris (alice) who is home. Cards to Dr. Bernard Christmas who is back at Provident Hospital.

* * *

Congratulations to Charles and Marjean Funn who recently became the proud parents of a bouncing baby boy. The maternal grandparents are Jean and Marvin Davis and the paternal grandparents are Bruce G. Funn and Mrs. Elizabeth V. Funn. The new arrival's name is Kyle David Funn.

* * *

Belated sympathy cards to Fay, (Sydney) Burnett who recently lost her father, Harry McDaniels and to Phyllis (Mike) Moore who recently lost her mother, Mrs. Ada C. Davis.

* * *

The First Annual Neighborhood Crab Feast will be held at the Banneker Recreation Center on Saturday, June 26, noon - 8 p.m. and on Sunday, June 27, 2-8 p.m. For further information, call 788-2183.

* * *

There was a joint initiation of the Baltimore District of Elks at the Masonic Temple, in which nine lodges participated. Presiding from the Landmark Lodge, Catonsville, was Ernest McCormick Exalted Head Ruler of the Crescent Lodge No. 355 and the Grand District Deputy Elmer Handy. Fifty-two candidates were intitiated and Samuel (Chick) Gaines was among them. I understand that daughter Mary McCormick is now home from the hospital after having undergone surgery.

I understand that Rev. Harold Carter had the folks "hanging from the rafters" at Grace AME Church last Friday night. It was sponsored by one of the usher boards of which Thelma Perkins is a member. The Rev. Reginald Boston is the pastor.

Last Sunday evening the "G" (Guardsmen) wives gathered for fellowship, fun and chatter at the very lovely home of Mina Garner (Bill). We plan to meet quarterly for more enjoyment. Hellena Edmonds is the chairman, Cleo Diggs, keeper of the funds and yours truly, the secretary.

Among the gals present was Helen Odom Glover who is the widow of Ulysees (Slick) Glover.

On Sunday, June 27 Trinity AME Church is having an "ole time" Richmond Town Reunion. There will be two services at 11 a.m. and 3 p.m. If you ever attended Trinity when it was located on Linden Avenue and Biddle Street, you know the joy and happiness that was shared at Sunday School, ACE League and by just living in the community. If you are homesick, go back and meet old friends. The Rev. W. K. Moore is the pastor.

* * *

Congratulations to Kerry and Richy Owings, the sons of Dr. and Mrs. Samuel Owings (Barbara) and to Courtney White, the daughter of Dr. and Mrs. Eric White (Edgar). These youngsters along with James Chavis and Lori Stith were confirmed at St. Mark United Methodist Church were the Rev. M. L. McKenny is the pastor.

The ceremony was most impressive as each youngster was joined at the altar by parents, relatives and friends as they repeated their confirmation vows. The beautiful thing about it was when the parents for each youngster repeated their religious obligations to their children.

More about St. Mark and the wonderful activities going on there. You must hear the pre-schoolers choir. These little ones were really great. Lori is the daughter of Rev. Mr. and Mrs. Forrest Stith and James is the son of Dr. and Mrs. James Chavis.

Mrs. Alice Ford called to tell me about the awarding of certificates to the retirees who volunteer when the educational staff donates blood for the Blood Assurance Program. The volunteers performed such duties as taking temperatures, registration, making blood containers, serving at the canteen and working in the donor room.

The awards were given to the volunteers by Dr. John Crew and other members of his staff, community leaders and the Red Cross. There were 24 volunteers who received awards but because space does not permit, I will give you their names next week and more about this wonderful program.

* * *

The Johnson C. Smith Alumni Chapter gave its annual luncheon at the Hilltop Inn Last Saturday. The guest speaker was Pettis Norman of the Dallas Cowboys.

Among the special guests were Calvin Hill of the Washington Redskins and his wife, Janet. Jim Griffin (Cardrienne is the president of the Baltimore chapter.

James Griffin, president of the local chapter of Johnson C. Smith Alumni presented two categories of awards.

Those receiving awards for professional achievement went to Vivian Ferguson, Millie Shaw, Reather Green, Alexander Gates and Daniel Hamm, all receiving master's of arts degrees. Also Malcolm Barksdale, an undergraduate.

Receiving awards for outstanding service and dedication were: Raymond Washington, the national alumni president, Pettis Norman, the main speaker who was formerly tight end for the Dallas Cowboys and a graduate of Johnson C. Smith; Dr. Nelson Fain, Mozelle Armstrong, Ms. Ann Eaton and Ms. Rachel Adams received a special gift on retirement from the school system.

