Pantry Pride

PRICES EFFECTIVE THRU SAT. JULY 26th, 1975. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

THE PANTRY PRIDE WOMAN . . . SAVES MORE BASIC BARGAIN

You Win Because We Don't Play Games . . .

CONSUMER CORNER

THE SAD SHRINKING GAME

Remember when the trees spoke up and prices on paper goods rose? Shortage rumors flew. We paid more and used less. Prices rose again. We said ENOUGH! and almost stopped buying.

Faced with huge cost increases and our consumer resistance to high prices, many manufacturers had big problems. Some paper products disappeared and some 'shrunk'.

To be fair to those who shrunk, they were coping with our real needs and habits as well as theirs. We don't like the shrinking solution, but if we use smaller pieces of paper and fewer trees, we may even thank them someday.

Meanwhile, read labels. Compare Pantry Pride brands against nationals. Use unit prices on the shelf to check price per square foot or sheet. Check for ply (layers of thickness). It takes time, but you can help us win the shrinking game by shopping carefully when your time permits.

Mona Doyle, Director of Consumer Affairs

Basic Bargains — SAVE 26¢

elbow **macaroni** — Pantry Pride 1-lb. pkg. **19¢** WITHOUT COUPON 45¢ 375 MDR

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES & MILK PRODUCTS. LIMIT ONE

THIS COUPON GOOD ONLY WEEK OF JULY 20th THRU JULY 26th, 1975

Basic Bargains — SAVE 40¢

meat or beef **sliced bologna** — Pantry Pride ½-lb pkg. **79¢** WITHOUT COUPON $1.19 378 DMD

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES & MILK PRODUCTS. LIMIT ONE

THIS COUPON GOOD ONLY WEEK OF JULY 20th THRU JULY 26th, 1975

BARGAINS IN DAIRY

Velveeta cheese 2-lb. loaf **$1.69**

- Les Cal yogurt all flavors ..... 2 8-oz cups 49¢
- Tropicanna orange juice ..... ½-gal ctn. 79¢
- Parkay margarine ..... lb. in ctn. 59¢
- Reddi-Wip real cream topping .... 7-oz can 69¢
- Parkay soft margarine ..... 2 8-oz tubs 69¢

BARGAINS IN DELI

Fyne Taste franks 2-lb. pkg. $1.89 1-lb. pkg. **95¢**

- Pantry Pride meat franks ..... 1-lb. pkg. 99¢
- liverwurst in the piece ..... lb. 89¢
- Knauss dried beef ..... 4-oz pkg. 89¢
- Hollyridge sliced bacon ..... 12-oz pkg. $1.49

BARGAINS IN APPETIZER

Everything Sliced To Order. Available at Stores with Appetizer dept.

chicken roll ½-lb. **89¢**

- large bologna ..... ½-lb. 69¢
- Virginia baked ham ..... ¼-lb. 69¢
- Hormel's spiced ham ..... ½-lb. 99¢
- fresh cole slaw or macaroni salad .. lb. 49¢

BARGAINS IN SEAFOOD

fresh croakers golden (WISE BUYS) lb. **39¢**

- American original fried clams frozen 1-lb. heat & serve box $1.59
- Seastar fish cakes heat & serve ... frozen ... 12-oz pkg. 55¢
- flounder fillet frozen, skinless & boneless Arrestofish ..... 69¢
- pearly white shrimp fine or the season ..... lb. $2.09

The above prices do not apply in our self-service seafood department at our Liberty Court store where fresh fish are cleaned, packaged and open-dated daily.

