Pantry Pride

PRICES EFFECTIVE THRU SAT. AUG. 30th, 1975. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

Bargains In Meat for the Pantry Pride Woman:

ALL PANTRY PRIDES
OPEN LABOR DAY
MONDAY, SEPT. 1st
9 a.m. 'til 5 p.m.

Meat

Just clip the Basic Bargain coupons from this ad . . . spend $7.50 or more on other items in the same shopping trip . . . and you can redeem one or all coupons for fantastic savings.

CONSUMER CORNER

WELL SPENT SPICE CENTS:

Once, spices sent nations to war and Columbus to sea. Today they are bargains for budget minded cooks and dieters. As we turn to scratch cooking and casseroles to cut costs, we turn to spices to add flavor. And the more we diet the more we rely on spices to privde calorie free flavor replacements for fat, sugar, or salt. No wonder spice sales have boomed. It pays to find the right size "pinch" for your palette.

Fear of overdoing keeps many of us from using enough to count. Try celery seed in croquettes or egg salad; thyme for stewed tomatoes or chipped beef; nutmeg with chicken stews or spinach; sesame seeds for bread and biscuit dough, and a hot tomale pepper to wake up anything or anyone.

Mona Doyle
Director Consumer Affairs

The Pantry Pride Woman: Is Serious About Savings!
She plans her shopping carefully, takes advantage of specials and shops for quality as well as for price. She likes our Basic Bargains.

Basic Bargains — SAVE 50¢

Heinz "57" **steak sauce**
5-oz. Bottle — LIMIT ONE — **9¢** — WITHOUT COUPON 59¢ — 379 MDB

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS.
THIS COUPON GOOD ONLY WEEK OF AUG. 25th THRU AUG. 30th, 1975. Pantry Pride

Basic Bargains — SAVE 40¢

Fyne Taste **franks**
1-lb. pkg. — LIMIT ONE — **59¢** — WITHOUT COUPON 99¢ — 378 MAD

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS.
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BARGAINS IN DAIRY

Les Cal yogurt — all flavors — 4 8-oz. cups **95¢**

- Kraft's velveeta cheese ..... 1-lb. pkg. 99¢
- Kraft's cheez whiz ..... 8-oz. jar 75¢
- Mrs. Filbert's margarine ..... 2 8-oz. cups 79¢
- Soft Chiffon margarine ..... 1-lb. bowl 79¢
- Light & Lively cottage cheese ..... 24-oz. cup 89¢

BARGAINS IN DELI

Esskay franks — all varieties — 1-lb. pkg. **$1.19**

- Hollyridge sliced bacon ..... 12-oz. pkg. $1.59
- Claussen kosher pickles ..... 1-qt. jar 99¢
- Hebrew National franks ..... 12-oz. pkg. $1.29
- Andrews dried beef ..... 3-oz. pkg. 69¢

BARGAINS IN APPETIZER

AVAILABLE AT STORE WITH APPETIZER DEPT.
SLICED TO ORDER

chicken roll — ½-lb. **89¢**

- fresh large bologna ..... ½-lb. 69¢
- fresh baked loaves ..... ½-lb. 79¢
- Virginia baked ham ..... ¼-lb. 75¢
- potato salad or cole slaw ..... lb. 49¢

BARGAINS IN SEAFOOD

steak fish — fresh sliced hake variety — lb. **49¢**

- salad shrimp ..... pkg. $1.79
- stuffed flounder ..... 8-oz. pkg. 75¢
- frozen flounder fillet ..... lb. 69¢

THE ABOVE PRICES DO NOT APPLY IN OUR SELF-SERVICE SEAFOOD DEPT. AT OUR LIBERTY COURT STORE WHERE FRESH FISH ARE CLEANED, PACKAGED, AND OPEN DATED DAILY.

BARGAINS IN PRODUCE

prune plums — sweet freestone — 3-lbs. **$1.00**

U.S. No. 1 yellow onions — 5-lbs. **$1.00** — bulk only

large firm slicing cucumbers .... 5 to $1.00

crisp tender carrots ..... 2 1-lb. bags 45¢

white potatoes — all purpose — bulk only — U.S. No. 1 — lb. **9¢**

Bartlett pears — sweet Western — 3 lbs. **$1.00**

BARGAINS IN FROZEN FOODS

french fried potatoes — frozen — 5 lb. bag **89¢**

- McCormick save 40¢ — sour dough bread — FRENCH GARLIC PIZZA ..... 5 7-oz. pkgs. of 8 $1.00
- Chef Boy-Ar-Dee save 20¢ — frozen cheese pizza ..... 13½-oz. pkg. 89¢
- Man Pleaser save 20¢ — Banquet dinners — CHICKEN SALISBURY TURKEY MEAT LOAF ..... pkg. 89¢
- save 18¢ — crystal clear ice cubes ..... 3 3-lb. pkg. $1.00
- Pantry Pride save 9¢ — sliced strawberries ..... 2 10-oz. pkgs. 89¢
- Pantry Pride save 10¢ — whipped topping ..... 9-oz. cup 49¢

BARGAINS IN GROCERY

- Pantry Pride — diet beverages ..... 5 28-oz. bottles $1.00
- assorted colors — Pantry Pride napkins ..... 2 pkgs. of 60 39¢
- Crystal — hot sauce ..... 6-oz. bot. 27¢
- tomato — Pantry Pride catsup ..... 14-oz. bottle 39¢
- all varieties — Vlasic relishes ..... 3 16½-oz. jars $1.00
- white — Sweetheart paper plates ..... 9" pkg. of 100 79¢
- Pantry Pride — aluminum foil ..... 25-ft. roll 29¢
- Pantry Pride save 16¢ — potato chips — 10¢ OFF LABEL ..... 14-oz. bag 79¢
- Pantry Pride — Mayonnaise ..... qt. jar 99¢

- Saran Wrap — SAVE 10¢ ..... 50-ft. roll 49¢
- Dow bathroom cleaner ..... 17-oz. can 95¢
- Zip Loc Bag ..... QT. SIZE, PKG. OF 25 55¢ — GAL. SIZE, PKG. OF 20 69¢

Fab detergent — 25¢ off label — 84-oz. box **$1.79**

canned beverages — Pantry Pride Save 81¢ — case of 24 12-oz. cans **$2.99**

Ajax cleanser — 3¢ off label — 2 21-oz. cans **69¢**

Price Rollback

Pantry Pride takes a cleaver to meat prices . . . cuts them up to 20%. You still get trimful trim. You still get Pantry Pride quality and freshness. Along with the best meat buys you've seen in a long, long time.

