SUPER SAVINGS EVERYDAY!

FRESH WHOLE FRYERS 49¢ lb. CUT-UP ea. 55¢

Quartered Fryers LEGS OR BREASTS lb. 59¢

LANCASTER BRAND (7-BONE CHUCK) BONELESS CHUCK STEAKS lb. $1.49

LANCASTER BRAND 7-BONE Chuck Steak lb. $1.39
LANCASTER BRAND (1ST CUT CHUCK) Blade Steak lb. $1.29
LANCASTER BRAND (CALIFORNIA) Under Blade Steak lb. $1.49
LANCASTER BRAND BEEF CHUCK Arm Steak lb. $1.49
LANCASTER BRAND BONELESS FOR STEW Beef Cubes lb. $1.59
LANCASTER BRAND, SMALL END, 7-CUT Rib Roast lb. $1.79
LANCASTER BRAND RIB EYE STEAK OR Rib Eye Roast lb. $3.19

WHOLE, PORK SHOULDER Smoked Picnics AT A SUPER SAVING PRICE! lb. 89¢ SLICED PICNICS lb. 99¢

LANCASTER BRAND BEEF Rib Roasts LARGE END, 7 INCH CUTS $1.39 lb.

LANCASTER BRAND VEAL SALE!
VEAL SHOULDER Blade Steak lb. $1.39
SUPER SAVINGS ON VEAL Rib Chops lb. $1.89
SUPER SAVINGS ON VEAL Loin Chops lb. $1.99
VEAL LEG Round Roast lb. $1.29
VEAL LEG Rump Roast lb. $1.29
VEAL SHOULDER Blade Roast lb. 99¢

NEW SUNDAY HOURS 9 A.M. TIL 5 P.M. FOR YOUR SHOPPING CONVENIENCE, ALL BALTIMORE AREA ACME & SUPER SAVER MARKETS (EXCEPT TIMONIUM & NORTHERN PARKWAY) ARE NOW OPEN SUNDAY.

ACME You're going to like it here! SUPER SAVER

EVERYDAY SUPER SAVINGS!
TASTY SLICED Glenside Bologna 1-lb. pkg. 89¢
JUICY SKINLESS (2-LB. PKG. $1.79) Farmdale Franks 1-lb. pkg. 89¢
ESKRICH Beef Smorgas Pak 12-oz. pkg. $1.39
ESSKAY SKINLESS Sausage Links 8-oz. pkg. 75¢
JUICY GWALTNEY Big 8 Franks 1-lb. pkg. $1.19
FILLET OF Fresh Flounder lb. $1.65
SUPER SAVING FRESH Perch Fillet lb. $1.49
DELICIOUS FRESH Dressed Spots lb. 89¢

SLICED TO ORDER IN OUR DELI
ESSKAY, ECKRICH OR LANCASTER SLICED Bologna JUMBO, GARLIC OR REGULAR lb. $1.29
SLICED TO ORDER, ESSKAY Cooked Salami lb. $1.39
ECKRICH OR ESSKAY Barbecue Loaf ¼-lb. 89¢
SLICED TO ORDER, ECKRICH Honey Loaf ½-lb. 99¢
TASTY HOFFMAN Flavored Cheeses ½-lb. 89¢
BAUMS PENN BRAND Lebanon Bologna lb. $1.49
DAD'S RARE Roast Beef ¼-lb. 69¢