Marion Russell gave this meaningful quote at our meeting and I would like to share it with you — "Those who bring sunshine into the lives of others cannot keep it from themselves."

## Woodlawn Highlights

... by Marjorie Green

## Summer samplers

Combining milk with tomatoes or tomato juice or another kind of acid food? Always add the tomato gradually to the milk so the mixture does not curdle.

When you want a sandwich that's as pretty as it's good, try this Cottage Cheese Open Face. Combine 1½ cups cottage cheese, ¼ cup grated carrot, 1 tablespoon each sliced green onion and chopped parsley with ¼ teaspoon garlic salt. Chill. On thin slices of buttered pumpernickel bread layer lettuce and tomato slices. Top each sandwich with a mound of ¼ cup of the cottage cheese mixture. It's enough for six sandwiches.

The thing that first attracts you to Sniekess Sandra Fresh Bey is the exotic way she wears the sacred turban wrap with matching ankle length shirts traditionally worn by the Moorish women in the Moogish School of Law and History located at 3236 Frederick Ave.

Sandra who is a clerk in the Bureau of Data Processing met and married Shiek Frankie Fresh Bey while he was serving in the United States Navy at Newport, R.I.

In May, 1970 the couple moved to Baltimore and became active members in the Moorish Science Temple, the Divine and National Movement of North America No. 13. Two years later she started work in the Social Security, Paca-Pratt building.

Shiekess Fresh Bey speaks of her job as being secondary to her commitment to theuplifting of fallen humanity. She was among the group of members who estabblished the Moorish School of Law and History under the direction of Prophet Noble Drew Ali, III

She is currently acting as director of the Department of Health. This assignment is geared to teach the Moorish men and women that by using herbs and natural foods they can prolong life. The members are also taught that if they gain human rights they won't have to worry about civil rights.

Sandra is also a coordinator for the Annual Moorish Costume Ball held at the Civic Center.

* * *

The Sunday afternoon installation services for the Rev. Porter W. Phillips proved to be one of the most carefully coordinated religious services that I have ever attended.

I am certain that there are some who will probably say that I am biased because I proudly state that the Rev. Phillips is a former Pittsburgher and Pittsburgh is my hometown. I may also add that Jim Green and I were married in Enon Baptist Church several years ago.

Somehow I felt very much at home in the church that was my first choice, when I glanced around and saw the familiar faces of Social Security employees who seem to be everywhere, Delia Saunders, Ruth Norris, Mattie Seaberry and former SSA'er Calvin Parker are just a few who were seen moving along the receiving line at the reception.

Best wishes for a long and happy union are extended to the Rev. Mr. Phillips and the Enon Family.

* * *

Send News items c/o: Woodlawn Highlights, P.O. Box 783, Balto., Md. 21203.

## Club Notes

(Continued from Page 36)

groups.

Any artists interested in participating in the affair should call: 725-0907 after 6 p.m.

Las Amigas, Inc. is a non-profit organization comprised of professional and business women dedicated to community service.

**Big Sister**

The Baltimore Chapter of Big Sisters of America recently held their closing meeting of the year at which they elected new officers for the 1976-77 year.

New officers are: Mamie Greene, president; Norma Feeder, vice president; Lucille Brown, recording secretary; Bernita Fuller, corresponding secretary; Imogene Douglass, financial secretary, Phyllis Shamwell, reasurer; Sara Giles, historian and Credella White, parliamentarian.


**Now you can track down Dixie during the day.**

Amtrak's new Palmetto and Colonial trains are scheduled to take you where you want to go when you want to go. Sit back, relax and enjoy the scenery go by as you go bye bye.