PLUS BASIC BARGAINS TOO!

Pantry Pride

Prices effective thru Saturday, August 30th, 1975. We reserve the right to limit quantities.

Basic Bargains — SAVE 40¢

Pantry Pride English **muffins**
pkg. of 6 — LIMIT ONE — **9¢** — WITHOUT COUPON 49¢ — 371 M18

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE, EXCLUDING CIGARETTES AND MILK PRODUCTS.
THIS COUPON GOOD ONLY WEEK OF AUG. 25th THRU AUG. 30th, 1975. Pantry Pride

Basic Bargains — SAVE 50¢

Pantry Pride sandwich **steaks**
frozen 1-lb. pkg. — LIMIT ONE — **99¢** — WITHOUT COUPON $1.49 — 373 MS8

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE, EXCLUDING CIGARETTES AND MILK PRODUCTS.
THIS COUPON GOOD ONLY WEEK OF AUG. 25th THRU AUG. 30th, 1975. Pantry Pride

All Stores are **open at 8 a.m.** Monday thru Saturday
Most Stores are **open till 11 p.m.** Monday thru Saturday (check your local store for details)
Pantry Pride Stores are **open sunday 9 a.m. til 5 p.m.**

THE FOLLOWING STORES WILL BE CLOSED SUNDAY. SALISBURY, WESTMINSTER, FREDERICK, HAGERSTOWN, HILLENDALE, EUDOWOOD, TOWSON PLAZA, & GOV. RITCHIE PLAZA.

BARGAINS IN BEEF

U.S. Gov't. Inspected-corn fed

pot roast — boneless chuck — lb. **$1.19**

boneless cross-rib roast — beef chuck — U.S. Gov't. Inspected corn fed ..... lb. $1.49

sirloin steak — beef loin, no tender loin, U.S. Gov't. Inspected corn fed — lb. **$1.59**

tailless porterhouse steak — beef loin — U.S. Gov't. Inspected corn fed ..... lb. $2.29

fresh brisket — boneless beef — U.S. Gov't. Inspected corn fed — lb. **$1.09**

round roast — boneless bottom — U.S. Gov't. Inspected corn fed — lb. **$1.49**

boneless rump roast — beef round — U.S. Gov't. Inspected corn fed ..... lb. $1.79

eye round roast — U.S. Gov't. Inspected corn fed ..... lb. $1.99

beef rib roast — small end — U.S. Gov't. Inspected corn fed — lb. **$1.19**

beef rib steak — small end — U.S. Gov't. Inspected corn fed ..... lb. $1.39

rib eye steak (DELMONICO) — U.S. Gov't. Inspected corn fed ..... lb. $2.29

great ground — 3-lb. pkg. and over — Pantry Pride — A BLEND OF 75% GROUND BEEF & 25% HYDRATED VEG. PROTEIN. — lb. **69¢**

regular ground beef ..... lb. 79¢

BARGAINS IN POULTRY

chicken legs or breasts **quarters** — U.S. Gov't. inspected — lb. **59¢**

- Farmer Gray chicken quarters — our premium brand legs or breasts ..... lb. 65¢
- whole turkey breast — U.S.D.A. grade A ..... lb. $1.19
- Farmer Gray young ducks — U.S.D.A. grade A ..... lb. 89¢
- fresh chicken backs & necks — Sold in 10-lb. pkg. and over ..... lb. 19¢

BARGAINS IN PORK

smoked hams — Bluebird fully cooked

- shank portion — lb. **85¢**
- rump portion — lb. **95¢**

- assorted pork chops — quartered loin ..... lb. $1.29
- semi-boneless ham — Esskay fully cooked whole or half ..... lb. $1.49

PANTRY PRIDE — SAVE 40¢ CASH
regular grind **Max Pax coffee** 24-oz. can **$2.35**
WITHOUT COUPON $2.75
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 20¢ CASH ON SIX
20¢ OFF SIX — 7¼ OZ. JARS **Heinz junior baby food**
WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH
bar-becue **Heinz sauce** 18-oz. jar **59¢**
WITHOUT COUPON ..... 69¢
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 25¢ CASH
liquid **Wisk detergent** ½ GAL. JUG **$2.34**
WITHOUT COUPON $2.59
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 50¢ CASH
Hungry Jack instant **Pillsbury potatoes** 32-oz. box **$1.09**
WITHOUT COUPON $1.59
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 25¢ CASH
regular and diet **7-up sodas** 6 16-oz. bottles **$1.32**
WITHOUT COUPON $1.57
LIMIT SIX. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH
Nestles Miniatures + crunch + 1,000,000 + chocolate — pkg. **$1.25**
WITHOUT COUPON $1.35
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH
Pompeian olive oil 16-oz. pkg. **$1.89**
WITHOUT COUPON 1.99
LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE FROM 12:01 AM. AUG. 25 THRU SAT. AUG. 30TH, 1975.
LIMIT ONE COUPON — Pantry Pride

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