Catonsville Notes

...by Liz Williams

This Grace Improvement Organization is sponsoring its 3rd annual Afro-American Heritage Celebration on Saturday, February 28th, from 9 a.m. until 3 p.m.

Activities are entitled "A Career Awarensss Symposium."

The schedule is as follows: 9-9:30 a.m., registration, coffee and buns; 9:30-12:30 p.m., workshops; 12:30-1:30 p.m., free lunch; 1:30-3:30 p.m., wrap-up. All events will be at Grace AME Church on Winters Lane.

Among the leaders are: Murvin E. Jones, Sr., division manager, personnel relations- Roger Richmond, senior technical man, all of the Westinghouse Defense and Electronics Center;

Also Linda Giles and Linda Emerson, of the engineering staff at Westinghouse; Mary Claybourne, director of public affairs, Radio Station WWIN; Major Neal Brockington, commander, Eastern Police District, Baltimore city; Grover McCrea, School Board member, Baltimore City; Earl Banks, director if athletics, Morgan State University; Charles Brown, Retired Lt. Colonel, Management Consultant, Morgan Management Systems, Columbia, Md.;

And, Dr. Louis L. Randall, Garwyn Medical Center; Dr. Shirley Brown, assistant professor of social work, University of Maryland; Herbert Brown, director of health, planning, state of Maryland; Ernest Soden, director, Office of Civil Rights, Federal Highways;

And, a former Catonsville resident, William Ross, vice president, division manager Ryland Homes, Columbia Md.

The Grace Improvement (GIO), has really gone all out to bring these outstanding black leaders to our community.

The seminar should be of interest to all of us, especially our young people who are in high school or college.

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The second half of the celebration will be held at the church on Sunday, Feb. 29 at 3:30 p.m., when the Young Adult Choir will be featured.

The Rev. Mrs. Ida Torsell, widow of our beloved Samuel Torsell, will present the history of the church.

There will be original poetry, song and commentary, all in keeping with the spirit of the bicentennial celebration and the black man's heritage. The Rev. Reginal Boston is the pastor.

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When Catonsville Community College held its bicentennial ball at the college recently, Mrs. Viola Watkins and Mrs. Hannah Lindsay were among the guests.

Mrs. Watkins caught many an eye because of her distinctive gown. It was made from material that was brought to her from Africa.

We visited with this gracious lady one afternoon and we learned so much from her in such a short time. We, of all generations, should set this lady as an example for living. She certainly can tell you what life is all about and how to enjoy a good life.

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In mailbag—A note from Mrs. Annie McDonald, wife of the Rev. Gentry McDonald, tells me about the good work the Willing Jewel Tones of Morning Star Baptist Church are doing. Recently, they presented a concert of sacred music featuring the Afro-American Heritage.

They gave a similar program in Washington, at Shiloh Baptist Church where the Rev. Henry C. Gregory II is the pastor.

The group is under the direction of Mrs. Daisy Caldwell and Mr. Leroy Giles

Mrs. McDonald's note adds: — "Liz, enjoy reading your column. It is very interesting."

Thank you, Annie, for your encouraging words. The Rev. Mr. McDonald and his wife were in school with me, so we have known each for a long time.

* * *

People are talking about the beautiful anniversary dinner the Morning Star Chorales had at the Holiday Inn-Belmont.

I was invited but could not attend because of the "Bug."

It was well attended and the group entertained their guests during the evening.

Congratulations to Lil Hawkins and her committee.

Mrs. Susie Baskerville made the beige choir gowns that the ladies wore. The gents wore dark brown

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BEAUTY AND YOU

TIPS ON LIPS

A well made-up mouth goes a long way towards giving your face the neat, finished look that's so enviable in the make-up of models and actresses.

Here are some tips from a leading cosmetics manufacturer on achieving beautiful lips:

—A smudgy look may be fashionable in eye shadow, but your lip line should always be clearly defined. Before applying lip color outline it with a light or medium brown brow pencil.

If the pencil is too sharp against your lips, soften by holding it under hot water for a second. The points of the upper lip should coincide with the centers of the nostrils. Outlining also helps to prevent lip color from over-running the lip line.

—Never press or rub lips together after applying lip color. This is a useless "tic" that probably dates from the time lipsticks were dry and draggy.

Nowadays most lip colors are creamy and designed to apply evenly. Rubbing lips together will ruin your lip line and cause smudges.

If you must blot, do it with a facial tissue, held taut at outer edges. Press only the tissue against lips held in their natural position.

Stop smoking. The characteristic smoker's pout will eventually cause vertical lip wrinkles which are ugly and will tend to "channel" lip color off lips onto skin.

—Lip color should harmonize with other makeup colors. If you are wearing a pink lipstick, choose a pink blusher, etc. In an emergency, if you cannot find a matching blusher use lipstick on your cheeks.

—Re-apply lip color often. The lips contain no oil glands and need the moisturizing that a good creamy lip color provides.

A WELL made-up mouth goes a long way towards giving your face the neat, finished look.

