BALTIMORE RETAIL FOOD PRICE REPORT

Prices drop for fresh vegetables

Local food shoppers will be pleasantly surprised this weekend when they learn that th prices for some fresh vegetables have dereased over the past week.

Fresh carrots, baking potatoes and packaged spinich show slight decreases.

AFRO consumers are encouraged to read the Baltimore Retail Food Price Report before they leave home for their food shopping trips. The report is compiled by the Md. Department of Agriculture and Helen Huber, marketing specialist. It is a public service to this newspaper.

(*) means prices have INCREASED. (-) DECREASED.

MEATS	PRICE PER POUND
*Rib Roast, 7-inch Cut	1.79-2.19
Chuck Roast, Bone In	89-1.39
Chuck Roast, Boneless	1.39-1.69
Cross Cut, Boneless Roast	1.59-2.09
-Steak, Round	1.59-2.19
-Steak, Porterhouse	2.49-2.99
-Steak, Sirloin, Bone In	1.49-1.99
Beef, Ground Regular	79-99
Beef, Ground Chuck	99-1.25
Stew Beef, Boneless	1.59-1.89
Pork, Center Chops	2.09-2.29
Pork, End Chops	1.29-1.59
Pork, Shoulder Smoked	99-1.19
Pork, Shoulder Fresh	98-1.19
Pork, Roast Loin End	1.29-1.59
Pork, Roast Rib End	1.19-1.49
Spareribs	1.39-1.69
-Ham, Fully Cooked Whole	1.69-2.25
Ham, Smoked Shank Half	1.09-1.59

FISH	PRICE PER POUND
-Sea Bass	89-1.09
Bluefish	53-79
Butterfish	79-1.29
Crabmeat	3.69-5.69
*Croakers	55-79
Flounders, Whole	79-1.29
*Norfolk Spots	59-99
Perch, White	89-1.29
Rock	1.09-1.35
-Shrimp, 21-25	4.09-4.99
-Shrimp, 36-42	3.19-4.49
Steaklish	69-1.39
Sea Trout	59-89
Scallops	3.49-5.13
Porgies	59-1.05
Whiting	45-69
Halibut	2.19-2.79
Fillet, Haddock Frozen	1.29-1.59
Fillet, Perch Frozen	99-1.29
Fillet, Cod Frozen	1.19-1.49
Oysters, Select, 12 oz.	1.99-2.35
Oysters, Standard, 12 oz.	1.89-2.19

CANNED FOODS	UNIT	PRICE
Applesauce	16 oz.	25-35
Apricots	30 oz.	77-89
Cherries	16 oz.	49-59
Fruit Cocktail	17 oz.	40-59
Fruit Cocktail	30 oz.	65-75
Pineapple Juice	46 oz.	65-73
Pineapple, Sliced	20 oz.	50-64
*Orange Juice	46 oz.	59-67
Grapefruit Juice	46 oz.	50-64
*Grapefruit and Pineapple Drink	46 oz.	45-59
Blended Juice	46 oz.	59-69
Pears	29 oz.	40-79
-Peaches	16 oz.	34-50
-Peaches	29 oz.	41-65
-Beans, Cut Green	16 oz.	24-36
Spinach	15 oz.	25-35
-Spinach	27 oz.	35-49
Beets, Sliced	16 oz.	25-35
-Corn, GWK, Vac.	12 oz.	31-59
*Corn, GWK	17 oz.	34-40
*Corn, G.S	17 oz.	34-40
Green Peas	17 oz.	31-45
-Tomatoes	16 oz.	50-66
Tomatoes	28 oz.	50-70
*Tomato Juice	46 oz.	

POULTRY	PRICE PER POUND
-Chicken, Fryers Whole	45-59
Chicken, Cut-up Breasts	89-1.15
Chicken, Cut-up Legs	79-1.05
Chicken, Roaster Frozen	79-89
Chicken, Stewers Frozen	79-89
-Capons, Frozen	1.19-1.39
Ducks, Frozen	89-1.09
*Turkeys, Frozen under 16#	67-85
*Turkeys, Frozen over 16#	65-79

VEGETABLES	UNIT	PRICE
*Cabbage	lb.	19-21
-Carrots	lb.	20-30
*Celery	bunch	30-70
-Corn	ear	15-25
*Cucumbers	each	33-55
Eggplant	lb.	39-49
Lettuce, Iceberg	head	49-59
Mushrooms	lb.	65-1.29
-Squash	lb.	25-79

FRUIT	UNIT	PRICE
Apples, Delicious	lb.	25-39
Bananas	lb.	20-26
Pineapples	each	89-1.09
Oranges, Calif 88's	doz.	1.08-1.78
*Oranges, Fla 100's	doz.	79-85
-Lemons	doz.	98-1.58
*Grapes	lb.	59-79
Pears	lb.	34-59
Grapefruit, 40's	each	12-18

House plant, gardening workshops

Four-week House Plant Workshop, sponsored by the Baltimore City Bureau of Recreation, to be held at Cylburn Park, 4915 Greenspring Ave., on Tuesdays from 12:30-2:30 p.m. from Feb. 3-24. The fee is $5 payable in advance to the Bureau of Recreation, 1129 North Calvert St. — Attention Mrs. Elizabeth L. Merryman.