FROZEN FOOD SAVINGS!
QUALITY IDEAL BRAND Broccoli Spears 3 10-oz. pkgs. $1
IDEAL (PEAS & CARROTS) Mixed Vegetables 1½-lb. pkg. 69¢
BANQUET BANANA COCONUT BUTTERSCOTCH CHOCOLATE Cream Pies STRAWBERRY 2 14-oz. pkgs. $1
SUPER TOSS ON CHEESE Jeno's Pizzas 2 pkgs. $1.27
DELICIOUS DEMI-LOAF Bridgeford Bread 2 20-oz. loaves 35¢
LANCASTER BRAND (21½-LB. PKG. $2.39) Beef Patties lb. 99¢
CHICKEN OR TURKEY Farmdale Pot Pies 4 8-oz. pkgs. 99¢
BANQUET TURKEY, MEAT LOAF, CHICKEN OR SALISBURY Man Pleasers DINNERS 4 pkg. 99¢
HEAT & SERVE Fish Sticks lb. 99¢
GORTON'S Fish Fillet Crisp 14-oz. pkg. $1.39
MRS. PAUL'S (BATTER) Fish 'N Chips 14-oz. pkg. $1.09

DAIRYLAND VALUES!
TASTY BLUE BONNET Margarine 1-lb. qrs. 65¢
TIP TOP FLORIDA Citrus Punch 8 8-oz. bts. $1
EXTRA LIGHT & EXTRA RICH Pillsbury BISCUITS 4 8-oz. cans 59¢
CHEESE SPREAD Kraft Velveeta 8-oz. pkg. 59¢

REGULAR OR PINK, FROZEN Ideal Lemonade AT A SUPER SAVING PRICE! 5 6-oz. cans $1
CHOPPED OR LEAF, FROZEN Ideal Spinach AT A SUPER SAVING PRICE! 6 10-oz. pkgs. $1
IDEAL PUFFED RICE OR Puffed Wheat AT A SUPER SAVING PRICE! 8-oz. pkg. 39¢
SUPER SAVINGS ON QUALITY Princess Margarine TWO 1-LB. SOLIDS FOR 77¢ 2 1-lb. qtrs. 79¢
SLICED WHITE ENRICHED Super Loaf Bread AT A SUPER SAVING PRICE! 3 1-lb., 6-oz. loaves $1
QUALITY IDEAL BRAND Apple Juice AT A SUPER SAVING PRICE! 1-qt., 8-oz. btl. 49¢
EVERYNIGHT CREME RINSE OR Everynight Shampoo AT A SUPER SAVING PRICE! 8-oz. btl. $1.19
24¢ OFF LABEL! TWIN PACK Close-Up Toothpaste AT A SUPER SAVING PRICE! 9.2-oz. pkg. $1.19
FRESH FRANKFURTER OR Barbecue Rolls PKG. OF 12 . . . 49¢ 3 pkgs. of 8 $1.00

BACK TO SCHOOL SALE!
Panty Hose DINA, REGULAR OR NUDE pkg. 39¢
No Nonsense QUEEN SIZE PANTY HOSE pair 99¢
Lunch Kits THERMOS OR ALLADIN BRAND each $2.99
LePages Tape ½" X 1500" CELLOPHANE 3 rolls $1.00
Filler Paper PLYMOUTH 100 COUNT TABLET pkg. 88¢
Dictionary FUNK & WAGNALLS each $3.49

ALL DELICIOUS FLAVORS Shasta Diet Beverages AT A SUPER SAVING PRICE! 6 12-oz. cans 99¢

SUPER SAVINGS! PEANUT BUTTER AND JELLY SALE!
OLD VIRGINIA APPLE VARIETIES 2 1-lb. jars $1
CREAMY OR CRUNCHY PEANUT BUTTER IDEAL 1-lb., 2-oz. jar 69¢
Daintee Fresh Salmon 1-lb. pkg. 49¢

30¢ OFF LABEL! Ivory Liquid 1½-qt. btl. $1.49
SUPER SAVINGS ON Baggies FOOD STORAGE Bags pkg. of 75 99¢
SUPER SAVINGS ON BAGGIES Sandwich Bags pkg. of 100 39¢
WHOLE OR SLICED WHITE Ideal Potatoes 5 5-lb. bags $1

FRESH BAKERY BUYS!
PLAIN, SEEDED OR PUMPERNICKLE Rye Bread 2 1-lb. loaves 99¢
WITH COUPON BELOW: NEW FAMILY Pound Cake pkg. $1.99