**The Palmetto***

Direct Amfleet service between New York City and Savannah

| Going South | | Going North | |
|---|---|---|---|
| Leaves New York City | 8:00 AM | Leaves Savannah | 6:50 AM |
| " Newark | 8:15 AM r | " Yemassee | 7:40 AM |
| " Metro Park | 8:31 AM r | " Charleston | 8:30 AM |
| " New Brunswick | 8:40 AM r | " Kingstree | 9:15 AM e |
| " Trenton | 9:07 AM r | " Florence | 10:30 AM |
| " No. Philadelphia | 9:35 AM r | " Dillon | 11:03 AM e |
| " Phila. (30 St.) | 9:45 AM r | " Fayetteville | 12:01 PM |
| " Wilmington | 10:18 AM r | " Wilson | 1:12 PM |
| " Baltimore | 11:20 AM r | " Rocky Mount | 1:48 PM |
| Arrives Washington | 12:00 Noon r | " Petersburg | 3:09 PM |
| Leaves Washington | 12:30 PM | " Richmond | 4:15 PM |
| " Alexandria | 12:47 PM | " Fredericksburg | 5:06 PM e |
| " Quantico | 1:15 PM e | " Quantico | 5:27 PM e |
| " Fredericksburg | 1:35 PM e | " Alexandria | 6:00 PM |
| " Richmond | 2:55 PM | Arrives Washington | 6:30 PM d |
| " Petersburg | 3:24 PM | Leaves Washington | 7:05 PM |
| " Rocky Mount | 4:50 PM | " Baltimore | 7:49 PM d |
| " Wilson | 5:10 PM | " Wilmington | 8:49 PM d |
| " Fayetteville | 6:15 PM | " Phila. (30 St.) | 9:15 PM d |
| " Dillon | 7:08 PM e | " No. Philadelphia | 9:24 PM d |
| " Florence | 8:20 PM | " Trenton | 9:51 PM d |
| " Kingstree | 9:00 PM e | " Princeton Jct. | 10:01 PM d |
| " Charleston | 9:55 PM | " New Brunswick | 10:17 PM d |
| " Yemassee | 10:45 PM | " Newark | 10:45 PM d |
| Arrives Savannah | 11:50 PM | Arrives New York | 11:00 PM |

*—all reserved seat train, operates south 6/15-9/7/76, north 6/16-9/8/76
r—stops only to receive passengers
e—limited service stop (flag stop)
d—stops only to discharge passengers

**The Colonial****

Direct Amfleet service between New York City, Williamsburg and Newport News

| Going South | | Going North | |
|---|---|---|---|
| Leaves New York City | 12:00 Noon | Leaves Newport News | 2:50 PM |
| " Newark | 12:15 PM | " Williamsburg | 3:25 PM |
| " Metro Park | 12:31 PM | " Richmond | 5:20 PM |
| " New Brunswick | 12:42 PM | " Fredericksburg | 6:11 PM e |
| " Princeton Jct. | 12:58 PM | " Quantico | 6:32 PM e |
| " Trenton | 1:09 PM | " Alexandria | 7:03 PM |
| " No. Philadelphia | 1:37 PM | Arrives Washington | 7:30 PM |
| " Phila. (30 St.) | 1:50 PM | Leaves Washington | 8:05 PM |
| " Wilmington | 2:17 PM | " Capital Beltway | 8:18 PM b |
| " Baltimore | 3:18 PM | " Baltimore | 8:49 PM |
| " Capital Beltway | 3:48 PM a | " Wilmington | 9:49 PM |
| Arrives Washington | 4:08 PM | " Phila. (30 St.) | 10:15 PM |
| Leaves Washington | 4:35 PM | " No. Philadelphia | 10:24 PM |
| " Alexandria | 4:52 PM | " Trenton | 10:55 PM |
| " Quantico | 5:20 PM e | " Newark | 11:43 PM |
| " Fredericksburg | 5:40 PM e | Arrives New York City | 11:59 PM |
| " Richmond | 6:55 PM | | |
| " Williamsburg | 8:30 PM | | |
| Arrives Newport News | 9:10 PM | | |

**—no reserved seats
a—train stops to discharge passengers and to receive for points south of Washington
b—train stops to receive passengers and to discharge from south of Washington
e—limited service stop (flag stop)

Now you can track down Dixie in style and comfort and save money, too. One-way coach fare to Richmond is only $12.50; to Charleston $35.00; to Williamsburg $16.00 and Savannah $41.50.

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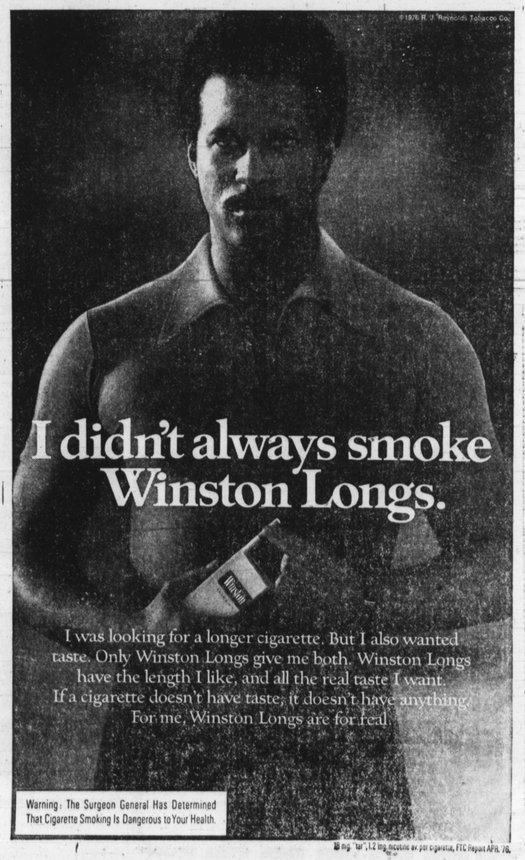