BARGAINS IN PRODUCE

watermelons red ripe whole only lb. **7¢**

bananas 5 lbs. **$1.00**

vine ripe **tomatoes** (WISE BUYS) lb. **59¢**

California sweet **nectarines** (WISE BUYS) lb. **59¢**

cucumbers or **peppers** your choice 6 for **$1.00**

BARGAINS IN FROZEN FOODS

- Pantry Pride, save 17¢ — **leaf spinach** frozen ..... 6 10-oz pkg $1.00
- gravy with salisbury steak or turkey, frozen — **Banquet supper** save 39¢ .... 2-lb pkg 99¢
- Pantry Pride, non-dairy, — **dessert topping** save 10¢ ..... 9-oz cont 49¢
- Pantry Pride, Fordhook, frozen — **lima beans** save 10¢ ..... 2 10-oz pkgs 69¢
- Pantry Pride, save 10¢ — **cauliflower** frozen ..... 2 10-oz pkgs 69¢
- Snow Crop, frozen — **orange juice** save 50¢ ..... 5 6-oz cans $1.00

Hanover Single Serving Dishes. The Newest In Frozen Gourmet Foods

- with cheese sauce **broccoli**
- with cheese sauce **broccoli & cauliflower**
- with tomato sauce **zucchini** Italian Food Sauce
- **celery**

Your Choice save 16¢ — **4** 5-oz. pkgs. **$1.00**

- whole kernel, golden, save 10¢ — **Niblets corn** ..... 4 7-oz cans $1.00
- Pantry Pride, instant — **iced tea mix** save 20¢ ..... 12-oz pkg 79¢
- Breast O' Chicken, save 10¢ — **chunk light tuna** in oil or water ..... 6½-oz can 49¢

BARGAINS IN GROCERY

- Pantry Pride, save 10¢ — **shoepeg corn** ..... 3 16-oz cans $1.00
- Pantry Pride, cut, save 25¢ — **green beans** ..... 4 15½-oz cans $1.00
- Vlasic, save 20¢ — **kosher spears** ..... 16-oz jar 39¢
- Pantry Pride, save 5¢ — **napkins** assorted ..... pkg of 180 49¢
- ant & roach, save 25¢ — **Raid spray** ..... 16-oz can 99¢
- yellow, save 9¢ — **French's mustard** ..... 6-oz jar 19¢
- Sunshine, save 10¢ — **vanilla wafers** ..... 11-oz pkg 59¢
- Pantry Pride, save 20¢ — **fabric softner** pink or lemon ..... gal cont 79¢
- all flavors, drink, save 40¢ — **Wyler's mixes** ..... 24-oz cntr $1.59
- Pantry Pride, save 11¢ — **canned sodas** ..... 6 12-oz cans 89¢
- Campbell's, save 10¢ — **pork & beans** ..... 3 16-oz cans 79¢
- diet, save 18¢ — **Shasta beverages** ..... 6 12-oz cans 99¢
- Green Giant, save 10¢ — **sweet peas** ..... 4 7½-oz cans $1.00

AT HER STORE

Just clip the Basic Bargain coupons from this ad . . . spend $7.50 or more on other items in the same shopping trip . . . and you can redeem one or all coupons for fantastic savings.

Basic Bargains — SAVE 30¢

All **detergent** — 3-lb., 1-oz. box **89¢** WITHOUT COUPON $1.19 377 BVTS MDR

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS. LIMIT ONE

THIS COUPON GOOD ONLY WEEK OF JULY 20th THRU JULY 26th, 1975

Basic Bargains — SAVE 43¢

Hellmann's **mayonnaise** — quart jar **98¢** WITHOUT COUPON $1.41 375 BVTS MDR

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS. LIMIT ONE

THIS COUPON GOOD ONLY WEEK OF JULY 20th THRU JULY 26th, 1975

Pantry Pride

FOR YOUR SHOPPING CONVENIENCE ALL **Pantry Pride Stores Are open sunday 9 am til 5 pm**

THE FOLLOWING STORES WILL BE CLOSED ON SUNDAY: SALISBURY, WESTMINSTER, FREDERICK, HAGERSTOWN, HILLENDALE & EUDOWOOD.