SUPER SAVINGS EVERYDAY!!
QUALITY IDEAL BRAND Tomato Juice 1-qt., 14-oz. can 49¢
ALL FLAVORS, BALA CLUB Diet Beverages 7 1-qt. btls. $1
LANCASTER BRAND ALL FLAVORS, FARMDALE Drink Mixes 1½-lb. can $1.49
ALL PURPOSE ENRICHED Ideal Flour 5-lb. bag 69¢
LANCASTER BRAND ASSORTED FLAVORS, TWO PLY Vienna Sausage 3 4-oz. cans $1
Princess Tissue 4-roll pkg. 79¢

Good News About Food Prices!
Recent reduction in Manufacturer's prices have enabled us to reduce the retail price of many of your favorite items!
DELICIOUS HANOVER Pork & Beans 1-lb.,12-oz. can 55¢
DELICIOUS, REFRESHING Tang Drink 9-oz. jar 79¢
HANOVER BRAND Butter Beans 21½-lb. can 79¢
APPLE-STRAWBERRY Ideal Jelly 18-oz. jar 47¢
7 SEAS CAESAR Salad Dressing 8-oz. btl. 61¢
IDEAL WHOLE Cherry Preserves 10-oz. jar 57¢
IDEAL BRAND Breakfast Drink 1-lb., 2-oz. jar 99¢
APRICOT-ORANGE B.C. Cocktail 1-qt. can 49¢

13¢ OFF LABEL! Lux Liquid Detergent 1-pt., 6-oz. btl. 69¢
13¢ OFF LABEL! FAMOUS Listerine Mouthwash AT A SUPER SAVING PRICE! 1½-pt. btl. 89¢
ELEVEN VARIETIES Nine Lives Cat Food WITH COUPON BELOW 5 6½-oz. cans $1
STAR-KIST OR CHICKEN OF THE SEA Chunk Light Tuna WITH THE VALUABLE COUPON BELOW 6½-oz. can 29¢
SAVE 30¢ ON DELICIOUS Farmdale Mayonnaise WITH THE VALUABLE COUPON BELOW 1-qt. jar 59¢

Prices Effective Thru Sat., Aug. 9, 1975. Quantity Rights Reserved.

TASTE THE DIFFERENCE FRESHNESS MAKES!
88 SIZE, CALIF. SUNKIST VALENCIA ORANGES 10 for only 99¢
Fresh Local Peaches 3 lbs. $1.00
California Nectarines lb. 49¢
California Red Plums lb. 49¢
ROYAL HAWAIIAN Fresh Pineapples each 99¢
SUPER SAVINGS ON Pascal Celery 3 large stalks $1.00
FROM MINI ORANGE BOX Assorted Plants each $1.89
TROPICALO LO CAL Orange Drink ½-gal. 69¢

SAVE 25¢ WITH THIS COUPON (C) ON YOUR PURCHASE OF FIVE (5) 6½-OZ. CANS OF Nine Lives Cat Food Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (138) ACME SUPER SAVER
SAVE 25¢ WITH THIS COUPON (CC) ON YOUR PURCHASE OF A 6½-OZ. CAN OF STAR-KIST OR CHICKEN OF THE SEA Chunk Light Tuna Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (141) ACME SUPER SAVER
SAVE 20¢ WITH THIS COUPON (GG) ON YOUR PURCHASE OF A 2-LB. NEW FAMILY Pound Cake Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (140) ACME SUPER SAVER
SAVE 30¢ WITH THIS COUPON (GG) ON YOUR PURCHASE OF A 1-QT. JAR OF QUALITY Farmdale Mayonnaise Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (143) ACME SUPER SAVER
SAVE 15¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A 7½-OZ. PKG. OF BETTY CROCKER Tuna Helper Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (135) ACME SUPER SAVER
SAVE 20¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A 14-OZ. CAN ANT & ROACH OR 11-OZ. CAN KITCHEN PROTECTION Real Kill Insecticide Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (136) ACME SUPER SAVER
SAVE 27¢ WITH THIS COUPON (MFG-6) ON YOUR PURCHASE OF A 1-LB. CAN OF REG., DRIP OR ELEC. Maxwell House Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (137) ACME SUPER SAVER
SAVE 36¢ WITH THIS COUPON (MFG-6) Right Guard Bronze EFFECTIVE DEODORANT 7-oz. btl. 99¢ Limit: one coupon per family, please. Redeem Aug. 3 thru 9, 1975. (139) ACME SUPER SAVER

