Pantry Pride

PRICES EFFECTIVE THRU SAT., JULY 19th, 1975. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

THE PANTRY PRIDE WOMAN . . . SAVES MORE BASIC BARGAIN

You Win Because We Don't Play Games . . .

Basic Bargains

SAVE 16¢

Comet **cleanser** 14-oz. can **9¢** WITHOUT COUPON 25¢ 371 M16

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS

THIS COUPON GOOD ONLY WEEK OF JULY 13th THRU JULY 19th 1975 — Pantry Pride

Basic Bargains

SAVE 20¢

Hawaiian, low sugar, **punch** red 46-oz. can **19¢** WITHOUT COUPON 39¢ 372 M20

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS

THIS COUPON GOOD ONLY WEEK OF JULY 13th THRU JULY 19th 1975 — Pantry Pride

CONSUMER CORNER

Doesn't everyone know that?

Rule: After you break the seal on a vacuum packed deli items, remove and rewrap the contents in clear wrap to maintain freshness.

Some experts thought "everyone" knew that, but MOST of the consumers attending a recent Pantry Pride Consumer Board meeting did not.

The milky, white or film that forms on deli items signals deterioration. It can begin soon after the vacuum is broken unless you rewrap carefully. Air (oxygen) makes fat rancid and carries different kinds of bacteria, depending on whats in your fridge. Some kinds are harmless but to be sure, toss product once film appears.

Our Home Ec Department tested rewraps and found foil the best product for long storage. Plastic was better for short storage and frequent openings (foil tears on handling and lets air back in).

A final note: It's fine to freeze franks in the vacuum packs, but once you break the vacuum, rewrap for any further storage.

Mona Doyle, Director Consumer Affairs

BARGAINS IN DAIRY

Pantry Pride biscuits buttermilk or sweetmilk 8-oz. cans 4 **49¢**

Pillsbury crescent rolls ..... 8-oz. can 49¢
Kraft cream cheese WHIPPED ..... 8-oz. cup 59¢
Imperial margarine ..... lb. in qtrs. 63¢
cottage cheese BONUS PACK OF 3 EXTRA OZ. CONT. LIGHT-N-LIVELY 15-oz. cont. 57¢

BARGAINS IN DELI

Esskay franks meat or beef lb. pkg. **$1.29**

Claussen kosher pickles .... qt. jar 99¢
sliced variety pack OSCAR MAYER .... 12-oz. pkg. $1.49
thin sliced meats PANTRY PRIDE ..... 2 3-oz. pkgs. 79¢
Hollyridge sliced bacon ... 12-oz. pkg. $1.49

BARGAINS IN APPETIZER

Everything sliced to order. Available at stores with appetizer dept.

boiled ham domestic ½-lb. **99¢**

domestic swiss cheese ..... ½-lb. 89¢
large bologna ..... ½-lb. 69¢
old fashion loaf ..... ½-lb. 89¢
fresh salads POTATO COLE SLAW ..... lb. 49¢

BARGAINS IN SEAFOOD

fresh picked all Maryland **crabmeat**

claw 12-oz. can **$2.85** regular 12-oz. can **$2.99** backfin 12-oz. can **$4.59**

fresh perch fillet boneless ocean ..... lb. $1.19
steamed crabs seasoned, ready to eat (doz. $3.99) 6 doz. $2.09
turbot fillet frozen no waste ..... lb. 89¢

dishwasher, detergent **Cascade** 2-lb., 3-oz. pkg. **99¢**

LeSeuer early june peas .. 2 8½-oz. cans 65¢

BARGAINS IN PRODUCE

peaches yellow lb. **39¢**

Santa Rosa **plums** California lb. **59¢**

YOUR CHOICE Peppers or **cucumbers** . . . . . 6 for $1.00
ALL VARIETIES **summer squash** . . . 3 lbs. $1.00
new cabbage ..... lb. 10¢

bananas golden ripe **5 lbs. $1.00**

cantaloupes jumbo western 27 size each **69¢**

BARGAINS IN FROZEN FOOD

frozen gravy w/salisbury steak **Banquet supper** SAVE 39¢ 2-lb. pkg. **99¢**

gravy with sliced turkey Banquet frozen save 39¢ 2-lb. pkg. 99¢
french fried potatoes Clar special frozen ..... 5-lb. bag 99¢
Snow Crop orange juice save 31¢ frozen 12-oz. cans 2 79¢