- SAVE 25¢ CASH — 25¢ off on any **Weaver Dutch Frye chicken** — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 10¢ CASH — **Kal Kan pet food** 6-oz cans 2 **39¢** PRICE FOR 2 NO MDR WITHOUT COUPON ..... 2/49¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 11¢ CASH — **Dove soap** 4-oz bar 2 for **73¢** WITHOUT COUPON ..... 2/84¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 10¢ CASH — **Austin dish detergent** 32-oz. bot **49¢** WITHOUT COUPON ..... 59¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 10¢ CASH — **Clorox #2 dry detergent** 24-oz. pkg **51¢** WITHOUT COUPON ..... 61¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 25¢ CASH — **Ultra Brite toothpaste** regular 7-oz tube **55¢** WITHOUT COUPON ..... 80¢ — LIMIT ONE — 25¢ off label — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 10¢ CASH — **Keebler Town House crackers** 16-oz box **75¢** WITHOUT COUPON ..... 85¢ — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 15¢ CASH — **Easy Off oven cleaner** pint cont. **$1.24** WITHOUT COUPON ..... $1.39 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 12¢ CASH — **Liquid Woolite** pint cont **$1.27** WITHOUT COUPON ..... $1.39 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON
- SAVE 20¢ CASH — **Real Kill** indoor/outdoor **plus** 12-oz. can **$1.59** WITHOUT COUPON ..... $1.79 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 21st THRU SAT. JULY 26th, 1975 — LIMIT ONE COUPON

BARGAINS IN VEAL

Fed Veal Sale!

veal roast leg or rump (WISE BUYS) **$1.29**

- shoulder blade chops u.s. govt. inspected ..... lb. $1.29
- veal cutlets u.s. govt. inspected ..... lb. $2.99
- veal breast u.s. govt. inspected ..... lb. 89¢
- veal chops u.s. govt. inspected ..... min lb. $1.69 to $1.49

BARGAINS IN BEEF

boneless bottom **round roast** beef round lb. **$1.49**

- beef patties Greendale's frozen ..... 2½-lb. bag $2.69
- beef rump roast beef round boneless ..... lb. $1.79
- eye round roast beef round ..... lb. $1.99
- Pantry Pride **great ground** a blend of 75% ground beef & 25% ground veg. protein 3-lb. pkgs. or over ..... lb. **69¢**

BARGAINS IN POULTRY

chicken quarters legs or breasts lb. **59¢**

- Farmer Gray quarters our premium brand legs or breast ..... lb. 65¢
- chicken backs & necks sold in 10-lb. pkg or over ..... lb. 19¢

BARGAINS IN WHOLESALE MEATCUTS

Stock your freezer economically.

Have them custom cut to your specifications by our expert meat cutters. Bottom or top rounds are ideal for the outdoor barbecue. New York Strips & Tenderloins great for the grill.

- in cry-o-vac with natural juices — **whole top round** consists of top round steak or roast cubed steak ground round ..... lb. $1.69
- sirloin tip in cry-o-vac with natural juices — **whole round tip** consists of round tip steak or roast-cubed steak or chipped steak-round ground ..... lb. $1.49
- boneless beef, in cry-o-vac with natural juices — **whole top loin steak** New York strip ..... lb. $2.89
- beef, whole in cry-o-vac with natural juices — **bottom round** consists of rump roast-eye of round or steak, bottom round roast or steak, round ground ..... lb. $1.45
- whole in cry-o-vac with natural juices — **beef tenderloin steak** ..... lb. $2.89

BARGAINS IN PORK

pork spare ribs 3-lb. or over lb. **$1.39**

BARGAINS IN BAKERY

Pantry Pride, sliced **white bread** 22-oz. loaves **3 $1.00**

- **white fluted paper plates** pkg of 100 **79¢**
- Peter Pan, crunchy **peanut butter** 18-oz jar $1.39
- **Spic & Span** all-purpose cleaner 54-oz. pkg. **$1.33**

26 JUL 26