Preserve for year by freezing safely

By Michele L. McRae
Reflections Staff Writer

(Editor's Note: This is the fourth article in a series on safe canning and freezing of home-grown products. This week's article gives procedures for freezing safely.)

Your home-grown products will never be out of season if you have a freezer in your home.

Freezing is one of the simpliest and leasst time consuming ways to preserve food. It keeps well the natural color, fresh flavor, and nutritive values of most fruits and vegetables. Frozen products can be kept for long periods and can be served on short notice. Short notice service of your home-grown products should be no surprise because most of the preparation needed for the table is done before freezing.

General Freezing

What to freeze is usually the main question.

Some varieties of fruits and vegetables freeze better than others. Because growing conditions differ widely throughout the country, and different varieties of fruits and vegetables are available in different localities, it is not practical to specify what varieties are suitable for freezing.

Write to your state extension service, experiment station, or college of agriculture for information on local varieties that give highest quality when frozen.

If in doubt of how well a fruit or vegetable will freeze, test the product before freezing large quantities. To test, freeze 3-4 packages and sample after freezing. This shows the effect of freezing only, not the effect of storage.

Such products as green onions, lettuce and other salad greens; radishes, tomatoes (except as juice or cooked) do not make good products when frozen.

Containers

The purpose of packing is to prevent food from drying out and to preserve nutritional value, flavor, color, and texture.

Containers should be easy to seal and waterproof so they will not leak. Packaging materials must be durable and must not become brittle at low temperatures that they crack.

Highest quality in frozen foods may be retained best if packaging materials are moisture-vapor-proof, to prevent evaporation or moisture-vapor-resistant to retain satisfactory quality of fruits and vegetable during storage.

Examples of moisture-vapor-proof packing materials are glass, metal, and rigid plastic. Bags, wrapping materials, and waxed cartons made especially for freezing are moisture-vapor-resistant.

Rigid containers of aluminum, glass, plastic, tin, or heavily waxed cardboard are suitable for all packs and especially good for liquid packs. Glass canning jars may be used for freezing products except those packed in water.

Bags and sheets of moisture-vapor-resistant cellophane, heavy aluminum foil, pliofilm, polyethylene, or laminated papers and duplex bags consisting of various combinations of paper, metal foil, glassine, cellophane, and rubber latex are suitable for dry-packed vegetables and fruits. Bags also can be used for liquid packs.

Bags and sheets are used with or without outer cardboard cartons to protect against tearing. Bags without a protective carton are difficult to stack. The sheets may be used for wrapping such foods as corn-on-the-cob or asparagus. Some of the sheets may be heat-sealed to make a bag of the size you need. Sheets that are heat-sealing in both sides may be used as outer wraps for folding paperboard cartons.

Frozen products can be kept for long periods of time and be served on short notice.

When selecting the size container you'll use remember to make sure it will hold only enough of a fruit or vegetable for one meal for your family.

Sealing

Proper sealing is just as important as using the right container. Rigid containers usually are sealed either by pressing on or screwing on the lid. Tin cans such as are used in home canning require a sealing machine or special lids.

Some rigid cardboard cartons need to have freezer tape or special wax applied after sealing to make them airtight and leakproof.

