Pantry Pride

you win because we don't play games

SAVE 24¢

punch detergent

WISE BUYS 1-lb. 4-oz. box 9¢

WHILE QUANTITIES LAST ON HAND & COUPON ON RIGHT

YOU WIN BECAUSE WE DON'T PLAY GAMES.

PANTRY PRIDE — SAVE 24¢ CASH — punch detergent 1-lb. 4-oz. box 9¢ LIMIT ONE. WITHOUT COUPON ..... 33¢ 408 M94. WITH THIS COUPON AND A PURCHASE OF $7.50 OR MORE. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

CONSUMER CORNER

FUN WITH BASIC FOODS

Chicken salad's neat to eat; with crisp, fresh lettuce it's hard to beat. That's part of a Chomp-Chomp meal; our own new game that offers a little laughter and a lot of easy to digest nutrition education. Designed for kids by one of our very own home economists, the game provides a good bit of nutrition education to parents and grandparents who play along. It centers around the basic four food groups (meats, grains, produce, dairy) and nutrients found in particular foods (cheese for calcium and protein). Advice is dished out along the path to dinner such as, "If your breakfast is forgotten you'll be feeling rotten." There are also reminders to "read some cans when you go to the store and rewards for eating just enough. Special suggestion: if you pick up a Chomp-Chomp this week, get some nutritious fresh vegetables too cut and serve raw for playing snacks.

MONA DOYLE
DIRECTOR OF CONSUMER AFFAIRS

SEAFOOD

fresh lake croakers WISE BUYS lb. 39¢

NARROW TOOTH SKINLESS, BONELESS, FROZEN
flounder fillets ..... lb. 69¢
DELICIOUS
fresh caught bluefish ..... lb. 49¢
SNO WHITE-DELICIOUS BAKED OR BROILED
halibut steaks FROZEN ..... lb. $1.59

THE ABOVE PRICES DO NOT APPLY IN OUR SELF-SERVICE SEAFOOD DEPT. AT OUR LIBERTY COURT STORE WHERE FRESH FISH ARE CLEANED, PACKAGED AND OPEN DATED DAILY

DAIRY

les cal yogurts WISE BUYS ALL FLAVORS 4 8-oz. cups 89¢

PANTRY PRIDE
coffee cream ..... ½-pint 29¢ pint 49¢
PANTRY PRIDE
american CHEESE FOOD **slices** ..... 12-oz. pkg. 79¢
PANTRY PRIDE
sliced swiss cheese ..... 8-oz. pkg. 79¢
MINUTE MAID
fresh orange juice ..... ½-gal. ctn. 79¢

PANTRY PRIDE VS. MAXWELL HOUSE INSTANT COFFEE

TASTE TEST RESULTS

Average Score % Preferred	PANTRY PRIDE 4.66 70%	NATIONAL BRAND 4.26 30%

Here is a sample of our official TASTE TASTE BOOK showing just how one Pantry Pride brand product(instant coffee) scored in unpaid customer taste tests against the best-selling national brands. For complete test results on 128 Pantry Pride products ask to see the TASTE TEST BOOK — now in your Store Manager's office

FOR YOUR SHOPPING CONVENIENCE

All Pantry Pride Stores are OPEN SUNDAY 10 am til 6 pm

EXCEPT SALISBURY, WESTMINSTER, FREDERICK AND HAGERSTOWN

fab detergent 25¢ OFF LABEL 84-oz. box $2.04

cheer detergent 25¢ OFF LABEL 84-oz. box $2.04

PRODUCE

white potatoes U.S. NO. 1 10-lb. bag 69¢

florida oranges JUICY 5-lb. bag 69¢

fresh celery CRISP 3 stalks $1.00

fresh carrots TENDER 2 1-lb. bags 39¢

DELI

WISE BUYS

sliced bologna PANTRY PRIDE MEAT OR BEEF lb. pkg. 89¢

MEAT OR BEEF
pantry pride franks ..... lb. pkg. 89¢
GREAT ON FRANKS
pantry pride sauerkraut ..... 2-lb. pkg. 39¢
PANTRY PRIDE
liverwurst ..... 8-oz. pkg. 43¢ 16-oz. pkg. 79¢

APPETIZER

EVERYTHING SLICED TO ORDER. AVAILABLE AT MOST STORES.

WISE BUYS

chicken roll SLICED TO ORDER ½-lb. 79¢

SLICED TO ORDER
virginia baked ham ..... ¼-lb. 59¢
SLICED TO ORDER
roast beef ..... ¼-lb. 79¢
FRESH
potato salad ..... lb. 43¢

BAKERY

white bread PANTRY PRIDE SLICED WISE BUYS 3 22-oz. loaves $1.00

BAKERS' HEARTH **NEW!**

BAKERS' HEARTH
ROLLS, DANISH, POUND CAKES, CUPCAKES, SPONGE CAKES and CRUMB CAKE
YOU'LL LOVE THEIR "OVENLY FRESH" QUALITY
AVAILABLE STARTING — THURSDAY, MAY 1

formula 409 cleaner FOR BATHROOM 17-oz. can 99¢

FROZEN

FREEZER QUEEN entrees MEAT ENTREES, GRAVY WITH SLICED TURKEY, GRAVY WITH SALISBURY STEAK, VEAL PARMAGIAN 2-lb. pkg. 99¢

FROZEN
pantry pride spinach ..... 6 10-oz. pkgs. 95¢
FROZEN. PANTRY PRIDE.
broccoli spears ..... 3 10-oz. pkgs. 95¢

banquet dinners FROZEN CHICKEN, TURKEY, SALISBURY STEAK, CHOPPED BEEF, OR MEAT LOAF 2 11-oz. pkg. 89¢

Comets ALL HOME GAMES 50¢ OFF coupon!
REDEEMABLE AT BALTIMORE MEMORIAL STADIUM OFFICE
FIRST GAME PHILADELPHIA vs. BALTO. FRIDAY MAY 2nd 8 pm
50¢ OFF COUPONS AVAILABLE AT ALL BALTO. AREA. PANTRY PRIDE STORES.