Snow Crop save 50¢ **orange juice** 6-oz. cans **5 $1.00**

Hanover Single Serving Dishes, The Newest In Frozen Gourmet Foods

- with cheese sauce **broccoli**
- with cheese sauce **broccoli & cauliflower**
- with tomato sauce **zucchini**
- w/chicken flavored sauce **celery**

Your Choice save 16¢ **4** 5-oz. pkgs. **$1.00**

fabric softner 25¢ off label **Downy** 3-qt. cont. **$2.29**

BARGAINS IN GROCERY

Vlasic spears kosher pickles save 20¢ 16-oz. jar **39¢**

Chock Full O'Nuts coffee SAVE 66¢ 2-lb. can $1.89
Nestles Quik SAVE 30¢ ..... 2-lb. can $1.89

Green Giant peas save 10¢ **4** 7½-oz. cans **$1.00**

Wyler drink mixes save 40¢ • cherry • grape • strawberry • lemonade 24-oz. can $1.59
Hanover cut green beans SAVE 20¢ 2-lb., 3-oz. can 79¢

Niblets corn whole kernel golden save 10¢ **4** 7-oz. cans **$1.00**

Kraft mayonnaise SAVE 10¢ ..... qt. jar $1.29
Kraft french dressing SAVE 12¢ ..... 16-oz. bot. 89¢

Shasta beverages diet save 18¢ **6** 12-oz. cans **99¢**

Del Monte fruit cocktail SAVE 64¢ ... 1-lb., 1-oz. can 49¢
Del Monte spinach 15-oz. can OR FRENCH GREEN BEANS 1-lb. can 3 for $1.00

pork & beans Campbell's save 10¢ **3** 16-oz. cans **79¢**

AT HER STORE

Just clip the Basic Bargain coupons from this . . . spend $7.50 or more on other items in the same shopping trip . . . and you can redeem one or all coupons for fantastic savings.

Basic Bargains

SAVE 30¢

fresh, medium grade "a" **eggs** doz. **29¢** WITHOUT COUPON 59¢ 373 M17

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS

THIS COUPON GOOD ONLY WEEK OF JULY 13th THRU JULY 19th 1975 — Pantry Pride

Basic Bargains

SAVE 90¢

SPECIAL Abbotts all flavors **ice cream** square ½-gal. cont. **69¢** WITHOUT COUPON $1.59 370 M10

REDEEM THIS COUPON WITH ADDITIONAL PURCHASE OF $7.50 OR MORE EXCLUDING CIGARETTES AND MILK PRODUCTS

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Pantry Pride

FOR YOUR SHOPPING CONVENIENCE ALL **Pantry Pride Stores Are open sunday 9 am til 5 pm**

THE FOLLOWING STORES WILL BE CLOSED ON SUNDAY: SALISBURY, WESTMINSTER, FREDERICK, HAGERSTOWN, HILLENDALE & DOVEWOOD

PANTRY PRIDE — **$1.00 off** $1.00 off on any **turkey** 10 lbs. & over — LIMIT ONE

WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975. — Pantry Pride — LIMIT ONE COUPON