Glass jars must be sealed with a lid containing composition rubber or with a lid and a rubber ring.

Most bags used for packaging can be heat-sealed or sealed by twisting and folding back the top of the bag and securing with a string, a good quality rubber or plastic band, or other sealing device available on the market. Some duplex bags are sealed by folding over a metal strip attached to the top of the bag.

Special equipment for heat-sealing bags or sheets for freezing is available on the market, or a household iron may be used. To heat-seal polyethylene or pliofilm bags or sheets used as overwraps, first place a piece of paper or heat-resistant material made especially for the purpose over the edges to be sealed. Then press with a warm iron. Regulate heat of the iron carefully — too much heat melts or crinkles the materials and prevents sealing.

Tips on packing

Pack food and syrup cold into containers. Having materials cold speeds up freezing and helps retain natural color, flavor, and texture of food.

Pack food tightly to cut down on the amount of air in the package.

When food is packed in bags, press air out of unfilled part of bag. Press firmly to prevent air from getting back in. Seal immediately, allowing the head space recommended for the product.

Allow ample head space. With only a few exceptions, allowance for head space is needed between packed food and closure because food expands as it freezes.

Keep sealing edges free from moisture or food so that a good closure can be made. Seal carefully.

Label packages plainly. Include name of food, date packed, and type of pack if food is packed in more than one form. Gummed labels, colored tape, crayons, pens, and stamps are made especially for labeling frozen food packages.

Loading freezer

Freeze fruits and vegetables soon after they are packed. Put them in the freezer a few packages at a time as you have them ready. Then transfer them to the home freezer or carry them in an insulated box or bag to the lacker plant. Freeze at 0 degrees F. or below.

Place no more unfrozen food into a home freezer than will freeze within 24 hours. Overloading slows down freezing rate, and food that freezes too slowly may lose quality or spoil. For quickest freezing, place packages against freezing plates or coils and leave a little space between packages so air can circulate freely.

After freezing, packages may be stored close together. Store them at 0 degrees F. or below. At higher temperatures food lose quality much faster.

Most fruits and vegetables maintain high quality for 8-12 months at 0 degrees or below; citrus fruits and juices, 4-6 months. Unsweetened fruits lose quality faster than those packed in sugar or syrup. Longer storage will not make food unfit for use, but may impair quality.

Catonsville

(Continued from Page 27)

daughters-in-law, grandchildren, and a great-grandchild. A sit down dinner was held in the church hall following the testimonial.

* * *

More on the honoree: — Ten years ago, Hawthorne Smith saw a need in Catonsville for a more worthwhile life for older citizens, and began to knock on doors and talk to people in an effort to get them together.

In this effort, he was encouraged and supported by the Rev. Eguene King and also by Mr. Henry Bonnett, Supervisor of Recreation for the Southwestern District of Baltimore County.

The idea of a Golden Age Club grew slowly. Many weeks, the attendance was very small. Finally, the idea caught on and there was a sufficient number of interested people to form a club.

Mr. Smith served as the first president for seven years. Mr. Ernest Johnson then served for two years and now Mr. Thomas Fleming is in this office.

Mrs. Anna Mercer Johnson was appointed as the club leader by the Baltimore County Board of Parks and Recreation. Since 1965, the leader has been Mrs. Hattie B. Smith, the wife of the honoree.

* * *

The purpose of the club is fourfold: (1) to learn, (2) to have Christian fellowship, (3) to have fun, and (4) to enjoy food together. There is a varied program consisting of games, speakers, parties, cookouts, trips, acts of service to the various nursing homes, visits to churches in the neighborhood, music, worship, movies, slides crafts, theatre parties, etc., etc., etc.

Since the club's beginning, it has always held its meetings at Grace AME Church, and has enjoyed the wholehearted cooperation of its pastor and officers. To date, there are 63 active members and 12 inactive members. Sixteen members have been lost through death. The cumulative attendance for the years 1974-1975 (including trips, picnics and regular meetings) was 2,461.