FOOD-A-RAMA

FOOD A RAMA SUPER MARKET

* 3805 LIBERTY HEIGHTS AVENUE
* 5431 REISTERSTOWN ROAD
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* 2701 WEST COLD SPRING LANE
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* 2040 HARFORD ROAD
* 20 SOUTH HILTON STREET

OPEN SUNDAYS
STORE HOURS:
OPEN DAILY 9:00 A.M. TO 9:00 P.M.
WE ACCEPT U.S.D.A. FOOD COUPONS
* WE CASH WELFARE AND GOVERNMENT—PAYROLL CHECKS WITH PROPER IDENTIFICATION.

SALES START TUES., FEB. 24 THRU SUN., FEB. 29TH
PLENTY OF FREE PARKING

FRESH SHOULDERS LB. 69¢

VALUABLE COUPON — MRS. FILBERTS MARGARINE — SAVE .77¢ — 3 1-lb. ¼'s $1.00 — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

VALUABLE COUPON — DEL MONTE CHUNK LIGHT TUNA — SAVE 30¢ — 6½-oz. can 39¢ — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

VALUABLE COUPON — WHITE CLOUD TOILET TISSUE — SAVE 30¢ — WHITE OR ASSORTED 4 pack 49¢ — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon Expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

VALUABLE COUPON — KRAFT MAYONNAISE — SAVE 50¢ — qt. jar 89¢ — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

VALUABLE COUPON — RIVER RICE — SAVE 30¢ — 2-lb. box 49¢ — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

VALUABLE COUPON — CRISCO OIL — SAVE 30¢ — 24-oz. btl. 65¢ — WITH THIS COUPON — Good only at Food-A-Rama Super Mkts. Coupon Expires Sun., Feb. 29, 1976 — LIMIT ONE COUPON PER SHOPPING FAMILY.

USDA CHOICE BEEF — CHUCK ROAST — BLADE BONE-IN LB. 69¢

GWALTNEY-SIGNAL SMOKED HAMS — SHANK PORTIONS LB. 79¢ — BUTT PORTIONS LB. 89¢

FRESH GROUND BEEF — 3 LB. PKG. OR MORE LB. 79¢

ESSKAY SWEET KORN BACON — 1 LB. PKG. $1.39

KOUNTY KIST GREEN BEANS — 6 17 OZ. CANS $1.00

BETTY CROCKER YELLOW CAKE MIX — 18½ OZ. BOX 55¢

KOUNTY KIST PEAS — 17 OZ. CANS — BUY THREE AT REGULAR PRICE AND GET ONE FREE!

CAMPBELL'S VEGETABLE SOUP — 5 10½ OZ. CANS $1.00

MAXWELL HOUSE COFFEE — INSTANT — 10 OZ. JAR $2.49

BANQUET FRUIT PIES — APPLE • CHERRY • PEACH — 4 9 OZ. PKGS. $1.00

MORTON POT PIES — BEEF • CHICKEN • TURKEY — 4 8 OZ. PKGS. 99¢

MARYLAND FRESH EGGS — SMALL DOZ. 55¢ — MEDIUM DOZ. 65¢

PILLSBURY BUTTERMILK BISCUITS — 4 PACK 49¢

U.S. NO. 1 MAINE POTATOES — 10 LB. BAG 99¢

TOMATOES — SLICING CELLO PACK 29¢

Giant Food Yellow Cling Peaches — Slices or Halves — 2 1-lb., 13-oz. cans $1.00

Giant Food Grape Jelly — Big, New 3-lb. size — 3-lb. jar 97¢

Tart 'n Tangy Libby's Sauerkraut — Perfect with Meat & Poultry — 4 1-lb. cans $1.00

Libby's Stewed Tomatoes — Saves Kitchen Time — 3 1-lb. cans $1.00

No Cereal Added Giant Brand Dog Food — Chicken, Liver, Beef or Horsemeat — 4 14½-oz. cans $1.00

Giant Offers You Two Kinds of Quality Beef

Giant Lean and USDA Choice Beef

GIANT — THE QUALITY FOOD PEOPLE

Prices effective through Saturday, February 28, 1976. This merchandise is not offered for sale or available to retailers, restaurants or other commercial enterprises.

GIANT LEAN BEEF or USDA CHOICE - BONE IN RIB ROAST — Giant Lean 1.19 lb. — USDA CHOICE 1.29 lb.

GIANT LEAN BEEF or USDA CHOICE RIB STEAK — GIANT LEAN 1.39 lb. — USDA CHOICE 1.49 lb.

HOLLY FARMS USDA GRADE A FRESH CHICKENS — LEGS 79¢ lb. — BREASTS WITH RIBS 89¢ lb.

SWIFT'S PREMIUM BONELESS TURKEY ROAST WITH GIBLET GRAVY — ALL DARK MEAT 2-lb. pkg. 1.99 — WHITE & DARK MEAT 2-lb. pkg. 2.69 — ALL WHITE MEAT 2-lb. pkg. 3.19

FRENCH'S FROZEN VEAL STEAKS — BREADED 1.19 lb. — 1.29 lb.