PANTRY PRIDE — SAVE 11¢ CASH ON TWO — **Lifebouy soap** 2 5-oz. bars **66¢** WITHOUT COUPON ..... 2/77¢ — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT TWO — LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 25¢ CASH — **Liquid Plumr** drain opener qt. can **70¢** WITHOUT COUPON ..... 88¢ — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 15¢ CASH — **Miracle White super cleaner** qt. cont. **74¢** WITHOUT COUPON ..... 89¢ — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH — **Gold Medal flour** 5-lb. bag **85¢** WITHOUT COUPON ..... 99¢ — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 12¢ CASH — **automatic Vanish** 12-oz. cont. **86¢** WITHOUT COUPON ..... 99¢ — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 20¢ CASH — **Lux liquid detergent** qt. cont. **$1.05** WITHOUT COUPON ..... $1.25 — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMIT ONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH — **Alba #77 Fit N' Frosty Shakes** $1.09 — WITHOUT COUPON ..... $1.19 — LIMIT ONE — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH — **Holland House cocktail mixes** 16-oz. cont. **$1.15** WITHOUT COUPON ..... $1.25 — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

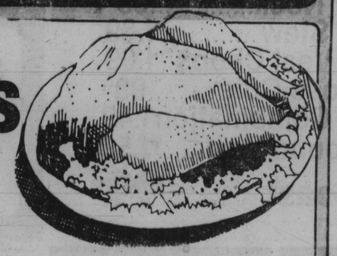
PANTRY PRIDE — SAVE 20¢ CASH — **Dish All** for automatic dishwasher 50-oz. cont. **$1.19** WITHOUT COUPON ..... $1.39 — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 30¢ CASH — **Gillette blades** pkg. of 10 **$1.39** stainless steel double edge — WITHOUT COUPON ..... $1.69 — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 30¢ CASH — **Kotex Maxi-pads** box of 30 **$1.49** WITHOUT COUPON ..... $1.79 — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

PANTRY PRIDE — SAVE 15¢ CASH — **Sea Pak shrimp n' batter** 1-lb. pkg. frozen — WITH THIS COUPON ONLY. EFFECTIVE FROM MON. JULY 14th THRU SAT. JULY 19th, 1975 — LIMIT ONE — LIMITONE COUPON — Pantry Pride

BARGAINS IN POULTRY



fresh fryers whole U.S. gov't. Inspected lb. **53¢** cut up lb. **59¢**

Farmer Gray fryers U.S. gov't. inspected our premium brand whole lb. 59¢ cut up lb. 65¢
chicken backs U.S. gov't. inspected sold in 10-lb. pkgs or over ..... lb. 19¢
turkey breast whole U.S.D.A. grade "a" ..... lb. 99¢
turkey drumsticks U.S.D.A. grade "a" ..... lb. 59¢
boneless turkey roast Swift's premium light & dark meat ..... 2-lb. pan $2.69
turkey roast Swift premium boneless ..... dark 2-lb. meat pan $1.99 white 2-lb. meat pan $3.23

BARGAINS IN BEEF

Mash's whole only **corned brisket** 7 to 10-lb. avg. lb. **99¢**

Greendell's frozen **beef patties** 2½-lb. bag **$2.69**

underblade pot roast U.S. gov't. inspected boneless chuck filler $1.39

beef chuck pot **boneless roast** U.S. gov't. inspected lb. **$1.19**

boneless chuck steak U.S. gov't. inspected .. lb. $1.39

boneless beef chuck **cross rib roast** U.S. gov't. inspected lb. **$1.49**

BARGAINS IN LAMB

Genuine Spring Lamb-New Zealand frozen **shoulder roast** whole lb. **79¢** sliced lb. **89¢**

shoulder blade chops Genuine Spring – New Zealand lamb ..... lb. $1.09

BARGAINS IN PORK

fancy pork spareribs over 3-lbs average lb. **$1.39**

Dow Handi Wrap 100-ft. roll **45¢**

50¢ off label **Cold Power detergent** ..... 171-oz. box $3.99

BARGAINS IN BAKERY

Pantry Pride sliced **white bread** 22-oz. loaves **3 $1.00**

19 JUL 19