Pantry Pride

PRICES EFFECTIVE THRU SAT., JAN. 31, 1976. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

For The Pantry Pride Woman . . .

Basic Bargains in Basic Foods

See Our UNADVERTISED BARGAINS, Low, Low Prices Posted Only In The Store

SAVE An Additional $2.51 With Coupons On These Two Pages

3 Stores Open 24 Hours

From Mon., 8 a.m. Thru Sat. 11 p.m.
7848 Wise & Lynch Avenue Baltimore, Md.
Liberty Court Shop. Ctr. Randallstown, Md.
Hollingswood Shop. Ctr. 2159 W. Patapsco Ave.

Open Sunday 9 a.m. til 5 p. m.

Closed Sunday: Westview, Gov. Ritchie Plaza, Eudowood, Hillendale, Severna Park, Westminster, Frederick, Hagerstown & Salisbury

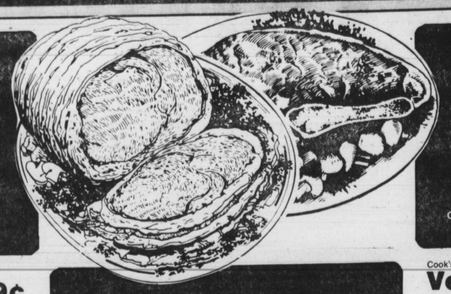
Most Stores Open 9 a.m. til 10 p.m.
Check Your Local Store For Hours

Pantry Pride

REDEEM ONE OR ALL SIX BASIC BARGAIN COUPONS BELOW WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE.

Round Roast

Boneless Bottom
U.S. Gov't Inspt. Corn Fed Beef
$1.49 lb.



Sirloin Steak

Top
U.S. Gov't. Inspt. Corn Fed Beef Loin
$1.49 lb.

U.S. Gov't. Inspt. Corn Fed Beef Blade **Chuck Steak** ..... lb. 99¢
U.S. Gov't. Inspt. Corn Fed **Rib Roast** Oven Ready Small End ... lb. $1.69
U.S. Gov't. Inspt. Corn Fed Beef Underblade **Chuck Pot Roast** California lb. $1.19
U.S. Gov't. Ins. Corn Fed Delmonico **Rib Eye Steak** .... lb. $2.59
Pantry Pride **Great Ground** 25% Hydrated Veg. Protein & 75% Ground Beef 3-lb. Pkg. & Over lb. 69¢
U.S.D.A. Grade "A" Frozen **Turkey Hindquarters** .. lb. 39¢
King's Treat Beef **Corned Rounds** ... lb. $1.19

Fresh Fryers

U.S. Gov't. Inspected Whole
43¢ lb. Cut up 47¢ lb.
Our Premium Brand **Farmer Gray Fryers** .. Whole lb. 49¢ Cut up lb. 53¢

Cook's Breaded **Veal Steaks** ..... lb. 79¢
Swift's Premium-All Flavors **Sausage** Brown n' Serve ..... 8-oz. pkg. 99¢
Assorted **Pork Chops** Quarter Loin .... lb. $1.19
Over 3-lb. Avg. **Pork Spare Ribs** .. lb. $1.19
Piedmont Hot Or Sweet **Italian Sausage** .. lb. $1.39
Genuine Spring New Zealand Frozen **Shoulder of Lamb Roast** Whole lb. 79¢ Sliced lb. 89¢
Genuine Spring New Zealand Frozen **Shank Half Leg O' Lamb Roast** lb. $1.39

Fully Cooked Ham

Smoked Shank Portion lb. 79¢
Rump Portion lb. 89¢

Turkey Breast

U.S.D.A. Grade A Whole Frozen
99¢ lb.

Leg O' Lamb Roast

Genuine Spring New Zealand Frozen Whole
$1.29 lb.

Boneless Brisket

Fresh Whole
U.S. Gov't. Inspt. Corn Fed Beef
$1.19 lb.

Beef Rib Roast

Large End
U.S. Gov't Inspt. Corn Fed Beef Oven Ready
$1.39 lb.

Pork Shoulder

Fresh Arm Picnic Whole
79¢ lb.