Grocery Department

Hungry Jack mashed potatoes — Pillsbury Instant Potatoes — Hungry Jack 2-lb. box 79¢

BONUS SPECIAL — Giant Food Cola 4 1-qt 10-oz. bots. 85¢
BONUS SPECIAL 11x10.65", 2-ply — Viva Towels 2 100 sq. ft. rolls 89¢
BONUS SPECIAL - Del Monte — Garden Spinach 4 15-oz. cans $1.00
BONUS SPECIAL - Giant Food Smooth or Chunky — Peanut Butter 3-lb. 2-oz. jar 69¢
BONUS SPECIAL - Kleenex White — Facial Tissues 9.25x8.58, 2-ply 2 boxes of 200 89¢

Delicatessen Dept.

Briggs MILD PURE PORK VARIETY MILD — Briggs Sausage Meat — Mild or Hot 1-lb. pkg. 89¢

BONUS SPECIAL - Buddig's Sliced, All Varieties — Smoked Meats 2 3-oz. pkgs. 79¢
BONUS SPECIAL - Giant Food — Chunk Liverwurst lb. 79¢

Giant Food 100% Pure Orange Juice — No Sugar or Preservatives Added — qt. ctn. 39¢ — ½-gal. ctn. 69¢

Service Deli

BONUS SPECIAL - Armour — Cooked Salami lb. 69¢
BONUS SPECIAL - Hormel — Chopped Ham lb. 95¢
BONUS SPECIAL - Rieser's White Meat — Turkey Roll lb. 1.19
BONUS SPECIAL - Chinese Style — Shrimp Rolls 2 lbs. 4.49
Available only in stores with a Service Delicatessen

Produce Department

New Green Cabbage — Good Time to Fix Your Favorite Slaw — lb. 10¢

Firm, Slicing — Tomatoes lb. 39¢
Fresh — Green Peppers 5 lbs. $1.00
Fancy, Loose — Fresh Mushrooms lb. 69¢
All Purpose — Rome Apples lb. 59¢
Spring Onions - Bunch or — Red Radishes 5 bchs. $1.00
2 or more stalks per bunch — Celery Hearts bunch 39¢

Frozen Foods

Frozen Morton Donuts — Glazed or Jelly 9-oz. pkg. 11-oz. pkg. 79¢

BONUS SPECIAL - Snow Crop 100% Orange Juice From Florida — Orange Juice 3 6-oz. cans 79¢
BONUS SPECIAL - Fleischmann's — Egg Beaters pint carton 85¢
BONUS SPECIAL - Eggo — Blueberry Waffles 11-oz. pkg. 59¢
BONUS SPECIAL - Gorton — Fish and Chips 1-lb. pkg. 99¢

Seafood Department

Golden Fresh Croakers — Atlantic Ocean — lb. 39¢

Fresh — Sea Trout lb. 49¢
Atlantic Ocean — Fresh Porgies lb. 89¢
Tender — Fresh Squid lb. 66¢
Mariaw's - Family Pak — Stuffed Clams 2-lb. box 1.89
Fresh seafood features available only in stores with a Service Seafood Department through Fri., Feb. 27, 1976.

Delicatessen Dept.

INTRODUCING GIANT FOOD SKIM MILK IN PLASTIC GALLON JUGS NUTRITIONALLY LABELED — Now you enjoy Giant Food Skim Milk by the gallon, and in easy-to-handle plastic gallon jugs. As more people are drinking skim milk today, Giant is pleased to bring you this new convenient size. — gal. jug 1.29

Grocery Department

BONUS SPECIAL - Giant Food — Spaghetti Regular, Thin or Extra Thin 2 1-lb. boxes 89¢
BONUS SPECIAL - Aunt Nellie's Unsweetened — Citrus Juice Grapefruit or Orange 2 1-qt. cans $1.00
BONUS SPECIAL - Giant Food Freeze Dried — Instant Coffee 4-oz. jar 99¢
BONUS SPECIAL - Giant Food Plain or with Raisins — Natural Cereal 1-lb. box 65¢
BONUS SPECIAL - Giant Food — Oatmeal Cookies 2 dozen bags $1.00

Bakery — VEGETABLE SHORTENING NO ANIMAL FAT except butter at Heidi!

Heidi English Muffins — 1-lb., 8-oz. pkg. of 12 65¢ — 3 12-oz. pkgs. of 6 $1.00 — 8-oz. pkg. of 4 27¢

Giant Label — Enriched Bread 3 1-lb. 8-oz. loaves $1.00
Sour Dough — French Bread 1-lb. 49¢
No Preservatives — French Rolls 3 doz. bags of 6 $1.00
Crumb Topping — Apple-Raisin Pie 1-lb. 8-oz. 85¢
Large Assorted - 1-lb. 6-oz. — Cake Donuts box of 12 85¢

Pastry Shoppe

Whipped Creme* Filled French Twirls — Special Reg. 49¢ 39¢ — * non-dairy 2-oz.

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• Randallstown Plaza Offutt Rd. at Liberty Rd.
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• 7901 Ritchie Hwy. at Mountain Road
• 5901 Reisterstown Road Baltimore, Md.
• Chatham Mall Rt. 40 W., Howard County
• Severna Park Mall Ritchie Hwy. at McKinsey Rd
• East Park Center 7940 Crain Hwy.

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