YOU WIN THE SAVINGS GAME at PANTRY PRIDE

BECAUSE WE DON'T PLAY GAMES WITH YOU

Pantry Pride

BEEF

WISE BUYS

BEEF LOIN, TOP (NO TENDERLOIN) **sirloin steak** lb. $1.39

TAILLESS **PORTERHOUSE STEAK** BEEF LOIN lb. $1.89

TAILESS BEEF ROUND
sirloin tip roast ..... lb. $1.59
BEEF ROUND
boneless rump roast ... lb. $1.59
BEEF ROUND
eye round roast ..... lb. $1.89
BONELESS BEEF ROUND
sirloin tip steak ..... lb. $1.69

BOTTOM round roast BEEF ROUND BONELESS lb. $1.29 WISE BUYS

BONELESS, TOP, round steak BEEF ROUND lb. $1.59 WISE BUYS

CORNED beef round KING'S TREAT WISE BUYS lb. 99¢

POULTRY

LEGS OR BREAST chicken quarters WISE BUYS FRESH lb. 49¢

OUR PREMIUM BRAND
farmer gray chicken quarters. ea. 55¢

chicken backs and necks 10-lb. pkg. & over FRESH WISE BUYS lb. 19¢

PANTRY PRIDE — SAVE 10¢ CASH — GENERAL MILLS CEREALS • FRANKENBERRY • COUNT CHOCULA 8-oz. pkg. • FRUIT BRUTE. WITHOUT COUPON ..... 69¢ 437 BV8 M2. 59¢. LIMIT ONE. WITH THIS COUPON ONLY. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

PANTRY PRIDE — SAVE 16¢ CASH — 10¢ OFF heinz strained baby food ON EIGHT 4½-OZ. JARS. LIMIT EIGHT JARS. 479 BV16 ON 8 JARS. WITH THIS COUPON ONLY. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

PANTRY PRIDE — SAVE 10¢ CASH — solarine floor wax 27-oz. can 79¢. WITHOUT COUPON ..... 89¢. LIMIT ONE. 430 M10. WITH THIS COUPON ONLY. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

PANTRY PRIDE — SAVE 11¢ CASH — kal kan stew for dogs 24-oz. cans 2 99¢. WITHOUT COUPON ..... 55¢. LIMIT ONE. 431 M11 ON TWO CANS. WITH THIS COUPON ONLY. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

PANTRY PRIDE — SAVE 60¢ CASH — maxwell house coffee 3-lb. can $3.39. WITHOUT COUPON ..... $3.99. LIMIT ONE. 478 BV60. WITH THIS COUPON ONLY. EFFECTIVE THRU SAT. MAY 3, 1975. LIMIT ONE COUPON. Pantry Pride

PORK

pork shoulder FRESH ARM PICNIC WHOLE WISE BUYS lb. 69¢

TURKEY

SELF BASTING FARMER GRAY **turkeys** WITH POP UP SELF TIMER 10 to 16-LB. AVG. WISE BUYS lb. 59¢

GROCERY

PANTRY PRIDE **fruit cocktail** 2 17-oz. cans 79¢

JUMBO
bounty towels ..... 2 jumbo rolls 89¢
PANTRY PRIDE WHOLE KERNEL
golden corn ..... .00
PANTRY PRIDE
strawberry preserves ... 12-oz. jar 59¢

PANTRY PRIDE **vegetables** • CUT GREEN BEANS 16-oz. can • SLICED BEETS 16-oz. can • WHITE POTATOES WHOLE OR SLICED 16-oz. can • SLICED CARROTS 16-oz. can 4 cans $1.00

PANTRY PRIDE GRAVY OR REGULAR
dog food morsels ..... 5-lb. bag 99¢
COFFEE
chock full o' nuts .... 1-lb. can 99¢
DOW
oven cleaner ... .. 16-oz. can 99¢

PANTRY PRIDE **bagged coffee** 1-lb. bag 79¢

HOLD TOP
pantry pride soda ..... 6 12-oz. cans 79¢
PANTRY PRIDE 10¢ OFF LABEL
potato chips OR DIP N' CHIP ... 10-oz. bag 65¢
PANTRY PRIDE
peanut butter ... 18-oz. jar 99¢

SEALTEST **ice cream** ALL FLAVORS WISE BUYS ½-gal. cont. $1.39

FOR LAUNDRY **ajax detergent** 10¢ OFF LABEL 49-oz. box 99¢

PANTRY PRIDE **toaster pastries** ALL VARIETIES 2 pkgs. 99¢

ajax liquid cleaner 25¢ OFF LABEL 40-oz. bottle $1.14

cascade detergent 13¢ OFF LABEL 35-oz. pkg. 86¢

ajax dish liquid DETERGENT 20¢ OFF LABEL qt. bot. 99¢

MAY