If the club has kept one person from being lonely, has helped one person bear a bereavement, or has kept one person from eating alone, it feels that its primary purpose has been achieved.

LATEST AFRICAN STYLES IN WOMEN'S WEAR Directly From LAGOS, NIGERIA DRESSES PANTS SUITS SWIMWEARS ALL IN NEW AFRICAN DESIGNS and FABRICS Stop For Complete FABLE CATALOG HOUSE of HADIZA 800 Nos. Dr. NORTH WEST TEL. (202) 635-8600

BRESSLER CLEANERS Inc. 1924-1975 OUR 41ST YEAR SUMMER SPECIAL BLANKETS Single or Double Cleaned and Fluffed $1.69 Regular $2.25 4002 W. BELVEDERE AVE.

Two Guys FOOD DEPARTMENT SALE TODAY THRU SAT., AUG. 9, 1975.

MARCAL JUMBO TOWELS 140 CT. 29¢ WITH COUPON
Two Guys WITH THIS COUPON AND $ 25 OR MORE FOOD PURCHASE YOU PAY 29¢ MARCAL 140-COUNT JUMBO TOWELS ONE PKG. PER COUPON One coupon per customer. Good thru Sat., Aug. 9, 1975
Two Guys SALAD MUSTARD YELLOW OR SPICY BROWN 9-OZ. JAR 5¢ WITH COUPON
Two Guys WITH THIS COUPON AND $ 25 OR MORE FOOD PURCHASE YOU PAY 5¢ 9-OZ. JAR Two Guys SALAD MUSTARD YELLOW OR SPICY BROWN One Jar Per Coupon One coupon per customer. Good thru Sat., Aug. 9, 1975
TIP-TOP LEMONADE OR FRUIT DRINKS 6-OZ. CAN 3¢ WITH COUPON
Two Guys WITH THIS COUPON AND $ 25 OR MORE FOOD PURCHASE YOU PAY 3¢ 6-OZ. CAN TIP-TOP LEMONADE OR FRUIT DRINKS ONE CAN PER COUPON One coupon per customer. Good thru Sat., Aug. 9, 1975.

FROZEN FOOD DEPT. SAVE 20¢ Banquet Haddock Dinner BANQUET DINNERS ALL VARIETIES EXCEPT BEEF 11-OZ. PKG. 39¢
FREEZER QUEEN Boil in Bag ALL VARIETIES 4 PKGS. 99¢ SAVE 20¢
SUNNYFLAKE French Toast 2 PKGS. 89¢ SAVE 10¢
FLEISCHMANN'S Egg Beaters 2 PKGS. 79¢ SAVE 10¢
MORTON Macaroni & Cheese 3 PKGS. 79¢ SAVE 20¢
MRS. SMITH'S Strawberry Shortcake 79¢ SAVE 20¢
LENDERS Bagels PLAIN-CINNAMON-EGG 2 PKGS. 89¢ SAVE 20¢
H.B.C. CHIPS AHOY 19½-OZ. 79¢
KEEBLER CHEDDS 49¢