The Workshop is restricted to 25 participants and will not be held with fewer than 15 participants.

The fee is $10, payable in advance to the Baltimore City Bureau of Recreation.

The workshop is restricted to 25 participants and will not be held with fewer than 15 participants.

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KOUNTY KIST WHOLE KERNEL CORN 17 OZ. CANS
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JOAN OF ARC PORK & BEANS
SEASIDE BUTTER BEANS 15 OZ. CANS
YOUR CHOICE 99¢
GRADE 'A' Medium Eggs DOZ. 67¢
CAMPBELL'S VEGETABLES SOUP 6 10¾ OZ. CANS $1.00
USDA CHOICE CHUCK ROAST LB. 99¢
USDA CHOICE GROUND BEEF 3 LB. PKG. OR MORE 79¢ LB.
BORDEN'S YELLOW AMERICAN CHEESE INDIV. WRAPPED 12 OZ. PKG. 99¢
CITRUS PUNCH TIP TOP ½ GAL. JUG 69¢
CHEF'S CHOICE FRENCH FRIES 5 9 OZ. BOXES $1.00
Banquet Dinners CHICKEN MEAT LOAF SALISBURY STEAK TURKEY 11 OZ. PKG. 49¢
SWEET KORN BACON ESSKAY LB. PKG. $1.49
CUBE STEAK USDA CHOICE $1.89
TURKEY WINGS LB. 39¢
TURKEY NECKS LB. 39¢
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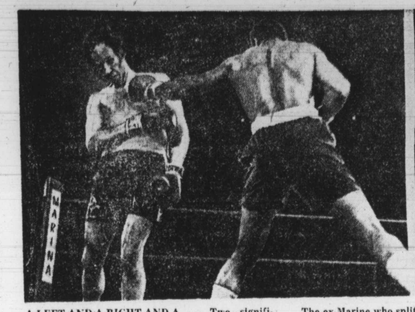

A-LEFT-AND-A-RIGHT-AND-A — Two significant boxing bouts occured last weekend in widely separated locales. In Las Vegas, Nev., heavyweight title contender Ken Norton (shown rocking his foe with a long left in left panel) solidified his claim to right to meet Muhammad Ali a third time. The ex-Marine who split two previous matches with the champ, breaking the Ali jaw in their first meeting, stopped South American Pedro Lovell on a 3-round TKO. Meanwhile, in Waterbury, Conn., Marian "Tiger" Trymer of New York City, was shaking Gwen Gemmi of Springfield, Mass., during the course of their four-round, no-decision contest, the first female match in the state. Connecticut boxing commissioner Mary Heslin agreed to permit the gals' match to go on only after both donned special brassieres.

AFRO Sports

HORSES for COURSES

AT BOWIE

EUPHORIC BEAU — bred for high speed

WHAT A TELE — keeps eye on board

MABS A BABS — watch at this oval

WITHOUT FEAR — can turn it on

BUFFALO RUN — likes Bowie strip

FLIT FREE — fast track front runner

UNDERLEG — Jacinio get can go

THREE SAILS — youngster with promise

DITTY DOT — rested by Leatherbury

SWINGER JOHN — wins at Bowie

FIRST ROSE — wants a distance

JULIE'S IMAGE — quick "Dancer" filly

CLASS REUNION — when, money shows

Were You There?

IS THIS YOU whose picture was snapped by AFRO photographer Reg Phillips at a recent Baltimore-related sports event? If so, bring clipping to Mrs. Gertrude Steele, 3rd floor, AFRO Building, BEFORE NOON, Tuesday, and receive $5 for being in the right place at the right time. You have won today's "Were You There", featured money game, played in each edition of the AFRO.

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'71 OLDS CUTLASS 2 DR. H.T.
'70 FORD TORINO GT TOP VIP
'69 CADILLAC CPE DEVILLE

'Guarantee McGinnis' night set by Bullets

LANDOVER, Md. — If you attended the Bullets-Philadelphia 76ers game on Jan. 3 and were disappointed because George McGinnis was ejected at the end of the first quarter, the Bullets have a promise for you. You will see him tomorrow (Saturday). The Bullets guarantee it.

Saturday will be "Guaranteed McGinnis Night" at Capital Centre. If the exciting 76ers' forward is ejected or fouls out, all fans in attendance will be admitted free to a game the following week.

— —

The Bullets-76ers' confrontation two weeks ago had all the makings of a classic. The Bullets led 27-17 at the end of the first quarter, when McGinnis was ejected. But the game was being played in a playoff-like atmosphere.

With McGinnis' ejection by referee Bill Jones, the Bullets suffered a brief letdown. But Elvin Hayes' 37 points (16-25) made things easier.

Hayes has led the way for the Bullets recently, with the team winning five in a row, their longest winning streak of the season, prior to the Friday loss at Boston.