BARGAINS IN PRODUCE

Temple Oranges
Large 100 Size Florida 12 for 69¢

Extra Large 64 Size **Temple Oranges** .. 10 for $1.00
Washed **Fresh Spinach** ..... 10-oz. cello pkg. 59¢

Seedless Grapefruit
Large 36 Size Florida White 7 for $1.00
Large 36 Size Pink 6 for $1.00

Florida Oranges
Large 100 Size 15 for 89¢
5-lb. Bag .....79¢

FAMILY SIZE FRUIT PACKS
Pink Seedless 48 Size **Grapefruit** .. 14 in a bag $1.59
Juicy Florida **Oranges** Large 100 Size .. 24 in a bag $1.39
Large 113 Size, Washington State Red Delicious **Apples** .. 16 in a bag $1.89

BARGAINS IN DAIRY

Sliced Swiss Cheese
Pantry Pride
SAVE 10¢ 8-oz. pkg. 89¢
SAVE 14¢ Pillsbury Buttermilk **Biscuits** .. 4 8-oz. cans 49¢
SAVE 10¢ Mrs. Filbert's Soft **Margarine** .. 1-lb. bowl 69¢

BARGAINS IN DELI

Sliced Bologna
Pantry Pride Meat Or Beef
SAVE 10¢ 1-lb. pkg. 99¢
SAVE 10¢ Claussen Whole Or Spear **Pickles** ..... 1-lb. jar 99¢
SAVE 26¢ Ball Park **Franks** Meat Or Beef .. 1-lb. pkg. $1.19

Boiled Ham
Domestic Sliced To Order In Our Appetizer Dept.
SAVE 31¢ Soya Protein Added
99¢ ½lb.

Fresh Croakers Or Sea Trout
43¢ lb.

BARGAINS IN APPETIZER

SAVE 10¢ Roast **Turkey Breast** ¼-lb. 69¢
SAVE 10¢ Eskay **Cooked Salami** ¼-lb. 79¢
EVERYTHING FRESHLY SLICED TO YOUR ORDER AT ALL PANTRY PRIDE STORES WITH APPETIZER DEPARTMENTS.

BARGAINS IN SEAFOOD

Skinless Boneless Fresh **Perch Fillet** .... lb. $1.45
El Dorado Frozen — Cleaned — Peeled **Cooked Shrimp** 8-oz. pkg. $1.25
*PRICES DO NOT APPLY AT OUR LIBERTY COURT SELF-SERVICE SEAFOOD DEPT. WHERE FRESH FISH ARE CLEANED, PKG'ED. & OPEN DATED DAILY.

PANTRY PRIDE — SAVE 15¢ CASH — **Cucumber Slices** Heinz Sweet 16-oz. jar 50¢ — WITHOUT COUPON .... 65¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 498 BV10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — **Cherry Pie Filling** Comstock 21-oz. can 65¢ — WITHOUT COUPON .... 75¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 491 M10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — **Woolite Liquid** 8-oz. bot. 69¢ — WITHOUT COUPON .... 79¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 454 BV10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — **Ladies Shaver** Daisy Twin Gillette each 89¢ — WITHOUT COUPON .... 99¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 498 BV10 — LIMIT ONE COUPON

Basic Bargain Coupon — SAVE 18¢
Ajax Cleanser 2¢ off Label 14-oz. can 9¢ — Without Coupon 27¢ — M10 372 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Basic Bargain Coupon — SAVE 20¢
Breast O' Chicken Tuna Chunk Light In Oil or Water 6½-oz. can 39¢ — Without Coupon 59¢ — M10 371 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Basic Bargain Coupon — SAVE 20¢
Waldorf Tissue 4 500 sheet roll pkg. 49¢ — Without Coupon 69¢ — M10 370 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Basic Bargain Coupon — SAVE 29¢
Pink or White Seedless **Grapefruit** Florida 5-lb. bag 69¢ — Without Coupon 98¢ — 375 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Basic Bargain Coupon — SAVE 46¢
Wesson Oil 38-oz. bot. 99¢ — Without Coupon $1.45 — M10 373 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Basic Bargain Coupon — SAVE 40¢
Fresh Milk Pantry Pride Homog. enriched Vitamin D Twinpack of Two Half Gal. ctns. (Full Gallon) $1.19 — WITHOUT COUPON $1.59 — 374 — Pantry Pride
LIMIT ONE COUPON. REDEEM THIS COUPON WITH AN ADDITIONAL PURCHASE OF $10.00 OR MORE. EXCLUDING CIGARETTES & MILK PRODUCTS.
THIS COUPON GOOD ONLY THRU SAT., JAN. 31, 1976

Banquet Dinners Chicken or Turkey Frozen SAVE 18¢ 2 11-oz. pkgs. $1.00

Orange Juice Minute Maid Frozen SAVE 15¢ 3 6-oz. cans $1.00

Fudge Bars Or Combo Bars Abbotts Brand SAVE 30¢ pkg. of 12 59¢

Green Giant Vegetables • Spinach • Niblets Corn • Peas (Frozen All With Butter Sauce) 2 10-oz. pkgs. 79¢