MASH'S READY TO EAT SMOKED HAM SHANK HALF lb. 99¢
SMOKED CENTER CUT HAM STEAK lb. 1.89
SEMI-BONELESS BUTT HALF lb. 1.39
'OUR TRIM IS BETTER' CHUCK STEAK FIRST CUT lb. 89¢
WE SELL ONLY BLADE'S BRAND CHOICE BEEF
U.S.D.A. CHOICE BEEF THICK CUT FIRST CUT CHUCK POT ROAST lb. 1.09
FRESH-LEAN & TENDER CHOPPED CHUCK lb. 1.09
HYGRADE'S-MEAT OF BEEF FRANKS SPECIAL SALE 7-AC. PACK lb. 89¢
GOV'T. INSPECTED CHICKEN LEGS lb. 89¢
GOV'T. INSPECTED CHICKEN BREAST REG. lb. 1.09
READY TO COOK TURKEY DRUMSTICKS lb. 45¢
ESSKAY 9-11 CHOPS ENDS & CENTERS PORK LOIN SLICED lb. 1.59
ESSKAY COUNTRY STYLE SPARE RIBS RIB END PORK LOIN lb. 1.59
ESSKAY SILVER LABEL SLICED BACON VAC PACK 12-OZ. PKG. 1.49
BUDDIE SLICED Smoked Meats 3-OZ. PKG. 49¢
SWIFT'S PREMIUM Franks-Meat or Beef lb. 1.09
SWIFT'S Polish Sticks 12-OZ. PKG. 1.29
COLONIAL VAC PACK Texas Weiners-Franks lb. 1.09
COLONIAL FAMILY PACK Liverwurst lb. 89¢
COLONIAL FAMILY PACK Bologna lb. 99¢
U.S.D.A. CHOICE BEEF TOP ROUND OR Top Sirloin Roast lb. 1.79
U.S.D.A. CHOICE BEEF BONELESS Rump Roast lb. 1.79
U.S.D.A. CHOICE BEEF BONELESS Bolar Roast lb. 1.79

Fresh Produce SWEET EATING JERSEY PEACHES 4 QTS. $1
CALIFORNIA SWEET Nectarines lb. 39¢
CRISP GREEN PASCAL Celery LARGE STALK 35¢
JUICY CALIFORNIA Lemons 10 LARGE SIZE 69¢
GARDEN FRESH Eggplants lb. 29¢

DAIRY DEPT. SAVE 30¢ KOONTZ FRUIT DRINKS ORANGE - LEMON - GRAPE - FRUIT PUNCH GAL. 69¢
PARKAY-SQUEEZE Margarine 1-LB. 69¢ SAVE 10¢
WELL-WORTH-HALF DRUM Pickles 59¢ SAVE 10¢
SEALTEST Cottage Cheese 12-OZ. CUP 49¢

Hi-C Drink HI-C - FRUIT DRINKS ALL FLAVORS 2 46-OZ. CANS 89¢
GREEN GIANT SWEET PEAS OR CREAM CORN 3 17-OZ. CANS 89¢

ICE CREAM DEPT. BORDEN'S FUDGE BARS SAVE 26¢ 12-PAK 89¢

CLIP AND SAVE!
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of CLOROX 2 24-OZ. BOX GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. CLOROX CO. 10¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 15¢ WITH THIS COUPON Toward the purchase of HEFTY-10-CT. TRASH BAGS GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. HEFTY 15¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of FLEISCHMAN'S DIET MARGARINE 1-lb. GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. STANDARD BRANDS FOODS 10¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of KEEBLER PECAN SANDIES 14-OZ. GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. KEEBLER CO. 10¢

MARCAL FLUFF-OUT FACIAL TISSUE 3 BOXES OF 200 99¢
SUPER COLA 84-OZ. BTL. 55¢
CORONET ULTRA IV BATH TISSUE 4 PACK 69¢
TWO GUYS LOW SUDS Detergent 16-lb. BOX 2.49
BALSAM FRESH LIQUID Dish Detergent 32-OZ. BTL. 59¢
2X'S-PACK Bonus Pack 2 PACK 99¢
CONCENTRATED All Detergent 20-lb. BOX 6.39
COFFEE-MATE Non-Dairy Creamer 16-OZ. JAR 1.39
SENECA 100% UNSWEETENED Apple Sauce 24-OZ. JAR 59¢
SAVE 10¢ Palmolive Soap 4 BARS 89¢
TWO GUYS PICKS AND STEMS Mushrooms 3 4-OZ. CANS 89¢