Over the Bullets' last six games, Hayes has averaged 25.3 points on .531 shooting, with 11.7 rebounds and 3.2 blocks per game. Jimmy Jones has also come on strong. Over a nine-game period he was shooting 37-55 for .673. Jones' surge was especially important because Phil Chenier sprained his ankle against Philadelphia and was expected to miss about 10 days.

The Bullets have a rare game tonight, (Friday) hosting Slick Watts, Fred Brown, Tom Burleson and the rest of the Seattle Supersonics. Seattle was in third place, behind only Golden State and Los Angeles, in the Pacific Division late last week.

George McGinnis

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AFRO desk favors Steelers by 9 points in 'Super' tilt

By Sam Laey

In its continuing hope that sometime it will be right, the AFRO sports desk picks Pittsburgh to beat Dallas in the Super Bowl football game Sunday at Miami.

While this attempt to "expert" on the outcome of major events is not unusual here, the decision to set a point spread is entirely new. Trying to guess the margin of victory is a practice that has been avoided in much the same way one seeks to stay away from the plague.

So, to temper the old frustration with a new one — and to be different — I have decided to see the Steelers ahead of the Cowboys by nine points in their Sabbath confrontation.

* * *

In reaching the Super Bowl, Dallas was lucky. That is right. Lucky, with a capital first letter and multiple exclamation point!

The victory over the Vikings in Minnesota was achieved by the most common sandlot maneuver known to football. That is when one guy throws desperately downfield as far as he can and in what he hopes is the general direction of another guy on his side, and the latter runs under it.

The luck factor entered when the hero, though sandwiched between two villains, caught the ball and suddenly found himself a couple of strides away from triumph with the other two stretched out on the ground, and only seconds left on a clock that would have spelt defeat.

* * *

Against the Rams, it was a case of Dame Fortune leading the Cowboys into Los Angeles at a time when the hometowners felt all they had to do was show up.

That complacency, which everyone who has ever competed recognizes as a self-imposed handicap, combined with wrong preparedness to defeat the Rams.

The latter were unready to deal with the surprise of three touchdowns by Preston Pearson while they were watching the Cowboys' other Pearson, Drew.

* * *

This is not to say that Dallas is not a good football team. It is. But, as seen from here, not as good as Pittsburgh.

The Steelers will not permit the Cowboys to press their linebackers as they did to stop Minnesota's Chuck Foreman and LA's Lawrence McCutcheon from running.

If Dallas resorts to that tactic against Pittsburgh, it will be a hair-raising day for Cowboy deep defenders as they try to cover Steeler backs swinging into the vacated zones and the talented Pittsburgh wide receivers going long.

As stated earlier, the view here is that Dallas is a good football team, but Pittsburgh is a better one. Nine points better.

Super Bowl TV

Following herewith is a list prepared for AFRO readers showing players in whom they may have a special interest, set to compete in the NFL Super Bowl game at Miami's Orange Bowl on Sunday.

COWBOYS No.	Player	Pos.
20	Mel Renfro	CB
21	Doug Dennison	RB
26	Preston Pearson	RB
20	Charlie Young	RB
21	Benny Barnes	CB
44	Bob Newhouse	RB
46	Mark Washington	RB
56	Tom Henderson	LB
58	Cal Peterson	LB
68	Herbert Scott	G
70	Rayfield Wright	T
72	Ed Jones	DE
75	Jethro Pugh	DT
77	Bill Gregory	DT
79	Harvey Martin	DE
84	Jean Fugett	TE
87	Ron Howard	TE
88	Drew Pearson	WR
89	Billy Joe Dupree	TE

STEELERS No.	Player	Pos.
17	Joe Gilliam	QB
24	J. T. Thomas	CB
27	Glen Edwards	S
31	Donny Shell	S
32	Franco Harris	RB
33	John Fuqua	RB
36	Dave Brown	CB
43	Frank Lewis	WR
44	Mike Collier	KR
45	Jim Allen	CB
46	Reggie Harrison	RB
47	Mel Blount	CB
57	Sam Davis	G
63	Ernie Holmes	DT
68	L. C. Greenwood	DE
75	Joe Greene	DT
78	Dwight White	DE
82	John Stallworth	WR
86	Reggie Garrett	WR
88	Lynn Swann	WR

Basketball

COLLEGE RESULTS

Norfolk State 83, Howard 67

Morgan 76, Md., E. Shore 57

Coppin State 66, Hampton 48

Howard 73, Hampton 67

Bowie State 97, Federal City 71

Bears' Evans top MEAC star again

For the third straight week Morgan State's Eric Evans has been named Player of the Week in the Mid-Eastern Athletic Conference.

Evans, a 6-9, sophomore from Clinton, N.C., scored 26 points and grabbed 12 rebounds as the Bears upset nationally ranked Norfolk State, 77-76, last Tuesday in Norfolk, Va.

Evans' shooting sparked Morgan in the second half as the Bears overcame a 32-42 halftime deficit. Eric is the fourth best scorer and the third top rebounder in the MEAC with 18.5 and 12.5 averages, respectively.

Other players nominated for the weekly honor were Sinclair Colbert of A and T, Alex Barron of South Carolina State, Steve Turpin of Morgan and Fred Simmons of Delaware State.

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