# Bananas, a favorite flavor in West African cookery

In West Africa, chicken is usually the meat chosen to honor guests. Peanuts are a favorite ingredient in main dishes, and a favorite flavor combination is bananas and tomatoes.

All of these trends combine to produce a beautiful dish in West African Chicken and Bananas, a really different way to serve familiar foods. It's savory, imaginative, and thrifty. Chicken is famed for economy, and bananas are selling at the same prices today as 20 years ago, according to the Banana Bunch, industry-sponsored center for consumer information.

West Africans have been affected by the English in their choice of desserts. Banana Custard Fool shows this English influence but has a different texture that is characteristically African.

**West African Chicken And Bananas**

2 tablespoons peanut or other salad oil
1 broiler-fryer chicken, cut in serving pieces
¼ cup chopped onion
2 tomatoes, peeled and cut in wedges
1 green pepper, cut in strips
1½ teaspoons salt
¼ teaspoon pepper
¼ teaspoon dried leaf thyme
¼ teaspoon liquid pepper sauce
1 cup peanut butter
1 cup chicken broth
2 bananas

In large skillet heat oil. Add chicken pieces and brown on all sides. Remove to 3-quart baking dish. Add onion to skillet and cook until tender. Stir in remaining ingredients except bananas, mix well and pour over chicken.

Cover and bake in 350 degree F. oven 55 minutes or until chicken is tender. Peel bananas and cut into diagonal slices; add to chicken. Bake 5 minutes longer.

YIELD: 4 servings.

**Banana Custard Fool.**

3 eggs
one-third cup sugar
1½ cups milk
2 strips lemon rind
1 teaspoon vanilla
6 medium bananas

In top of double boiler, beat eggs and sugar. Stir in milk and add lemon rind. Place over boiling water and cook, stirring constantly, until mixture thickens. Remove from heat and remove lemon rind. Stir in vanilla. Chill. Peel bananas and mash; stir into custard mixture. Chill. Serve in small cups, garnished with banana slices.

YIELD: 8 servings.

A WEST AFRICAN favorite is a delectable combination of chicken browned in peanut oil and bananas.

**CALVERT CO. NEWS**

## Rev. Edwards undergoes eye surgery

By Melvina Edwards

The Rev. William Edwards, retired member of the United Methodist Church, is home from the Maryland General Hospital where he underwent surgery on the right eye.

His visitors including his pastor, the Rev. John R. White, Wardell Holland, Alnutt Chase, Irvin Brown, Benjajmin Titus and Norman Jones.

Also members visiting were from the Band of St. Edmonds United Methodist Church who had worshipped at St. John AME Church. They were: Mrs. Eva Fletcher, Mrs. Rosie Brown and daughter Nancy Mrs. Lorraine Hawkins and daughter, Tracey and Eugene Randall.

* * *

The Youth and Senior Choirs of St. Edmonds Church celebrated their anniversary last Sunday. The Rev. John R. White is pastor.

Herman Coates of St. Edmonds was guest speaker at Union Methodist Church last Sunday. He was accompanied by the St. Edmonds Methodist Men. The Rev. D.C. Bowman is pastor.

* * *

Continue your prayers for Mrs. Rebecca Booze Mrs. Joethel Jones, Mrs. Ethel Purvey, the Rev. Everett Gray and Mrs. Mabel Emerson.

## Women's Day festival

"Women's Day Festival", honoring the women of Baltimore will be held Sunday, June 20, 5 p.m. at the Calvert Education Center, North and Calvert Street.

Many talented women from throughout the area will be there displaying their many talents such as, singing, dancing, poetry, fashions.

Honored at the affair will be persons of the community, politicians, teachers, housewives, students, and all those attending.

Attending will be Lucille Clifton, Wanda Robinson, Januwa Fashions, Sister Fantou, Coppin State Jazz Ensemble, Life Forces, Wesul Umoja Drummers, Travis Winky, Rain and many more. There will also be guest speakers that will highlight the day including Parren Mitchell, Sister Reynolds El, Sister Fresh Bey and Travis Winkey.