TIWOLI IMPORTED PICNIC ¼ lb. 59¢
APPETIZING DEPT. RICH'S CHICKEN ROLL ALL WHITE MEAT ½-lb. 98¢
SPICED LUNCHEON MEAT ½-lb. 59¢
IMPORTED LAPPS SWISS STYLE Loaf Cheese lb. 69¢
SWIFT-SLICING Pepperoni lb. 1.99
PLYMOUTH BRICK Ham Bologna lb. 89¢
PLYMOUTH ROCK MIX OR MATCH GERMAN Loaves PLAIN OLIVE-PEPPER OR PICKLE-PIMENTO 59¢

Two Guys BAKERY SPECIALS!
Two Guys ROUND OR SQUARE White Bread 3 20-OZ. LOAVES 89¢
TWO GUYS SUGAR AND CINNAMON Donuts DOZ. PKG. 49¢
TWO GUYS LARGE Cherry Pie 69¢
TWO GUYS Potato Chips 13-OZ. BAG 99¢
Two Guys HAMBURGER-N-HOT DOG ROLLS 3 PACKS $1

TOILETRIES DEPT.
SEE WHAT 69¢ EA. WILL BUY! FROM JOHNSON & JOHNSON FIRST AID SUPPLIES A. STERI-PAD 2"X 2" BOX OF 10 REG. 74¢ B. MK-1 PROOF ADHESIVE TAPE ½"X 10 YDS. REG. 86¢ C. FLEXIBLE GAUZE BANDAGE 2"X 5 YDS. REG. 86¢ D. STERILE COTTON 2 OZ. BTL. REG. 86¢
SEE WHAT 1.39 EA. WILL BUY! HES TO 1.79 FAMILY SIZE SPECIAL! DEODORANTS OR ANTIPERSPIRANTS Select from Right Guard Bronze (12-oz.), Arrid XX (14-oz.), Soft'N Dri (12-oz.), Dial-Very Dry (12-oz.).
BARBASOL Shave Cream 2 88¢ REG. 89¢ EA.

HOUSEWARES DEPT.
SPOT AWAY RUG SHAMPOO FROM BISSELL 14-OZ. AEROSOL 1.49 REG. 1.89
HOUSE & GARDEN BUG KILLER 16-OZ. AEROSOL 1.18
CARBONA COLD WATER WASH 16-OZ. 59¢ REG. 99¢

WEEKLY BONUS SPECIAL ENAMEL FRY PAN 8-INCH SIZE REG. YOU PAY 1.49 PAY 99¢ WITH A FOOD PURCHASE OF $5.00 OR MORE HOUSEWARES DEPT.

Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 55¢ WITH THIS COUPON Toward the purchase of MAXWELL HOUSE COFFEE 3-lb. CAN GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. GENERAL FOODS CORP. 55¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 10¢ WITH THIS COUPON Toward the purchase of LUX LIQUID DISH DETERGENT 22-OZ. BTL. GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. LEVER BROS. 10¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 20¢ WITH THIS COUPON Toward the purchase of NATURE VALLEY GRANOLA CEREALS ALL VARIETIES 16-OZ. BOX GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. GENERAL MILLS 20¢
Two Guys FOOD DEPARTMENT VALUABLE COUPON SAVE 25¢ WITH THIS COUPON Toward the purchase of HUNT CLUB BURGER BITS 10-lb. BAG GOOD ONLY AT TWO GUYS One coupon per customer. Good thru Sat., Aug. 9, 1975. MFR. STANDARD BRANDS FOODS 25¢

Two Guys FOOD DEPARTMENT BALTIMORE 2401 Belair Rd. Open Daily 9:30 A.M. TIL 10 P.M. · DUNDALK Merritt Blvd. & German Hill Rd. Open Daily 9:30 A.M. TIL 10 P.M. · TOWSON Joppa Rd. & Goucher Blvd. Open Daily 9:30 A.M. TIL 10 P.M.

We reserve the right to limit quantities. Not responsible for typographical errors. Prices effective thru Sat., Aug. 9, 1975. © Vornado, Inc. 1975

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