BARGAINS IN GROCERY

Purina Cat Food Wisker Lickins All Varieties 6-oz. box 39¢

Kraft Miracle Whip 1-qt. jar 99¢

Maxwell House Instant Coffee SAVE 30¢ 10-oz. jar $2.59

SAVE 10¢ Peter Pan **Peanut Butter** 18-oz. jar $1.55
SAVE 10¢ Dow **Handi Wrap** ..... 200-ft. roll 69¢
SAVE 20¢ Hefty **Trash Bags** ..... pkg. of 20 $1.69
SAVE 10¢ Deodorizing Liquid **Lysol Cleaner** .... 15-oz. bot. 69¢
SAVE 60¢ Hungry Jack **Instant Potatoes** 32-oz. pkg. 99¢
5¢ Off Label **Caress Soap** .... 3 4¼-oz. bars $1.00

10¢ Off Label **Gain Detergent** 3-lb. 1-oz. box $1.29

BARGAINS IN BAKERY

Pantry Pride Cocoanut Custard Or **Apple Pie** SAVE 20¢ 22-oz. pkg. 79¢
SAVE 10¢ Pantry Pride All Varieties **Donuts** .. 2 10-oz. pkgs. 99¢
SAVE 47¢ Pantry Pride English **Muffins** .3 12-oz. pkgs. $1.00

CONSUMER CORNER

Citrus is Smart

Citrus fruits make food sense these days for all those on diets; seeking good buys or being fresh and natural; concerned with nutrition in general; or just looking for a novel vegetable.

Frozen orange juice continues to be an excellent beverage buy and a good way of keeping Vitamin C intake at high levels during cold and flu season.

Grapefruits are attactive this year and fresh chunks are great in fruit cocktails, seafood salads, especially with shrimp or salmon. If you haven't broiled or baked one lately, try it hot and honeyed in white, pink or red, seeded or seedless, take your pick. For juicing, look for thin-skinned fruit which tends to be a bit rounder — those pointed at the stem tend to be thick skinned.

Mona Doyle
Director of Consumer Affairs

BARGAINS IN DEL MONTE PRODUCTS

Golden Corn Cream Style Del Monte SAVE 28¢ 5 8¾-oz. cans $1.00

Green Beans CUT Del Monte SAVE 28¢ 5 8-oz. can $1.00

SAVE 12¢ **Del Monte Spinach** ..... 5 14-oz. cans $1.00
SAVE 9¢ **Del Monte Fruit Cocktail** ..... 2 17-oz. cans 79¢
SAVE 10¢ **Del Monte Whole Green Beans** .... 3 16-oz. cans $1.00
SAVE 6¢ **Del Monte Yellow Cling Peaches** Halves or Slices .. 29-oz. can 59¢
SAVE 9¢ **Del Monte Early Garden Peas** ..... 2 17-oz. cans 69¢
SAVE 7¢ **Del Monte Spinach** ..... 2 15-oz. cans 59¢

Kraft Dressing Catalina Or 1000 Island 8-oz. bot. 49¢ — SAVE 14¢

Heinz Ketchup Bonus Size 6 Free Ounces! 32-oz. bot. 79¢

BARGAINS IN HEALTH & BEAUTY AIDS

Trac II Blades Gillette SAVE 16¢ pkg. of 9 cartridges $1.79

SAVE 10¢ Normal, Oily Or Dry **V.O. 5 Shampoo** . 7-oz. bot. 99¢
SAVE 23¢ Conditioner 12¢ Off Label Regular or Extra Body **Alberto Balsam** 8-oz. bot. $1.09
SAVE 14¢ 12¢ Off Label Regular **V.O. 5 Dressing** 12-oz. tube 99¢

PANTRY PRIDE — SAVE 10¢ CASH — **Olive Oil** Pompeian 8-oz. bot. 99¢ — WITHOUT COUPON .... $1.09 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 402 M10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 10¢ CASH — **Log Cabin Syrup** 24-oz. bot. $1.19 — WITHOUT COUPON .... $1.29 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 455 BV10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 30¢ CASH ON TEN — **Heinz Baby Foods** strained 10 4½-oz. jar $1.25 — WITHOUT COUPON .... $1.55 — LIMIT TEN — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 457 BV10 ON 10 — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 12¢ CASH — **Maxwell House Coffee** 1-lb. can $1.53 — WITHOUT COUPON .... $1.65 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE THRU SAT., JAN. 31, 1976. — 451 BV10 — LIMIT ONE COUPON

JAN
N