Brothers from the street, called street merchants, food, plants, books, paintings, juices, and some classes on meditation, health food, Islam, corn rolling.

Children are to be admitted free with their parents. A small fee for adults.

Any persons who wish to be a participant in any way please also contact our office at one of the following numbers, 466-1817, 578-1140, 243-3011.

This will be a Family Day for the whole Baltimore community to salute the women on Father's Day.

**Need someone to talk to? Call WISH (Women In Self Help), a volunteer peer counseling and information service by women for women. WISH is a telephone service available to all women who at times of stress are looking for a trained volunteer who can "listen with a woman's ear." Call 433-9400.**

**NOTICE**

**The AFRO takes pride in congratulating high school and college seniors and invites them to have their pictures on the new school page coming soon. Send a black and white glossy photograph with biographical information and future plans to Clarence W. Hunter, The AFRO City Desk, 628 N. Eutaw St., Baltimore, Md. 21201.**

## Community calendar

(Continued from Page 29)

Bus trip to Wildwood, N.J. Buses leave 2413 Lakeview Ave., 8 a.m. Call Mrs. Beulah Murray at 669-1176 or 225-7118.

**July 12-16**

Lafayette Senior Citizens to Montreal, Canada. Buses leave 201 N. Aisquith St., l.m. P. Moore, president. Call 342-6330 for information. Reservation deadline, July 1.

**July 17**

Seed Club is honoring Dr. George T. Stansbury, Hartford Community College, Thomas Run Rd., Bel Air, Md. Dr. W. Lester Henry, department of medicine, College of Medicine Howard University will be guest speaker. Mrs. Dorothy Martin is president, Mrs. Otelia Bullock, executive advisor, 4:30 p.m.

The Church of Saint Gregory the Great, 1542 N. Gilmor St., will hold its Annual Parish Picnic, Gunpowder Falls State Park, 9 a.m-6 p.m. For information call: 523-0061.

Wedding of Miss Rebecca Floyd, New Shiloh Baptist Church, 823 W. Lanvale St., 3 p.m.

**July 31**

Wedding of Miss Angela Wilson, Enon Baptist Church, Edmondson Ave. and Schroeder St., 3 p.m.

**August 14**

Wedding of Miss Roslyn Ford, Enon Baptist Church, Edmondson Ave. and Schroeder St., 3 p.m.


**HALL FOR RENTAL**

Wedding Receptions — The Checkerboard Lounge 1433 W. Hamburg St. has dates available for Cocktail, Disco and Birthday Parties. Dinners, Lunches, Fashion Shows and Business Meetings. Accommodates up to 225. Caterer on premises. Reasonable Rates.

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Every Wednesday is Ladies Day—All Day—All Night Every Second Drink Free!



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If you perform well, you may become a second-class petty officer during your initial enlistment, making over $700 a month (along with Navy benefits like medical and dental care). And, if you qualify and benefits remain the same, there'll be a bonus of up to $15,000 offered to you by the Navy as a re-enlistment incentive. Of course, it will take hard work and your share of housekeeping chores. But your six years of invaluable training and experience will assure you of continuing opportunities in the future.

To get all the details on the Nuclear or the Advanced Electronics Field Program, see your local Navy recruiter.

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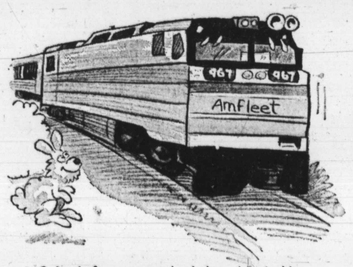


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There's a sleek new look outside and the most modern accommodations inside—wide reclining seats with plenty of legroom, drop-down trays at every seat for dining, working or playing. There's the new Amcafe where you can get anything from a cold drink to a hot sandwich.

The Colonial has an Amclub with first-class service all the way.

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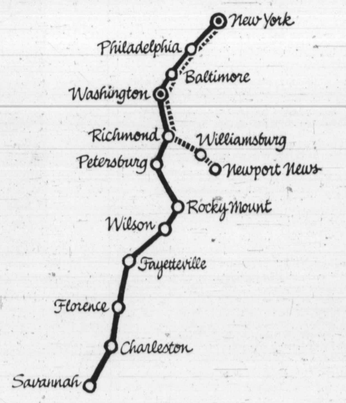


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